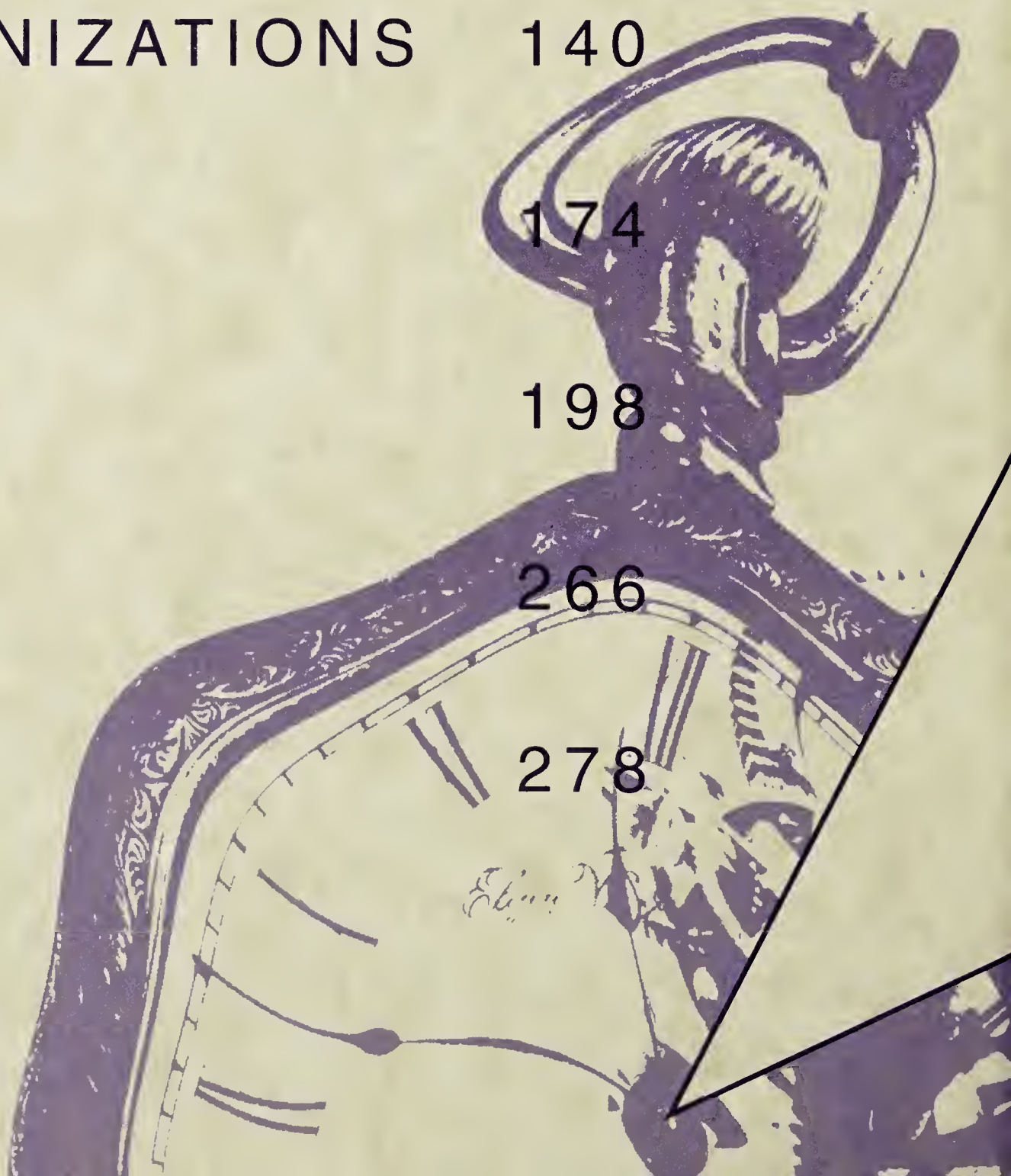


HERE & NOW



INDIAN
1996
ECHOES

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THIS & THAT



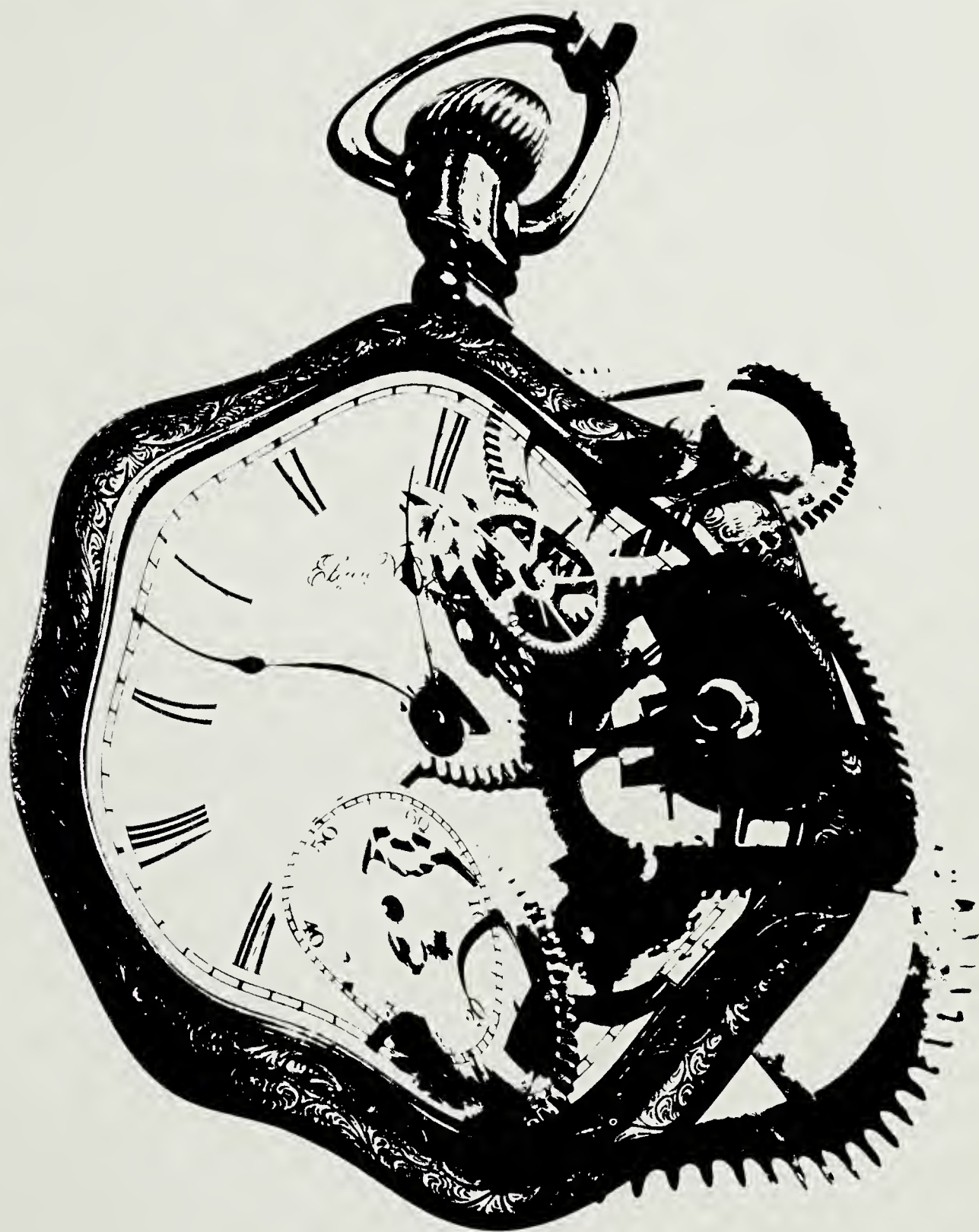
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GAR-FIELD

Senior High School

HERE
AND
NOW



N I N E T E E N

H U N D R E D


N I N E T Y • S I X

Here

And

Now

1996

The year '1996' is rendered in a large, bold, black sans-serif font. Within the negative space of each digit, there is a white silhouette of a person in a dynamic pose, possibly a dancer or athlete. The figure in the '1' is a simple outline. The figures in the '9's and the '6' are more complex, showing limbs and a head, suggesting movement.



On September 5, 1995 the doors opened, busses drove into the tunnel, and cars pulled into the parking lot. It was the first day of school and it had a different meaning for everyone.

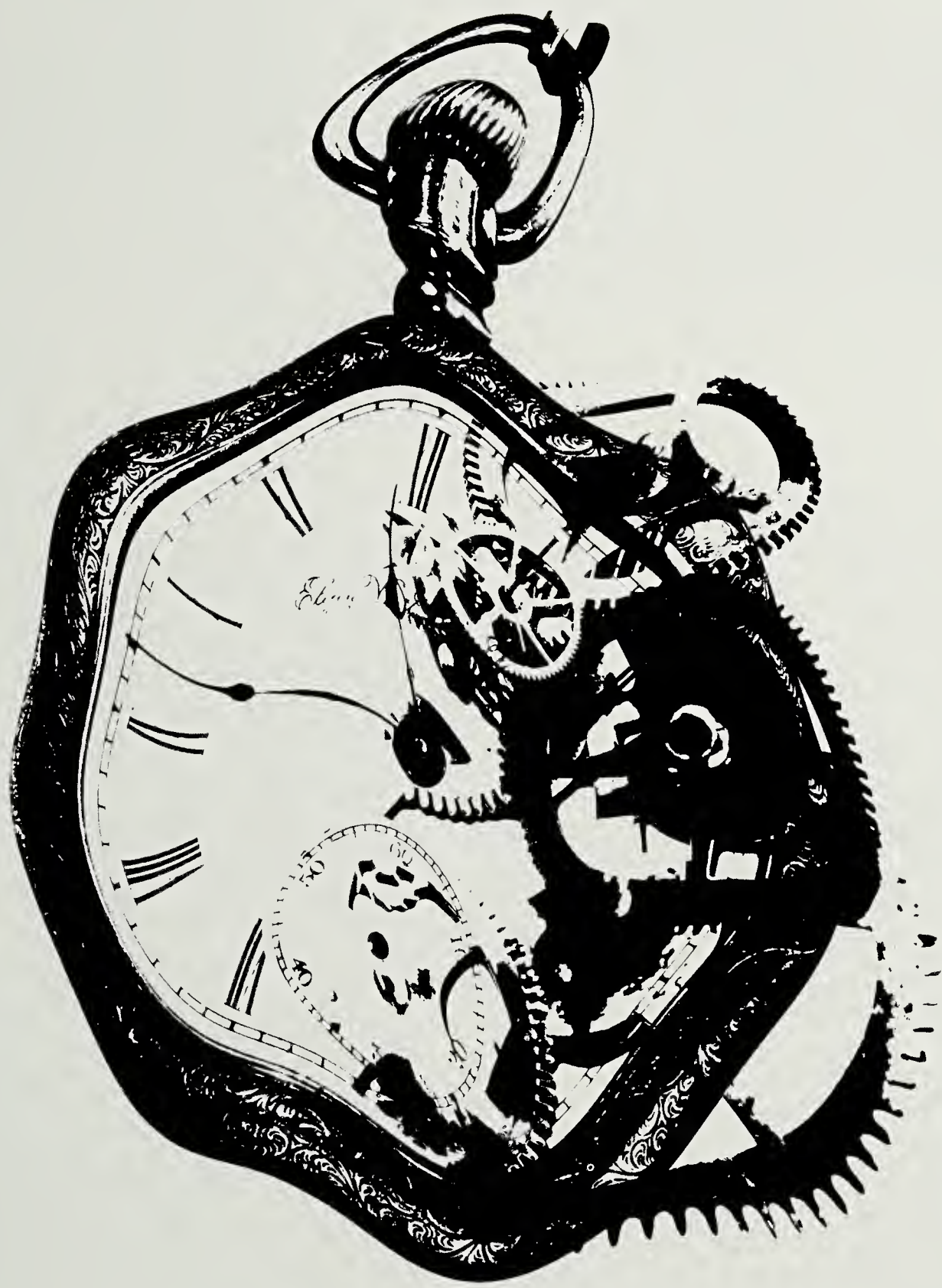
The 1995-96 school year came with a lot of changes. The change noticed was the start of block scheduling. Everyone had a different opinion about this. Some people cheered, while others fought to keep it from happening. The staff also changed this year. We lost teachers, counselors, and principals. Meanwhile, new ones were added by the minute.

Still wishing summer was here, the students came back with different ideas on their minds. For seniors, it was the final year of high school and the last chance to make a mark. The juniors saw it as finally being upperclassmen and getting all the privileges that go with it. The sophomores came back a little older and a little wiser. The freshmen walked in for the very first time scared and excited all at once.

This year started with a lot of differences but everyone weathered them like true champions. We had our laughs, our excitements, our cries, and our disappointments. No matter what happened throughout the year, nothing can be changed and there are no regrets Here And Now. -Curtessa Pennington







In the End, Is the Beginning

It was that time of the year again, when the flowers bloomed, the summer heat returned and "senioritis" was in full swing. It was time to say good-bye to the class of '95 as they left their adolescent years and entered adulthood. For some, graduation was the happiest moment of their lives and for others it was one of the saddest. Meeting new people at college or elsewhere would be exciting, however, saying good-bye to old friends was difficult. "I'm really going to miss my friends that were juniors this year but I'm also excited to move on," commented Paul Ormeland. Many seniors found themselves asking, Where did the time go? Where were they headed after graduation? Mom and Dad would no longer always be there to hold their hand as they walked through the many trials of life.

Many seniors were ready to leave home and finally become independent. "I'm going to have fun living on my own with no rules, however, I'm going to miss my little brother and my parents," Brad Norgart said. Graduation was a step forward into the real world and whether students were going off to college or into the job world, each would experience their own taste of reality.

In addition to Graduation, the Baccalaureate was held a week before the big event. It was at the Hylton Chapel in Dale City. This was not a required event however, many students attended the ceremony with friends and family. It was just one more experience to add to their memorable senior year. -Adrienne Cross



At the beautiful Hylton Chapel in Dale City, students and family listen to a motivational sermon with many members of the choir and the orchestra listening as well.





(Left) Eagerly awaiting the start of the ceremony, Rob Firvida and Brian Cable watch and listen as they prepare to say the pledge. Waiting for their diploma was one of the hardest things for many students because it marked their official completion of high school.

(Above) It's over, let the celebration begin! '95' grads Avesta Hojabrzadeh, Brian McCutchen, Steve Tekampe, Danny Taylor, and David Spenner take time out for a picture. Though for many, graduation was a sad time, most agreed that it was the happiest moment of their lives.

(Below) Validictorian Josh Levin looks ahead towards tomorrow and beyond as he addresses the Class of '95. Being validictorian was a big responsibility and an honor as well.



(Above) Taking one last glance in the mirror, Kelly Carson prepares for the Baccalaureate ceremony. Kelly was the class secretary her senior year.



(Left) With diplomas in hand, Tammy Cameron and Raymond Calliotte wait patiently for the final address of the ceremony. After sitting for a long period of time, graduates were eager to celebrate their accomplishment.

These Are The Days

(Right) To make the evening even more special, Kevin Tripler, Angela Arbogast, Matt Silvis, Wendi Blindauer, Tara Stapleton, Jason Adkins, Kelly Carson and Robby Welsh rented a limo. Limos can be an expensive yet safe way for students to be escorted to Prom.

(Below) The D.J. played a variety of music from country to rap. Amy Nicholson and Kevin Smith enjoy dancing the night away.



After a long night of dancing, students like Allison Russell and James Gazzoli take a break to let their feet rest. Between prom apparel, dinner, transportation, hair styling and corsages, the prom was a pricey proposition. How many extra hours were worked in order to afford a fairy tale evening?



(Right) To split up or go to the prom in a group—that is the question. For some, the night is better spent one-on-one with a date. Others would rather visit with friends becoming part of the crowd. Getting together to discuss after-prom plans, Jess Dawson and Pat Lichy weigh their options.





(Left) Prom didn't just bring music and dancing, it brought food. Guests, such as Kim Scott and Stacy Wido, enjoyed getting a bite to eat.

(Below) Many opportunities existed for friends to relax and enjoy one another's company. Hattina Washington, Rishonda Plummer, Michelle Canteley, LaKeya Smith and Nova Evans take time out for a group shot with just the girls.



The evening was filled with romantic dinners, perfect pictures and dancing close to sweethearts and friends. The evening was one of the last times students could relax and spend time together for the year. "It was exciting getting all dressed up and hanging out with friends," said M.C. Dvoroznak.

The special night was not an event that could be planned the day before. Buying a dress, renting a tux, making dinner reservations, and ordering flowers. These were the realities of prom planning. Some people even got their hair and nails done, went tanning, and rented limos just to make the evening a special one. Aside from individual preparations, the junior class had to prepare months in advance, including the choosing of a theme, which finally became known by the 10,000 Maniacs' anthem "These Are the Days." The junior class washed cars, sold snacks after school and worked the craft fairs.

After the money was raised, it was put to use by reserving the Sheraton National in Crystal City. Junior class president, Luis Sanchez-Canete said, "Prom is a very special night for juniors and seniors. I am very proud that I got to be a part of the preparations. I was overjoyed about the large turnout and the sense of accomplishment in putting one of these together."

The prom started at 9:00 p.m. However, many people didn't begin to arrive until 10:00. First, the couples needed to register. Then many people went right to the long picture line before the ladies' hair fell or the guys' bow tie became crooked. Then it was time to dance until hearts were content. The disc jockey played a variety of music from Boyz II Men to the best of the 70's.

On the way out, guests received complimentary mugs along with a memory book. This was to ensure that the memories would never be forgotten.

For many students, 1:00, meant the night was still young. "After the prom, my date and I went to the after-prom party. We met up with a lot of our friends and had a great time," Pat Lichy said.

To make the evening safe, the school sponsored a drug and alcohol-free after-prom party, which was open to all students. The party began at 11:00 p.m. with games and refreshments and lasted until sunrise. "It was a great night I will never forget," said Rachel Powel." -Jen Robinson and Katie Crabtree



Diana Rice and Ameer Harvey pose for pictures before the big night. It seemed like one needed to reserve at least an hour for parents to take pictures for all of the relatives.

For the Love of Summer

Summer was here, school was out, and the first thing on everyone's mind was the beach, especially since the first week of summer is Beach Week. It was a week of fun in the sun and nights under the lights with all your closest friends. The best part was that there were no parents around to hassle students about where they were going. "I had a great time and I'll never forget what a great time I had with all my friends before they left for college," said Cameron Williams.

A good thing about summer vacation was that it was long enough to have time to visit other countries and actually learn about the cultures and the people who lived there. Jenn Johnson, said, "My favorite part of my trip to Europe was when we went to Grindwald, Switzerland. It was a great way to spend my summer vacation!"

Some people didn't go on vacation but looked forward to having a great time here in Woodbridge. They partied all night and slept all day. "When there was no where to go, all I had to do was show up at Taco Bell and everyone was there with some idea of what to do," said Adam Silvis.

But no matter what anyone did during the summer everyone was glad to be out of school. Summer was a great time to chill but just when everyone was finally getting used to being out of school it was time to start a new school year all over again. -Missy Bussard, Mike Riley



(Above) Beach Week was a great way to start off the summer and get away from the everyday hassles of parents. Cameron Williams, Matt Blamey, Ryan Williams, Paul Bazzano, Sany Said, Vinny Kwatra, Rob Firvida, Troy Kiawi and Jay Gysel went to Beach Week together in order to make a memory of their last summer together as "high schoolers".





(Left) A week in Las Vegas was the highlight of the summer for Jenni Reese. Along with her sister Kara, and her cousin they posed for a picture on top of the Sphinx and gazed above into the lights.

(Above) Last summer Tara Stapleton, Wendi Blindauer, Amanda Gonzolaz, Angela Arbogast, and Tiffany Hoffman went to the 'Cranberries' concert at the Nissan Pavilion. There were many concerts showcased during the summer and the 'Cranberries' were among those that sold out during the first hour of selling.

(Below) While in Michigan visiting his grandparents, Josh Hogan stood on the dock of his grandparents lake. Many students took the summer to visit relatives and explore nature. The only misfortune of being out in nature were the insects!



(Above) While traveling around Europe Jenn Johnson took pictures of the magnificent scenery. To visit a foreign country gave students a new outlook on their ways of living. Many students enjoyed exploring the "unknown".



(Left) Good friends and good times seem to go hand in hand. Sam Siefke and Jim Carson had a great time in Deep Creek Lake, Maryland. The two-some enjoyed a weekend of fun in the sun.

Football, Floats & Fairy Tales

(Right) The crowd goes wild as the team scores yet another touchdown. Although the Indians' record ran hot and cold, this night belonged to Gar-Field.

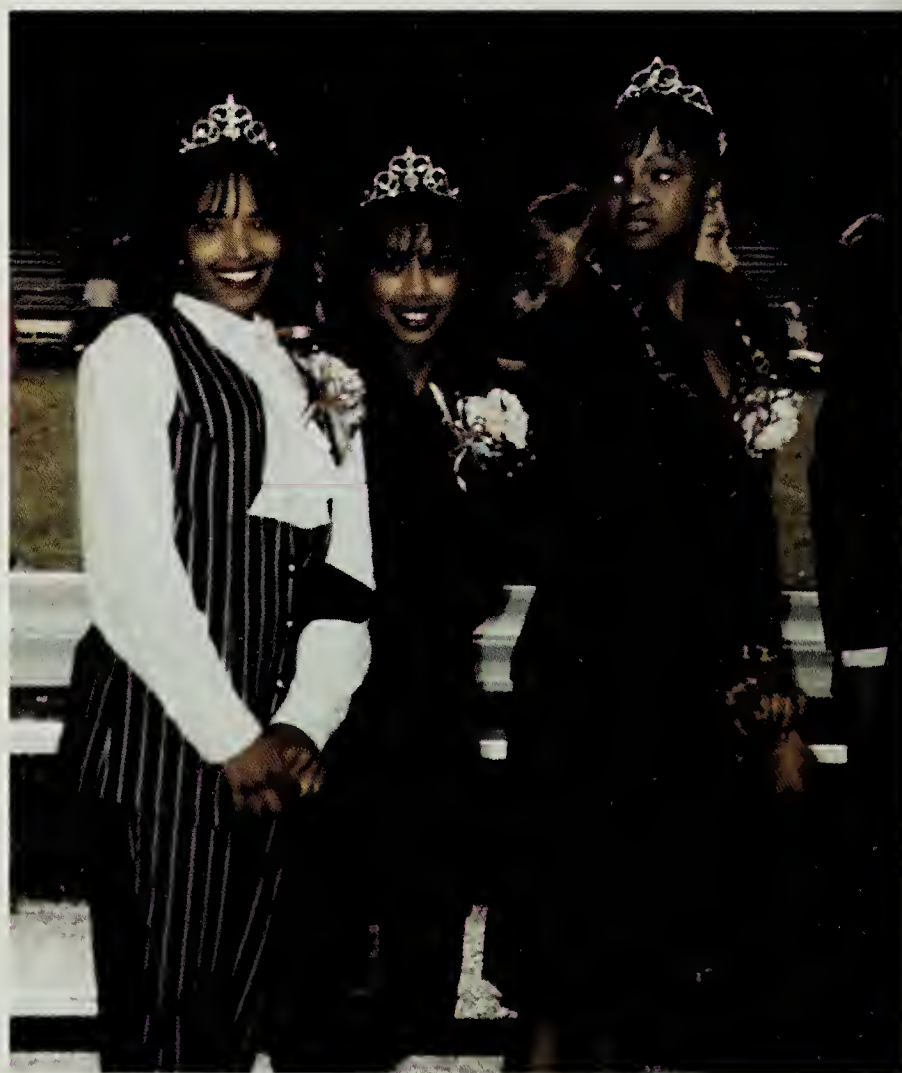
(Below) Eager and surprised, Deulin Jefferson wears warpaint to show his school spirit. Half-red and half-blue, Deulin mocked the yellow and black indicative of an Osbourn Park Yellow Jacket.

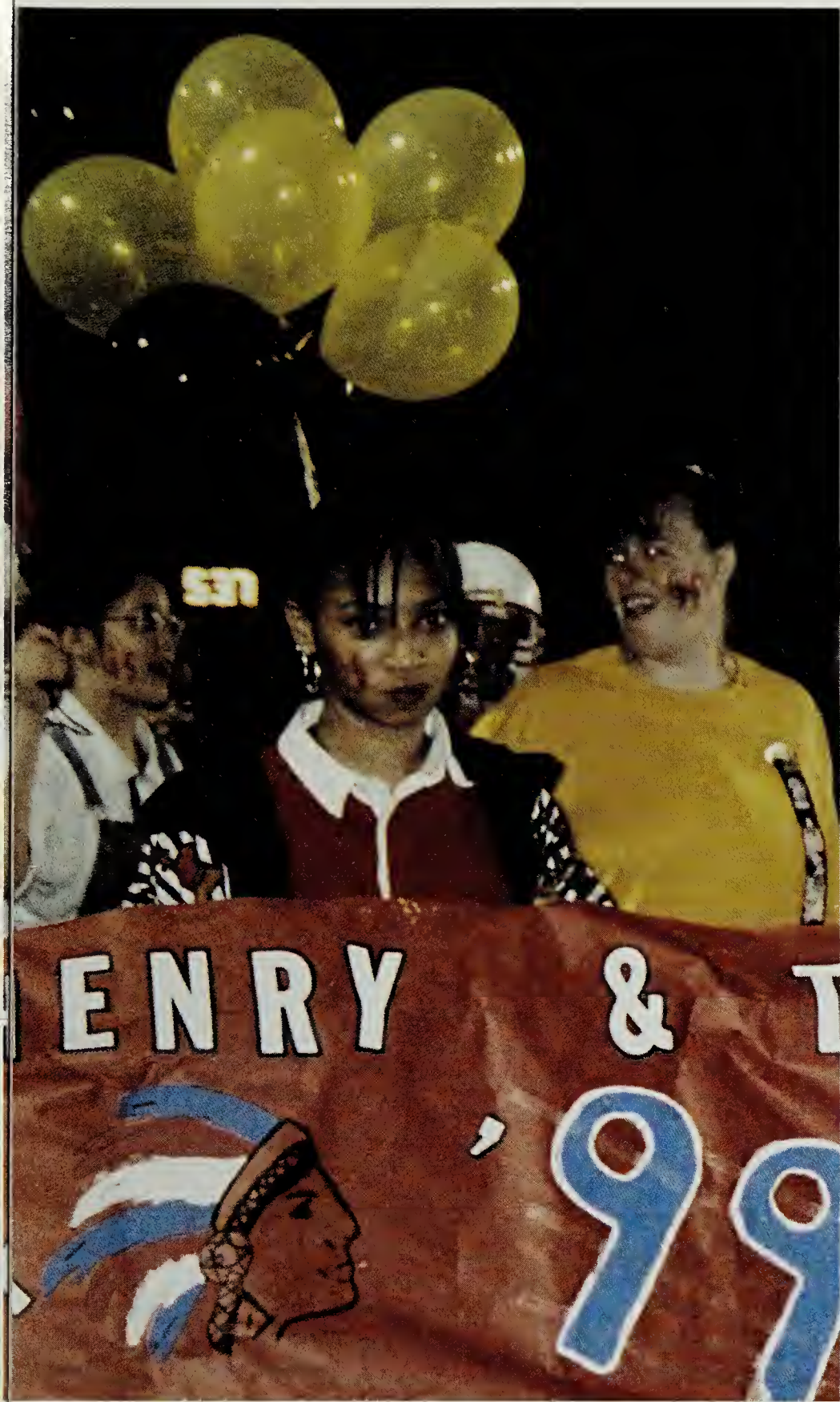


(Right) The long awaited moment arrived, both the Homecoming court and fans looked on, patiently waiting for the results. Mr. Dallek and last year's queen, Frances Valez, hold the coveted crown and robe. Custom dictated that the previous year's Homecoming queen would pass the honor on to the new queen.



(Right) Pretty maids all in a row! Junior and sophomore princesses stopped to pose for a post half-time picture. Pictured from left to right are Nikki Johnson, Talecia Morton, Yolanda Bennett.





(Left) New to high school and traditionally low on resources, the freshmen class created a unique banner. Candice Sample and friends carried the banner around the track for the float competition.

(Below) Homecoming queen, Amanda Gonzalez, stands with escort Sean Johnson and her proud father. Support from family and friends on the field during the half-time ceremony helped to calm shaky nerves.



The Sound of "Big Red" Spirit

Once again, the time came for one of the biggest events of the year, the Homecoming game. Decorating the school in spirited red, white, and blue, at one point in time the school united to show school spirit.

The Senior section of the crowd joined with the Junior class helped build up a burst of excitement for the game. With each touchdown not only could you hear the sound of the crowd but the sirens of the Dale City fire department's fire truck "Big Red". The Indians pulled off a 33-3 victory over the Yellow Jackets of Osbourn Park. This victory helped renew the hope for a full and victorious season.

Despite the bad weather conditions, the fans stood in the pounding rain to support the football team and await the crowning of the Homecoming Queen. Considering the injuries that plagued the Indians, every team member maintained faith in a win.

Halftime was full of surprises. The junior class edged out the senior class to win top honors in the float competition. Then came the climax of the evening—the announcement of the Homecoming Queen. Amanda Gonzalez was crowned queen by Mr. Dallek as her homecoming court looked on.

By the end of the night, the team, the fans, the homecoming court and all else were soaking wet. The suffering paid off as the Indians topped off a sure victory. — Raven Andrews and Jenni Reese



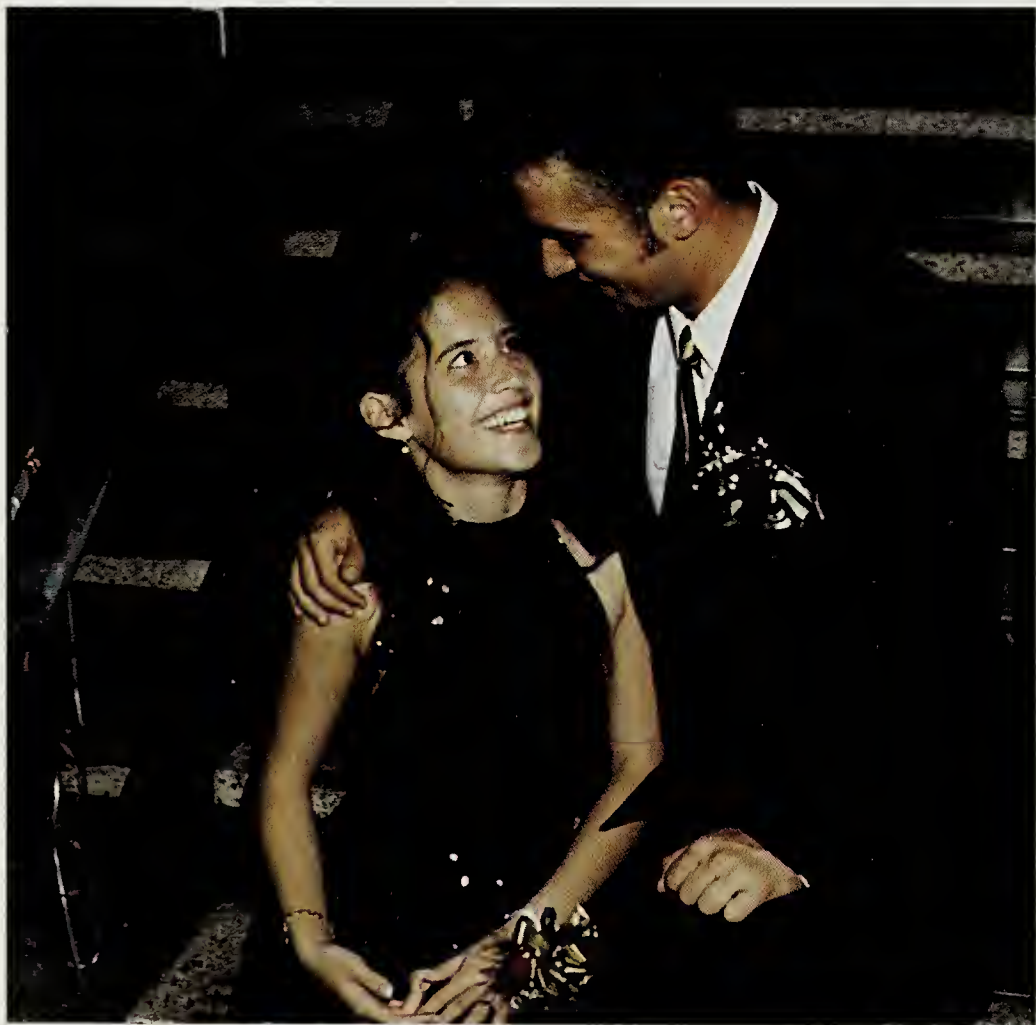
(Above) Nose to nose with the opponent, Gar-Field's defense took matters into their own hands. Concentration, skill, and perseverance marked the success of the football team. The year was a rough one marred by injuries going into the season.

Tall Tales: One Terrific Turnout

Paul Bunyan and Big Blue came tromping through Garfield for Homecoming '95. After an astounding victory over Osbourn Park on Friday, students washed off the war paint and prepared for a night to remember. Saturday morning revealed the "set-up crew," which was comprised of juniors and volunteers from various clubs. Together the volunteers turned the main lobby into a balloon-filled dance floor. The disc jockeys mixed the latest music as the couples danced to their hearts' content.

Morning took many ladies to the manicurists and hairdressers to get ready to look their finest for the upcoming festivities. The guys drove to the mall to do last minute shopping for shirts, ties, shoes, or whatever they hadn't gotten yet. Despite all of the rushing, by the time the sun went down, everyone was looking glamorous and was ready to party.

The theme for this year's Homecoming was "Tall Tales." Decorations included a rocking horse, a tornado, and an enlarged version of a storybook. Of course, no party could be complete without balloons. Hundreds of red, white, and blue balloons were released into the lobby to the delight of the dancers. Hor d'oeuvres in the gym lobby kept everyone satisfied until the dance ended. The music was up-beat and the students danced the night away. -Tony Bapple, Sabrina Didomenico, Allison Sandera



Andrei Militaru and his girlfriend, Cristina Taylor, enjoy a moment away from the crowd. Many couples could be found throughout the school trying to steal a moment alone.





(Left) Time-out for a slow dance. Holding that special someone in their arms, couples snuggled up on the dance floor to the sounds of "I'll Make Love To You" by Boyz II Men.

(Above) Melody McCurdy and Keicy Tolbert shared a group hug with their dates. Neither of their dates attend Gar-Field, but both couples met during school-related activities.

(Below) Kiss sandwich, anyone? Friends show how close they really are. New rules against public displays of affection (PDA) might make cute scenes like this a thing of the past.



(Above) Angie Bailey, Kim Scott, and Melanie Gill pose for a memorable picture. Many people enjoyed a special dinner and carpooled together for Homecoming.



(Left) Homecoming Queen Amanda Gonzalez and her date, Sean Johnson, walk down the aisle as the crowd looks on. After being a princess the previous year, '95 was Amanda's year for royalty.

Working Overtime

Near the end of camp, the Varsity cheerleading team gathered to take a group picture to show off the trophies they had won.

Camps are not all work, often there is time to spend with friends. Cheerleaders Tara Stapleton, Missy Bussard, and Claudia Williams spent their free time together.



Softball player Shea O'Connell slides into home to beat her opponent's throw during a camp scrimmage. During camp, the players practiced twice a day and had games each night.



During practice, Darcie Gibson makes being a member of the flag team look easy. Countless hours were spent preparing for this year's football half-time show.





(Left) Getting ready for another day at camp, Jessica Stump warms up her arm at practice. Perseverance is the key at sports camp. It takes even the most fit athlete to endure the breakneck intensity.

(Below) Standing perfectly still, Mike Peters listens carefully to instructions. Grueling hours on the field in temperatures often exceeding the healthy range, one must be focused and willing to apply himself for the betterment of the band as a whole.



When school dismisses for the summer, many students can afford the expense involved in attending summer camp. Cheerleading, band, and softball are just a few of the camps that were held for students and athletes. Most students are referred to the camps by their school coaches, who in return take camp attendance into consideration during tryouts the following year.

Band camp was attended by a majority of the marching band and the flags. Synchronization was one of the focus areas in practicing done during the camp and proved profitable during the football season and competitions. "It was long and became very tiring, but the practice ended up very beneficial to the squad," commented Danielle McBride, who is one of the flute players for the band.

Softball camp, which was held at Bloomsburg University in Pennsylvania was also attended by many Gar-Field athletes. Nikki Hammond, former JV player said, "I thought this camp gave me a better opportunity to make the varsity team." Some strategies that were taught included hitting approaches and defensive techniques, but the main emphasis was on perfecting the skills already used by the players. "It was a lot of hard work, but it was also a lot of fun," said Meghan Oldis.

Another camp which contained almost the entire squad from the School of Champions was the cheerleading camp. The camp was held at James Madison University and gave the squad a chance to learn new cheers and dances. "We had a great time. It gave us a good chance to bond and become a better squad," stated Jamie Porter, varsity cheerleader. Stunting was also a part of the camp, which gave all of the girls a chance to learn how to become even better.

In all of the camps, everyone worked hard to perfect his or her skills and enjoy their summer. As the end of the summer drew near, the students left the camps with confidence and new found friends. *John Galgano and Kate Pancratz*



Flawless attention to detail is the mark of an award-winning marching band. Matt Nagel, Lauren Rowe, and Abby Recster practice hard every day to perfect their skills listening all the while to Ms. MacKenzie's directions.

Let's Stay Together

From all of the tedious school work studying endless nights until 2:00 a.m. to all of the extracurricular activities, it does not seem possible that anyone could have made it through the school year without friends. They were the ones who made all of the hard work worthwhile. They were going through the same trials at the same time, trying to make the most out of every situation.

When asked what a friend is to her, M.C. Dvoroznak replied, "A friend is understanding, trustworthy, and someone you know that will always be there for you no matter what situation you are in." Shannon Olson agreed, "A good friend is someone who will listen to all the boring, stupid things that I say without complaining."

One characteristic of a good friend that seemed to be the most important was trustworthiness. Senior Tim Rohlf said, "I look for respect and someone I can talk to about personal things and I know he or she will not tell anyone." Junior Monique Welsh commented, "If you don't have trust, then you don't have a real friend."

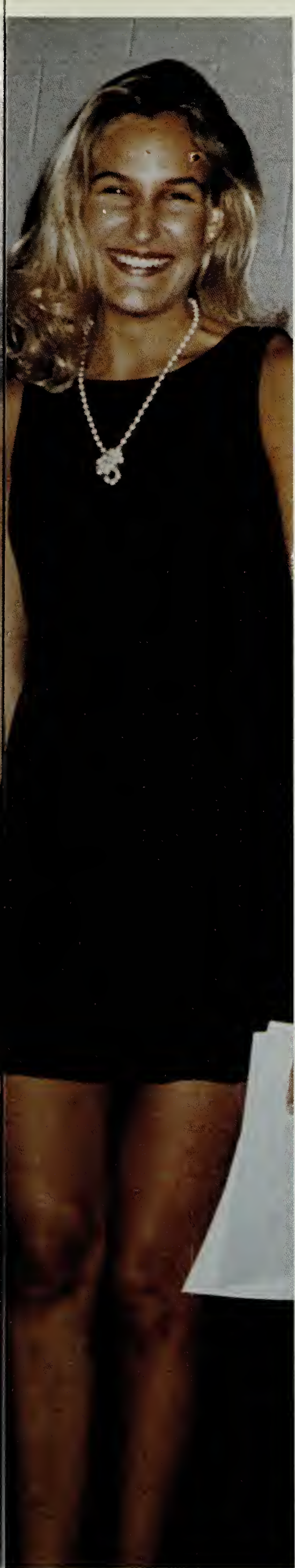
Some friendships grew within weeks and others ended even if the friendship had lasted since elementary school. In either case, those were the times that allowed for growth to take place. The strength of a friendship helped people to make the most out of every situation. Ultimately, friends assimilate into our lives, never to be forgotten.

Jeannie Rubino



While at Dairy Queen, seniors Adrienne Cross and Robin Schrimpf pose for a quick picture. The two girls have been friends since middle school and have grown closer over the past four years. Both students have no doubt that they will remain close, even though they will attend colleges two-thousand miles apart.





(Left) Seniors Tiffany Hoffman and Allison Garrett have been friends since their freshman year and have cultivated a worthwhile friendship in these last four years. Tiffany and Allison were able to spend time together at the Youth Salute Leadership Nomination Ceremony.

(Above) Hanging out by the lockers after lunch, seniors Joe Brulle, Dave Touchette, Mark Hamilton, Pat Lichy and friends, joke around with each other before class starts again. Lunch was the best time for friends to unwind and relax before hitting the books again.

(Below) While at a competition in Williamsburg, sophomores Sabrina Furr, Jami Bedford, Jim Carson, and Greg Blanchard fool around while they had some time off. Competitions afforded cheerleaders a time to work and a time to play together.



(Above) Taking advantage of Lake Ridge Park, Sophomores Robyn Herman, Martha Dunn, Nicole Brulotte, and Jessica Hacker have a going-away picnic for their friend, Megan Parent.

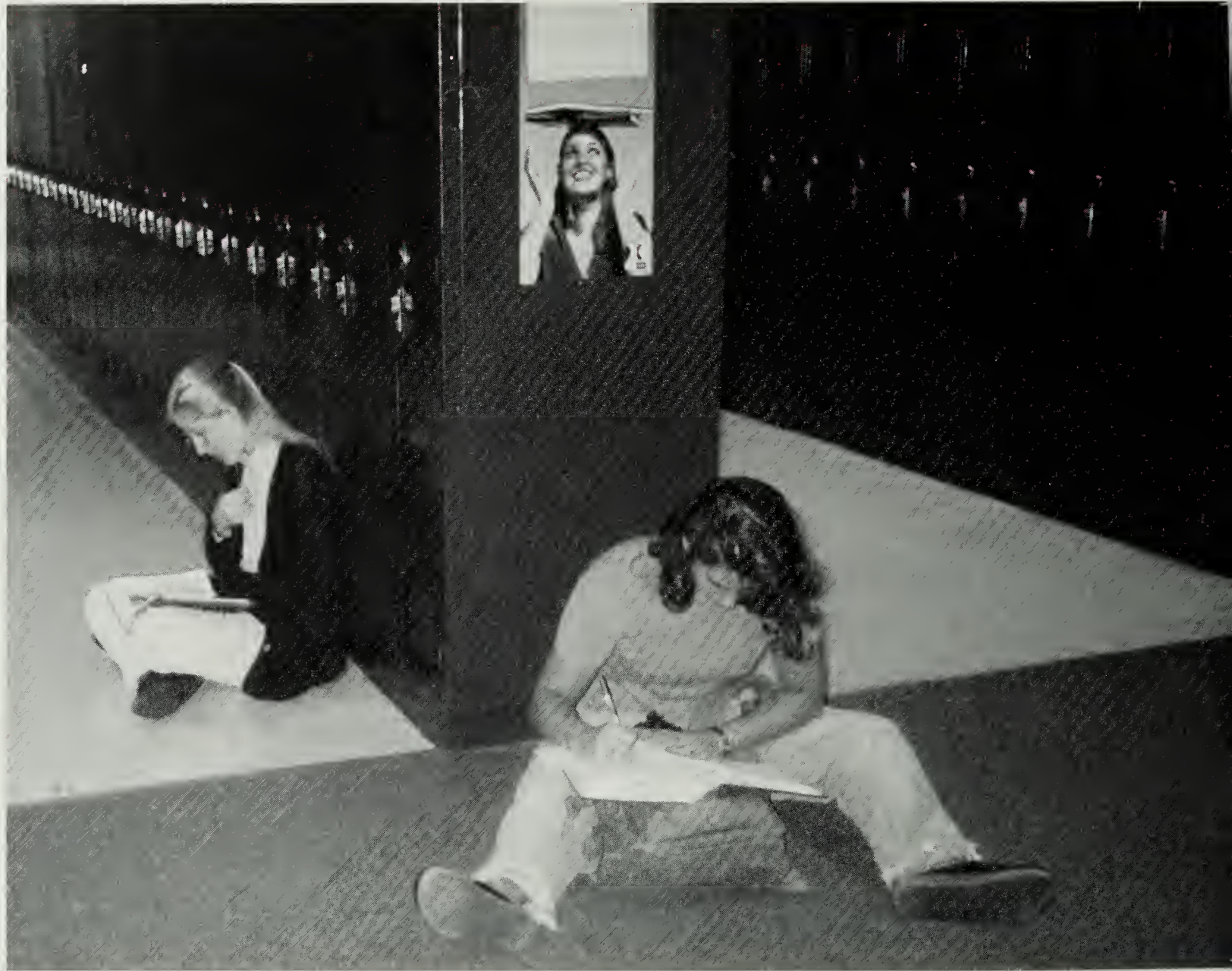
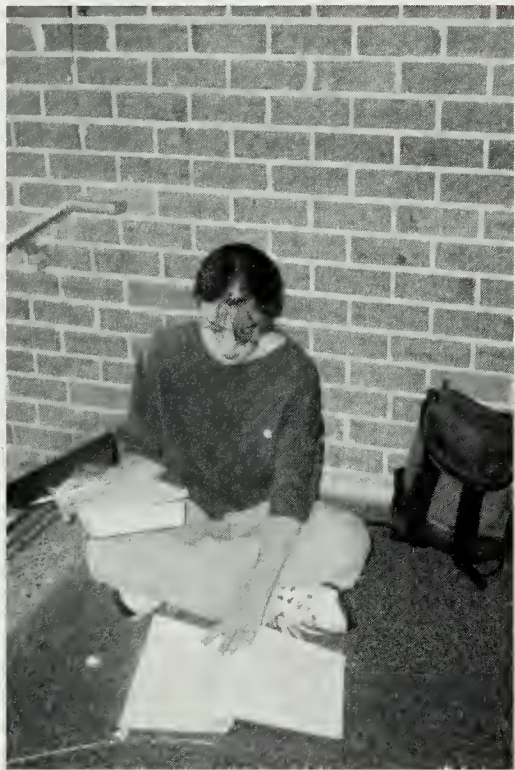


(Left) Spending most of their afternoons jamming together afterschool, Senior Rhett Bentson and friend Paul Oremland enjoy hanging out. Though Paul has gone off to college, they still play their guitars together.

Singing the Schoolhouse Blues

(Right) Study opportunities do not come easy. Seniors Kim BreeLove and Julie Pasqualini take time out of their lunch breaks to study in the senior locker bay. Finding a quiet spot during lunch required some study in itself.

(Below) During "C" lunch, junior Myan Miller struggles to finish her homework before the next class. Balancing out work, a social life and school sometimes got the better of students. Late nights and "the closing shift" at work all too often pushed schoolwork behind.



(Right) Senior Terry Hutson helps fellow student junior Billy Behan with his homework during lunch. Tutors are sometimes needed to get assignments completed.



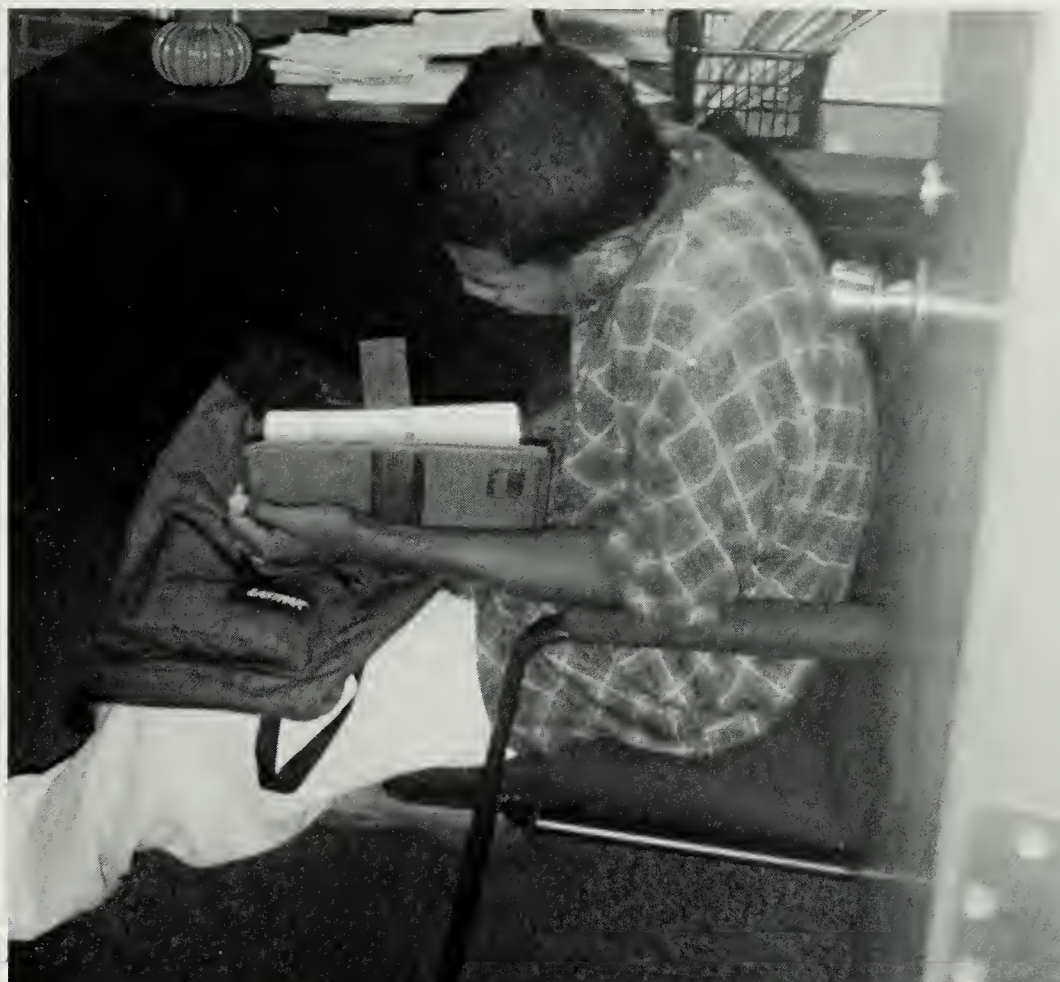
(Right) For freshman Raphael Osei, getting the grade is more important than food. Instead of eating, Raphael sits and studies before the bell rings. Now whose going to make the six-digit income?





(Left) Junior Andrea Harris sits alone to finish her homework. Sometimes sacrifices need to be made, like skipping lunch, in order to achieve high grades.

(Below) Most students need all of the study time they can get. Senior Eric Morgan studies during his aide period for Mr. Stephens. At times, when he's not running errands, Eric can finish a substantial amount of work in a short period of time.



Between the pressures of home and work, students found many hardships to overcome throughout the course of the year. As if the classes themselves were not hard enough, they were longer and more tedious with block scheduling, causing yet another hardship. For some students who took advanced placement classes, life was even worse. Juggling A.P. classes, work, and a relationship could drive anyone to the brink of insanity.

Since the beginning of time, students have fought the battle to perform well in challenging classes. Grade conscience students, who spent all night studying, found it hard to wake up in the morning and stay awake throughout the day. "The hardship of high school," commented freshman Andy Nuchols, "is waking up in the morning."

Time management was the key element to winning the battle against high school hardships. However, sometimes it became hard to keep time managed. "Maintaining a decent grade point average with a tight schedule is a major hardship," said sophomore Christina Madison.

Not only was getting inside the classes difficult, but with crowded hallways, getting around outside the classroom was just as hard. Sophomore Megan Norgart said, "The crowded hallways are hard to navigate because I'm so short."

After making it through the hallways, the work, and staying awake through the entire day, students were left with the ordeal of following the same routine all school year long. That may have been the hardest adjustment in high school.

Brandie Greene hit the bull's eye when she said, "Making up work when you are absent from school, with the block scheduling adding to the commotion, if you miss one day, it's equivalent to missing a week. That makes it that much easier for you to fail."

For many students life, love, and school collided together in a massive explosion causing a severe brain overload to most students. "Managing school work with block scheduling, sports, and a social life is a major effort," commented sophomore Shanna Conklin.

We may have lost the battle against high school's trials and tribulations but the war and struggle is far from over. -Danielle Colbert, Nisreen Elhillali, Palesa Osei-Tutu, Cindy Compton, Claudia Williams



(Above) Friends always help each other out. Juniors Sarah Hill and Rachel Horning work together during "C" lunch. From advanced placement government to advanced placement calculus, students who were able to maintain high grade point averages in high-level courses knew the value of stealing a minute here and there.

In A Class of Their Own

From Mexico to Japan, Nicaragua, and Afghanistan, the diversity of Gar-Field's student population is unmatched by any other high school in Prince William County. The sharing of cultures and languages expanded the faculty and student body's abilities to relate with people of various cultural backgrounds. Cultivating cultural sensitivity became the important rule of the day.

Foreign exchange students had first-hand experience adapting to the American culture. Not only did they have to learn to speak English, but they also had to take most of their subjects in English. ESL, English as a Second Language, is a class that introduces the English language in a way that is easier for those students to understand. For many of the foreign students, learning English was a challenge.

Fashion and music tastes between different cultures were very similar, yet there was one major difference—FOOD! Jose Laboy explained, "Puerto Rican food is the best. There is nothing better than abichueñas and tostones." Jose is one of the many students who enjoys ethnic food from his native country.

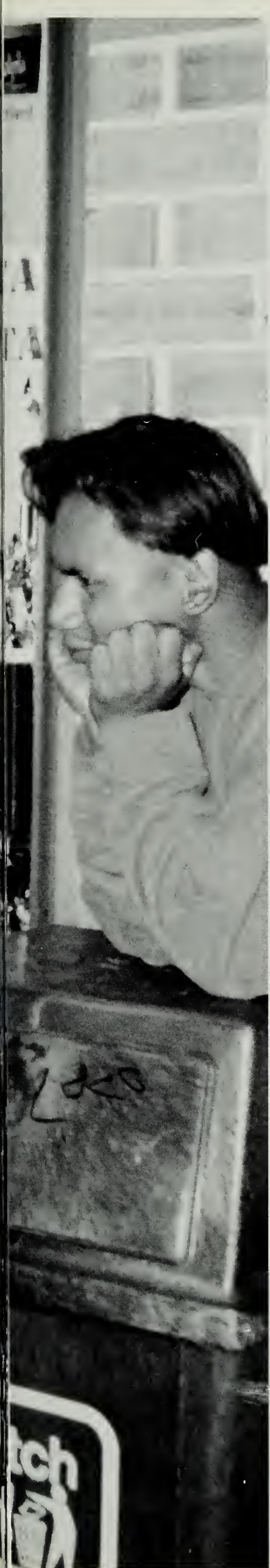
The Multi-cultural Club met periodically to provide students of various cultures with an outlet for discussion. They discussed topics involving everyday conflicts. Some of the topics were about students who felt discriminated against. The discussions were meant to build confidence and pride.

Students came to realize that it really is a small world when interacting with people from other places. The most important lesson was that everyone was very much alike with his or her hopes, dreams, and laughter. —Rebecca Membreno, Abby Fehrman, Rhonda Cummins



(Above) For most foreign exchange students like Hyun Kim, lunch time was the only time when they could mingle with those who spoke their language. Walking through the cafeteria, one could hear the many languages spoken between Gar-Field students.

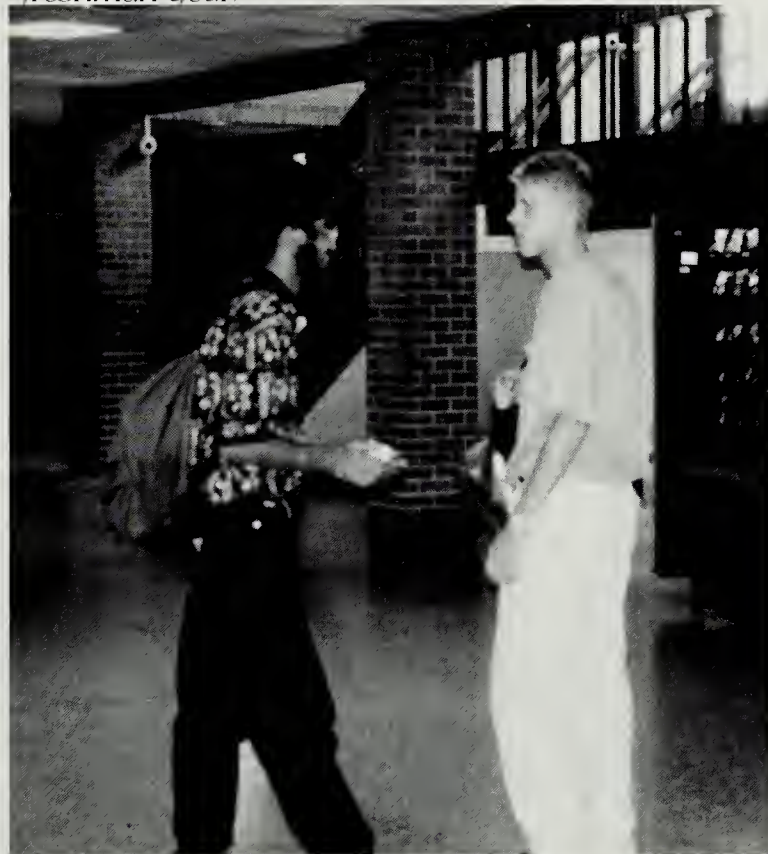




(Left) "Having friends from Latin America makes it easier to adapt in such a big school," Karla Berrios commented as she and Mario Delrio had a heart to heart conversation.

(Above) A native of Afganistan, Weda Zamier took the time to review for an English test. "Being brought up in a totally different culture makes it difficult to adjust to the American way of life".

(Below) Between classes, Harry Bindra stopped to talk to his friend, Elias Hoxha. The two have developed a friendship since their meeting in their freshman year.



(Above) The ESL class helped a lot of foreign exchange students to adjust to the many challenges of learning a new language. Obaid Munir was one of the many ESL students who had to adapt to the American way of life.



(Left) In a school as diverse as Gar-Field, it is a uniquely interesting experience to meet people from different cultures. As freshman Nathan Hill and Matthew Heart sat outside enjoying their lunch, they also begin a new friendship.

I Think I'll Disappear Now!

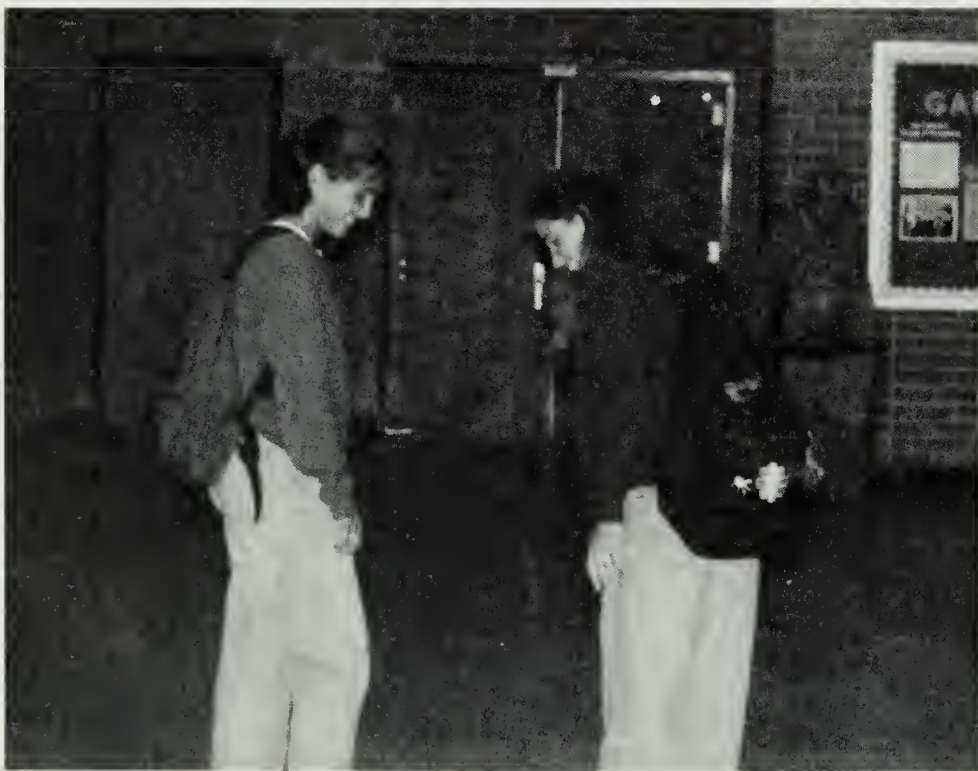


(Right) Desperately trying to get up off of the floor without drawing attention to herself, Nicole Brulotte turned red after she fell out of her seat. Once her friends realized she was okay, they had a good laugh.

(Below) Soon realizing that she was the only girl and surrounded by half-dressed men, Becca Smith quickly headed for the locker room door. A situation like this was just as embarrassing for the men as it was for Becca.



(Right) After discovering that Kelly Smith had toilet paper stuck to her shoe, Katie Cartwright pointed it out to her in the hall. A true friend would try to save you from this embarrassment.



(Right) After experiencing the one thing that every student dreads, James Wethers picks up his tray soon after dropping it. Everyone in the cafeteria turned their head, and James couldn't help but laugh.





(Left) As he reached for the railing after tripping down the stairs, Lee Foresman was able to catch his fall, and he hoped no one was watching. Most students tried to play off little embarrassments like this.

(Below) Unable to carry her books in her hands, Pamela Greenfield dropped them on the floor. Instead of helping her, Carrie Hoffman, Christina Madison and Shea O'Connel just looked on and laughed.



Everybody has a time in their life when they did something incredibly stupid or embarrassing. Whether it's tripping in front of a group of people or walking into the wrong locker room, everyone has wanted to crawl into a hole at one time or another. While those moments were amusing after the had happened, they are usually more embarrassing when they first occur. Though some people tried to forget their moment, most found it easier to laugh at themselves along with everyone else.

Most Students had little trouble remembering these mortifying moments that they had tried to forget.

Sophomore Megan Wescott recalled standing at the bus stop for an hour and a half when school had been delayed.

Sophomore Christina Madison remembered the moment no one would let her forget. "When I was in eighth grade we went on a field trip to see a Spanish play. The music group called me up to the stage to dance with them, and while I was going back to my seat, I slipped on the last step and fell flat on my face."

Freshman Jim Klapmust remembered, "When I was in the eighth grade I was getting ready for a chorus concert. I was changing in the bathroom, when I felt sick and threw up on my friend's shoes and his cumberbund."

Sophomore Carrie Hoffman remembered an embarrassing time for her. "I was getting out of the car when I shut the door on my clothes. The car started to roll backwards and took me with it."

"Once when I was doing a presentation for Spanish class I had my zipper down and everybody laughed at me," remembered Sophomore John Lemay.

While the memory still lingered, the humiliation did eventually pass and you could look back and laugh at those moments. No matter how hard you tried, your friends were always around to remind you of those horrible yet hysterical times in your life.

-Tara Kosheiar, Karen Testerman, Erin Nicholson, Kelly Smith



(Above) Luckily Steve Ryan was one of the few students who was able to laugh at himself when something simple such as getting splashed in the face at the water fountain happened to him. Some students let minor incidents like this ruin their whole day, but others could just shake it off.

Remember the Time

The After-Grad Party symbolized the last day of those carefree high school moments. It was a night of fun and relaxation for the class of 1995 . . . a chance to meet as a group one final time.

This night of comradeship and games was spent at the Dale City Recreation Center. This year the party started promptly after the diplomas were bestowed upon seniors at 9:00 p.m. Loud music blared, door prizes were being passed out, and friends were saying goodbye into the wee hours of the morning.

Feasting at the all-you-can-eat snack bar, the seniors passed the time getting caricatures drawn, grabbing money in the money machine, being catapulted into a velcro wall and playing at casino games. For those a bit less adventurous, one could step up to the karaoke video machine or the human dart board. Basking in a blissful moment of silliness before the real world descended upon them, the senior class forgot about their worries and ignored the problems that await them in the years to come.

The last time the class would assemble together in one room, the new grads laughed, danced, and remembered. "I had the best time. I haven't laughed that much in a long time," said Keishia Kemp who would go on to enter Georgetown University. -Nisreen Elhillali



The after-grad party has a little something for everybody, from those less adventurous to those wild willies. Sitting back and just chillin', Neil Puri and Susan Scott carefully apply removable tattoos, while Chaitra Harris and friend look on and choose their own.

(Right) At the after-grad party, there was no time for retrospection. Stephanie Jansen stands blindfolded grabbing as much money as she could grab through all her excitement as fellow senior graduate Sandi Goulet watches and attempts to help.





Christa Pratt stands by the door prize table staring at the merchandise in awe. Among other door prizes, the sponsors gave away walkmans, televisions, phones, and radios. Most of the stash was donated to the cause by local merchants.



Accepting his door prize, George Hart looks out before his fellow seniors admiring his gift. How sweet it is to graduate and leave behind one's youth at the door.



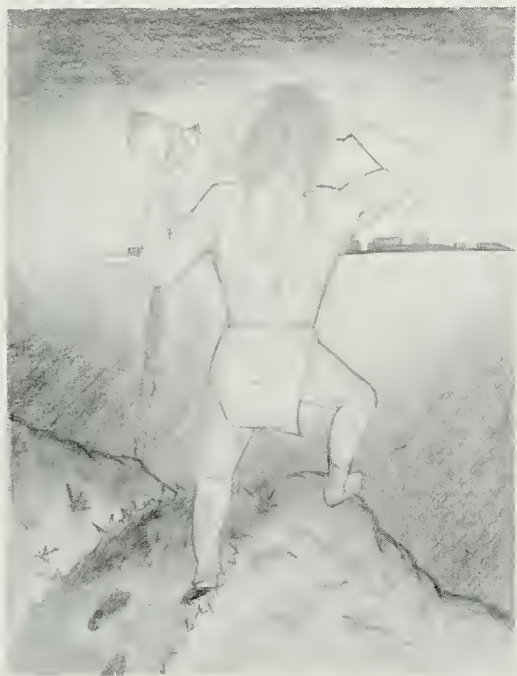
A graduate for only a few short hours, Rachel Zimmerman wins tickets to Adventure World. Sounds like a road trip to Maryland. Who will get the other ticket?



Good friends, Vanessa Tousset and Stephanie Jansen, pose behind bars for a "Remember Me Picture." Friends said goodbye after enjoying the time they shared together in hopes that they might meet again in the future.

Turning A Phrase

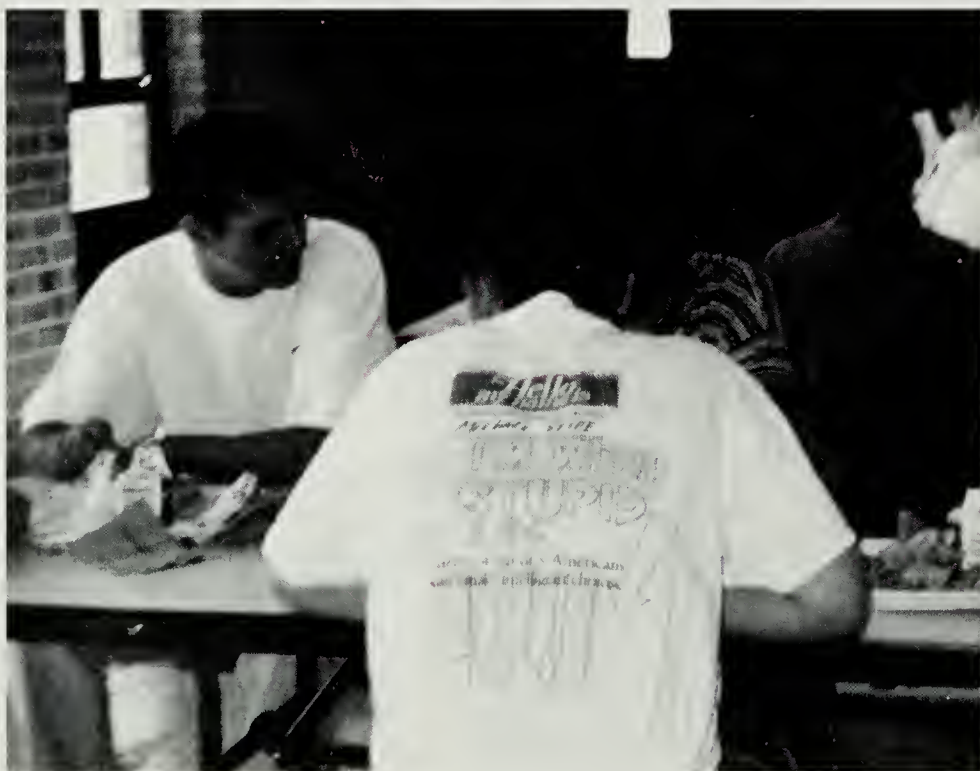
(Right) On the way to guidance for some advice, sophomore Eva McCarthy convinces junior Shylah Price that she will never again be scrounging for money once she graduates from the prestigious university of her choosing.



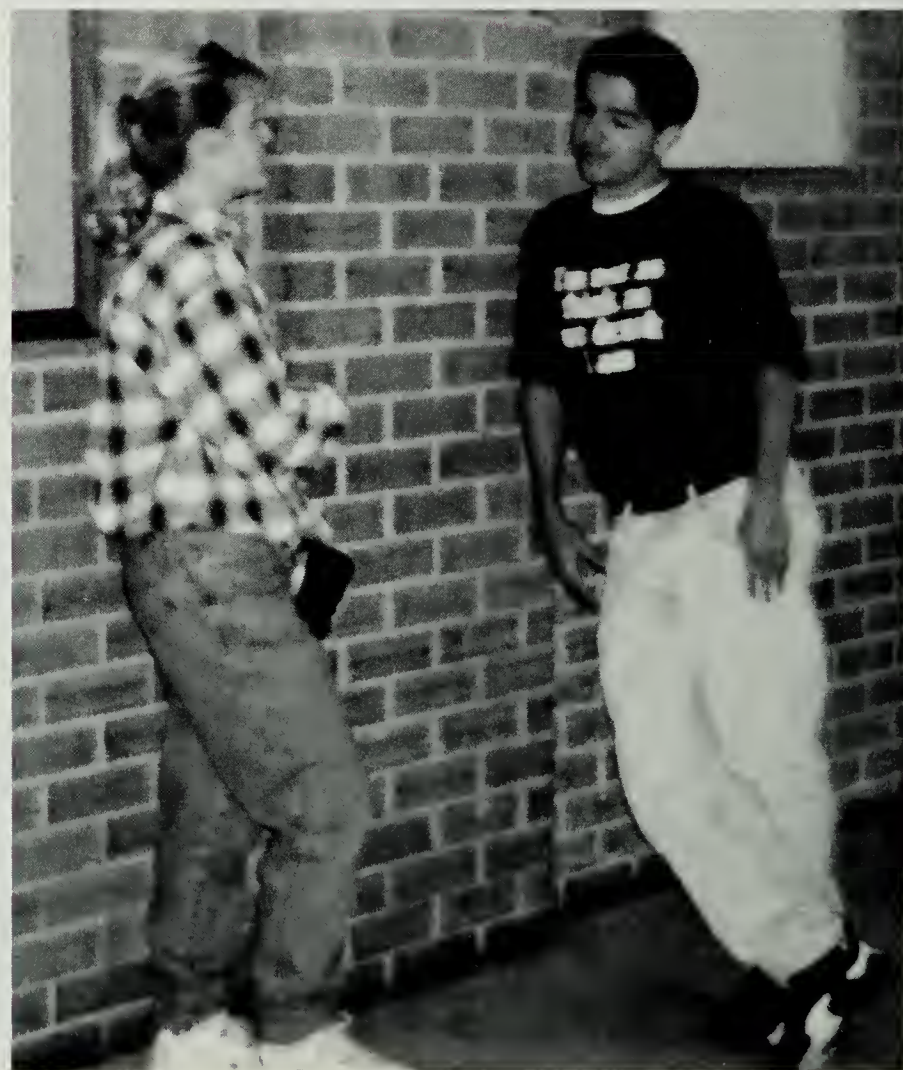
Artwork by Frank Wilks
Concept by Rachelle Jones



Leaving one's thoughts behind... taking advantage of his right to remain speechless, this student lets the back of his t-shirt speak for him.



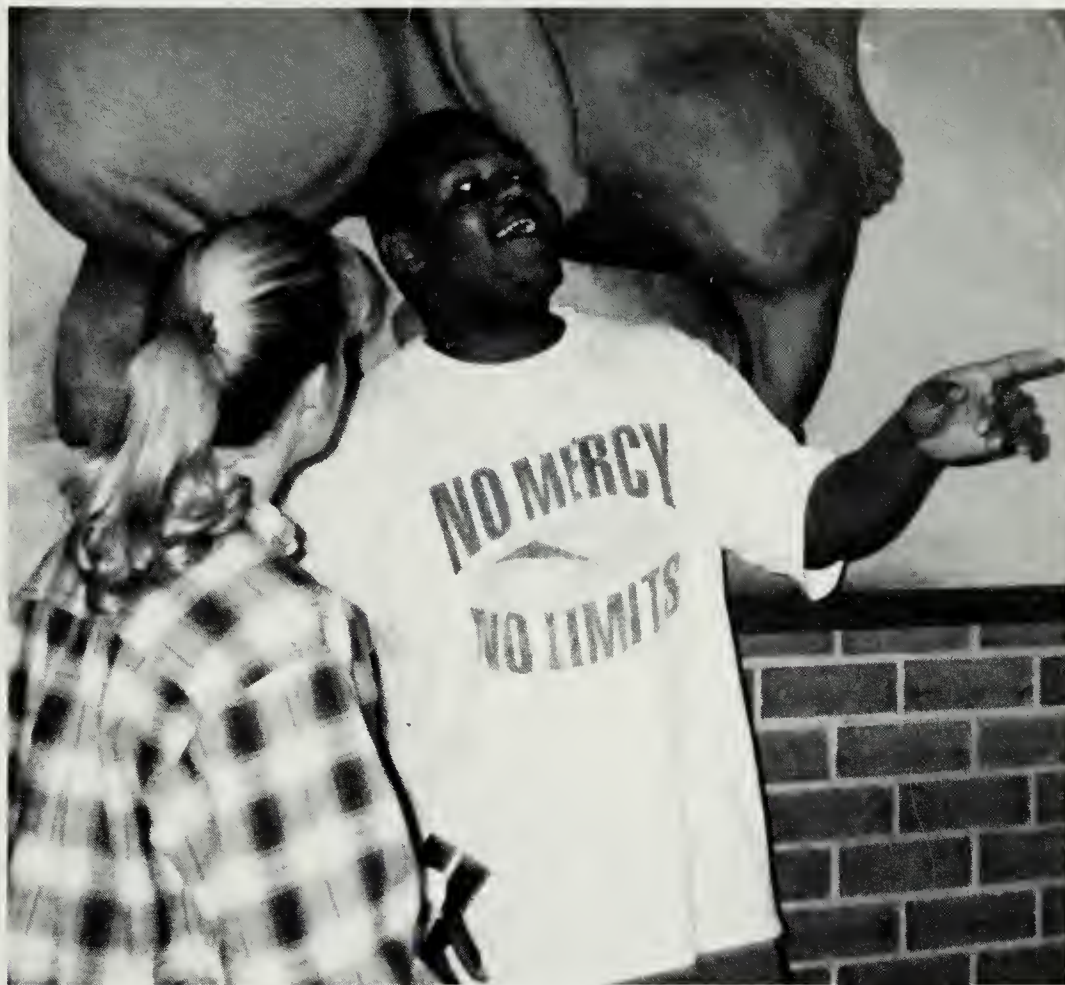
(Right) During their lunch period, junior Lindsey Stowell and her friend, Brian Batres, talked about how his shirt was really a misprint. These optical illusion style t-shirts gained popularity throughout the year.





(Left) "Ah, I remember that guy over there," yelled senior Jeremy Fitzgerald, as he looks out into the crowd. Often people were judged by reputation instead of personal appearance.

(Below) After two years of hearing students' excuses, Mr. Stephens' secretary, Mrs. Shirley Hoff, could write a series of books on students' famous last words.



As another year came to an end, many people were preparing to be separated from friends if not forever, then for the summer. Some students spent their high school careers working on being remembered by wearing funky clothes, dating popular people, acting out as the class clown, or speaking their minds.

The Class of '96 awaited "the walk." All spoke famous last words leaving their legacies behind. Seniors felt differently about graduation and receiving their diplomas. "Life after high school is challenging and difficult. Enjoy life, you're only young once say the adults, but someday you're going to have to grow up," stated Paul Franklin.

"There's more to life than the after grad party," Allison Davis added. "Plan ahead. Know what you're going to do, and it will benefit you in the long run!"

Many students in life are unexpected. We made turns in judgement we did not want to make. When put on the spot and asked if they would change anything about themselves before the last day of their high school careers, many students would have liked to have been better people. "Always have faith in yourself. As long as one has faith, he can accomplish anything," said Autumn Campbell.

Alicia Meyers added, "Live for today, not for tomorrow because life is too short to let it pass you by. Always remember your true friends and the ones you love."

Most often students wanted to communicate messages with much of the same content. "Don't go through life trying to be someone you're not," Eva McCarthy said.

Shylah Price added, "Life is a great thing, so don't waste all your time fighting with people. Make life the best experience possible while you're here."

Meaning and the thought in whatever you do is the truly remarkable way to be remembered!- Nadine Boisvere, Jami Bedford, Casey Vera



(Above) Two students sit staring at a fellow classmates Mossimo shirt. Is that a person in an airplane or is Mickey Mouse fighting gravity? You decide.

Dressing for the Nineties

Grunge. Prep. Casual. Do these words sound familiar? These are the fashion statements of the year and they are coming on strong in '96. With such diversity here at the School of Champions, one's choice in clothing became a major identifier of one's individuality. In the struggle to be unique yet the same, students were well aware of how their clothing spoke to other people.

From oversized, comfy sweatshirts and loose jeans to rain suits and t-shirts, a student might be saying "I'm in a casual, easy-going mood." Flowery dresses and long flowing skirts said, "I'm in a romantic, feminine mood."

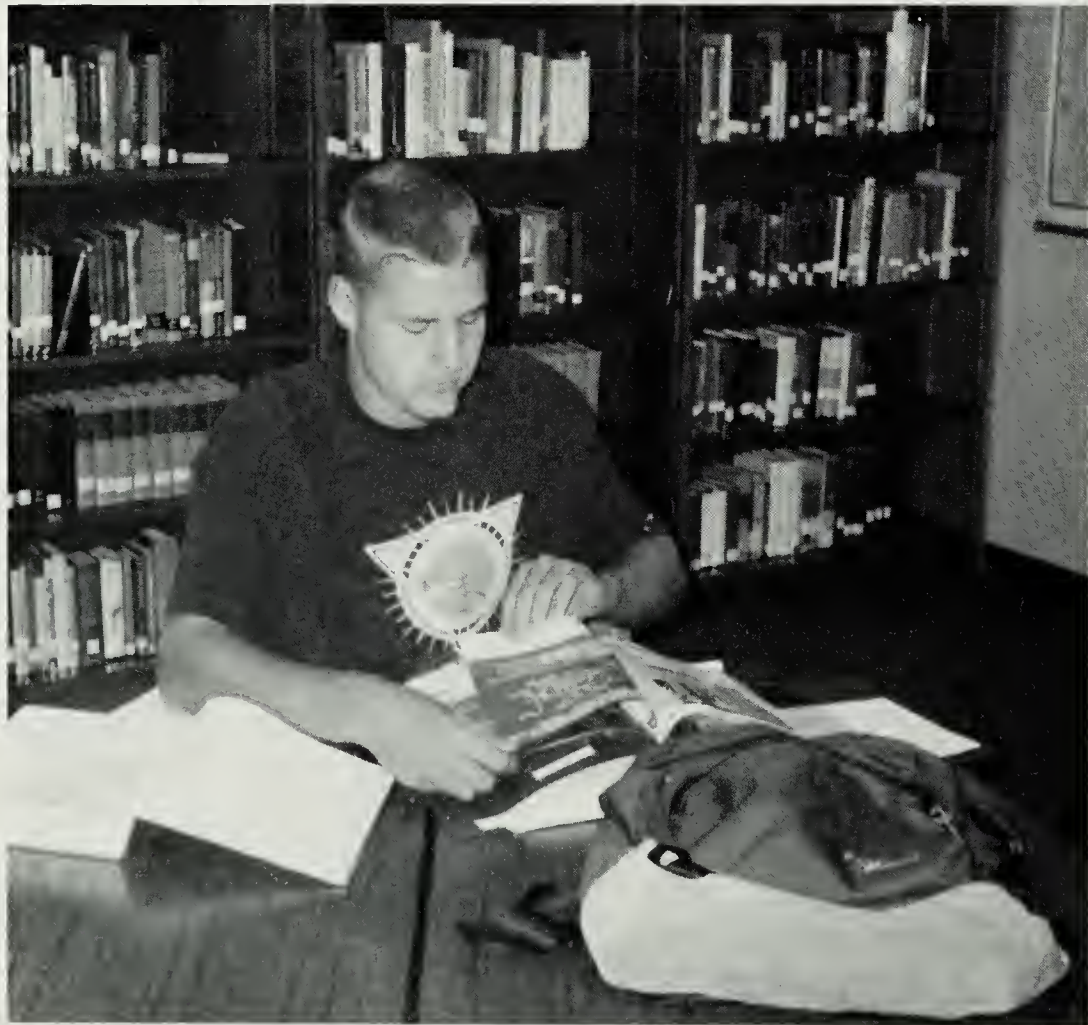
"Students also attract attention through their clothing," said Carrie Hoffman with a smile. "I dress to impress!"

Elliot Sheehan dressed for comfort. He said, "It's relaxing."

Karen Hennessee said, "The level of ignorance in this school astounds me. People act like they've never seen a nose ring or blue hair before. It makes me sick. Needless to say, I didn't make cheerleading again this year."

Music determined to a great extent the styles students chose to wear. Informal survey results showed that 30 percent of the 100 students questioned listened to *alternative* music. *Rap* came in a close second. Surprisingly, *country* music has made a comeback according to the survey results. Correlations definitely exist between one's mood, attitudes, musical preferences, and dress. - Jillian Ber-

nard, Danielle Pokusa, Lisa Boughner.



Basketball t-shirts could be seen all around the halls of Garfield. Walter Engelbrecht wears a Golden State Warriors t-shirt. Many shirts displayed one's loyalty to his favorite team.

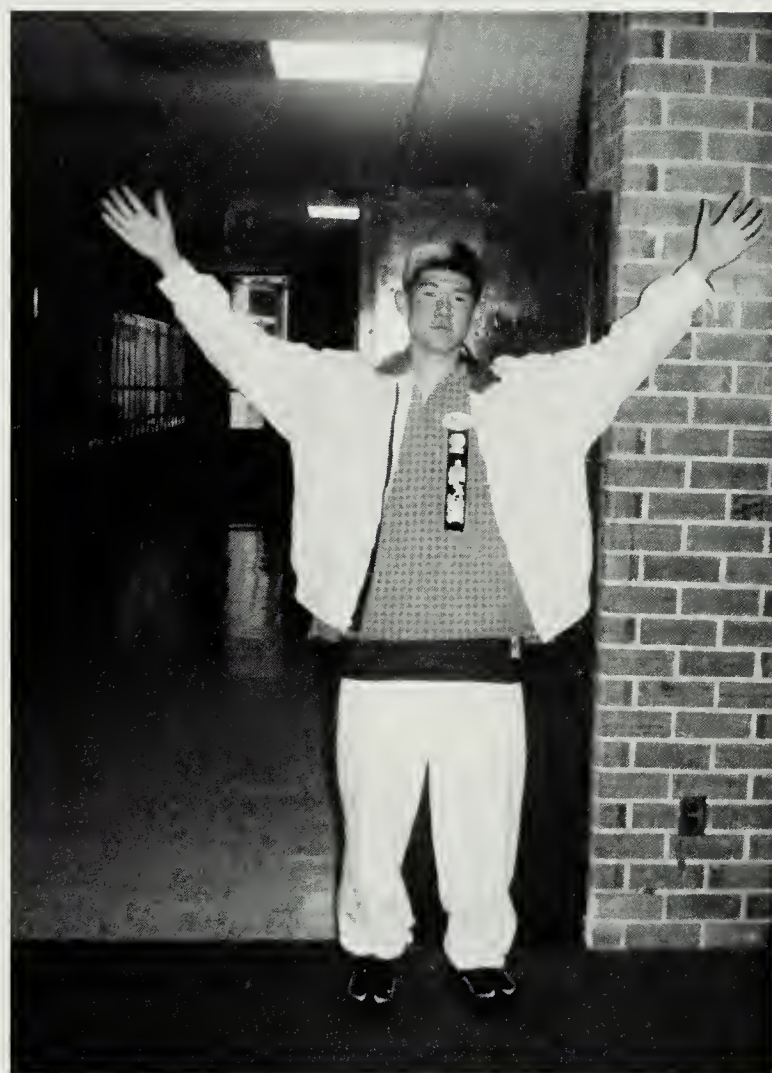
(Right) Usually, students were more comfortable dressing casually. Dawn Daly, Jen Burwell, and Karen Hennessee show that casual can also be quirky.





By the way, who is your tailor? While John Kelly realizes he is all tied up, he and Jason Huber compare their stripes. Sporting a different look each day, John could most often be found on the stage.

(Below) Many students at the School of Champions really got into Spirit Week. Monique Welsh demonstrates her flair for 70's fashion in the spirit of the day.



(Above) What a winning combination! Chris Logan shows that spirit and style really do go together. Solids, patterns, two-tone hair color—Chris has it all!

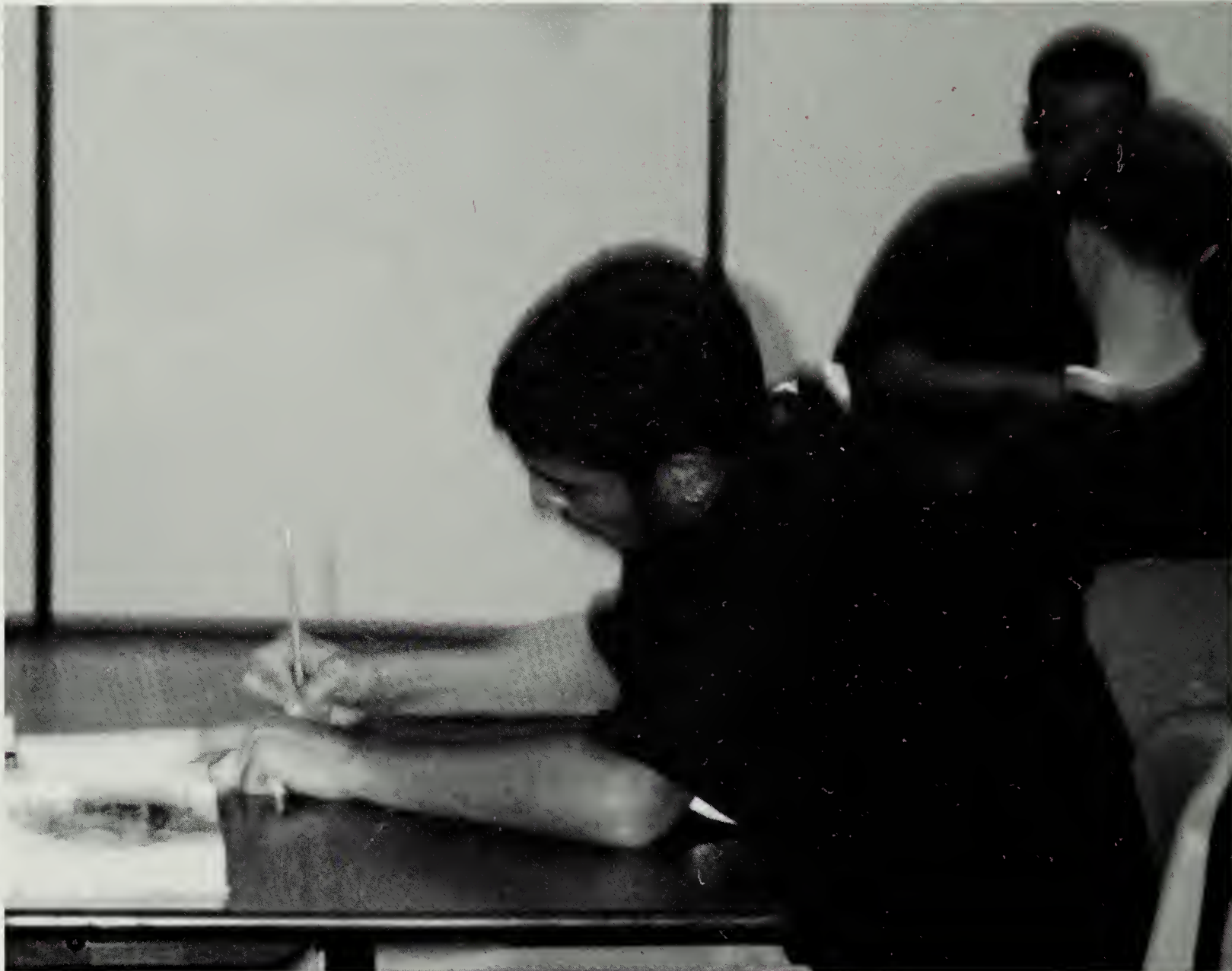
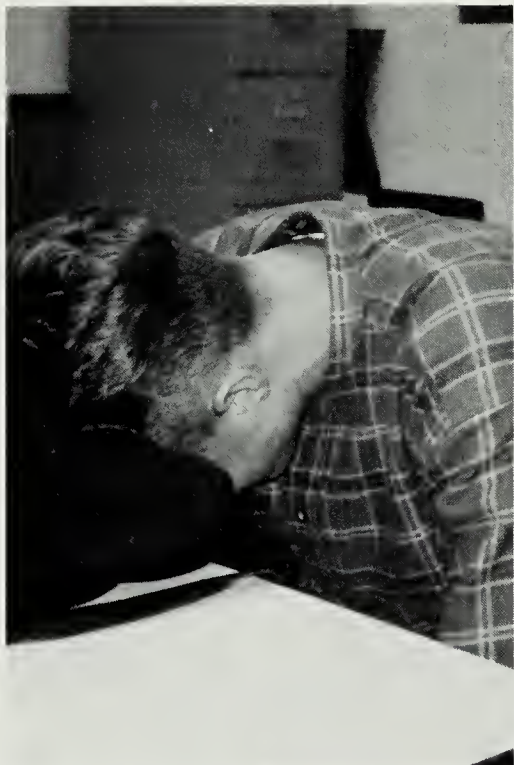


She has to laugh to keep from crying. Clad in a tie and suspenders, Chastity Evans proves men no longer have a monopoly on the ability to accessorize. You go girl!

Blocked in Time

(Right) Many students like Ricky Davila (97) used the 90-minute block to do unfinished homework for another class. Some teachers allowed time for their students to begin the homework they assigned.

(Below) Staying alert becomes increasingly difficult after an hour or more of the same class. Many students had trouble fighting off the urge to put down their heads to catch up on the sleep they missed the night before.

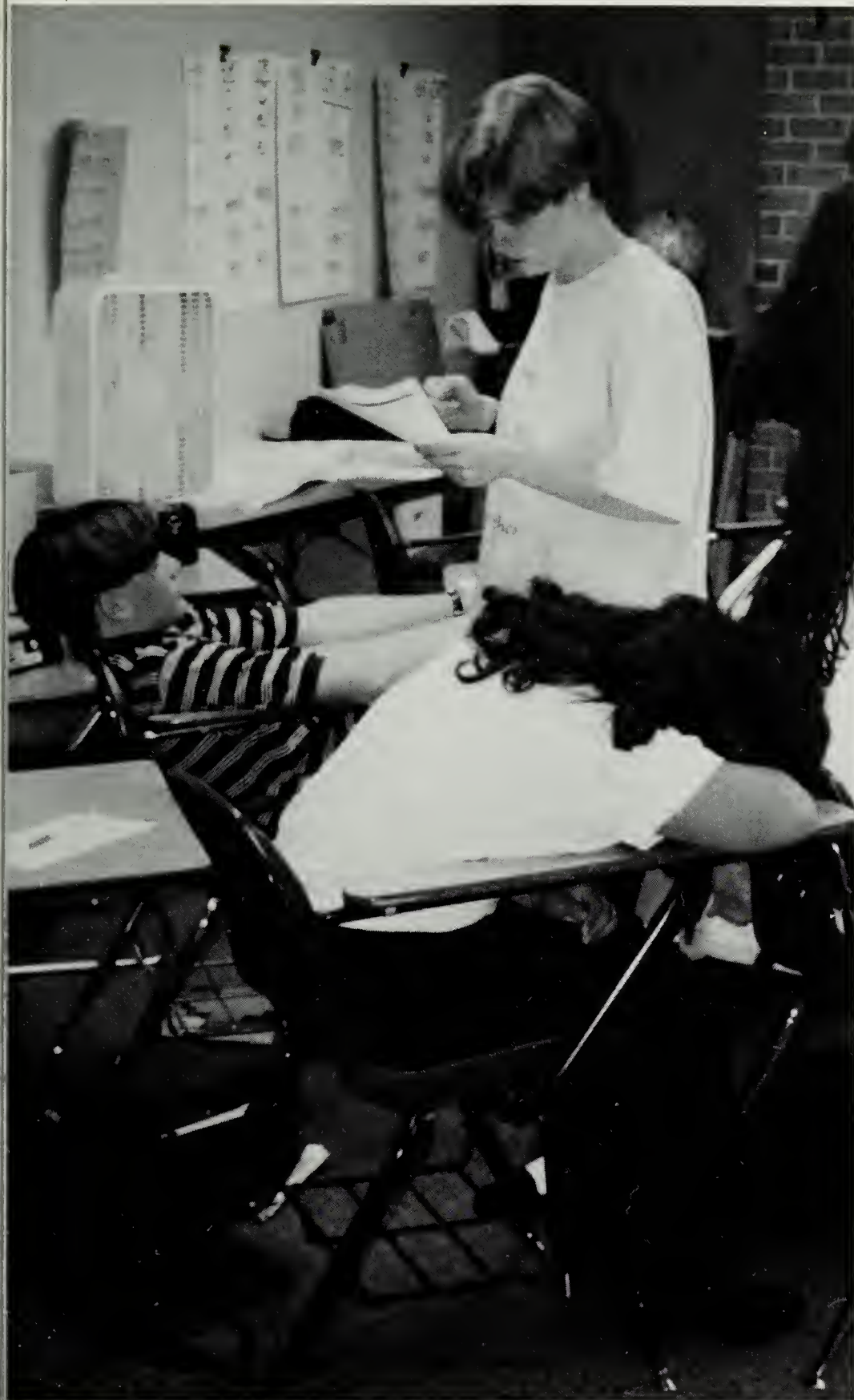


(Right) P.E. became a treasured pleasure because of the block scheduling. Students felt they had more time to finish an activity with a greater feeling of victory.



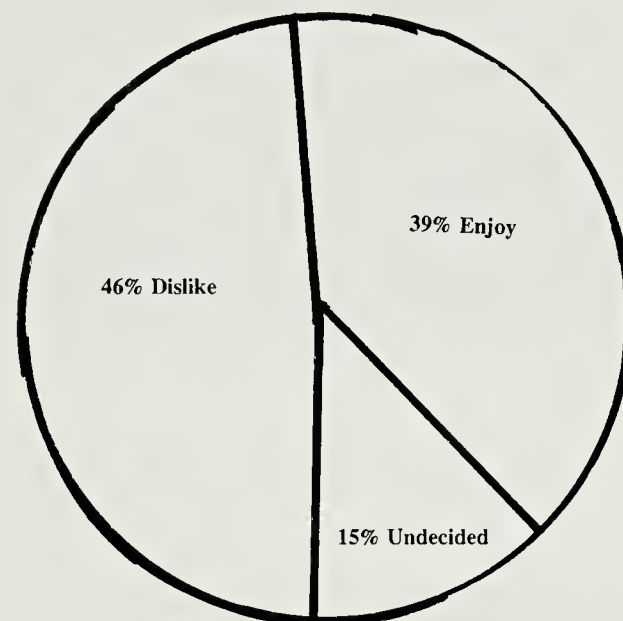
(Right) Block scheduling made it easier to finish science labs during a class period. Here Heather Baldwin checks to see the results of her experiment. Experiments that would have to be broken down into two or three days could now be completed in one class period.





(Left) As the class drags on many students find it harder and harder to stay alert. Here Patrick Johnson and Paola Narvaez are caught in the act of sleeping during another 90 minute class.

Popularity of Block Scheduling Among Students



*Based on a random sampling of 100 students.

Block Scheduling...A hassle or an advantage?

Remember back in the day when you played with blocks? Well, whoever thought you would use blocks for school? Not exactly play blocks, but block scheduling.

Block scheduling was one of many worries for the 95-96 school year. Nobody knew how it would be or whether we would like it or not. This issue has aroused much controversy. Many people didn't exactly like the idea of having two or three 90-minute classes in one day. "The classes are long so you get bored while you're being taught things that you need to know," said Sophomore, Jenny Cahill.

Another Sophomore, Kelli Hicks complained, "I don't like it at all. We have to go twice as fast and we have twice as much homework."

On the other hand, others preferred block scheduling. "At first, I thought I was going to hate school just because they changed the schedules, but I like it. The school day flies by!" exclaimed Christa Edsall.

As the year progressed, students became more adjusted to the new schedule. Senior Jon Barclay had his own method to adjust to the blocks. "Some people like it, some people don't. I do because now we have 90 minutes to sleep instead of 45 minutes." -Martha Dunn, Lorene Banning



(Above) Miss Dorton's class works in the halls on a group project in order to get the class out of their seats. Many teachers changed their teaching styles to eliminate the sleeping problem that came with the adjustment to the block scheduling.

New Faces

Anxiety, fear and hesitation are all emotions that flew through new students heads. For the most part, students at the "School of Champions" have attended other schools in Prince William County and are familiar with the school system. However, there are a number of students who have attended schools in other states and abroad prior to coming to the American schooling system.

Many of the new students that arrive at our doors are from other countries. There are many differences that these students must adjust to. When questioned about their schooling, Johanna Julijunen commented, "I like Gar-Field, the teachers are much funnnier here, its more than just teaching."

Another student from Finland, Tuulina Tuominen replied, "The school is much bigger here. I had 250 students total in my school and we didn't have any extracurricular activites." Both girls enjoy the pleasure of being on the tennis team.

Sophomore Crystal Cumy is one of many stuents who has returned to the states from living abroad. After being assigned to a student ambassador Crystal thought "It helped me make friends and feel more comfortable." When asked what one major difference between her school in Italy and Gar-Field was, Maleka Matthews responded, "At my old school, students could go anywhere for lunch." Maleka is making friends and beginning to feel the pride of being an Indian! -Robin Schrimpf, Allison Rowe



After school activities are fun ways to meet new people. Abby Racster participates in Marching Band and Crew and is having a great time.





(Left) In the mountains of Finland, Tuulina Tuominen takes a break from skiing to enjoy the natural beauty of the mountains. She looks forward to skiing in the United States.

(Above) Lunch...the perfect time for foreign exchange students. Tania Heydenreich, Thomas Andersen, and Jan Spijkers to "joan" on American cafeteria style food. Just like American students they remain loyal to the chocolate milk.

(Below) In Germany, Nicole Curry had the opportunity to eat anywhere during lunch. Since moving to Virginia, Nicole is limited to eating lunch in the cafeteria but, she is enjoying it.



(Above) After leaving Japan, Jennifer Jones returned to Virginia. She is glad to be back in the States, but she also misses her friends in Japan.



In between tennis matches, Johanna Julijunen takes a break to remember her friends and family in Finland.

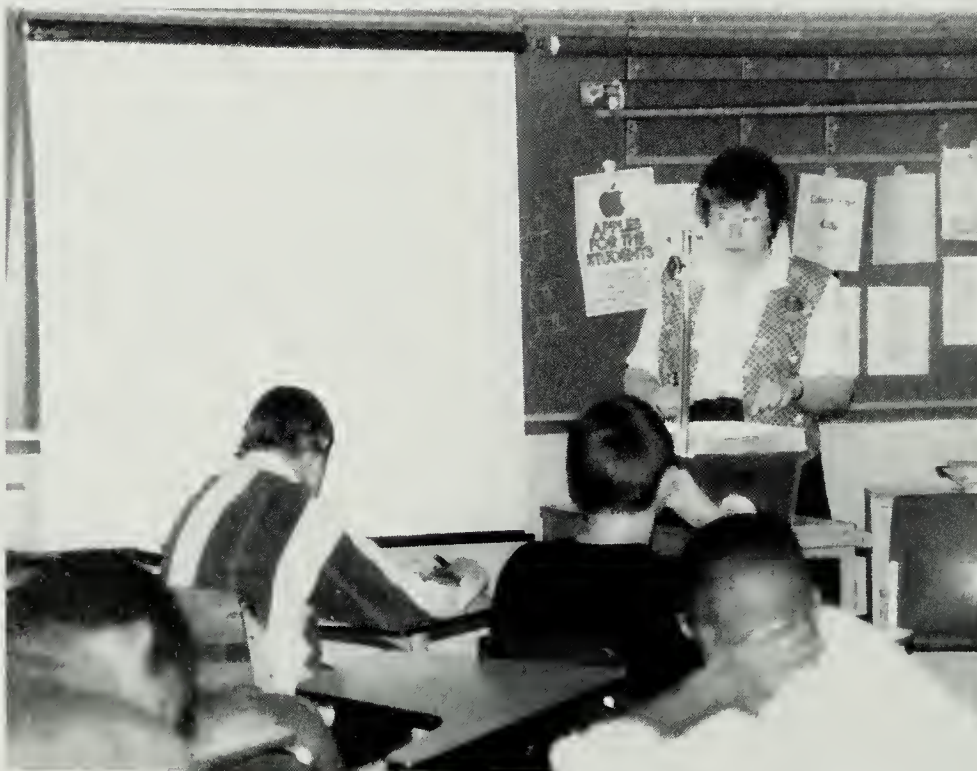
Bound for College

James Kimble works diligently on a paper he is composing for Foreign Language. Although focusing mainly on analysis, Advanced Placement courses tend to be writing-intensive.

After a block of AP Language and Composition and American History, David Nasca kicks back at the end of class. After an AP class, mental recreation is at a premium.

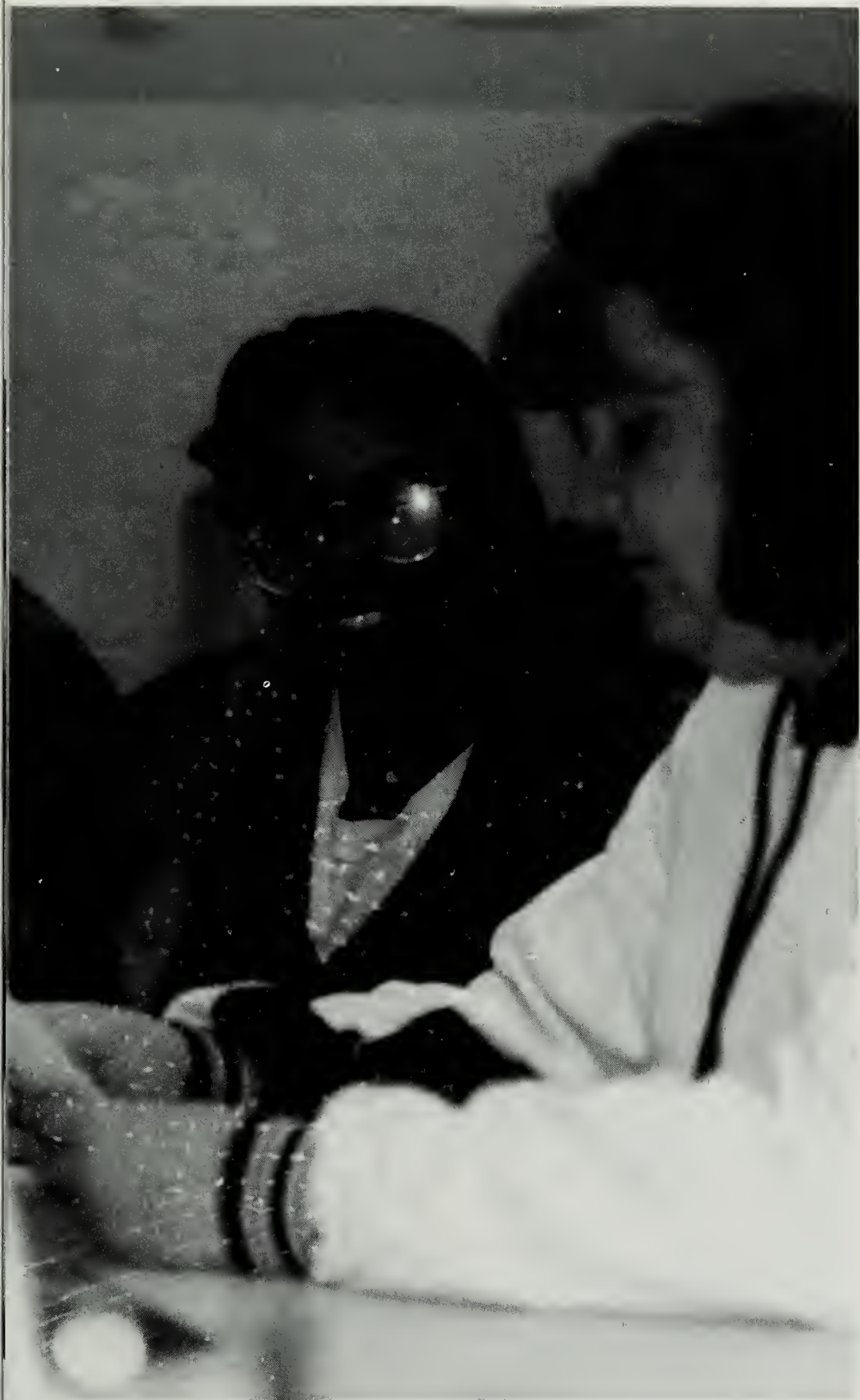


Advanced Placement European History, taught by Mrs. Terry Marx is the only AP course offered to sophomores. The course has been open to students for the last five years.



AP Language and Composition requires brainstorming, team work, and attention to detail. Students work from three different texts at all times. Only the most dedicated students need apply. Here Ember Johnston and Dallen Army quiz each other for a vocabulary quiz.





Revising a recently-graded paper, Lisa Weber and Nisreen Elhillali discuss which techniques work best to avoid massive revision in their writings.

Students in Mrs. Geri Cantuwell's Advanced Placement Government class take notes on her daily lectures. Taking detailed notes in class is a priority in order to stay ahead. He who hesitates is lost.



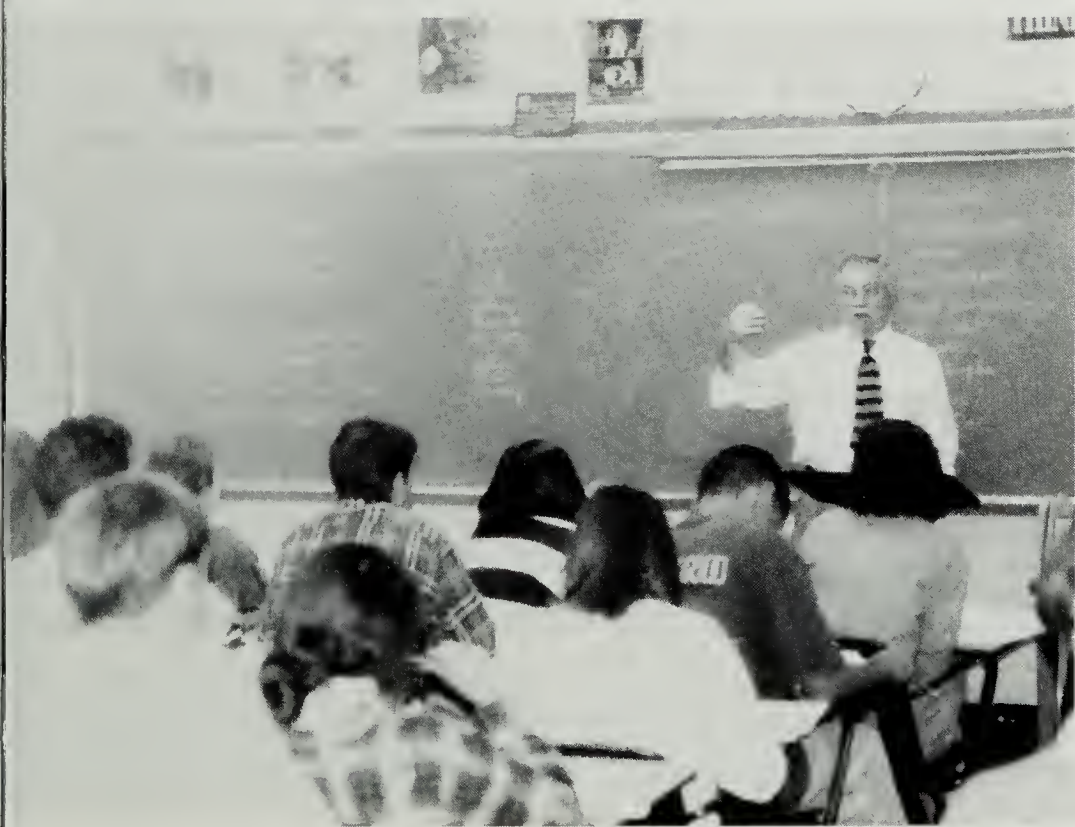
While most high school students are surprised at the difference between high school and college courses, many sophomores, juniors, and seniors are taking advantage of a program known only by the initials "AP."

Advanced Placement courses were classes offered only to specific grade levels for some obvious academic reasons. The accelerated courses were offered to prepare students for college-style assignments. Involved writing and reading assignments were a common occurrence in these classes. "A.P. classes are worth the effort because they help you to go to college. It gives you credit. I think some of them are hard; it depends on the class and on the teacher. The only really bad result is about the tests. It puts too much pressure on you," stated Mayrin P. in her A.P. Spanish class.

Classes aren't only for foreign languages, but a variety of different subjects, such as history, science, and even English. All classes are similar in style, due to the college board curriculum that is taught. All of this work is done in preparation for the annual AP Exam which is given in May. The student who passes the exam may be eligible for college credit. Many feel the effort is well worth it.

Even the senior class president understands the hardships of an AP class, "AP classes are worth the effort. You get a lot out of the classes. They really do prepare you for college. The work is strenuous, but in the end, it is worth the struggle," stated Tad St.Claire.

One advantage to the AP course is that it helped to develop one's time management skills. The challenge for most students was balancing the AP work with the rest of the high school assignments. Students can take pride in knowing they accomplished something special. AP classes challenged those who want to push themselves to reach their potentials. Any AP curriculum stresses does quality work and that quality must be completed on time. Achieving grades in these courses was a feat!-Brian Christenberry



Students in Mr. Tom Corbin's Advanced Placement Literature class concentrate on their teacher's explanation of T.S. Eliot's "Portrait of a Lady." Intensive study, requiring astute analysis, is a must in fulfilling course expectations.

When Will I See You Again?

Moving to new places or changing schools led to the heartache of being seperated from bestfriends and loved ones. Dating people outside of Gar-Field or someone in college was also a challenge. But, being able to keep in touch with those people proved to be a hard task for many students at Gar-Field. Whether your girlfriend, boyfriend, or friend lived near you or in another state all relationships encountered difficulties. Though long distance relationships were harder to keep together, some lasted longer than regular relationships. Imagine if you couldn't talk everyday or you may not have seen each other for weeks at a time. Lorie Spears commented, "I wish we could see each other more often."

Maybe he or she didn't live that far away, but then you had the difficulty of different schedules and friends. You had to plan time with your friends as well as fitting him or her in also. Senior Kendra Williams quoted, "It takes an effort on both of our parts to make things work."

When you were apart and didn't see or talk to each other all the time, trust became the key in keeping the relationship together. "Make sure you have trust. If you don't have trust it won't work," Junior Jenni Reese commented. Having to pay for those calls to your girlfriend or boyfriend could add up. An average bill may have ran to over \$100.

Long distance relationships and friendships encountered many difficulties though everyone seemed to say that they did work. As Sophomore Sara Blindauer put it, "If you really care about the person you can make anything happen." -Heather Haus and Jeri Culp



Girlfriend and boyfriend Jenni Reese and Maurice Crittendon take time out to spend together at his Class of '95 Graduation. They remember the good old times from the past, and remain together despite the difficultiy of maintaining a long distance relationship.



Q: How Much time do you spend with each other?

Q: What are some of the difficulties you both have?

A: Whenever he comes home on the weekend, we talk everyday and spend either Saturday and Sunday together.

A: The seperation is really hard. I dont get to see him during the week. He comes home every weekend though.

Comments of Kendra Williams



Q: What are your future plans?

A: We haven't talked anything long-term yet, but we plan on being together for a long time.



(Left) During the summer of '95 sisters Lauren, Kirsten, and Allison Rowe had fun goofing off and talking about old times with their friend Cheryl McNiery from Brussels, Belgium. By keeping in touch, they still see each other today.

(Above) Although distance separated them at the age of four, Heather Haus has stayed in touch with her best friends Jason Ridge and Sarah Blair of Florida. Even today, all three keep in touch talking about the good old times.

(Below) Elizabeth Byrd and long time boyfriend Andrew Arredono share a special moment together before prom. Sharing those special moments helped them keep their relationship together.



(Above) Jen Robinson and Tyson Dunkelberger from Lake Braddock High School spend time catching up on the events of the past week. Weekends are usually the only time they get to spend together.



(Left) While attending her boyfriend's graduation at Potomac High School, Maria Gomez and Brian Tirch pose for a picture to last forever. Spending time together has become harder now that Brian attends college.

Super Champions

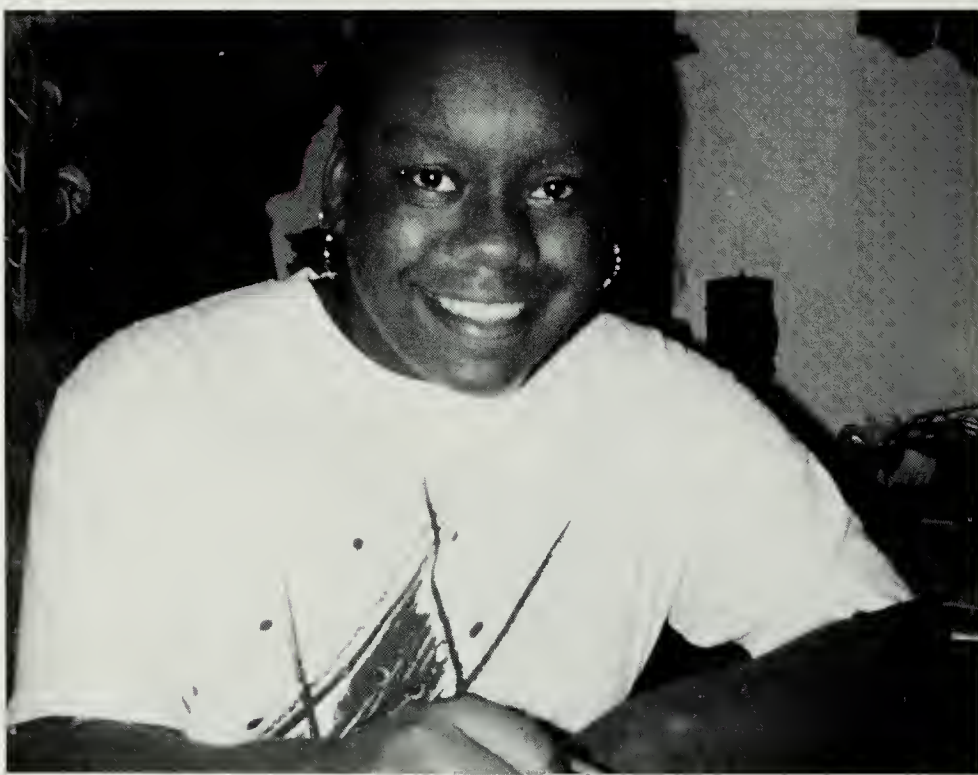
Students excel inside and outside of school.

(Right) After a grueling day at school, sophomores Heather Haus and Sara Blindauer smile as they reflect on the simple days of summer. Both girls are involved in drama, Sara is also a choir participant, and Heather is an artist.

(Below) To pose for her senior pictures, Raven Andrews takes a break from sports to capture the memory of her final year in high school.



Even though Senior Lorie Spears is Vice-President of the Leo Club and the captain of the Bagubas Pep Squad, she still finds time for a social life.

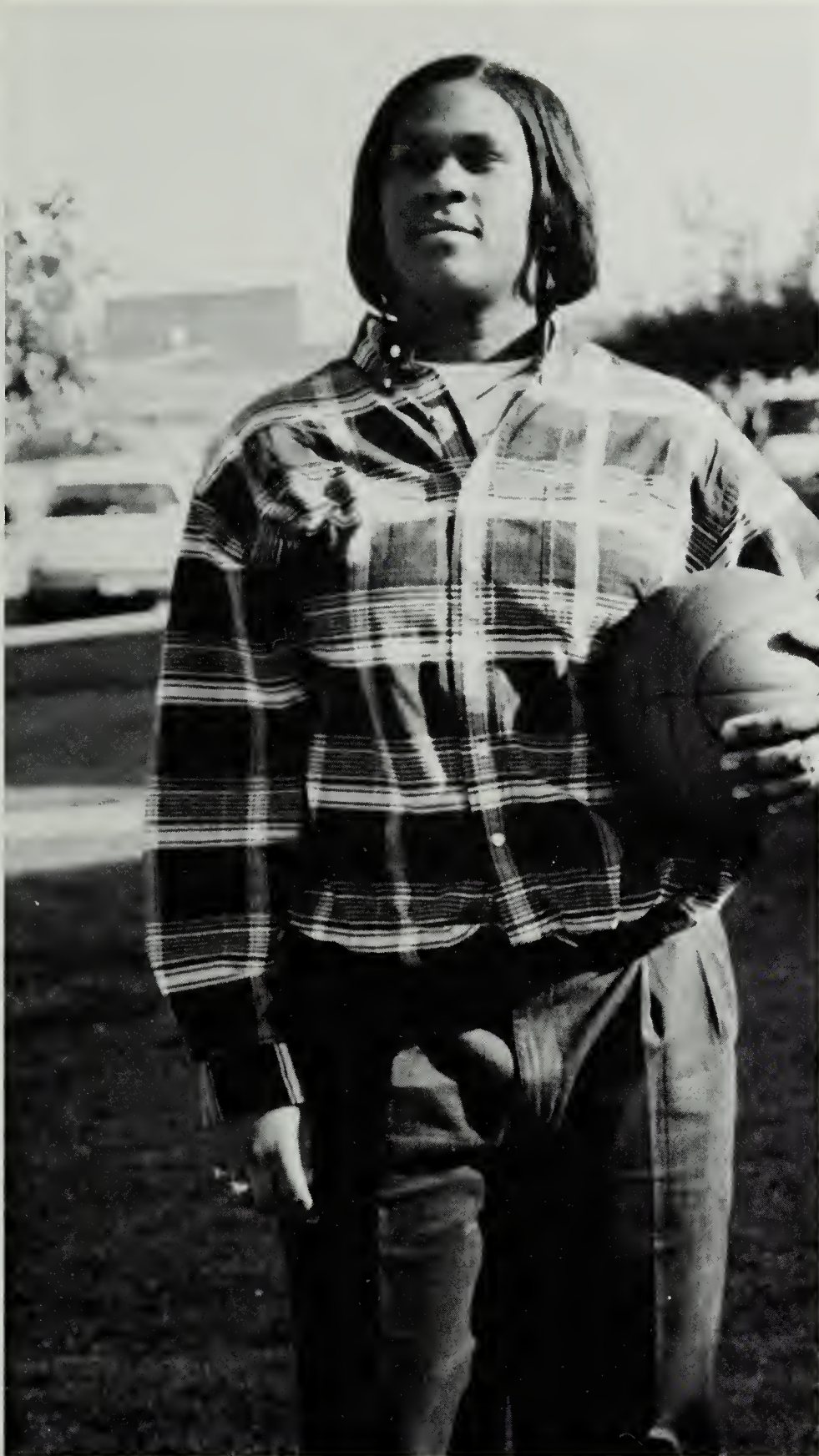


(Right) Track meets are an excellent place to meet your role models. Senior Kathy Edwards and track star Jackie Joyner Kersee met up at the Mobil Invitational last year.



(Left) On the basketball court Senior Nelaya Lee is a valuable asset and in the classroom she also excels. When she's not on the court, she's making plans for the future.

(Below) A member of the Dance Team, Honor Society, and an AP student, Junior Felicia Glapion's schedule is packed. She shows tremendous school spirit on 70's day.



With all the challenges during the school year, one can only imagine how hard it is to budget time. The added weights of advanced classes, extracurricular activities leave some students little time for socializing.

Like the Champions that Gar-Field students are, they have found ways to excel both academically and in extracurricular efforts. So, where does the drive to succeed come from? Students have said it is a combination of early planning, large goals, and the determination to be known.

"My goal in life is to be known for something important that I have done," said freshman Lauren Rowe. Rowe takes two advanced classes, and participates in marching band, gymnastics, soccer, and basketball.

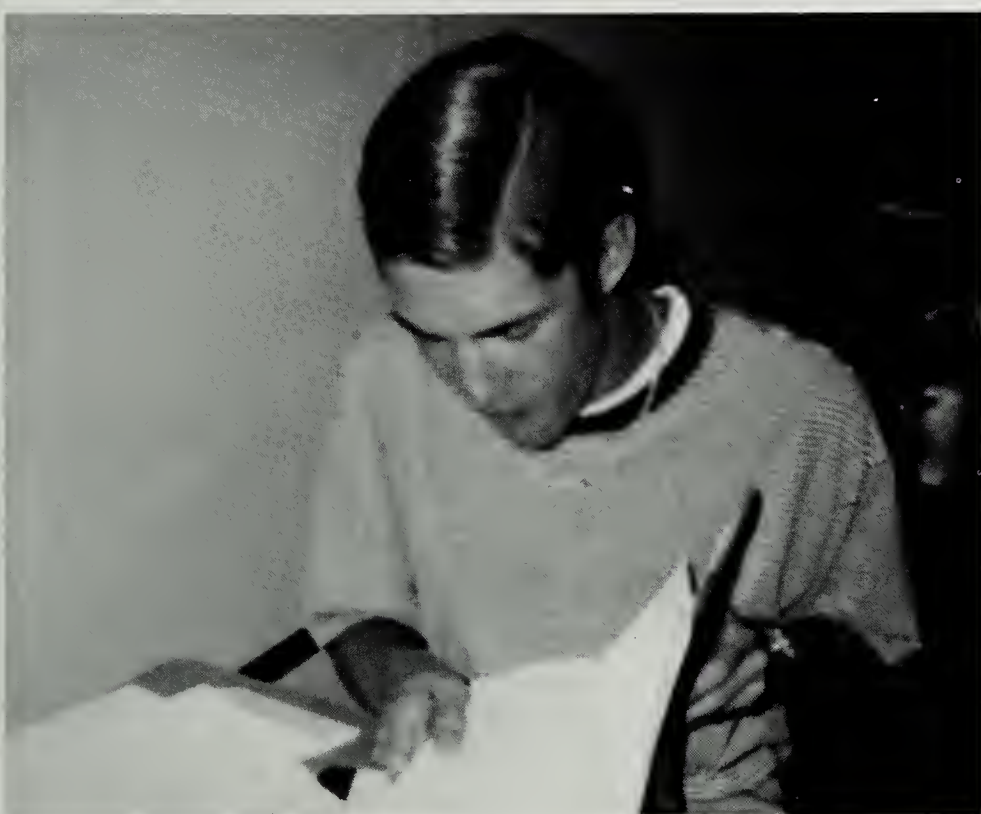
Senior Raven Andrews, an athlete, student mediator and National Honor Society member, plans to become a doctor. She says that the commitment she puts into her activities, "Makes me a stronger person and it also makes me improve in everything I do."

"I've already broken one school record in the 300-hurdles. I was dedicated in practice and I worked hard every day," says senior Kathy Edwards. Edwards says self-determination is the leading factor in her success.

When it comes to success and achieving your goals there is always someone to look up to that helped or inspired you to succeed. "I look up to my parents. They have achieved a lot in their life and that's how I want to be," says Freshman Lauren Rowe.

For Senior Kathy Edwards it's her coach that she looks up to. "Mr. Brown is the one that motivates me to do well. He always tells me that I can do anything if I put my mind to it."

-Rachelle A. Jones, Pamela Stukes



(Above) One way to become an extraordinary student is to keep your head in the school books. Damon Smuzynski demonstrates this tactic as he crams for an upcoming test.

Rules of the Game

Enthusiasm, devotion, school pride, and dedication. Do these words mean anything to you? They meant a lot to the students here at Gar-Field. From football to baseball, G-F students supported their teams and school with tremendous Indian Pride! Kofi Bawuah commented, "With every one's support, it helps lead us to victory, and lessons the agony of defeat." At the "School of Champions" we strived to live up to our name.

The truly devoted Gar-Field students were those who attended the whole range of activities. "Gar-Field students show their pride by supporting all the activities they can," said sophomore Marissa Manabat. It took far more than just attending every football game. Spirit was seen throughout the school everyday through cheerleaders, players and students. The day before the big game teachers at G-F wore their "red" shirts to support our football team. Parents also supported their Gar-Field students by placing school bumper stickers on their cars. But, no matter what form of support, each contirbutin definitely made a difference in making Gar-Field "Simply the Best!"

"The mental edge that G-F has over other schools comes directly from the incredible amount of school spirit," stated Sherra Howard. With our enthusiastic student body, it's no wonder why we are the "School of Champions". GO

BIG RED! -Shea O'Connell and Palesa Osei-Tutu



(Above) Indianettes, Jennifer Major and Felicia Glapion show their enthusiasm on their faces when they gleam with pride after a performance. The Indianettes thrill the crowd with eye boggling manuevers which display their flexibility. The Indianettes combination of hip-hop and techno music help boost the adrenaline of the crowd.





(Above) The selling of programs by cheerleaders Michelle Clark and Jenny Moeller helps in raising money for the cheerleaders and to display the spirit in the people who participate school activities. The programs are a way of thanking those who help make us the "School of Champions".

(Left) While sporting his groovy 70's outfit during Spirit Week, Eric Penic entertains the English Department on his way to class. Spirit Week is the week before Homecoming and is usually a favorite school event for Seniors.

(Below) The band played on during the winter pep rally and sparked up a flame in the crowd as they played Gar-Field's spirit song. The crowd joined along with the rythm and created a large show of school pride.



(Above) Spirit links were sold by the cheerleaders to help raise money for Molly Gill who tragically became a quadrapalegic. This fundraiser helped bring together the students in each class by a competition of which class could purchase the most links.



(Left) Seniors were given a special section front row center on the bleachers in order to create an atmosphere of "senior pride". Senioritis was easily transmitted here in Gar-Field since many underclassmen joined the seniors in a burst of school spirit.

Differences Make The World Go 'Round!

(Right) Although this wasn't the best look for him, Senior Tyrone Parson tries a "new do". He realized that sometimes being creative also meant acting a little out of character.

(Below) From bellbottoms to mini-skirts, many students like Jenny Cahill and Martha Borrayo showed their spirit during Spirit Week, and dressed in their coolest Seventies style.



While sporting their own unique styles, Leon Black, Ronnie Walker, Casey Vera, and Randy Ware gather in the hall before the tardy bell rings. This group of guys prefer to wear baggy clothes in order to have that relaxed feeling all day.



(Right) While Ernie Cheatham and Brenden Hodson were hangin' out, they commented on their own 'style'. "I wear whatever I like that fits or whatever is comfortable," said Ernie. Many students felt this way about their clothes.





(Left) Students like Jun Untalan, Jose Lopez, Juan Torres, and Mariol Delril took time during lunch to discuss what they will be doing over the weekend. "Maybe a party, maybe clubing, or maybe a movie. Who knows?"

(Below) Gar-Field's parking lot is full of "custom" designed cars that each individual fixed up to meet their personal tastes. As Junior Justin Thompson shows off his "baby" to the camera its easy to see that the kind of car someone drives is a reflection on their personality.



During the school-year, one noticed the different types of people they were surrounded by each day. For some it was like looking into a mirror, but for others it was like looking from the outside in. From class clowns to honor-roll students, each individual had a different personality and a different way of acting.

Everyone knew that it was wrong to judge a book by its cover, but a lot of what people thought of someone had to do with the way one dressed, acted, and the people they hung out with. "When I was in high school, my dad used to tell me that people would judge me by the company I kept. I didn't believe him. Now that I'm an adult, I see that people are judged by their friends," explained English teacher Della Gordon.

An age of fashion had emerged with the passing of times and a better reflection of one's self-being. Most kids just went with the flow, but one had to be realistic with whatever fashion scene they belonged to. If you were one of those that followed the crowd, you had to remember that fashion is an expression of personal style. Your clothes were reflected upon you, not your friends. This, however, was not the case for Shawn Lytle. Shawn liked to change the color of his hair, and wear mix-matched clothes. This was his way of showing that he was an original and interesting person, and definately different from everyone else. "I like to be different from everyone else," Shawn said.

Other people liked to wear baggy jeans and shirts. Some kids might have tried to hide behind baggy clothes because they didn't feel comfortable with themselves, but others wore it because it was their style or just felt like bummin' it that day. We all just had to realize that everybody was different and no two people were the same. Whatever you wore, you needed to remember that the fads of today would be gone tomorrow; and who knows what the future may bring!

-Kelly Scholz, Sanjana Koobchandani, Joey Harris



Personalities also shine through the types of music one listens to. Sophomores Kelly Smith, Becca Smith, and Kirby Thorpe smile for the camera while at a Live concert. Good friends usually have similarities in their personalities, such as taste in clothes, music, or sports.

Remember the ✿ Times ✿

As the days go by, one's priorities change constantly. Friends will come and go, but there are always vivid memories that will stay in the heart forever. The memory could be as simple as a smell, word, song, or date that may make one's mind wonder. It wonders right through time as if it were all still happening.

The years during high school go by so quickly, but the memories are never ending. Sophomore Quincy Ledbetter stated, "I loved going to the football games and pep rallies because it's a break from the everyday routine." High School offers many after school activities to either play or watch. It's a great way to show one's school spirit and cheer for favorite sports. Being active in school makes the years go by a lot faster.

A memory can be one of the many events one does for the first time. "I remember my first step into high school. It was a big step for me, but was one that I really loved," recalled freshman Jamie Reichenbach. Doing things for the first time can be scary, but as the days go by, the unknown isn't so frightening.

As one's mind wanders forward to the present, it's hard not to think about the future. So many first lie ahead, which will translate into the memories of yesterday. -Katie Cartwright



(Above) Rain or shine, Sarah Tomlin, Danielle Johnson, Teresa Peterson, and Shea O'Connell came out to support their friends on the J.V football team.





(Left) Going on vacation with your friends is a great way to let go and have a little fun. Jeremy Johnson, Kyle Enzler, and J.T Thompson take a trip to Massanutten for a weekend getaway.

(Above) Getting ready to begin their summer vacation, Lara Akinlotan, Tammy Berryman, Natasha Lopeland, and Danielle Colbert pose for a quick shot.

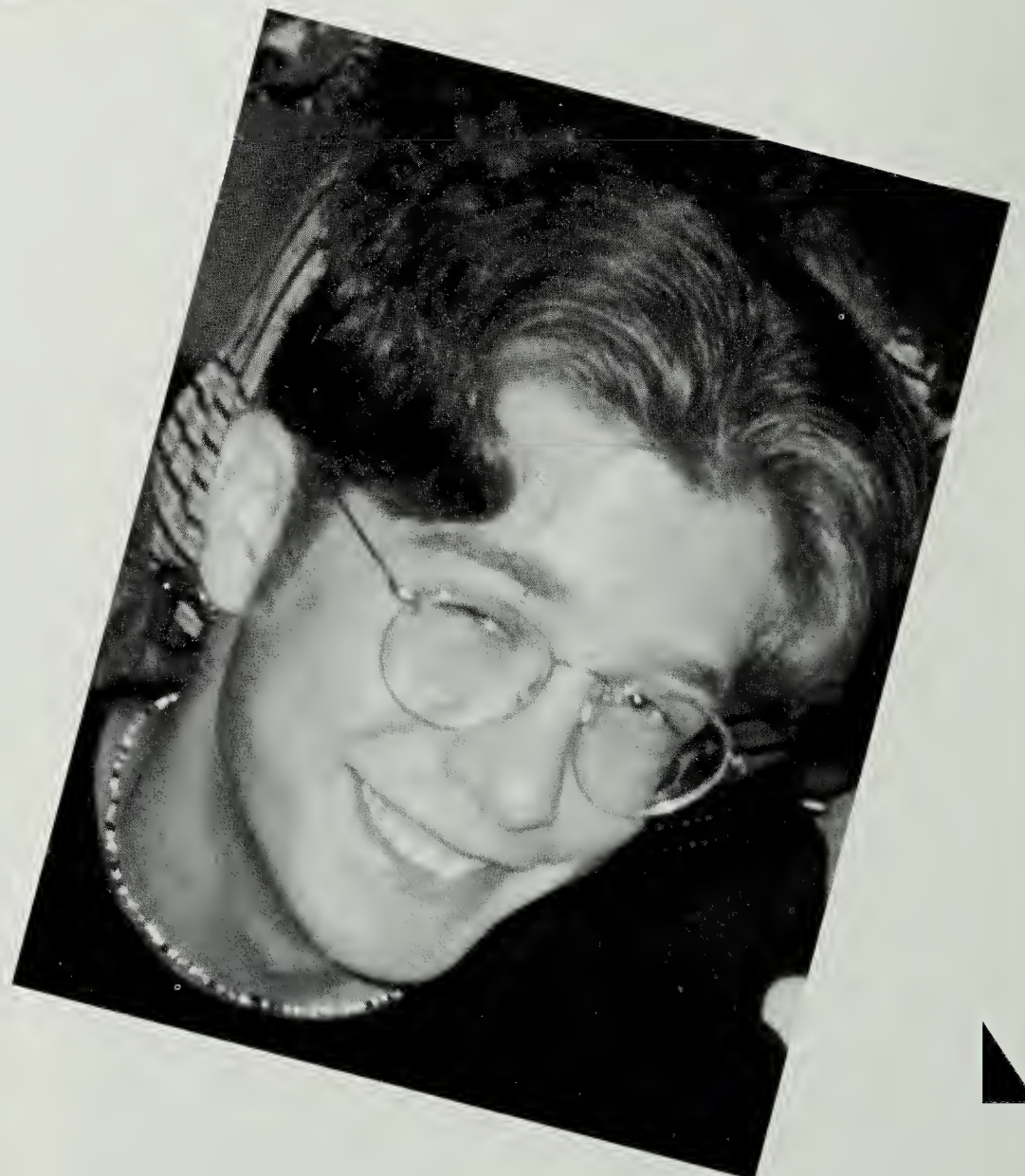
(Below) Being a member of a school team makes getting to know people easier. Emily Ostrander, Ali Jung, and Terri O'Grince smile for a memorable picture.



(Above) Taking a minute with a good friend, Jenni Reese and Dawn Fales stop to hug for a picture.



(Left) Cheering on a favorite team works up an appetite. Wendy Foscare and Becca Devaney stop by the consession stand for a quick snack.





**SENIOR
CLASS OF
1996**

CONGRATULATIONS GRADS







Seniors '96

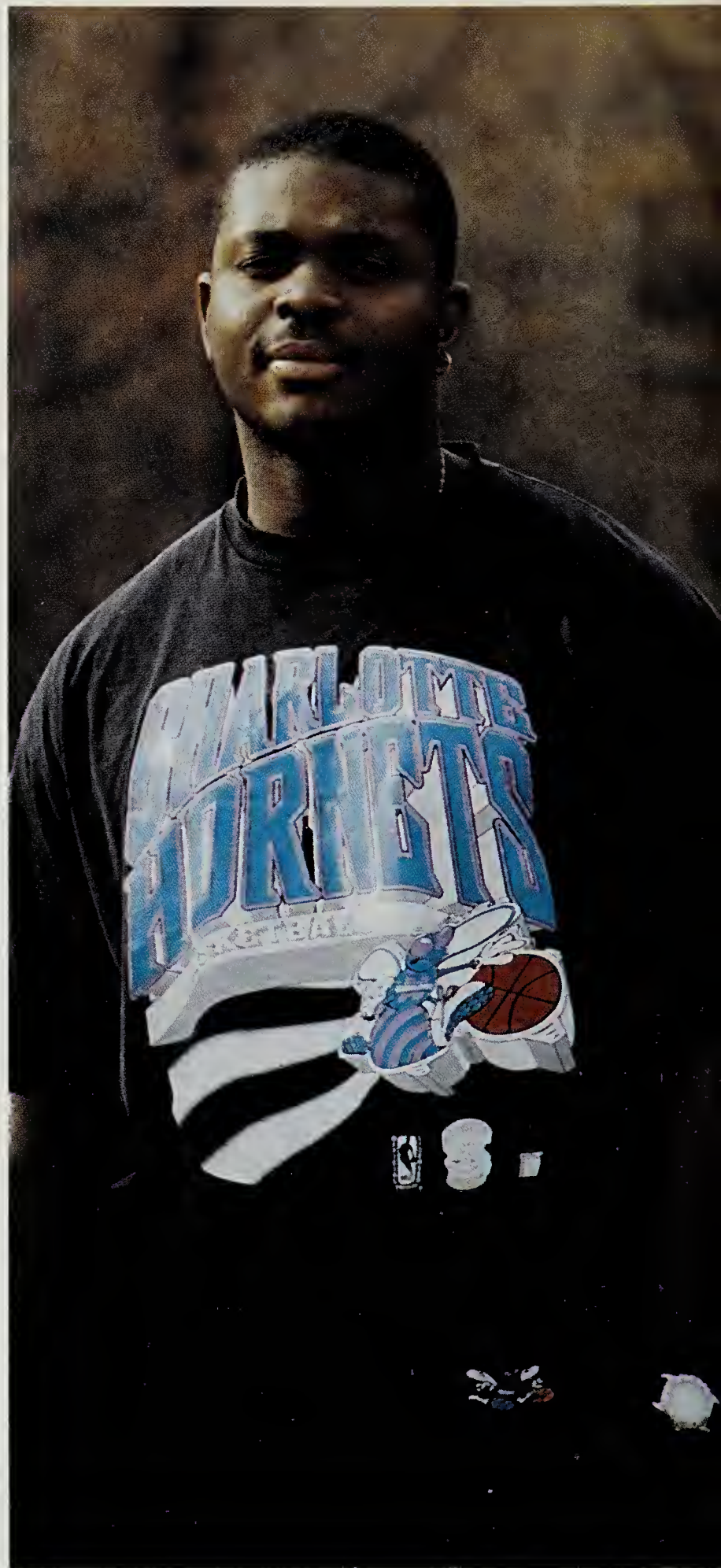


Mr. & Ms.
Kofi Bauwah &

Most Athletic
Montrese Ham
and Nelaya Lee



Most Likely
To Succeed
Peter Bradford and
Kamun Choy



Gar-Field

Missy Wycinsky

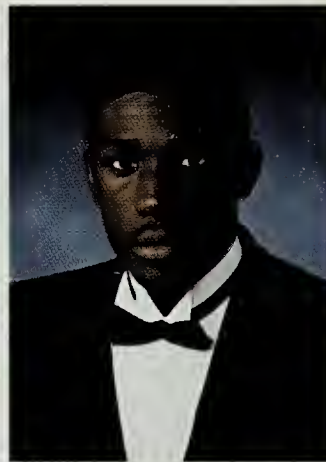
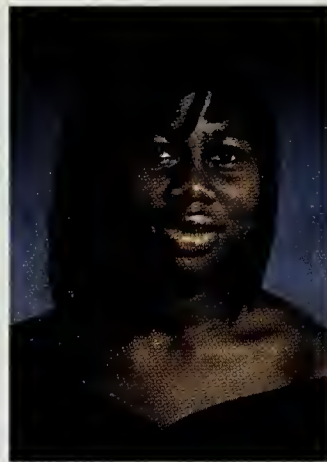


Class Couple
Sean Johnson and
Amanda Gonzalez

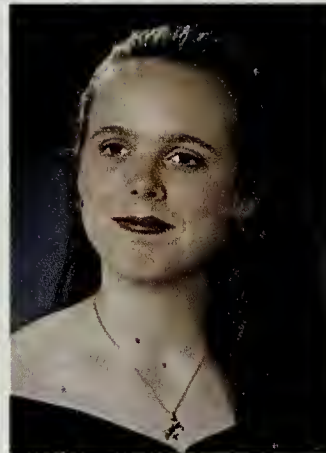
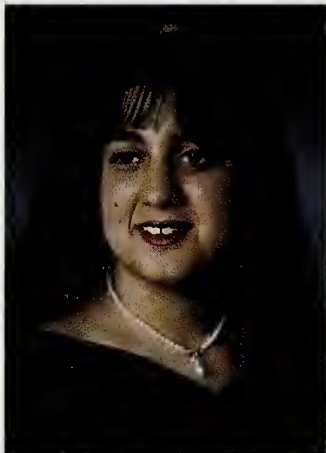


Most Intelligent
Tim Kokan and
Kamun Choy

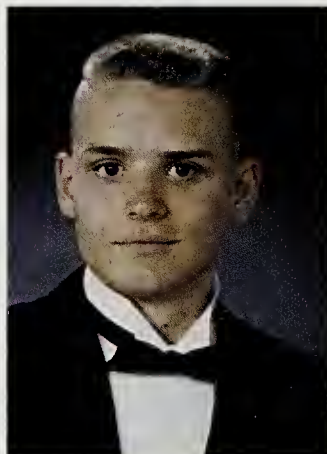
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 Jamika Adams
 Shelly Adams
 Patience Adu
 Akintokunbo Akinlotan
 Aaron Alderman
 Derek Alderman



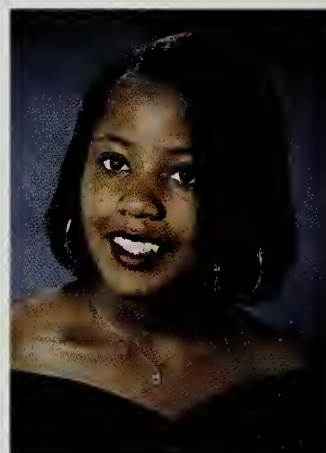
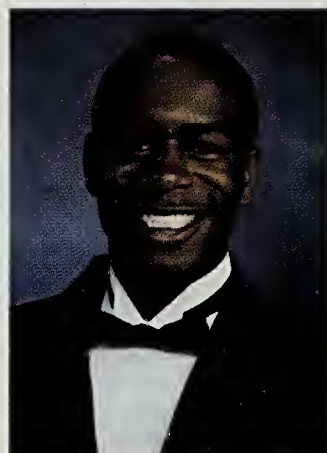
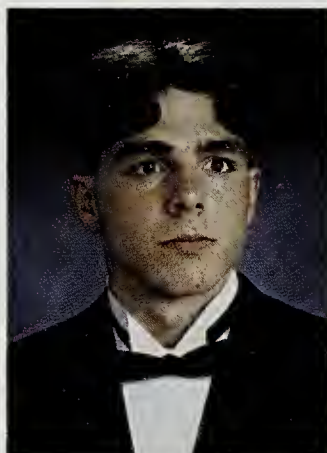
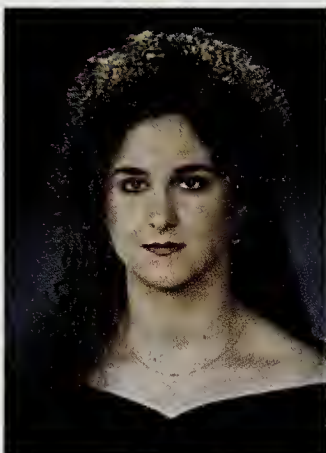
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 Radwa Alsaadi
 Aida Alvarez Otero
 Kassandra Anaya
 Cynthia Anderson
 John Andersen
 Raven Andrews



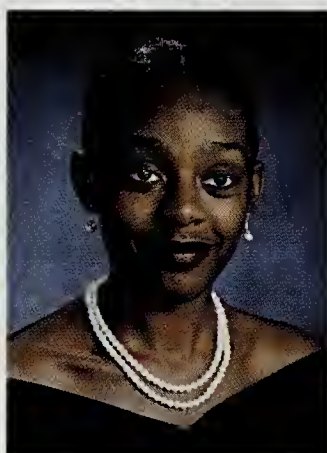
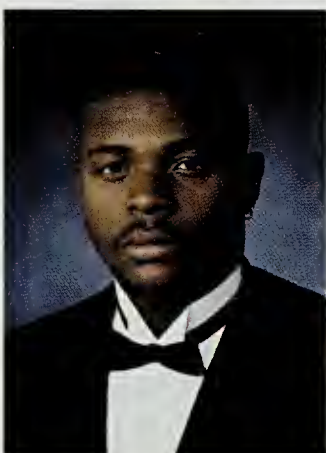
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 Jared Army
 Shannon Aulaki
 April Baggot
 Angie Bailey
 Amandeep Bajwa



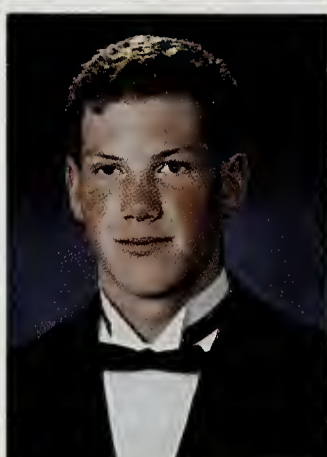
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 Paul Bapple
 Paxton Barnhill
 Tonya Batchelor
 Joshua Bates
 Lashawn Bates

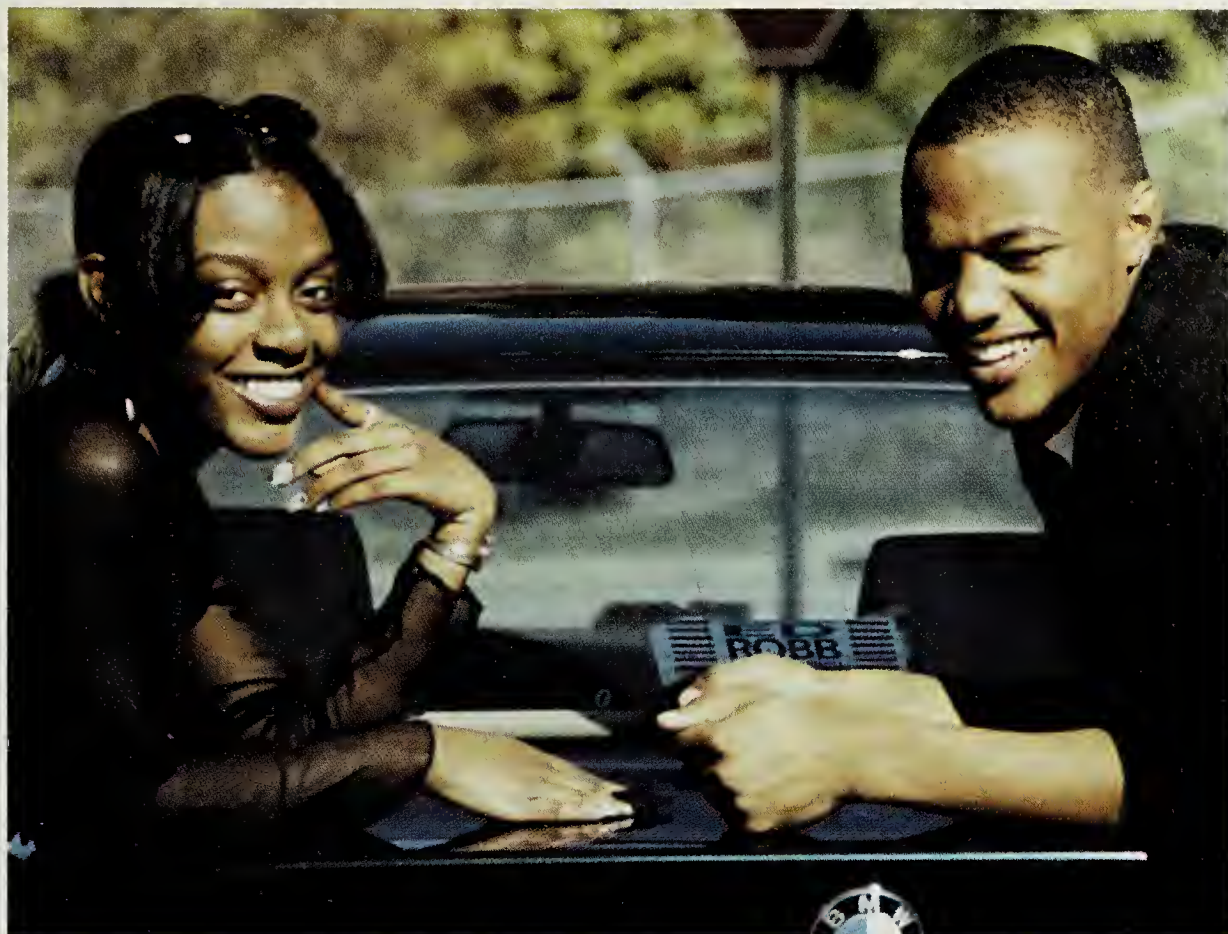
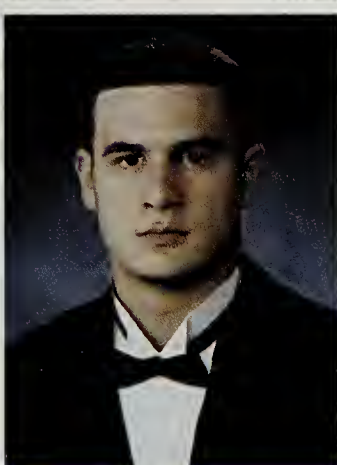
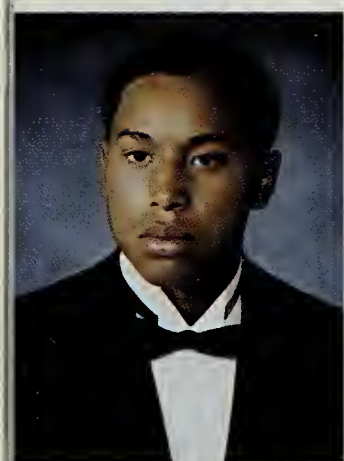
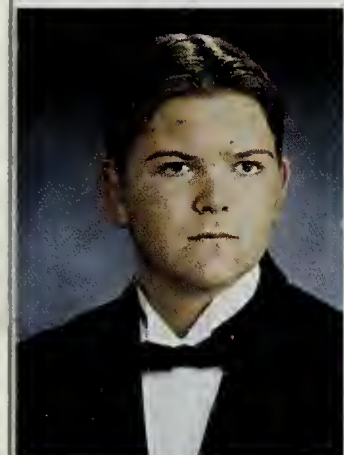


Brian Batres
 Antwi Bawuah
 Lorraine Bedeau
 Serena Beeton
 William Behan
 David Bell
 Tashawntae Bell



Tiko Bellamy
 Kelli Bellando
 Joshua Bennett
 Steven Bennett
 Rhett Bentson
 Jillian Bernard
 Charles Bernazzani



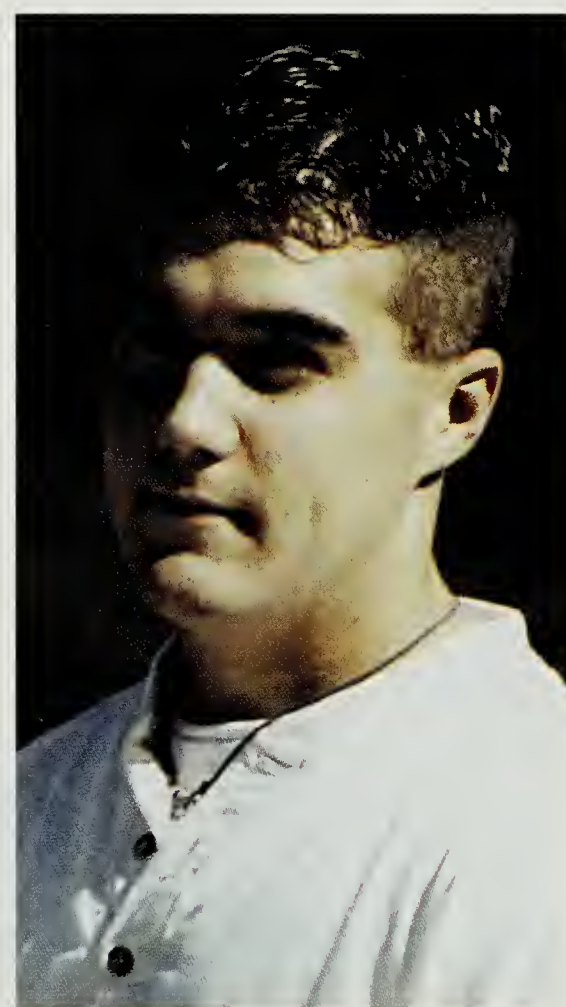


Lorraine Bedeau and Eric Smith

Most Cheerful

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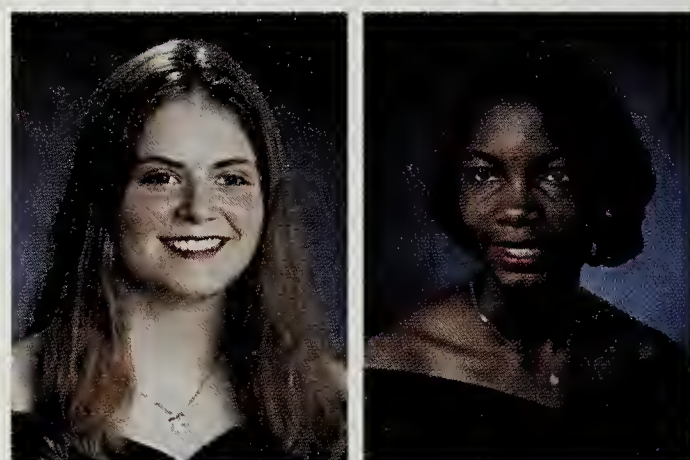
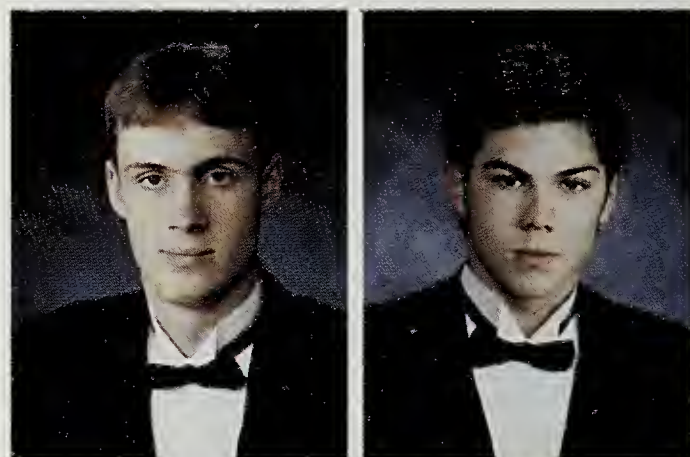
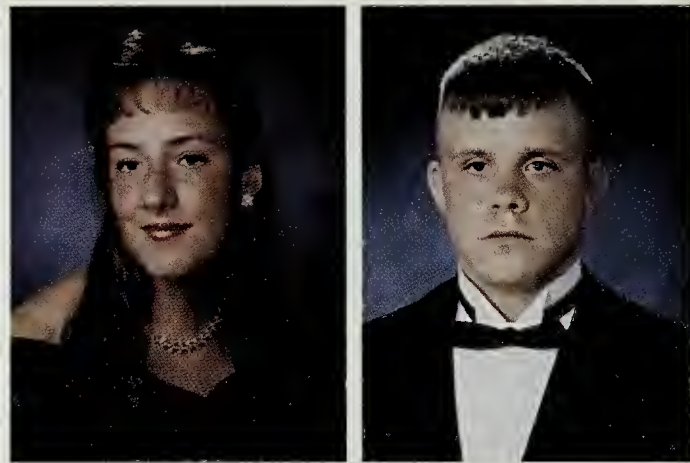
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Monique Moore and Matt Blamey

Best Eyes

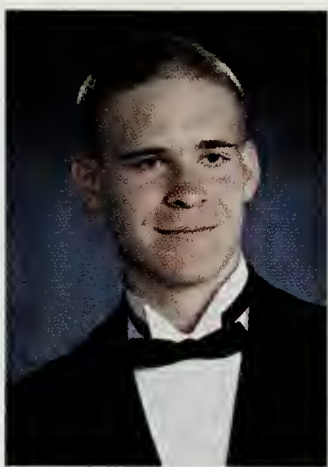
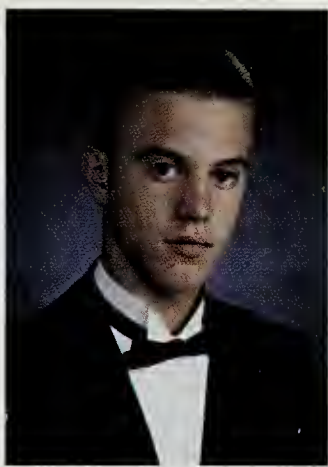
Eric Morgan and
Hattina Washington



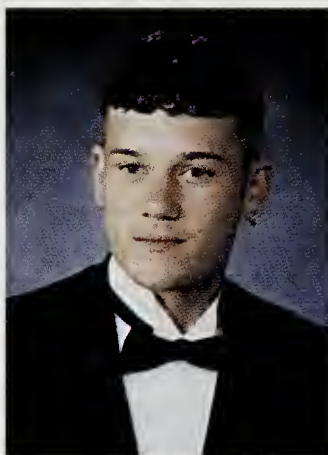
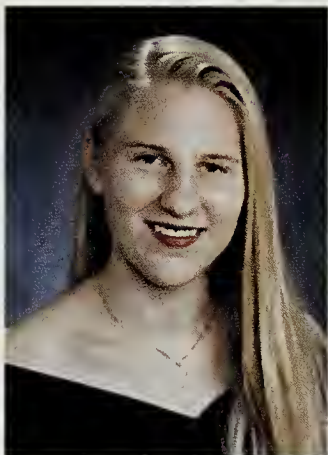
Most Friendly

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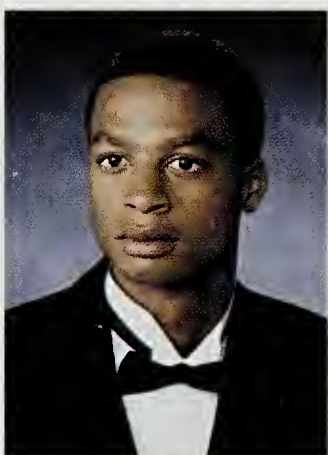
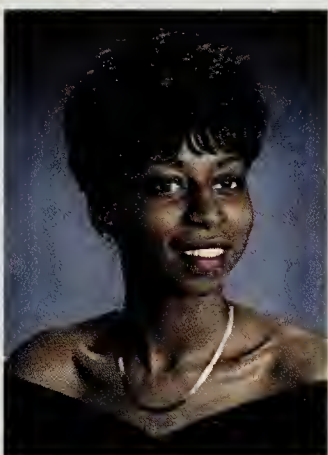




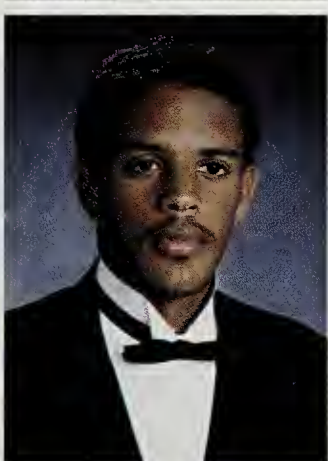
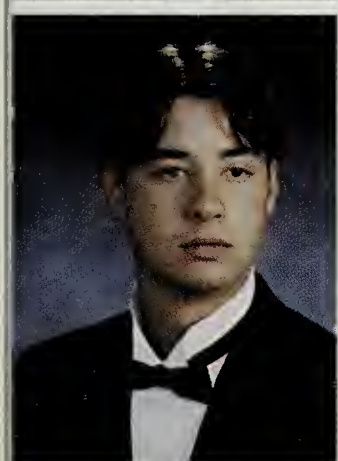
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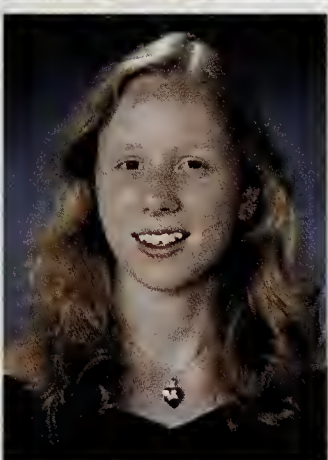
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 Shelly Breedlove
 Paula Brent
 Christophe Brown



William Brown
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 Robert Bryant
 Jimmy Burgess
 Edward Burke



Mary Burke
 Jackie Burress
 Michael Burton
 Amanda Bussells
 Jeremy Bynum
 Ida Byrd
 Diego Campos

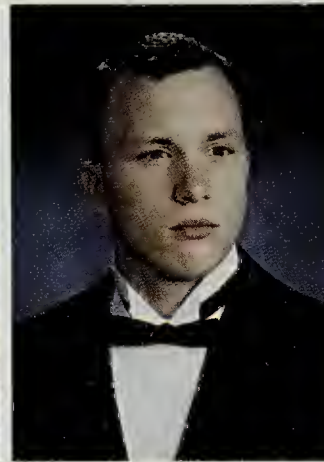
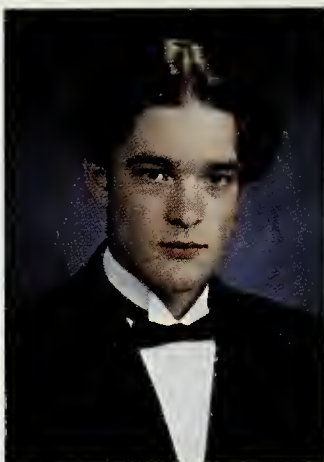


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 Laura Carrano
 Daneliz Carrasquillo
 Netwaun Carter
 Cecilia Chavez

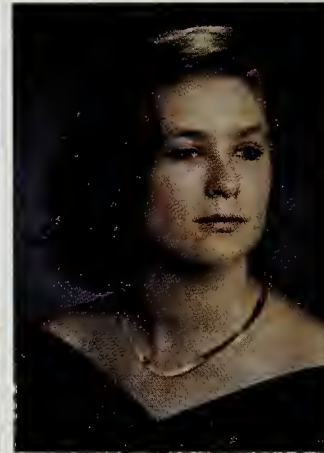
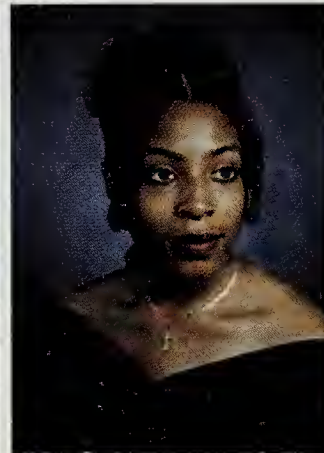
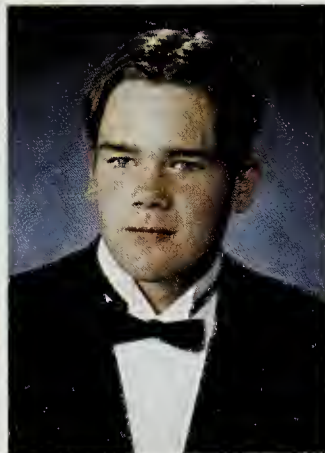


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 Samaria Cintron
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 Jamie Clausson

Stephanie Clear
 Steven Clevenger
 Joshua Cochran
 Vonetta Cole
 Jeremy Collier
 Tara Conroy
 Cathy Cook



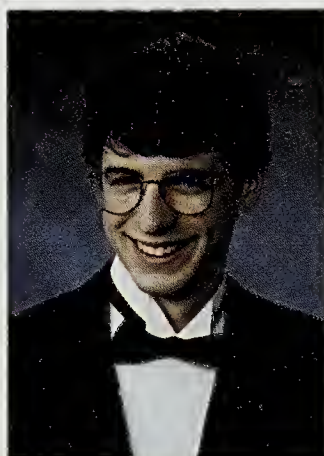
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 Danielle Coulther
 Kathryn Crabtree
 Adrienne Cross



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 Jeri Culp
 Brian Dahinden
 Jamie Dalton
 Audrey Davidson
 Allison Davis
 Jess Dawson



Kevin Deane
 Timothy Demers
 Benjamin Dibert
 Jennifer Dineen
 Monica Dionne
 Tamara Dixon
 Jennifer Dodson



Dennis Downing
 Corey Doyle
 Shavonne Dunkley
 Sheri Dunnam
 Mary Catherine
 Dvoroznak
 Kathleen Edwards
 Jason Elliot



Jeremi Ellis
 Nicola Elstob
 Walter Engelbercht
 Matthew Englefield
 Erika Esteves
 Terrence Estu
 Nova Evans



Most Shy

Curlessa Pennington and
David Bell



Biggest Mooch

LaTisha Mackey



Most Likely to Cause a Scene

Clarence Smith and Darcel Bryant



Dazed and confused

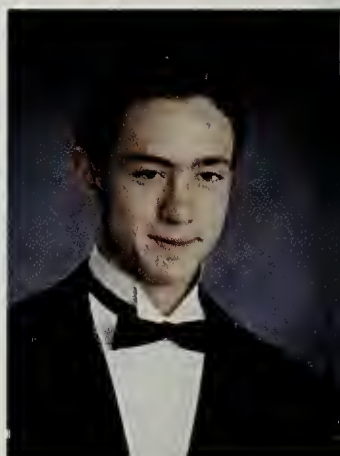
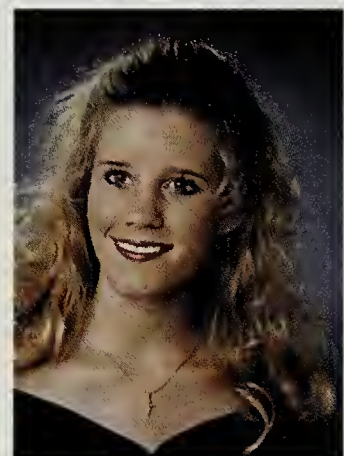
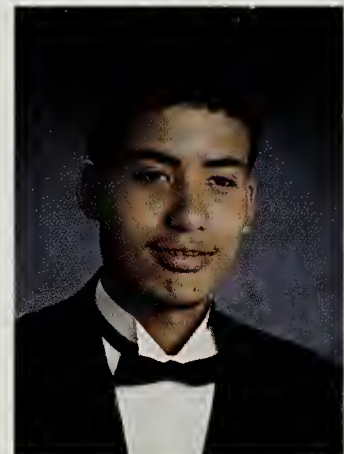
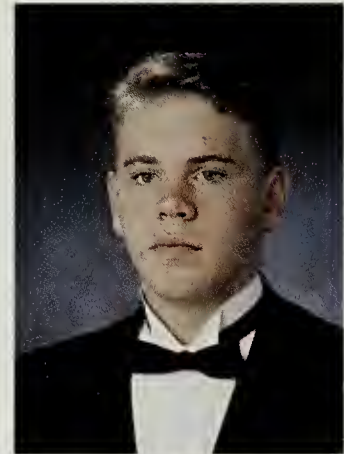
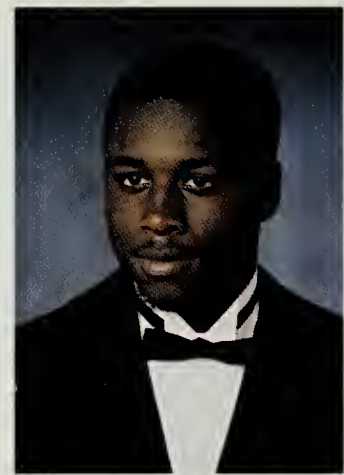
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Glenn Ewell
Allen Famiglietti
Eric Felix
Emanuel Ferrel
Thomas Fetherolf
Erika Fisher
Jeremy Fitzgerald



Ryan Fitzpatrick
Paul Fortenberry
Richard Fossum
Angel Freeman
Lucetta Furr
Sara Gangawere
Cesar Garcia



William Garcia
Allison Garrett
Rosemary Garrett
Kristen Gaskins
Casey Gastley
James Gazzoli
Charity Gentile



Erica Gentile
Darcie Gibson
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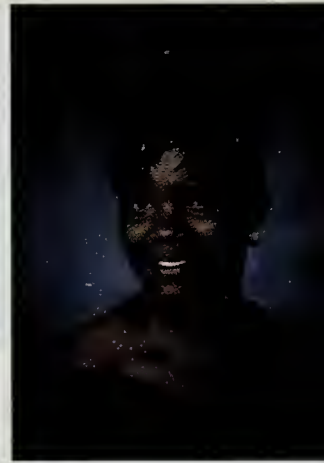
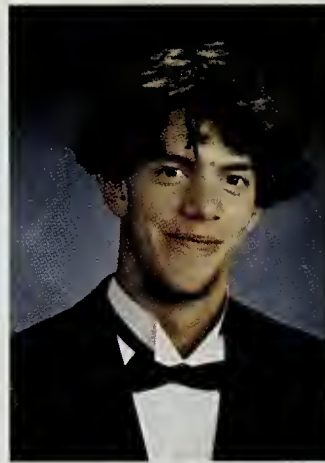
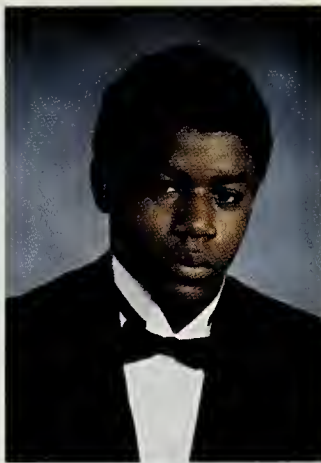
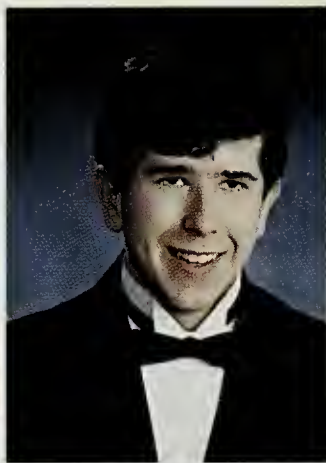


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Joe Graft
Shawn Gravely
Jennie Gregory
Kizzie Griffin
Michelle Grylik

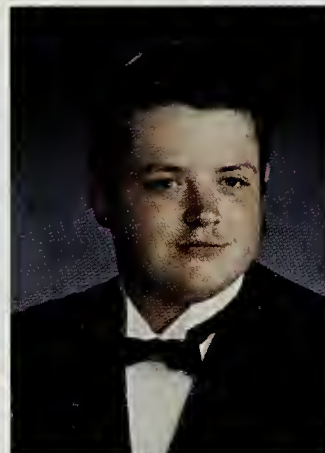
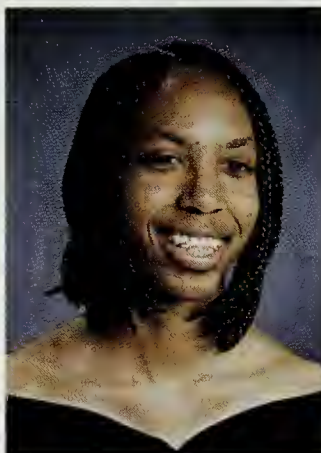
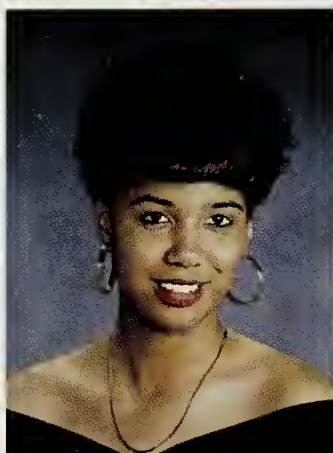


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Jason Hakenson
Maleia Hakimi
David Halman
Montrese Ham
Mark Hamilton
Stephanie Hammons

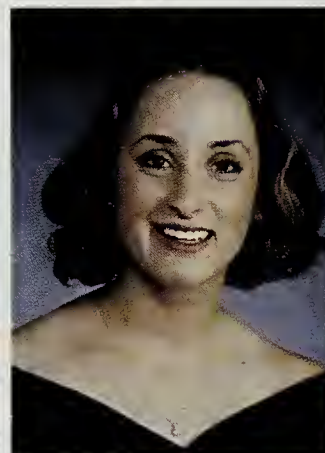
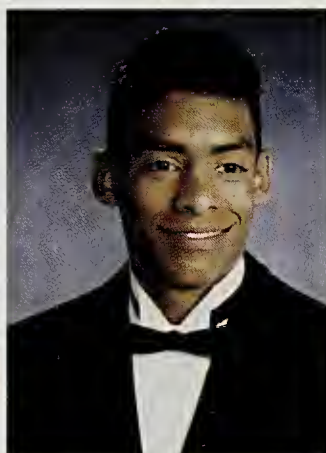
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 Danielle Harris
 James Harris



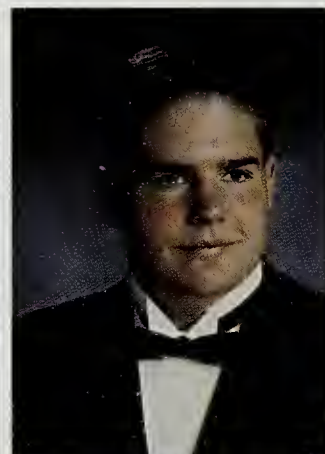
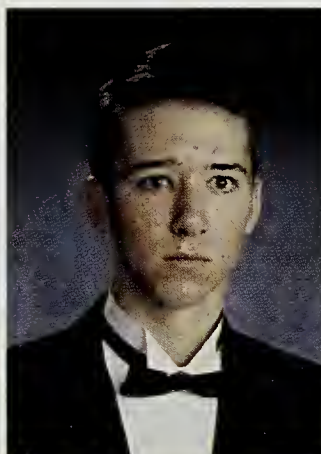
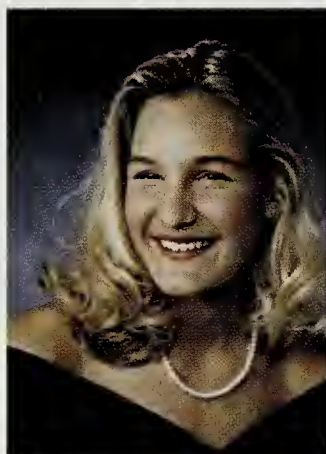
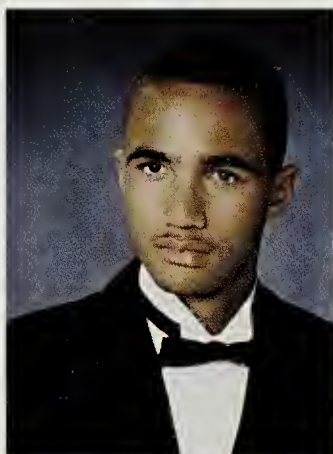
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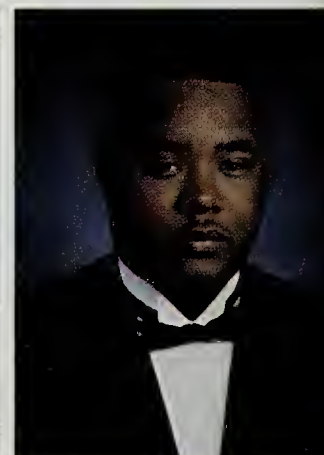
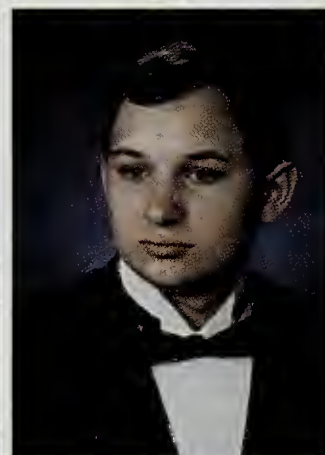
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 Tania Hevdenrieon
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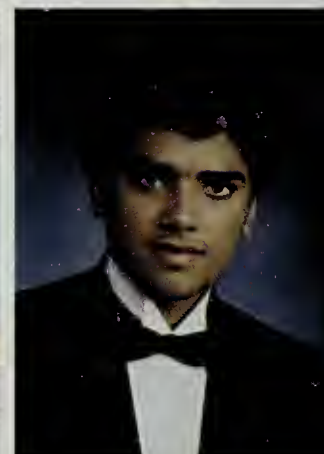
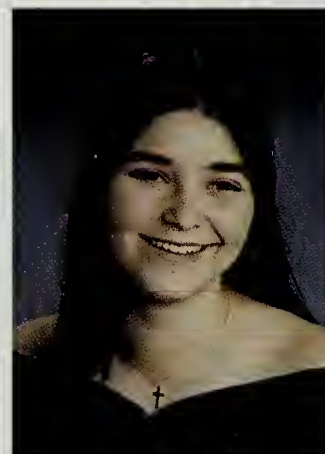
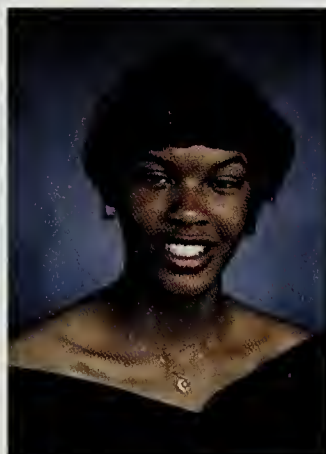
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 Noel Houston
 Maria Howard
 Michael Howard



Toris Howard
 Yvette Hoyos
 Steven Huffman
 Robert Hughes
 Sherman Hughes
 Terry Hutson
 Douglas Jackson



Michael Jackson
 Tashana Jacques
 Steven Jakub
 Malgorzata Jaros
 Hamza Javed
 Deulin Jefferson
 Adrian Jenkins



Most Involved

Tad St. Clair and Katie Crabtree



Best Hair

Joelle Kramer

Sean Johnson





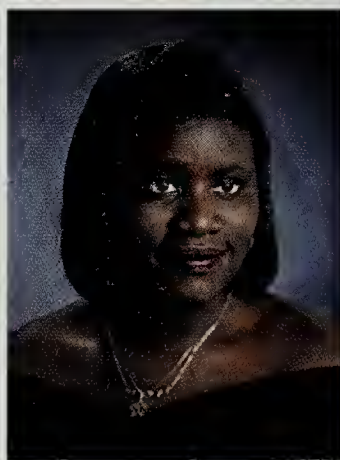
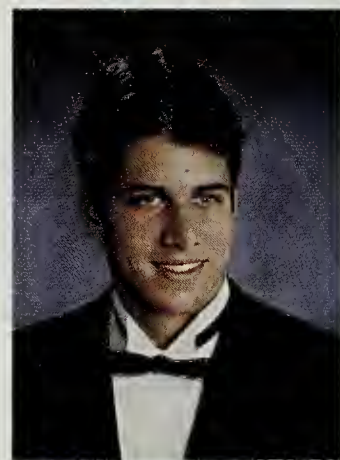
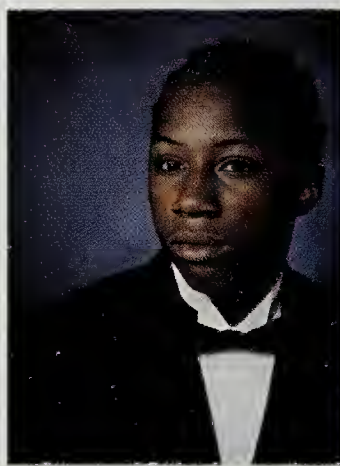
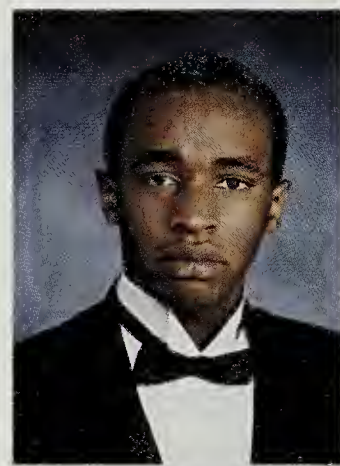
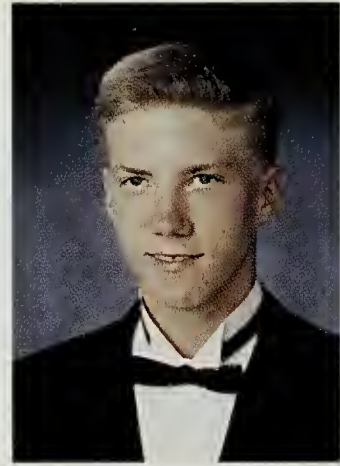
Corey Doyle and
Raven Andrews

Tami Prisco
and Eric Smith



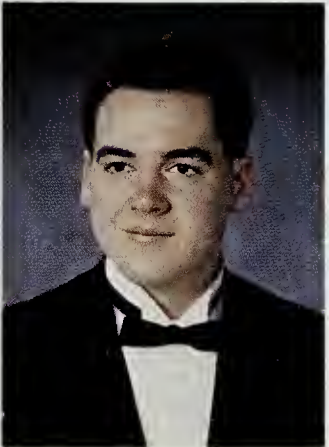
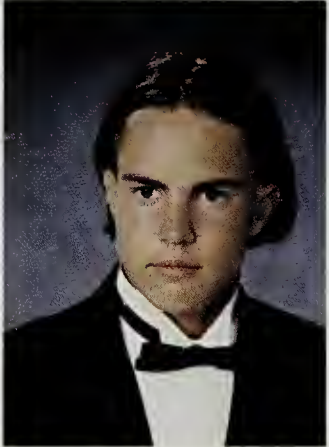
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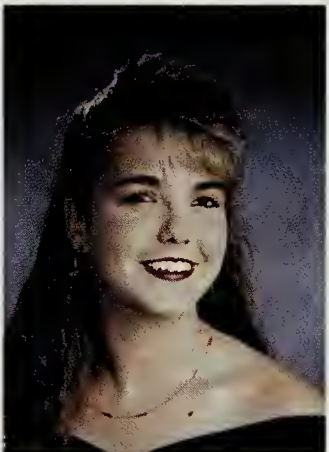




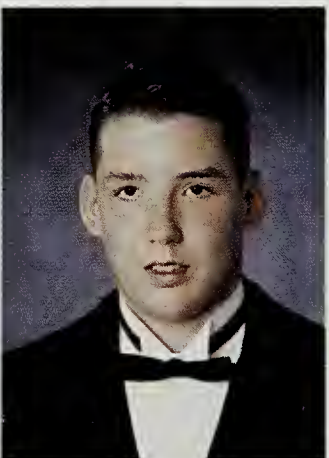
Elizabeth Jewell
 Craig Johnson
 Devin Johnson
 Ebony Johnson
 Jennifer Johnson
 Jillian Johnson
 Lakecia Johnson



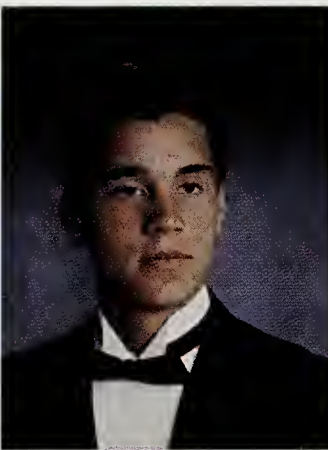
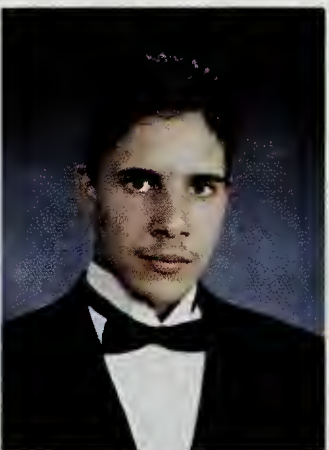
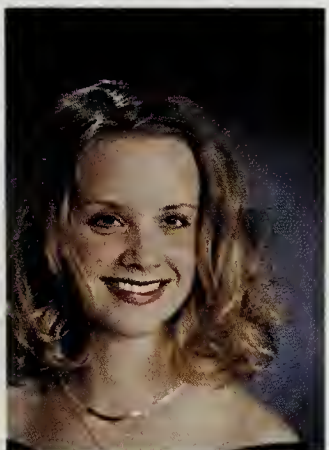
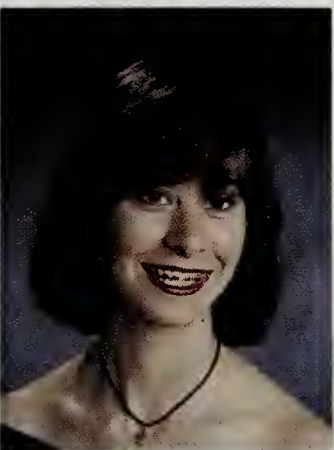
Myrna Johnson
 Olwen Johnson
 Samuel Johnson
 Sean Johnson
 William Johnson
 Andrew Jones
 Auntray Jones



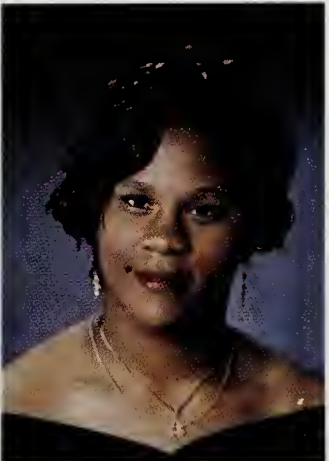
Charles Jones
 Mikon Jones
 Shante Jordan
 Kate Kaldenbach
 Kyle Kaneshiro
 Jennifer Kettren
 Don Khampheng



Amy Kidd
 Johanna Kiljunen
 Hyun Kim
 Jung Kim
 James Kimblejr
 Felecia King
 Kimberly Kinoshita

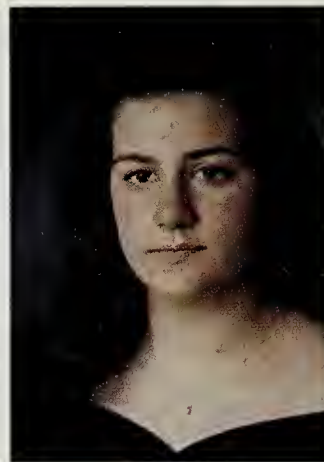
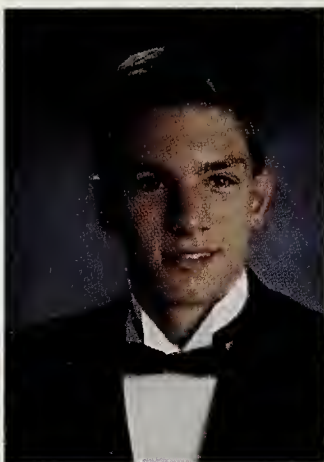


Timothy Kokan
 Wanda Kotey
 Jessica Koutnik
 Joelle Kreamer
 Jose Laboy-Lopez
 Carmen Laca
 Sean Lally

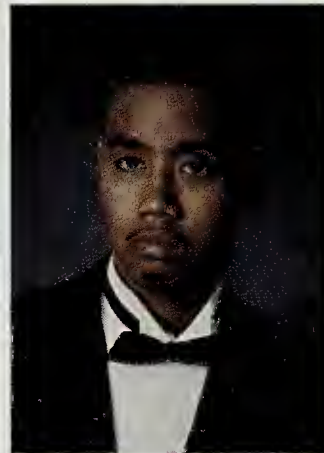
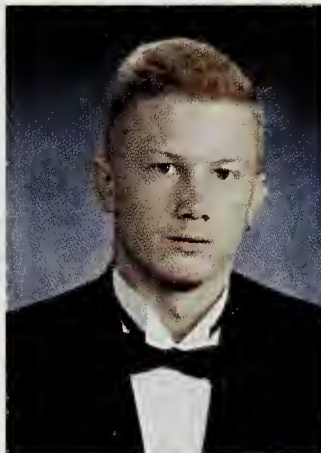


Ebony Lambert
 Anthony Lasica
 Candice Lee
 Casey Lee
 Jason Lee
 Nelaya Lee
 Lauren Lending

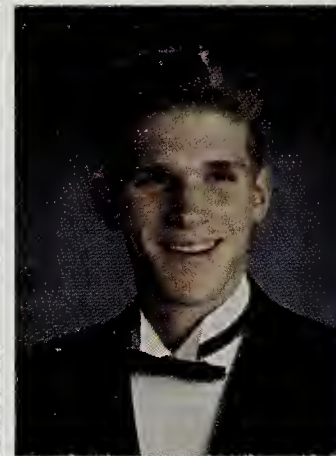
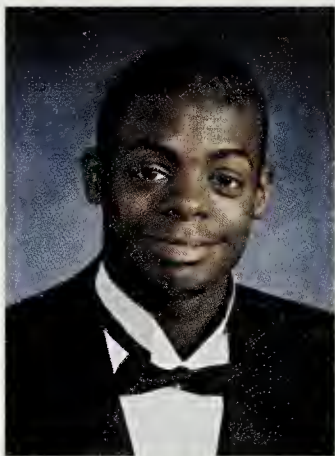
Kimberly Lewek
Patrick Lichy
Richard Link
Amanda Lloyd
Christopher Logan
Alfred Lottii
Shannon Lowe



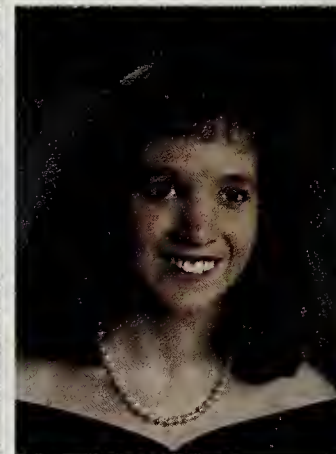
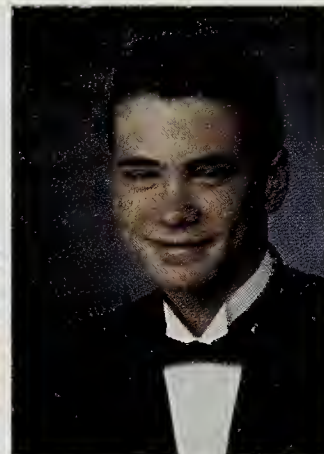
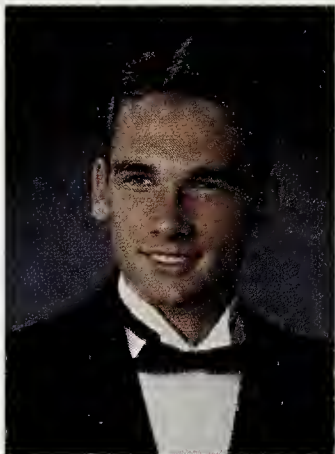
Victoria Luttrell
Latisha Mackey
Richard Mahnke
Delmar Manabat
Lauren Mark
Sara Martin
Jeffrey Mathis



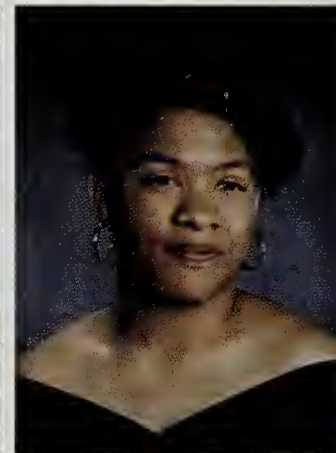
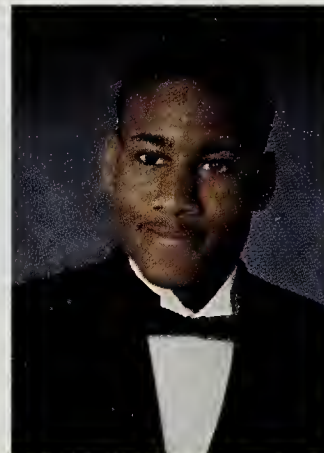
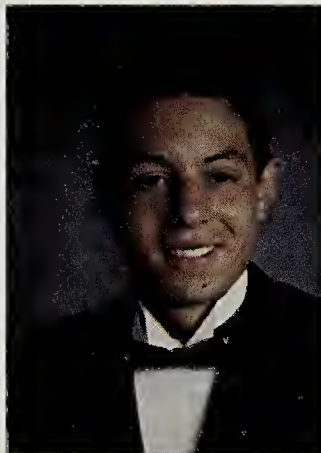
Jeffrey Mayo
Kathryn McCann
Michael McCann
Peter McClellan
Michael McConnell
Sherrie McCormick
Richard McCullough



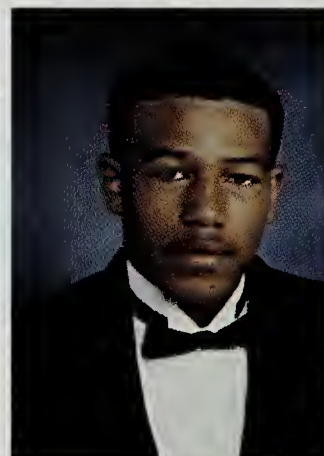
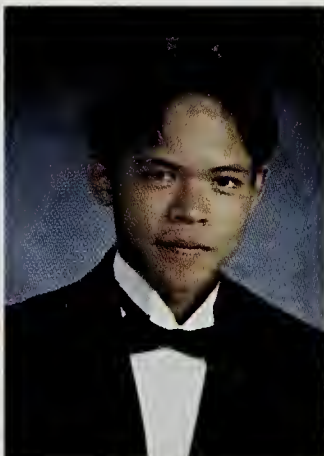
John McElhenny
Laura McFall
Paige McFarland
Benny McKee
Angela Meidt
Kirsten Mens
Travis Meyers



Dana Miller
Talitha Mills
Denis Mittakarin
Cordale Montgomery
April Moore
Marvin Moore
Nicole Moore



Susan Moore
Paul Morales
Shane Mordan
Eric Morgan
Jennifer Morgan
Stephanie Morgan
Ryan Mouw



Most Spirited

Scott Bosworth and Tiffany Hoffman



Best Dressed

Kim Shaw
Tham Rongsa



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Best Personality

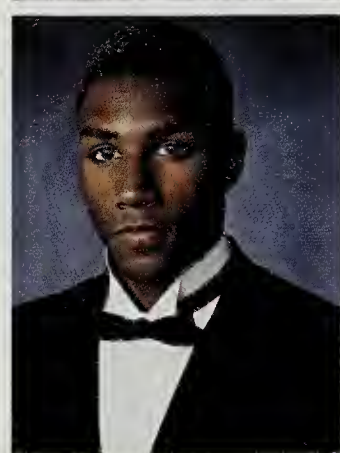
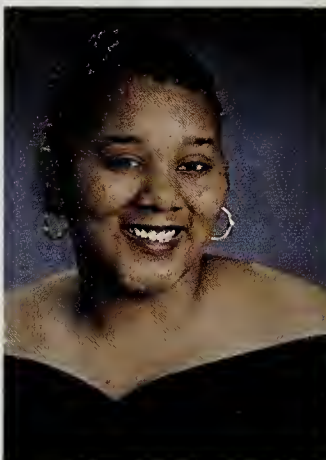
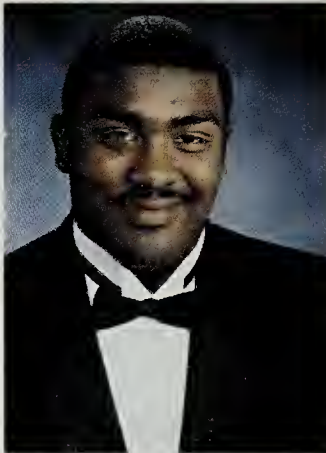
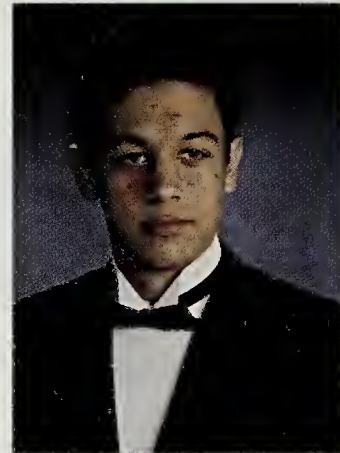
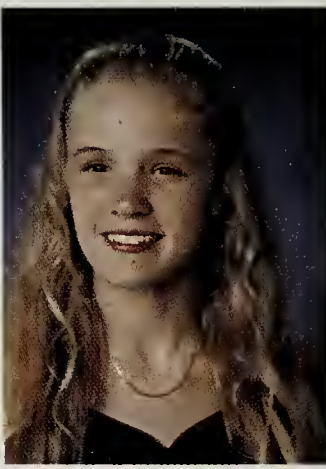
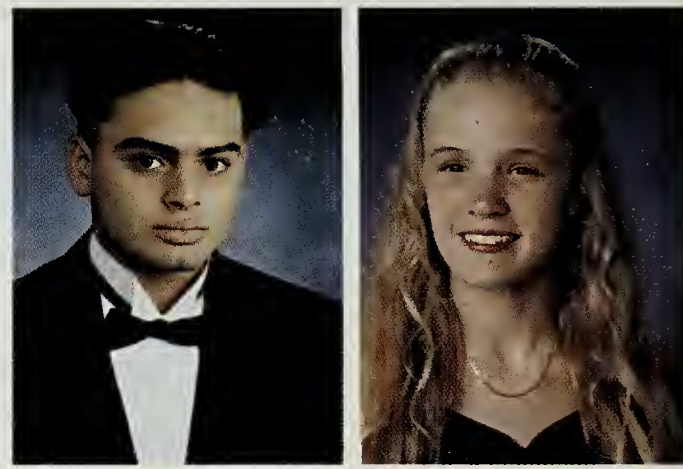
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Biggest Kiss-Up

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70/SENIORS



Juan Moya
Melida Mulea
Richard Mullins
Angelica Murillo
Tiasha Myers
Hasina Naderi
Christophe Neal



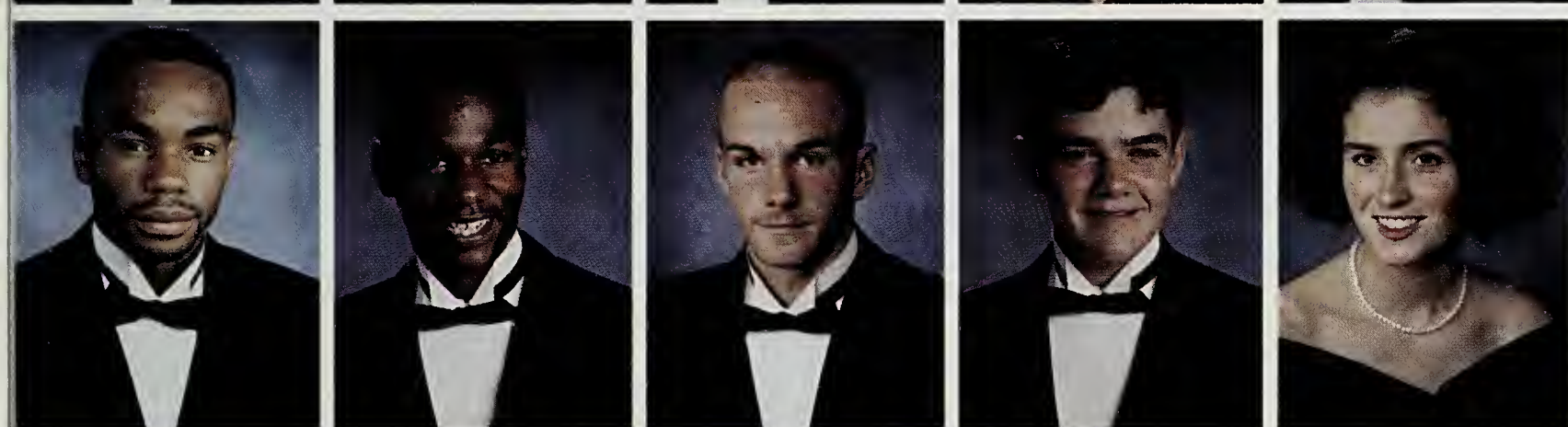
John Neal
Richard Nesbith
Harold Nesbitt
Brad Newell
Sven Nezzar
Vu Nguyen
Andrew Norgart



Javier Ochaita
Andrea Oester
Bennie Oliphant
Bryan Olsberg
Amy O'Neill
Rory Owens
Angela Owusu



Candice Parker
Rashida Parrish
Tyrone Parson
Julie Pasqualini
Gerard Pastore, Jr.
Jemini Patel
William Pembroke

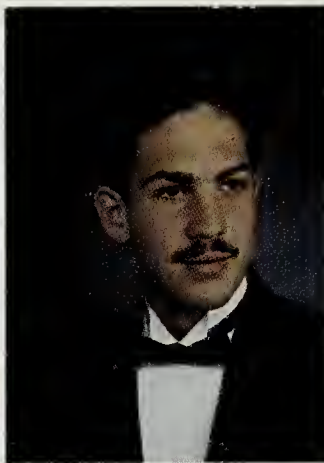
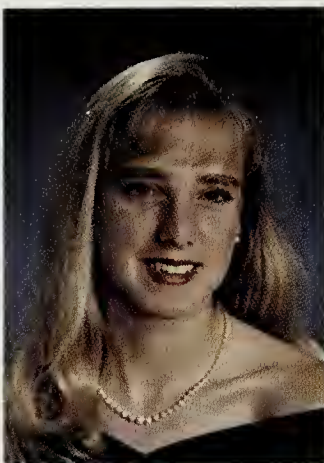


Eric Penic
Curtessa Pennington
Anthony Perkins
Michael Peters
Scott Peters
Wesley Peters
Christine Peterson

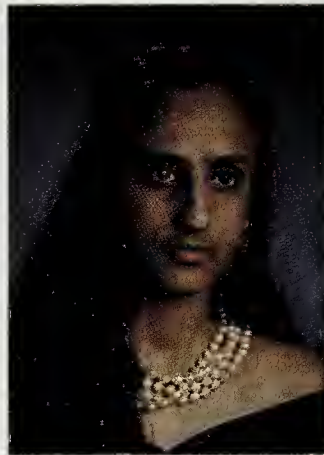
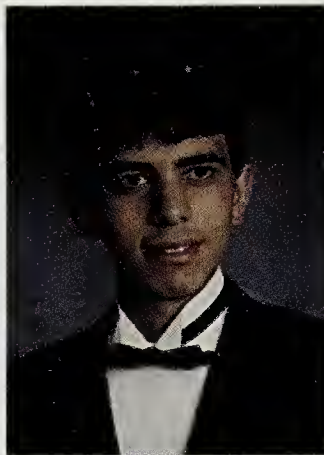
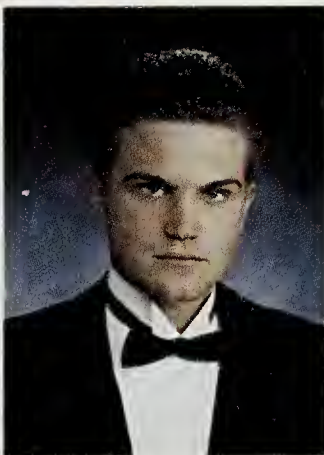


Dominick Petro
Matthew Phillips
Mayrin Pi
Mollie Pineda
Rishonda Plummer
John Pomaranski
Julia Poole

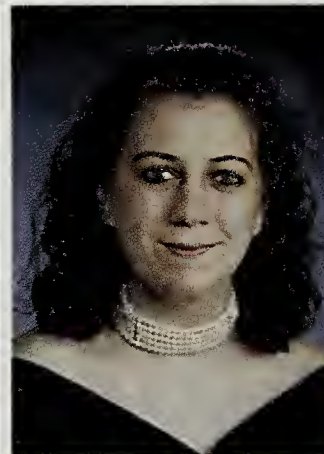
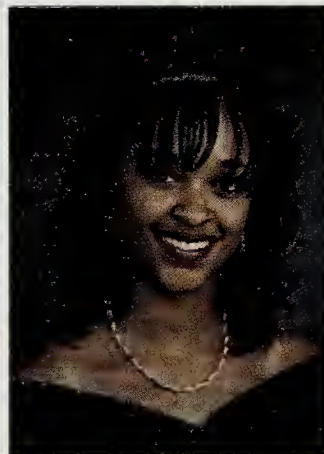
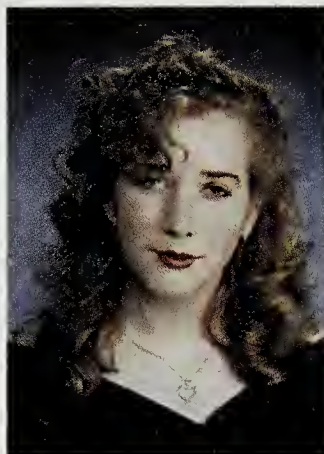
Chayanit Poonyarat
 Rachel Powell
 James Prewitt
 Shante Pringle
 Joseph Prior
 Tami Prisco
 Brian Pritchett



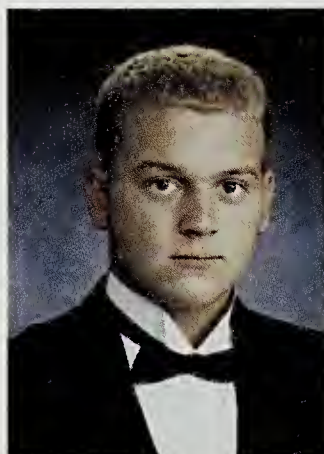
Jeffrey Quesenberry
 Maurice Rakestraw, III
 Bakhtier Rakhmatou
 Preetpal Randhawa
 Kevin Rasmussen
 Tolieth Rattigan
 Jamila Rattler



Diana Rice
 Shawn Rice
 Jennifer Rich
 Mary Rich
 Stacey Richards
 William Richardson
 Gareth Robinson



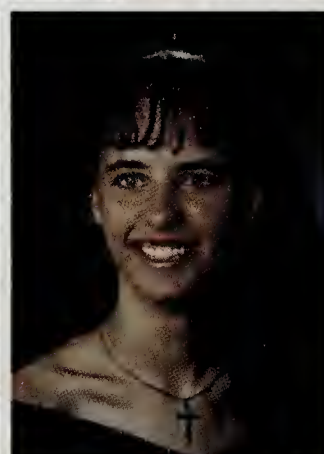
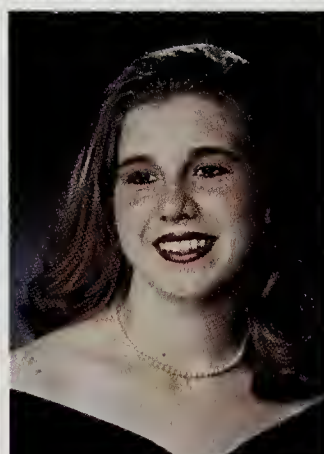
Jennifer Robinson
 Willnel Rodriquez
 Timothy Rohlfs
 Jessica Rooney
 Carey Rosen
 Michael Rosete
 Mary Roslan



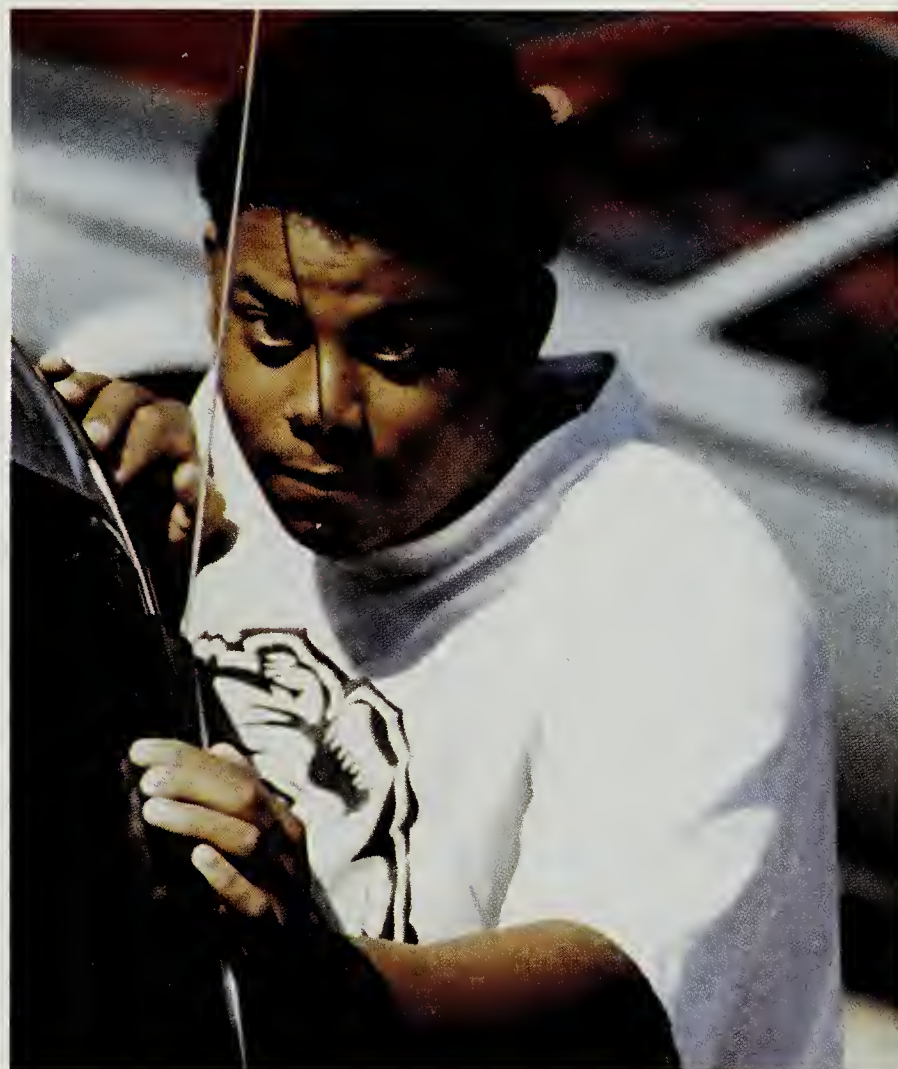
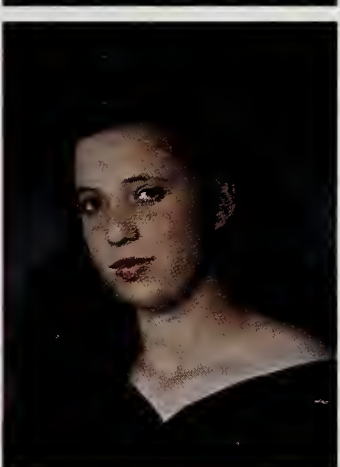
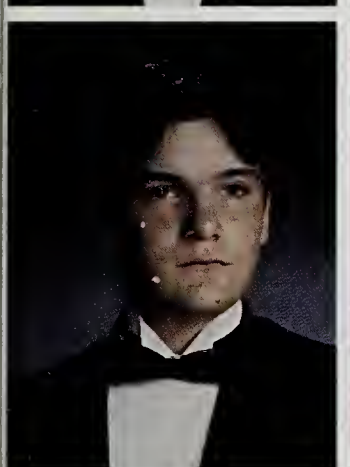
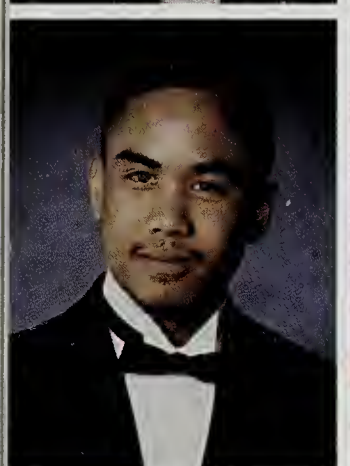
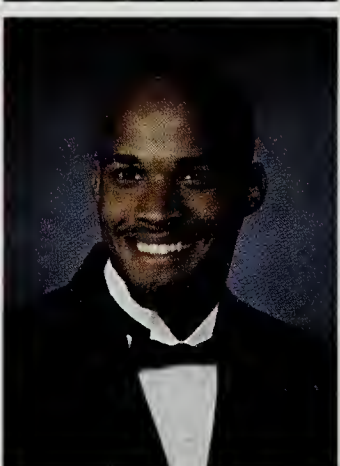
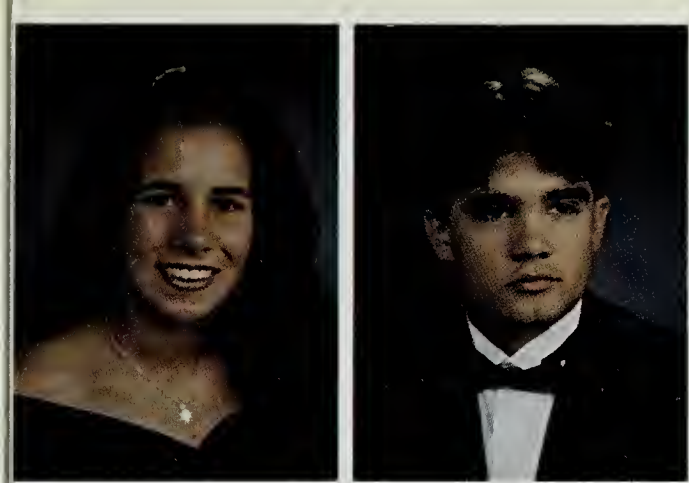
Allison Rowe
 Jeannie Rubino
 Chad Russell
 Misty Rybicki
 Nesreen Sabah
 Luis Sanchez-Canete
 Melissa Sauls



Brian Savage
 Alyssa Schaeffer
 Shannon Schaumburg
 Christina Schelin
 Christina Schlegel
 Robin Schrimpf
 Kimberly Scott



Tardy King and Queen



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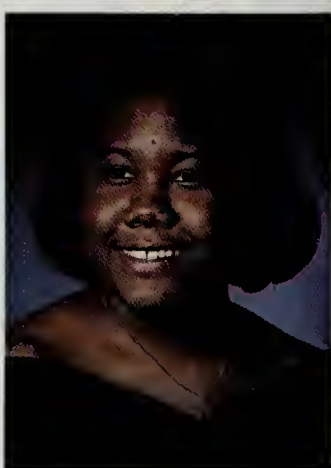
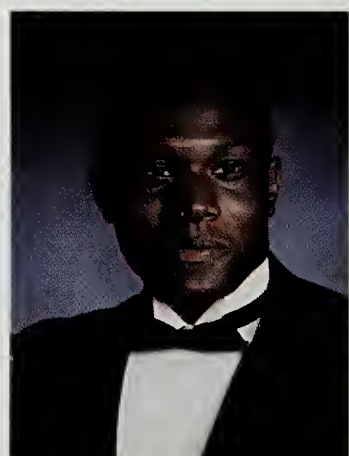
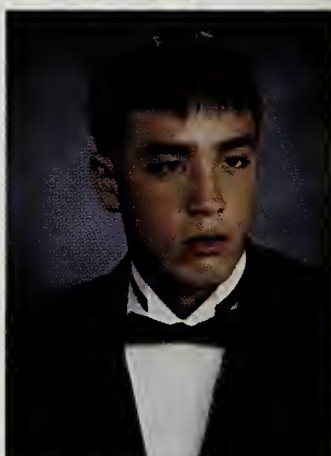
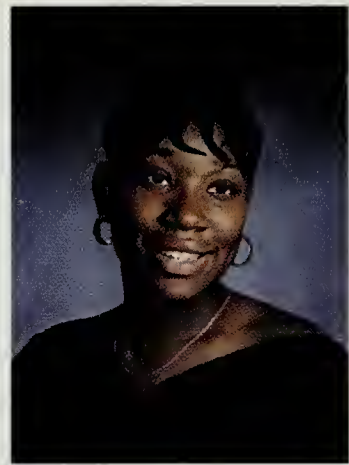
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73/SENIORS

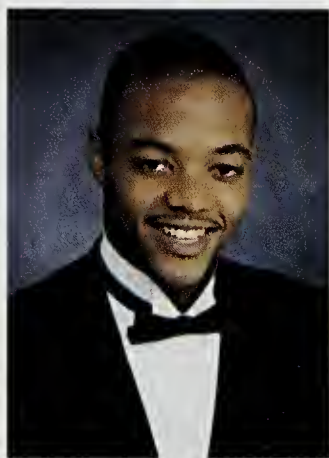
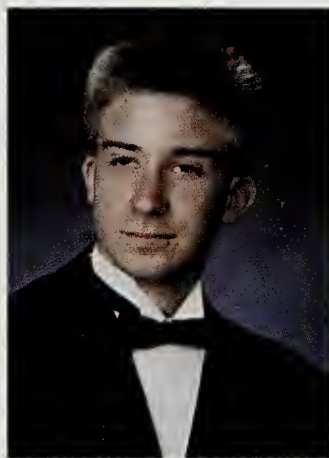
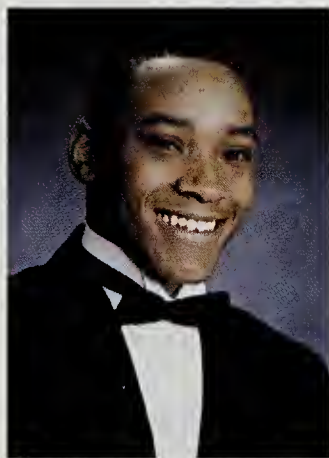
Biggest Flirt

Montrese Ham and
Crystal Watson

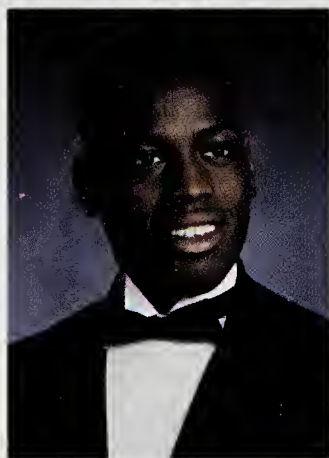
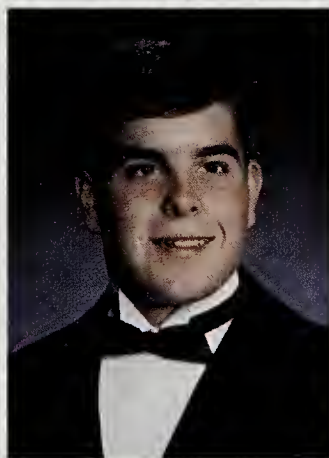




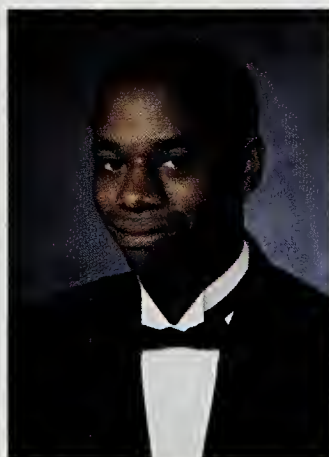
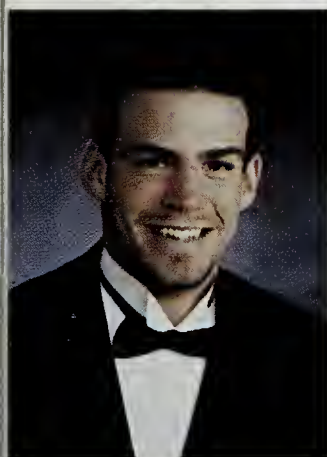
Shanita Scott
Doris Self
Amena Shah
Misty Shalawylo
Bobbi Jo Shannon
Ayat Siddig
Chiante' Simmons



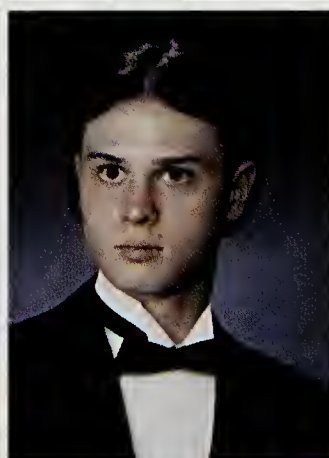
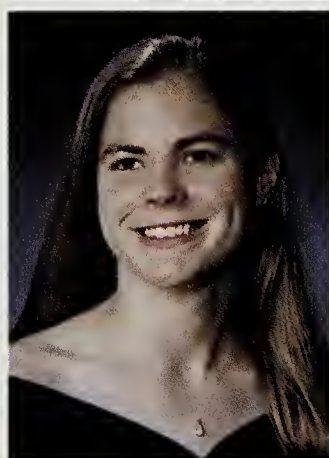
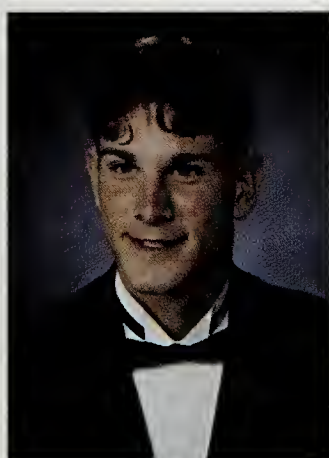
Agenique Smiley
Brent Smiley
Brenda Smith
Clarence Smith
Daniel Smith
Eric Smith
Lakeya Smith



Nakiya Smith
Ryan Smith
Sean Smith
Teresa Smith
Charles Snead IV
Kareem Somersetnedd
Tyreece Souza



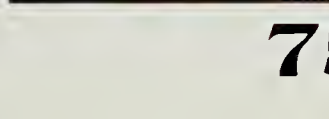
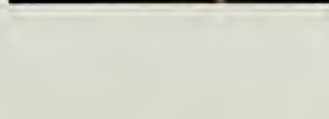
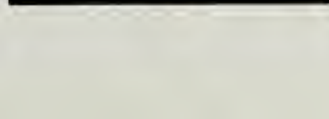
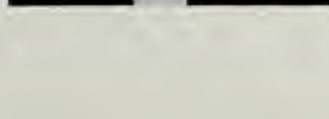
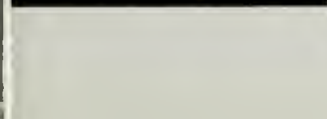
Lorie Spears
Steven Spencer
Jan Spijkers
Crystal Spinks
Jerome Spinner
Walter Sorensen
Omar Soto



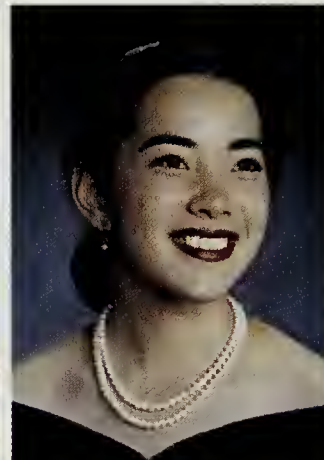
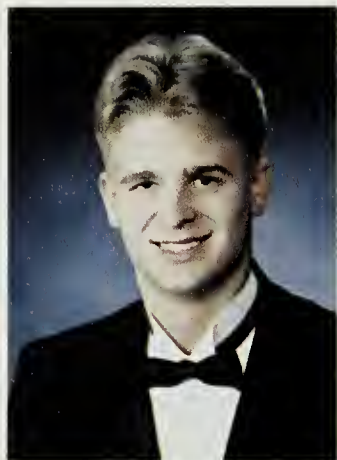
Daniel Stallings
Tara Stapleton
Jaclyn Starkes
Tad St. Clair
Bryan Strahan
Kayhryn Stoneburner
Gabriel Stewart



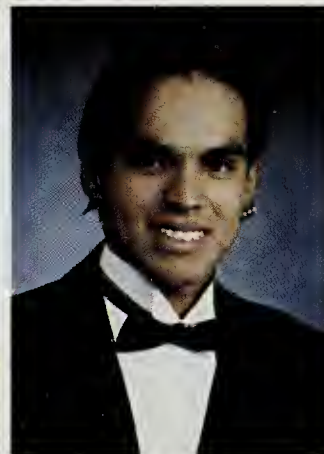
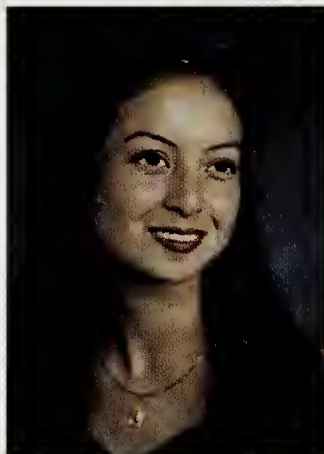
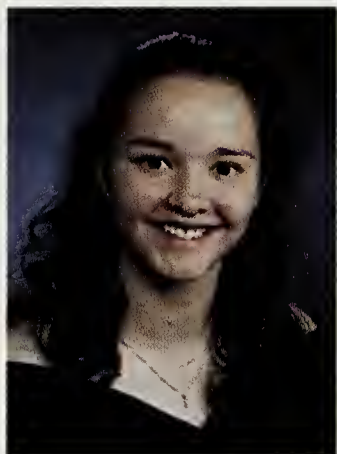
Lani Stewart
Pamela Stukes
Elizabeth Sullivan
Christophe Surmacz
Christina Taylor
Olivia Teves
Venus Thomas



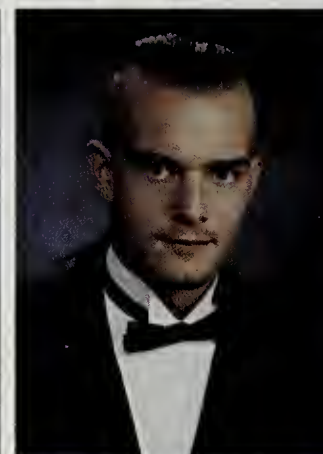
William Thorne
Daniel Tichacek
Theresa Titus
Keicy Tolbert
Sarah Toth
David Touchette
Kathleen Towner



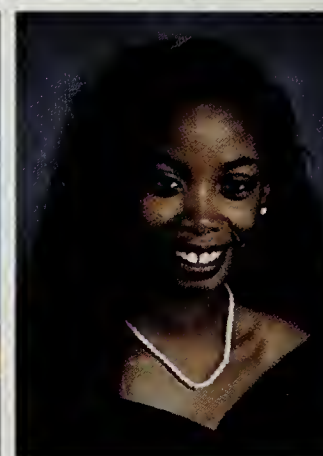
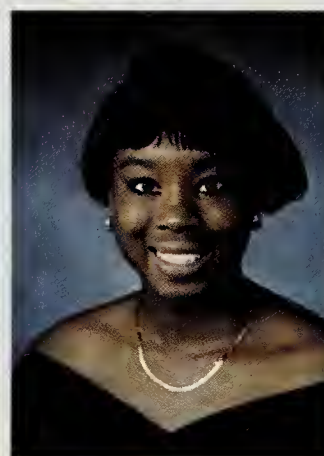
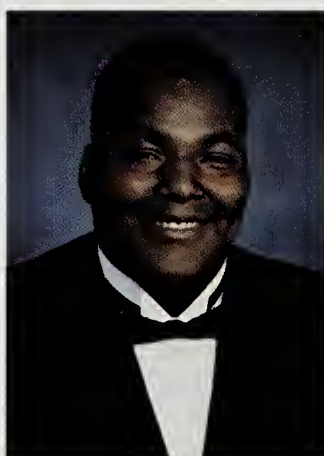
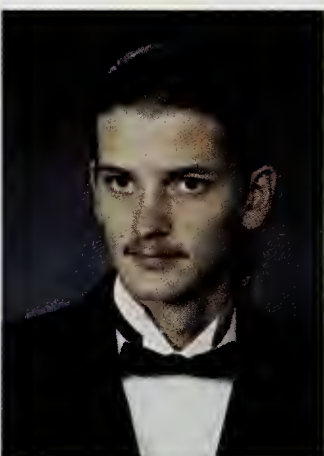
Tuuliina Tuominen
James Turner
Irene Valdez
Alexandro Velarde
Francisco
Velasquez, III
Christopher Venus
Christopher Vigil



Michael Vitko
Lisa Vlietstra
Deidre Wade
Kristopher Wagner
Shayne Waldner
Mark Wallisch
Lucas Walter



Rita Wamsley
Wesley Ward
Erick Washington
Hattina Washington
Tiffany Watkins
Crystal Watson
Kenneth Watson

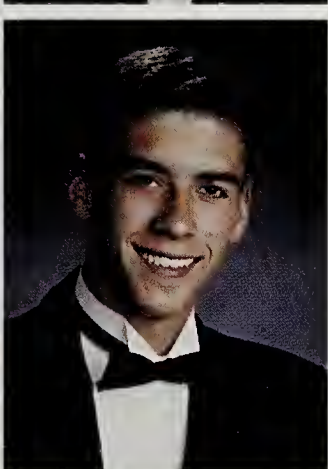
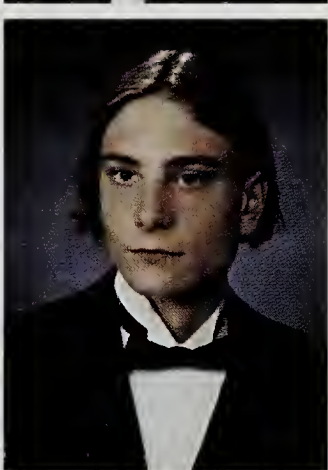


Sheree Welborn
Michael Westgate
Brian Westley
Angela Weston
Michael White
Stacy Wido
Jonathan Wiegand



Andrea Williams
Cameron Williams
Carrie Williams
Karl Williams
Kendra Williams
Marion Williams
Tabitha Williams





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Tyrone Parson and
Darcel Bryant

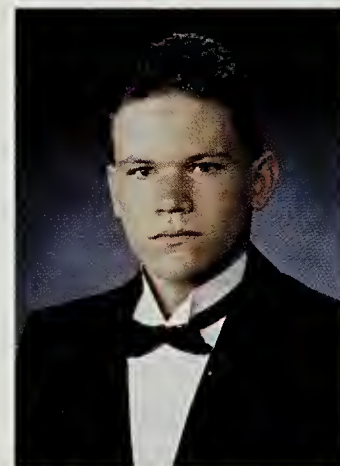
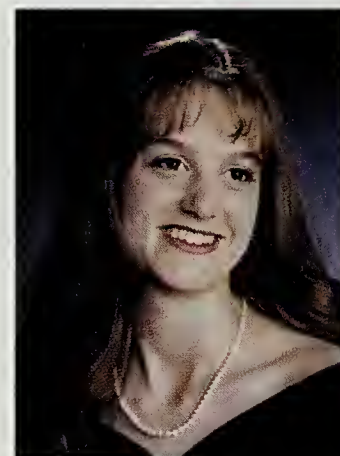
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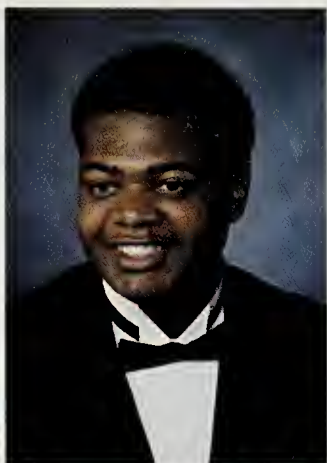
Tiko Bellamy and
Mary Roslan



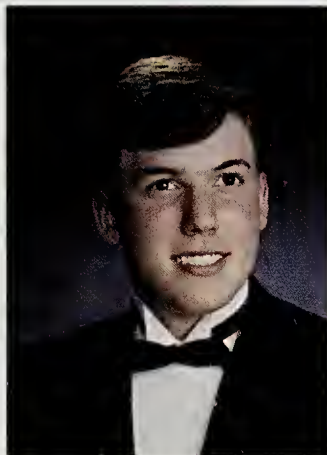
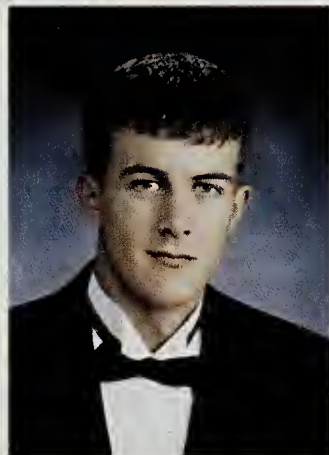
Graduating Class of 1996

Most
Wanda
Kotey



Anthony Wilson
 Greg Winningham
 Bianca Wiredu
 Susan Wollersheim
 Nicole Wood
 Shawn Woodson
 Charles Wright



Rachel Wyatt
 Michelle Wycinsky
 Brian Wynne
 Bryan Yawberg
 Christopher Yommer
 Iris Young
 Quratulain Zafar



David Zornek
 Daniel Gomez
 Netwaun Carter
 Walter Sorenson

Most Talented



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AND THE CLOSING CREDITS

Aaron Alderman -Artist;
Musician; Writer; Shaman.

Derek Alderman-Orchestra; Shaman; Latin I (Cum Laude) award.

John Andersen-Soccer;
Indoor Volleyball; Beach Volleyball; Varsity Volleyball Mgr.; German Club.

Cindy Anderson -Drama Club; Thespian Society; N.H.S.

Raven Andrews-Indoor Track; Outdoor Track(Capt.); Cross Country(Capt.); N.H.S.; Yearbook (Edit.); Mediator; Swim Team.

Rebecca Antio-HOSA; Marching Band; Church Choir; Kindergarten Tutor; Senior Youth Member.

April Baggot - Cheerleading; Crew; Drama; Adv. Varsity Choir; Treble Choir; Concert Choir.

Amandeep Bajwa- 9 Basketball; J.V. Basketball Mgr.; Science Club(Pres.); FBLA; Environmental Club.

Jackie Baker-Track Mgr.; Varsity Choir; Adv. Varsity Choir; Treble Choir.

Tonya Batchelor- FBLA.

Lashawn Bates - Cheerleading; Band; Adv. Varsity Choir; Black Women's Club; Multicultural Program; Black History Month Program.

Brian Batres-Track.

Kofi Bawauh- Varsity Football; Varsity Basketball; Math League; Chamber Orchestra; Youth Salute Council; TSA; YBMC; N.H.S.; Gifted Ed.; Football All-Academic Team; All-District Football; NASA Sharp Plus.

Lorraine Bedeau-African-American Club; True Colors; YBWC; DECA; AVC; Concert Choir; Dominants; Sigma Gamma Rhoer Club.

Kelli Bellando-9 Cheerleading; Indianettes; FBLA; National Honor Society.

Steve Bennett-FBLA; DECA; YBMC.

Jill Bernard-FBLA; Drama Club; Indian Echoes.

Kristine Bishop-Mgr. J.V. Girl's Basketball; Mgr. Vars. Girl's Basketball; T.S.A.; V.I.C.A.; Flag Corps; Governor's School Candidate; Who's Who in American High School; Pr. Wm. County Youth Salute.

Matt Blamey-9 Football; F.B.L.A.; J.V. Football; Lacrosse; Indoor Track.

Joey Bowling -9 Football; J.V. Football; 7-on-7 Passing League; F.C.A.

Peter Bradford-Swimming; Outdoor Track; Cross Country; Debate; N.H.S.; Governor's School.

Qualen Bradley -Indoor/ Outdoor Track; Ecology Club; Leo Club; Spanish Club; Advisory Board; F.B.L.A.; Drama; Multicultural Club; Orchestra; Math Team; Student Leadership; SADD; CPP; Honor Roll; Church Youth Group; Tri-M-Honor Music Society.

Paula Brent-9 Volleyball; F.B.L.A.; Prom, Homecoming Commitees.

Joe Brulle-9 Football; J.V. Football; N.H.S.; Lacrosse.

Jackie Burress-Indoor Track; Outdoor Track; Leo Club; Homecoming Float

Amanda Bussells - F.B.L.A.; Softball.

Darcel Bryant-African American Club; FBLA; True Colors; Student Ambassador; Treble Choir; Concert Choir; Mgr. Girl's Varsity Basketball; Student Mediator.

Jeremy Bynum-9, Vars. Basketball; F.B.L.A.; Model U.N.

Laura Carrano -HERO.

Brian Christenberry -Golf; Yearbook Editor.

Guillermo Cintron -Wrestling; Drama; International Thespians Society.

Jamie Clausson- Swim Team; HOSA; Varsity Choir; Concert Choir.

Jeremy Collier-J.V. Wrestling; Varsity Wrestling.

Tara Conroy -Drama; Baguba, Pep Squad; Environmental Club; DECA.

Lynette Cottrell-Track; Alpha Cappa Dawgs; Chorus.

Katie Crabtree-Indoor Track; Pres. True Colors; Drama; Mediator; SCA President; Yearbook; Hyphen; Thespian Society; Forensics.

Adrienne Cross-Swimming; Young Life; Yearbook; Treble Choir; N.H.S.; National Youth Salute; Leo Club.

Melissa Cruz-Spanish Club; F.B.L.A.; Concert Band; A.S.P.I.R.E.; N.H.S.; True Colors; H.O.S.A; S.C.A. Representative.

Jeri Culp-9 Basketball; J.V. Basketball; J.V. Tennis; Varsity Tennis; F.B.L.A.; Leo Club; Yearbook; Hyphen.

Audrey Davidson -9 Basketball; True Colors (Sec.); N.H.S.

Allison Davis-Step Team; Leo Club (V.P.); Multicultural Club; Varsity Choir.

Benjamin Dibert-Soccer; Track; Crew; French Club; N.H.S.

Jennifer Dineen-Marching Band; 9th Grade Honors Band; Varsity Band; Concert Band; H.O.S.A ; J.V. and Varsity Wrestling Athletic Trainer.

Monica Dionne- Thespian Society; Concert Choir; Dominants; N.H.S.

Tamara Dixon -Vars. Choir; Treble Choir; Concert Choir; Chamber Choir; Drama Club.

Jennifer Dodson-Orchestra; Multi-Cultural Club; Signet; Y.O.P.W.; Girl's Vars. Basketball Mgr.; N.O.S.A..

LaQuisha Doomes -German Club; Black Women's Club; Concert Choir; A.V.C.; Multicultural Program.

Mary Catherine Dvoroznak - 9 Cheerleading; J.V. Cheerleading; Vars. Cheerleading; Gymnastics; Concert Orchestra; Chamber Orchestra; Concert Choir; Dominants; N.H.S.; Youth Salute Council; Who's Who.

Kathy Edwards- Track and Field; Cross Country.

Jeremi Ellis-9 Football; J.V. Football; Vars. Football; J.V. Wrestling; Bass Choir; Concert Choir; Dominants.

Terrence Estu-Marching Band; Symponic Band; Jazz Band.

Nova Evans -Indoor Track; Outdoor Track; Indianettes; Junior Civitan; Y.B.W. Club; Homecoming Float; Junior Homecoming Princess; SCA Class Representative.

Erika Fisher-J.V. Cheerleading (Cpt.); Vars. Cheerleading (Cpt.); Gymnastics; Spanish Club; SCA; N.H.S.; Concert Orchestra; Chamber Orchestra.

Jeremy Fitzgerald-J.V. Football; Vars. Football.

Paul Fortenburg- Football.

Lucetta Furr-Adv. Vars. Choir; Treble Choir; Concert Choir; Dominants; Chamber Choir; F.B.L.A.

Cesar Garcia- 9 Baseball; J.V. Baseball; German Club.

Allison Garrett-9 Volleyball; J.V. Volleyball; Vars. Volleyball (Cpt.); Swim Team; Vars. Softball; Vars. Band; Concert Band; Symphonic Band; Governors' School Nominee; Girls State Nominee.

Rosemary Garrett-Flag Corps (Cpt.); Concert Orchestra; Chamber Orchestra; N.H.S.

Casey Gastley-9 Volleyball; J.V. Softball; Vars. Softball; Athletic Trainer; Junior Civitans; H.O.S.A.; N.H.S.

Charity Gentile-F.B.L.A.; J.V. Cheeleading; Vars. Cheerleading; N.H.S.

Darcie Gibson-Flag Corps (Cpt.); Orchestra; N.H.S.; J.V. Girl's Basketball Mgr.; Vars. Girl's Basketball Mgr.; Vars. Boy's Soccer Mgr.

Janet Gilbert-Shaman Artist.

Stephanie Graca-Latin Club; F.H.A. Club; Adv. Vars. Choir; Treble Choir; Chamber Choir; Concert Choir.

Maleia Hakimi -Drama Club; Thespian; Vars. Band; Concert Band; Symphonic Band.

Montrese Ham-9 Football; Vars. Football (Cpt.); Indoor Track; Outdoor Track; SCA Representative; Y.B.M.; D.E.C.A.; Men's Choir; Concert Choir.

Chaitra Harris -Outdoor Track; Football Mgr.; N.H.S.; Drama Club; Thespian; True Colors; Gospel, Treble, Concert Choirs; Dominants; Step Team; Mediator; State Honors Choir; Spanish Award; Gifted Ed.

John Hays -J.V. Football; 9 Basketball; J.V. Basketball; Track; V.I.C.A.

Heather Henson-J.V. Basketball; Vars. Basketball; J.V. Softball; Vars. Soccer; N.H.S.



Carolyn Hernandez -9 Volleyball; Vars. Volleyball; 9 Basketball; J.V. Basketball; Vars. Basketball; Vars. Softball.

Tiffany Hoffman -9 Cheerleading; J.V. , Vars. Cheerleading; Leo Club; Environmental Club; Class President; SCA V.P.; Principal's Advisory Coucil; School Planning Counil; Core Group; Mominated Girl's Girl's State; Nominated PWC Youth Salute Council.

Toris Howard -9 Basketball; Vars. Basketball; Y.B.M.; F.B.L.A.

Steven Huffman-J.V. Soccer; Vars. Soccer; German Club.

TaShana Jacques -Adv. Strings; Treble Choir; H.O.S.A.; L.P.N.I.

Steven Jakub-J.V. Basketball; N.H.S.; It's Academic (Cpt.).

Adrian Jenkins -9 Football; Indoor/Outdoor Track (Vars.).

Elizabeth Jewell-9 Volleyball, Basketball; J.V. Softball, Volleyball, Basketball; Vars. Volleyball, Softball; Junior Civitans.

Craig Johnson -Tennis; Indoor/Outdoor Track; Cross-Country; N.H.S.

Ebony Johnson -Indoor/ Outdoor Track; N.H.S.; Youth Salute Council Girl's State; G.E.M.S.

Jennifer Johnson-Crew; Drama Club; Model U.N.; Forensics; Treble Choir; Concert Choir; N.H.S.; Sound of America European Concert Tour; Chamber Choir; School Announcer.

Sean Johnson-Vars. Tennis; Football.

Charles Jones-SCA Treasurer; Drama; SCA V.P.; Concert Choir; SCA Rep.; Pep Squad-Step; Young Republicans; Young Demorats; Indoor/ Outdoor track; Key Club; F.B.L.A.; Adv. Varsity Choir; Shaman.

Kyle Kaneshiro-J.V. Football; Marching, Symphonic Bands; N.H.S.

Jennifer Kettren-German Club; Key Club; Vars., Adv. Vars., Treble Choirs; Homecoming Float; Who's Who.

Hyun Kim-Art Club; Multicultural, True Colors, Pep, Spanish, Science, Environmental Clubs; Young Life; Junior Civitans; Shaman.

Felccia King-F.B.L.A.; Step Team; Vars., Gospel, Concert Choir; DECA.

Kimberly Kinoshita -Student Ambassador; Drama Club; N.H.S.; Youth Advisory Council.

Wanda Kotey -Adv. Vars., Treble, Concert, Gospel Choirs; Dominants; Mediator; F.B.L.A.; African American Club; H.O.S.A.; True Colors; SCA Rep.; Student Ambassador; Multicultural club; Senior Class Secretary.

Jessica Koutnik -Swim Team; Flag Corps; Drama Club; Thespians; Vars., Treble, Concert, Chamber Choirs; Homecoming Float; Marching Band.

Candice Lee-Adv. Vars, Treble Choirs; Crew

Lauren Lending -Vars., Treble Choirs; Drama Club; N.H.S.; Tespian; Mediator; VICA.

Kim Lewek-Spanish Club; Fashion Merchandising Show; Adv. Vars., Treble Choirs.

Richard Link -Cross Country; Indoor/Outdoor Track.

Amanda Lloyd -Leo Club; Adv. Vars., Treble, Concert, Chamber Choirs.

Vikki Luttrell-Drama; Adv. Vars., Treble, Concert Choirs.

Jessica Manks -9 Cheerleading; F.B.L.A.; F.H.A.

Lauren Mark- Gymnastics; Treble, Concert Choirs; Dominants; N.H.S.

Katie McCann-Young Democrats; F.B.L.A; N.H.S.

Sherrie McCormick-Flags; F.H.A.; H.E.R.O.

John McElhenny -Vars. Football; Lacrosse; N.H.S.

Laura McFall- J.V., Vars. Soccer; Treble, Concert Choirs; Dominants.

Paige McFarland -Swim Team.

Angela Meidt-Drama; Adv. Vars., Treble Choirs.

Dana Miller-Crew; German Club; N.H.S; Concert, Symphonic, Pep Bands.

Beth Mills-9 Cheerleading; J.V., Vars. Soccer; Vars., Concert Band; J.V., Vars. Volleyball; Young Life; Athletic Trainer; F.C.A.

Denis Mittakarin -J.V., Vars. Soccer; Homecoming Float.

Nicole Moore-Set Production; Drama; Thespian; Class Rep.; D.E.C.A.; Girl's State Nominee; Hyphen (Ass. Editor).

Susan Moore-Swim Team; Vars. Band; N.H.S.

Shane Mordan -Wrestling.

Jenny Morgan- Softball; N.H.S.; Who's Who; Class Secretary; F.B.L.A; F.H.A.; S.A.D.D.; Quiz Bowl; B.E.T.A.; Impromptu Speaking; Literary Rally.

Stephanie Morgan -Drama; Mediator; Marching, Vars., Concert, Symphonic Band.

Ryan Mouw -N.H.S.; Governors School Nominee; Boy's State Nominee.

Melinda Mulea -F.H.A.; H.E.R.O.

John Neal-It's Academic; Shaman.

Andrea Oester-Young Life; Spanish Club.

O.J. Oliphant- Track; African American Club; Bass, Concert Choirs; Upward Bound.

Amy O'Neill-J.V., Vars. Volleyball; Vars. Softball.

Chelsey Orth-Treble, Concert Choirs.

Rory Owens-Indoor/Outdoor Track; F.H.A.; Class Rep.; School Planning Rep.; Model U.N.; Cross Country

Angela Owusu -Indoor/Outdoor Track; Mediator.

Candice Parker-Track/Field; B.C.A.; D.E.C.A.; Model U.N.; J.V. Cheerleader.

Rashida Parrish -Adv. Vars., Treble, Concert, Gospel Choirs; African-American Club; Drama Club; Thespian Society.

Julie Pasqualini -N.H.S.

Jemini Patel-Peer Tutoring; Drama Club; Student Ambassador (V.P.); German Club; Thespian (Pres.); Yearbook.

Eric Penic-9, Vars. Football; Indoor/Outdoor Track.

Curtessa Pennington-Yearbook (Editor-in-Chief); True Colors; African-American Club; Adv. Varsity, Treble Choirs; Who's Who Among American High School Students; Student Mediator.

Micheal Perkins-Football.

Wesley Peters-9, J.V., Vars. Football; Indoor/Outdoor Track; Lacrosse; Model U.N.; Church Youthboard Service Projects.

Dominick Petro-German Club; Vars., Concert Bands.

Mollie Pineda-Crew; SCA Secretary; Drama Club; Student Ambassadors (V.P.); True Colors; Thespian; F.B.L.A.; Children's Reading Program; Homecoming Committee.

Chayanit Poonyarat - French Club; Newspaper Club; Concert Choir; Received award from King Majesty of Thailand..

Rachel Powell-J.V., Vars. Soccer; True Colors; FCA; Hyphen; Colorgaurd; N.H.S.; Young Life.

Shante Pringle-Multicultural Club; Cos I; Cos II.

Jamila Rattler-Treble, Concert, Chamber Choirs; Leo Club; Mediation.

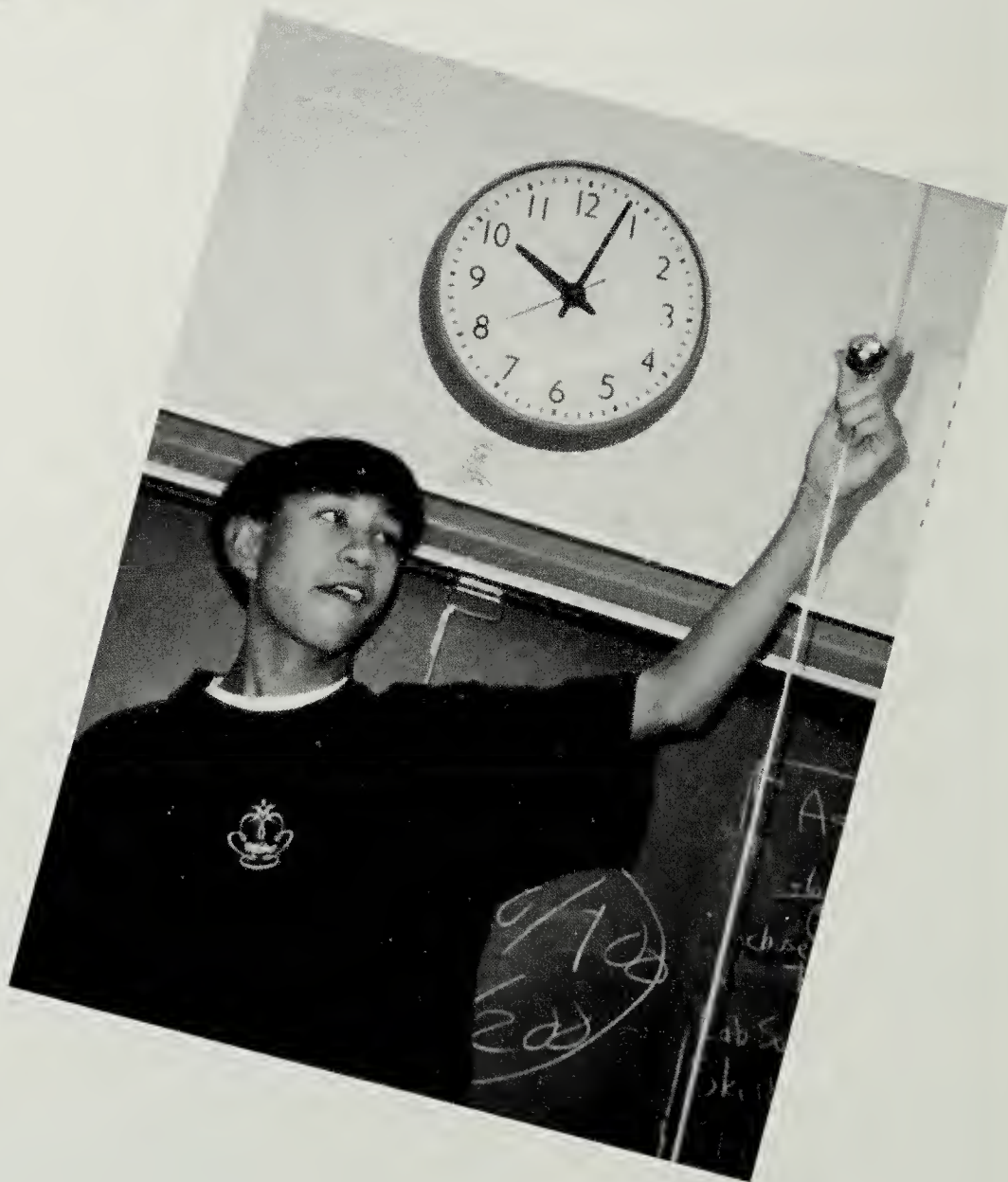
Diana Rice-Girl's Tennis Mgr.; Drama Club; Thespian Society; Concert, Chamber, Pit Orchestras; Youth, Folk Choirs; UMYF (Pres.); SGG.

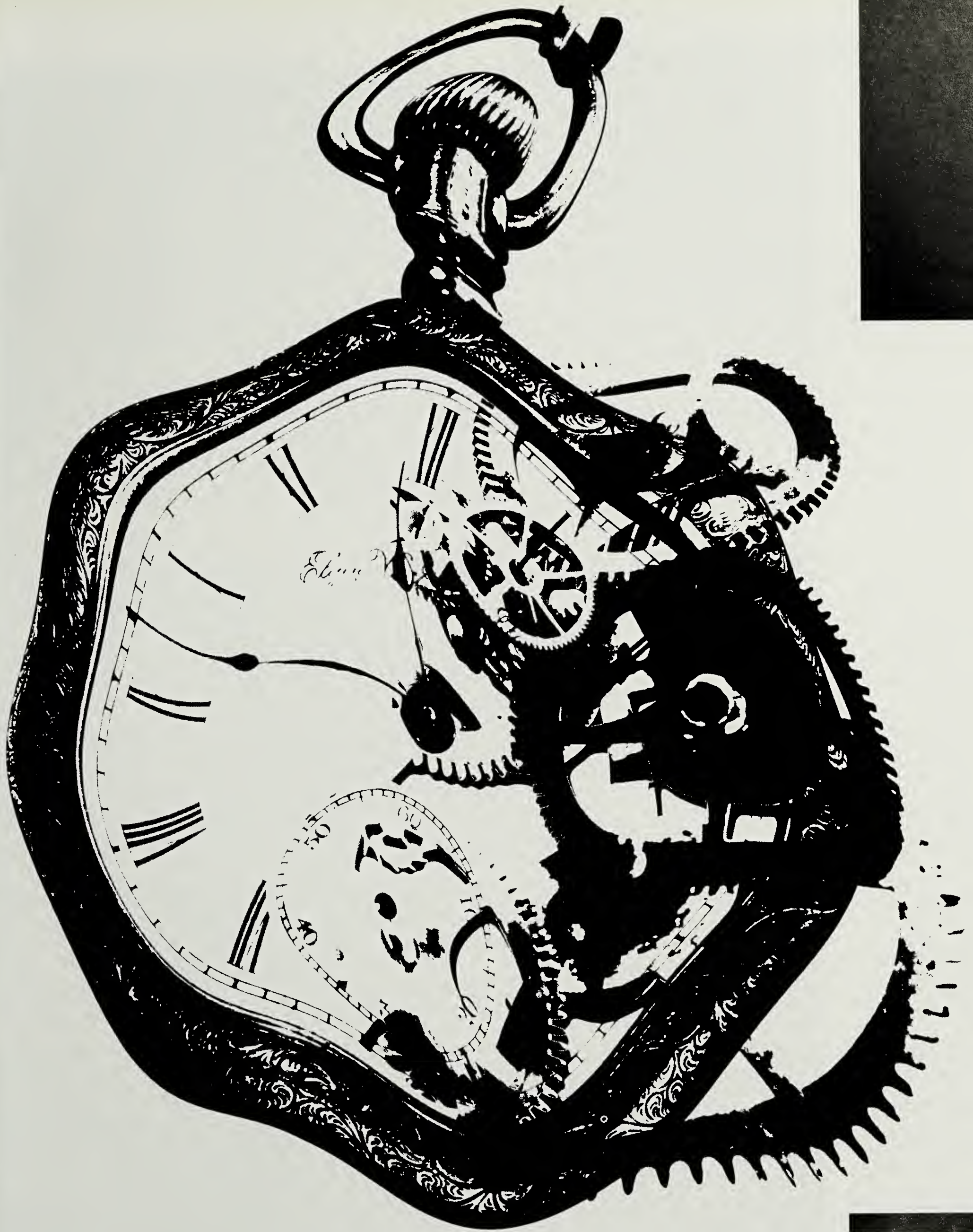
Shawn Rice-Soccer, Football; Golf; Indoor Track.

Mary Rich-D.E.C.A; H.O.S.A; N.H.S.



| | | | |
|--|---|--|---|
| Jen Robinson-9 Cheerleading; Young Life; Student Mediator; Class Rep.; Environmental Club; Adv. Vars. Choir; Jr. Civitan (V.P., Pres.); F.B.L.A.; Yearbook (Editor); Hyphen. | Bobbie Shannon- J.V., Vars. Softball; Leo Club; Homecoming Float. | Tara Stapleton- 9, J.V., Vars. Cheerleading; Track; Leo Club; Gymnastics; Lacrosse Mgr.; Yearbook (Editor); Math Tutor; Teen Counselor. | Crystal Watson- Indoor Track; Vars. Girl's Basketball Mgr.; F.B.L.A.; True Colors; Student Ambassador; African American Club; Gospel Choir; Student Mediator; Athletic Trainer. |
| Willnel Rodriguez-French Club; F.B.L.A.; Environmen- tal Club; Stage Crew; N.H.S. | Angenique Smiley -Vars. Band; H.O.S.A. | Christos Stavrianidis -Kick- Boxing; Body Building; Swim- ming; Model U.N. | Brian Westly-Swimming; Crew; N.H.S.; Vars., March- ing, Symphonic Bands. |
| Micheal Rosete-F.B.L.A.; Key Club; Church Youth Group; Homework Helper; American History Student Of the Year; N.H.S. | Brent Smiley-Ski Team; Cross Country; J.V. Foot- ball; Young Life. | Tad St.Clair- 9, Vars. Football; 9, J.V. Basketball; Vars. Base- ball; Senior Class President. | Angie Weston-V.I.C.A. |
| Allison Rowe-Vars., Con- cert, Symphonic, Marching Bands; J.V. Soccer; N.H.S.; Church Youth Group; Stu- dent Ambassador Officer; Governor's School; Girl's State; VA Youth Salute. | Brenda-Lee Smith-Swim Team; Swim Team Mgr.; F.B.L.A.; Homecoming Float; German Club; H.O.S.A.; True Colors; Vars., Treble Choirs; Youth Group; Girl Scout. | Lani Stewart- Indoor Track; Vars. Boy's Soccer Mgr.; German Club (Sec.); N.H.S. | Micheal White-9, J.V., Vars. Football. |
| Jeannie Rubino-Tennis; Leo Club (Sec., Pres.); Young Life Leader; Acts Helpline; Youth Salute Nomminee. | Clarence Smith-D.E.C.A.; Drama Club; Concert Band. | Kate Stoneburner-Swim Team; Marching, Symphonic, Jazz Bands; Pit Orchestra. | Jon Weigand -J.V., Vars. Soccer; F.B.L.A.; D.E.C.A.; N.H.S. |
| Nesreen Sabah-Softball, Soccer Mgrs.; Forensics; Islamic Club; Drama Club; N.H.S. | Eric Smith-9, J.V. Foot- ball; J.V., Vars. Basketball. | Pamela Stukes-9 Basketball; Tennis; F.B.L.A.; Leo Club; Shaman. | Cameron Williams -9, J.V., Vars. Football; J.V., Vars. Baseball; N.H.S.; Key Club; All-American Scholar; All- Academic Football, Baseball. |
| Luis Sanchez-Canete-Choir; Cross-Country, Indoor/ Outdoor Track; Drama Club; Model U.N.; Mediator; Principal's Award for Leader- ship and Academics; Junior Class Pres.; Planning Coun- cil; Principal's Adv. Council; Homecoming, Prom, Float Commitees. | LaKeya Smith-Indianettes (Sergeant, Cpt.); Sopho- more Homecoming Prin- cess. | Johanna Jhiljunen- Soccer; Volleyball; Ice Hockey; Tennis; German Club; Taekwondo. | Kendra Williams-F.B.L.A.; Leo Club; Student Ambassa- dor. |
| Shannon Schaumburg -J.V. Softball; Swim Team; Drama Club; Thespian Society; Adv. Vars., Concert Choirs; Athletic Trainer; School Announcer. | Nakiya Smith -Tennis; Track; Spanish; Choir; Band; Dance. | Keicy Tolbert-Environmental Club; Chamber Orchestra; Drama Club; N.H.S.; Thespian Society (V.P.); F.C.A. | Susan Wollersheim-N.H.S.; Thespian; Vars., Symphonic, Marching Bands; Drama; NYLF; Mediator; Drum Major. |
| Robin Schrimpf- Tennis; Crew; Young Life; Youth Advisory Council; N.H.S.; Yearbook. | Teresa Smith-Drama Club; Forensics; Treble, Concert Choirs; Dominants; Thes- pian Society; Governor's School for the Gifted and Performing Arts; Student Announcer. | Sarah Toth-Marching, Pep, Symphonic, Jazz Bands. | Chuck Wright-9 Football; DECA; Bass, Concert Choirs. |
| Kimberly Scott-Baguba Pep Squad; True Colors; Model U.N. (Under- Secretary General); Signet. | Lorie Spears-J.V. Cheerleading; Baguba Pep Squad (Cpt.); Leo Club (V.P.); F.H.A.; F.B.L.A.; Athletic Trainer; Student Ambassador; Softball. | Dave Touchette-9, J.V., Vars. Football; N.H.S.; SCA Trea- surer; Swim Team; Lacrosse. | Rachel Wyatt-Drama; Thespian; Concert, Chamber Orchestra; Concert Choir; Dominants. |
| | Steve Spencer-T.S.A; Vars. Football; Vars. Lacrosse. | Kathleen Towner-Concert, Chamber Orchestras; N.H.S.; Color Gaurd; Hyphen (Design Mgr.); J.V. Soccer (Cpt.); Span- ish Club. | Missy Wycinsky -Vars. Tennis; J.V., Vars. Basketball; Vars. Soccer; N.H.S.; Junior, Senior V.P.; Signet; Principal's Honor Roll and Award for Excellence; GEMS. |
| | Crystal Spinks- Vars., Treble Choirs; H.O.S.A.; Swim Team Mgr. | Tuuliina Tuominen -Baseball; Swimming; Scouting; Choir; Tennis; French Club; German Club. | Brian Wynne-Bass, Concert Choirs; Dominants; Drama; Thespian. |
| | Jerome Spinner-V.I.C.A.; F.B.L.A. | James Turner-Crew; Cross Country; TeaSA. | Bryan Yawberg -J.V., Vars. Baseball. |
| | | Chris Vigil-A.P. Art. | Chris Yommer-9 Football. |
| | | Hattina Washington -9, J.V., Vars. Basketball; Track; H.O.S.A.; Parliamentarian; Junior Class Treas.; Senior Class Treas.; Church Usher, Choir; Sr. Homecoming Prin- cess. | David Zomek-Drama; Band; Choir. |





Permanent Impressions

Is it rebellion or just another way students tried express themselves through art? Whatever the case may be, tattoos and body art became very popular throughout the year. One could see any graphic from an innocent rose to a ferocious panther peaking out just above a shirt line or just out of sight.

Some students said they had tattoos drawn on their bodies to symbolize individual identity, moods, and permanent emotions.

Mike Nguyen stated, "It's not something you get just because it's considered cool. You should get one that means something very deeply to you or expresses your feeling about life."

Opinions differ on the subject. "I don't think they're attractive. I believe at one point in your life, you will regret getting a tattoo and you will have to pay a lot of money to get the tattoo removed," said Mr. Mulgrew's secretary, Mrs. Becky Wise. -Abby Fehrman and Christa Edsall



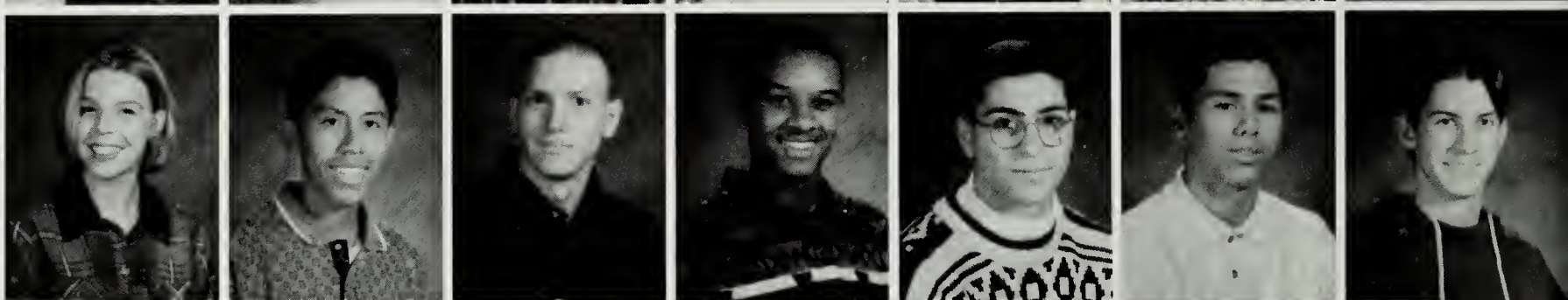
Sarah Abraham
Candace Adams
Amanda Adkins
Sarah Aikin
Marcus Alcazar
Robert Alderman
Julie Alter



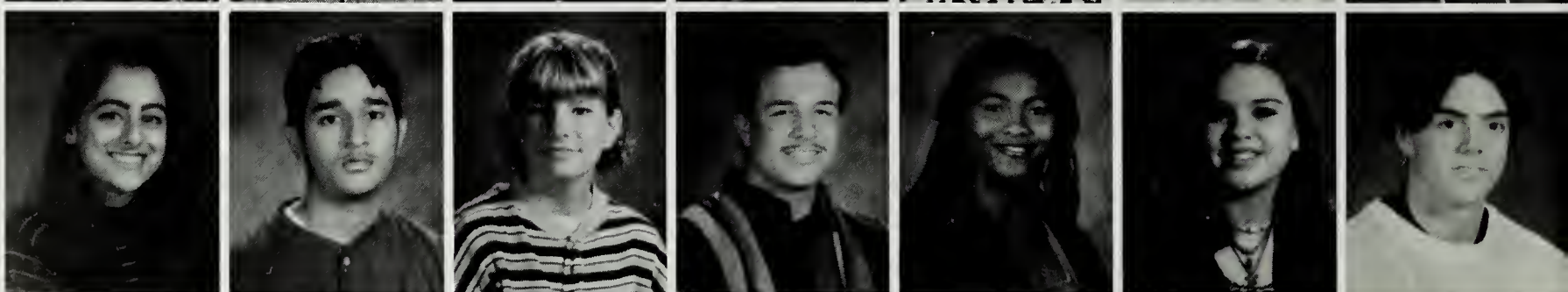
Tammy Ambrose
Vanessa Amaya
David Anderson
Denise Anderson
Erin Angell
Amy Ansong
Richard Appau



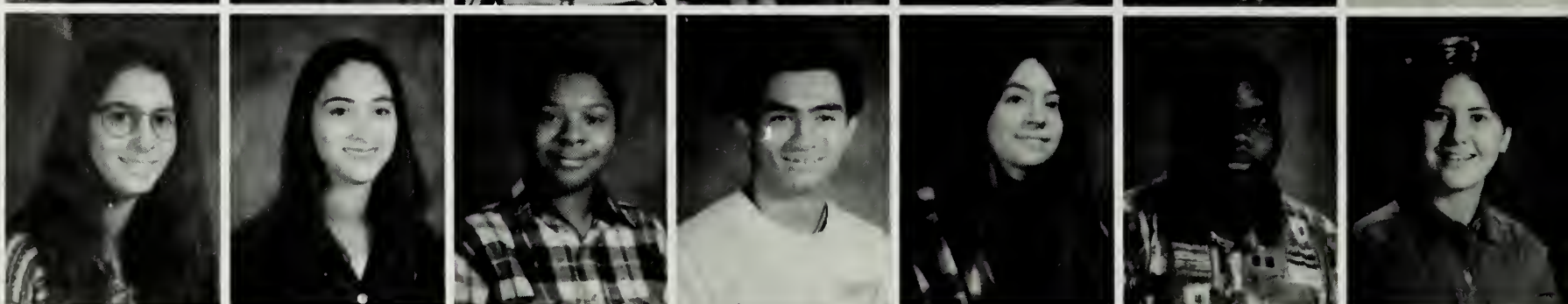
Angela Arbogast
Mario Arnez
Dallen Army
Maurice Atkins
Khalid Attia
Daniel August
Brian Ayres

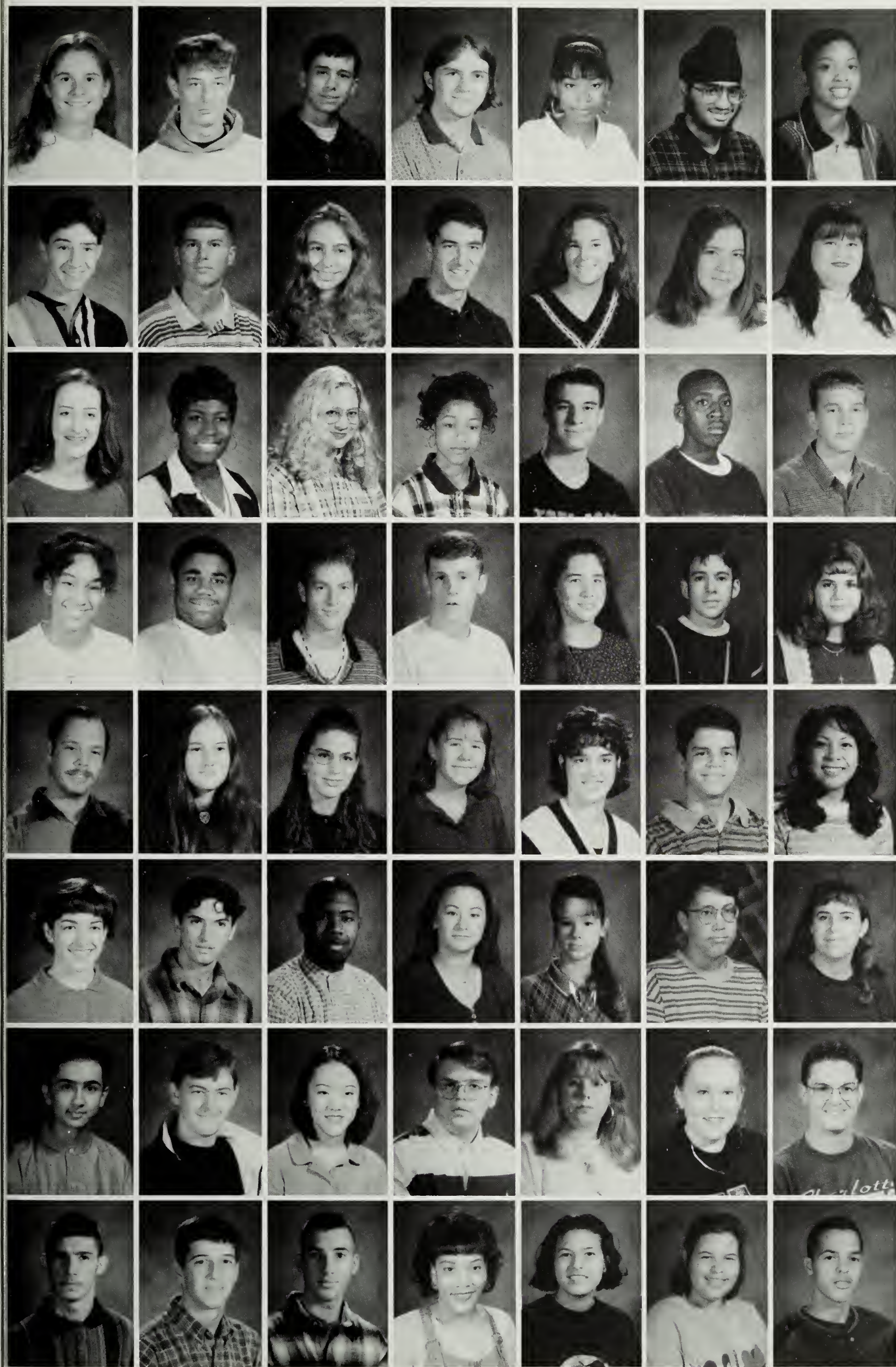


Weda Azimi
Harman Bajwa
Heather Baldwin
Ronnie Ball
Safiatsu Bangura
Lorene Banning
Anthony Bapple



Amber Barber
Tamara Barbara
Kala Barnes
Jose Barrera
Janelle Bartron
Montre Bass
Cheryl Baxley





Lisa Beach
 Jason Beavers
 Jesse Bedford
 Eamonn Bethel
 Betty Betts
 Harmeet Bindra
 Kimberly Bland

Peter Bobolia
 Scott Boebol
 Nadine Boisvere
 Daniel Bono
 Amanda Borrello
 Lisa Boughner
 Cynthia Bowman

Victoria Bowman
 Louise Boyd
 Elissa Bradford
 Karen Bridgett
 Gregory Briney
 Gerry Brooks
 Daniel Broughton

Elise-Estee Brown
 Marquise Brown
 Joseph Bruss
 Erik Burke
 Gina Burke
 Paul Burnell
 Barbara Burns

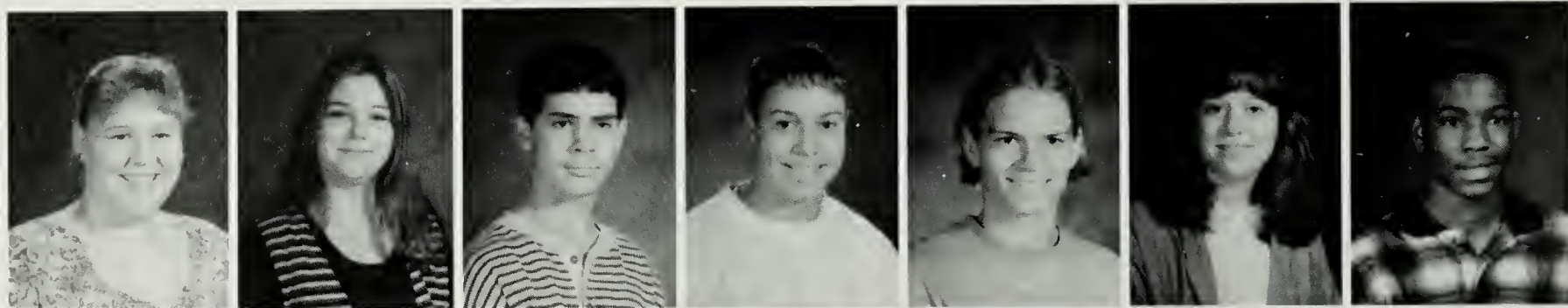
Peter Burt
 Jennifer Burwell
 Aurora Bushner
 Ryan Byrne
 Dorothy Caldwell
 Rodolfo Camacho
 Mary Campos

Erin Caricofe
 Javier Carillo
 Carl Carter
 Patricia Chamberlin
 Sharon J. Chambers
 Christopher Chase
 Heather Chase

Tejinder Chawla
 Clinton Cheek
 June Cho
 Shawn Clapham
 Beverly Clare
 Jennifer Clarke
 Matthew Clear

Stephen Clemens
 Scott Clendaniel
 Christopher Clow
 Danielle Colbert
 Marianne Colon
 Vivianne Colon
 Jose Colon

Cindy Compton
Teresa Conley
Jeffrey Conrad
Joseph Cooper
Thomas Cope
Jamie Crawley
Selwyn Crittendon



John Crone
Tina Crutchfield
Rhonda Cummins
Amanda Curry
Fredrick Custodio
David Dallek
Dawn Daly



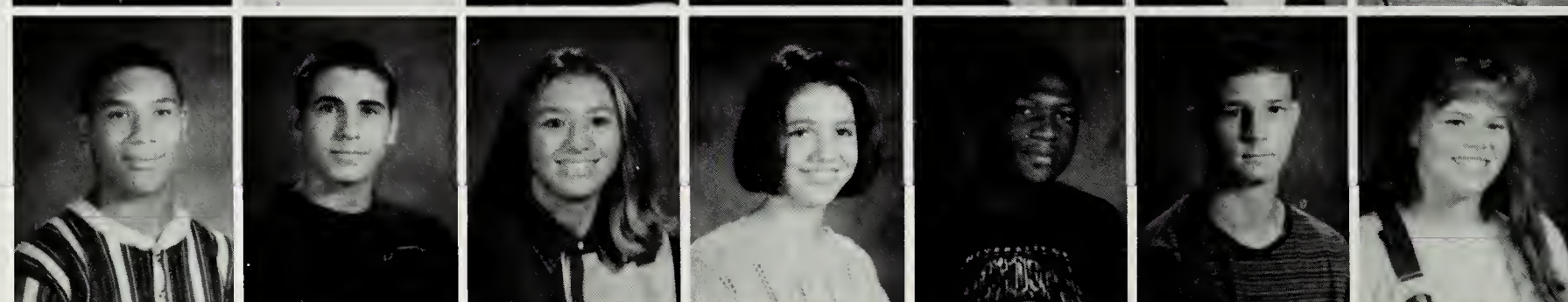
Brian Daniels
Nichol Daniels
Christopher
Davidson
Brenda Davies
Holly Davies
Ricky Davila
Elizabeth Davis



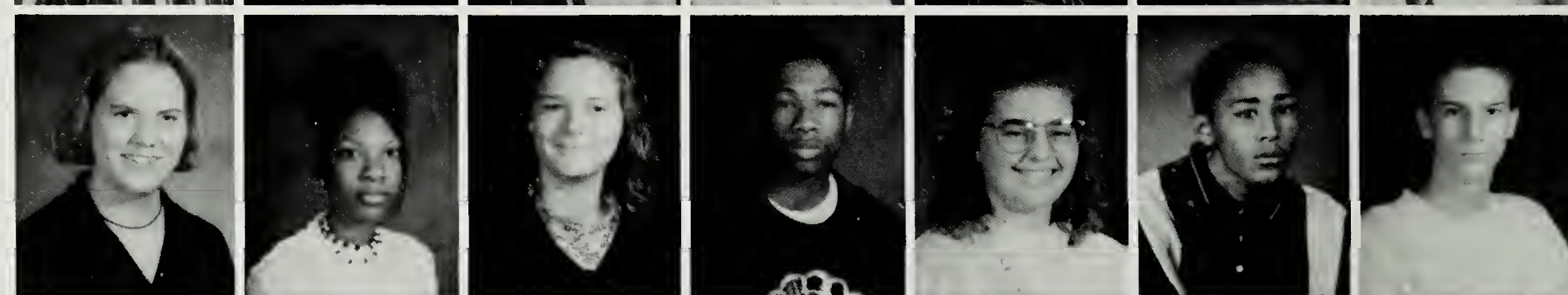
Telly Davis
Kelly Day
Luis DeJesus
Marivit Delacruz
Julie Dement
Amanda Dempste
Jeffrey Denham



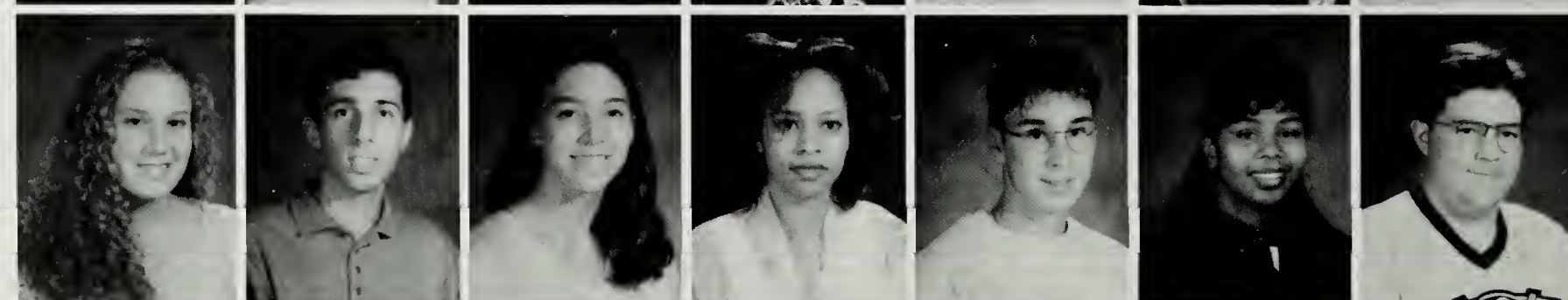
Thomas Dennis
James Denny
Rebecca DeVanne
Sabrina Didomenic
Makafui Dogbatse
Jason Donath
Lindsey Doyle



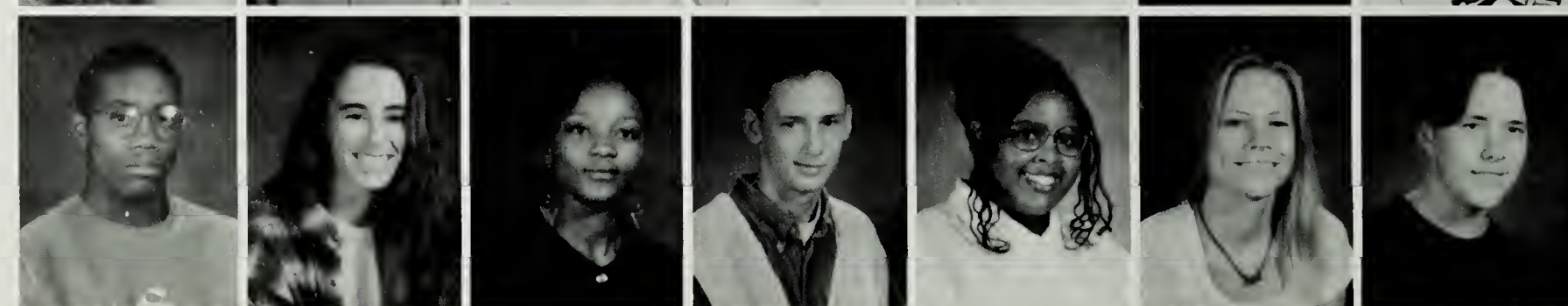
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Christal Dunnam
Cedric Durr
Kristina Dwyer
Michael Eaglin
Ernie Eberwein



Erika Ecker
Adam Edmundson
Christa Edsall
Dana Edwards
Michael Edwards
Nisreen Elhillali
Matthew Elliott



Brian Elmore
Kimberly Endicott
Mina Ennin
Kyle Enzler
Elena Epps
Dawn Fales
Spence Fast



Mo' Money Blues

In the sophomore year, most students received their driver's licenses and felt the impact of the extra responsibility. As juniors, the class of '97 took on more and more responsibility. Many students had a job or soon will have one.

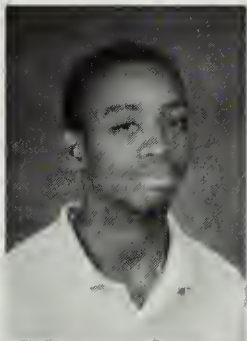
Car payments and insurance forced some students to look for work. Most seemed to grow tired of the nagging from their parents.

"My parents told me to get a job over the summer to pay for my car," said Maria Taylor.

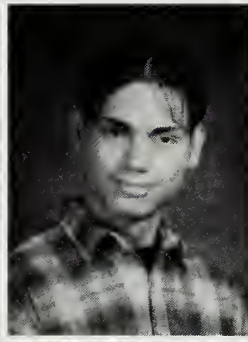
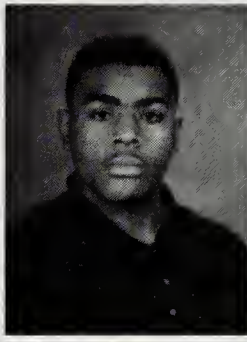
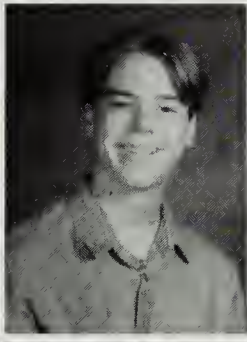
Going out on weekends or grabbing a bite to eat afterschool can also add up. Students frequently made stops at one of the many restaurants located near school.

Gas money was yet another expense. Some students were lucky enough to have their parents pay for gas, but others had to manage on their own. Christine Flom said, "I need money for gas and money just to spend whenever I feel like it."

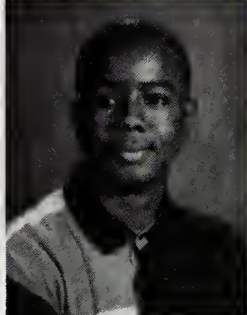
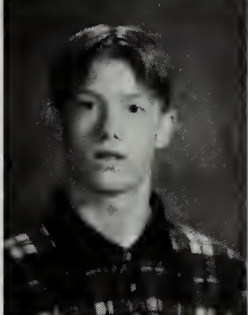
Extra-curricular activities and hobbies don't always allow time for an afterschool or weekend job. James Denny spoke for many when he said, "Between school, sports, chores, homework, and friends, the days just aren't long enough." - Karen Testerman



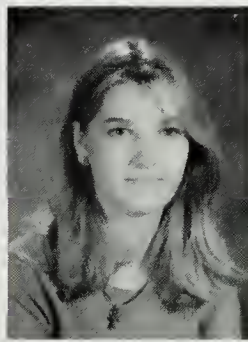
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Antorius Felder
Victoria Felder
Bettina Figueras
Jennifer Fink
Richard Fitzpatrick



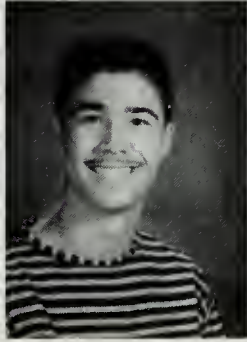
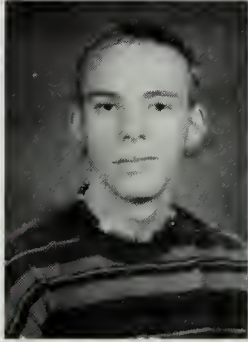
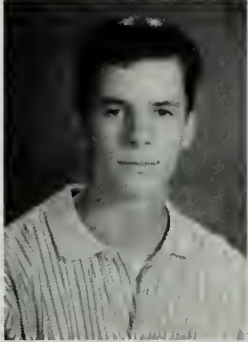
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Lee Foresman, Jr.
Megan Foscue
Leah Foster
Travis Fox
Damien Fraley



Deborah Freshwater
Jason Furr
John Galgano
Carola Garay-Ortega
Christa Gargan
Wori Garrett
Chelsea Gay



Matthew George
Daniel Gilbert
Justin Gilbert
Matthew Gill
Felicia Glapion
Maria Gomez
Jennifer Gonyea



Joshua Goode
Andrew Green
Christine Grenier
Jason Greyson
Atiba Grimes
Tony Grubb
Cathleen Guyett

Out of Time

Have you ever noticed how fast time flies by? Just think, before one knows it, you'll be watching your own children as they rough it through the trials and tribulations of their own high school years.

"Each year seems to grow shorter and shorter," said Karen Testerman, "I can't believe we're going to be seniors next year." All of these years in school and you've probably been thinking about how much you want to get out. Odds are that by this time next year, you won't want to leave. When you leave Gar-Field you won't just be leaving the school, you'll be leaving your best friends and your favorite teachers.

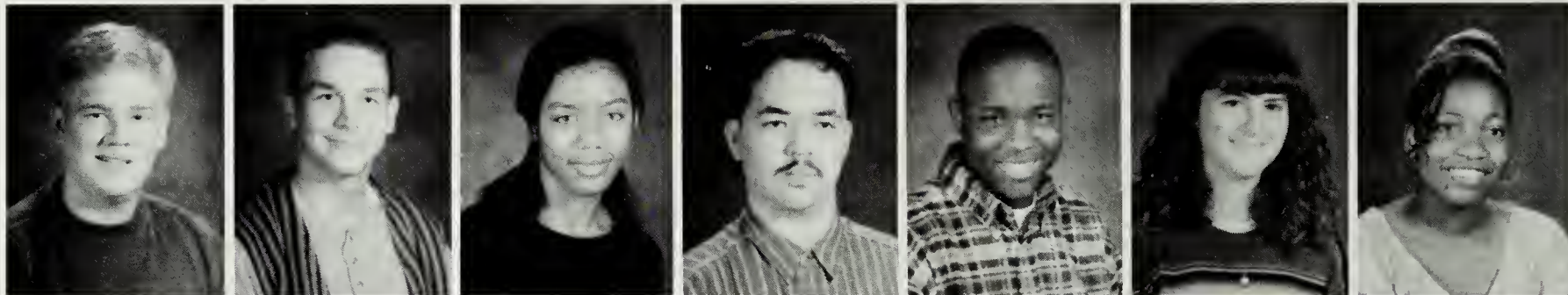
No matter how unnoticeable the passage of time, every student spends it differently. "Participating in sports and working takes up most of my time," said Abby Fehrman.

Student involvement in school seems to be the measurement for how fast time flies and to what extent these days will be missed. Savor the weekends spent at the movies with friends, or that time just sitting around to talk. Before you know it, you'll be out of time. -Tony Bapple

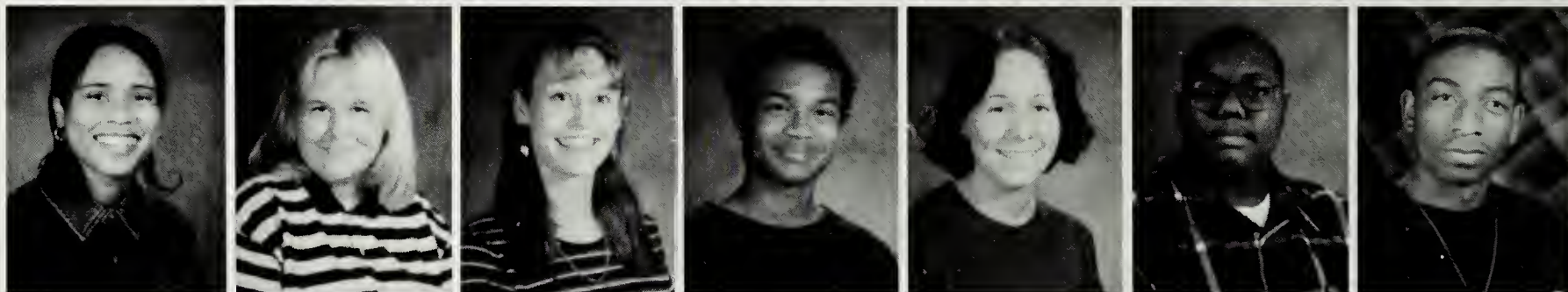


Joyce Russell, the first African-American student to attend Gar-Field, returns for a brief visit. Russell reminisces about her career as an author, actress, and Motown singer in Ms. Davies' class.

Adam Hallenbeck
Chad Halverson
Melissa Hardie
Thomas Harford
Dewayne Harley
Sara Harney
Andrea Harris



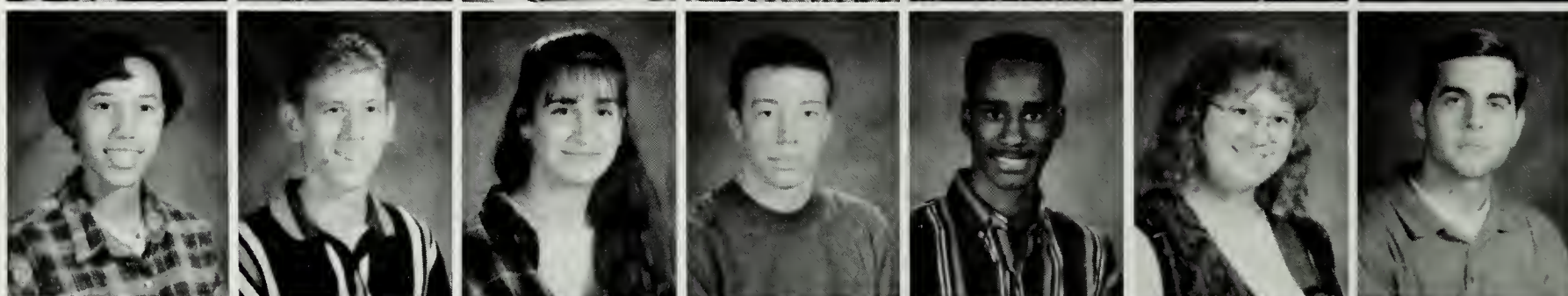
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Lisa Harry
Rebecca Harvey
Roland Haynes
Karen Hennessee
Demetrius Hicks
Michael Hicks



Katie Hill
Sarah Hill
Christina Hines
Jason Hogan
Joshua Hogan
Melissa Hoover
Rachel Horn



Sherra Howard
Elias Hoxha
Lissette Hoyos
Jason Hube
Kareef Huggins
Rosemary Hughes
Ryan Hurm



Shahzad Hussain
Kerry James
Kisha James
Heather Jappinga
Joy Jimeno
Clifton Johnson
James Johnson





Jeremy Johnson
Nikhia Johnson
Patrick Johnson
Ember Johnston
Heather Jones
Jerome Jones
Rachelle Jones



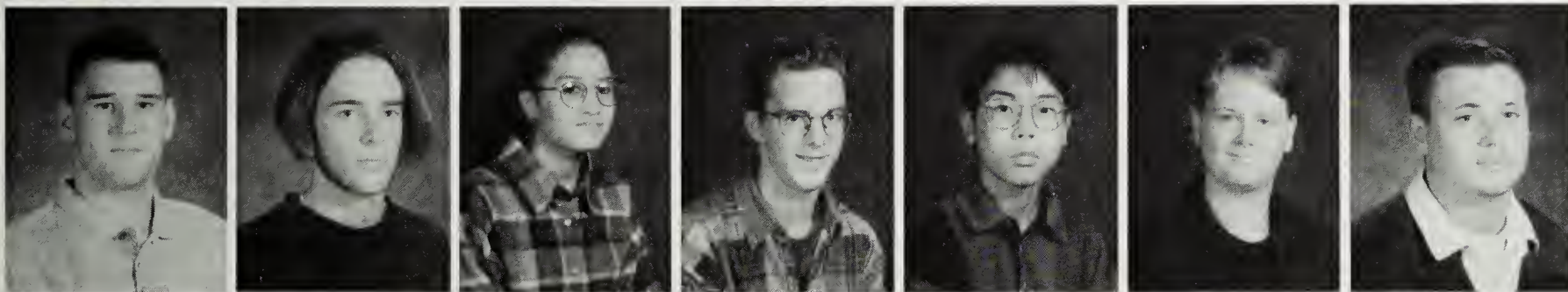
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Philip Kandrut
John Kelly
Taana Kelly
Patrick Kennedy
Waqqas Khalid
Joseph Klemencic



Seth Kloss
Jason Knepper
Jamilynn Knuth
Dimitrios
Konstantinou
Sheela Kori
Tara Koshetar
Leah Kuhns



Daniel Kuykendall
Sarah Laidlaw
Christina Lambert
Joshua Lane
Thomas Lane
Ben Lanzillotta
Lolita Laws



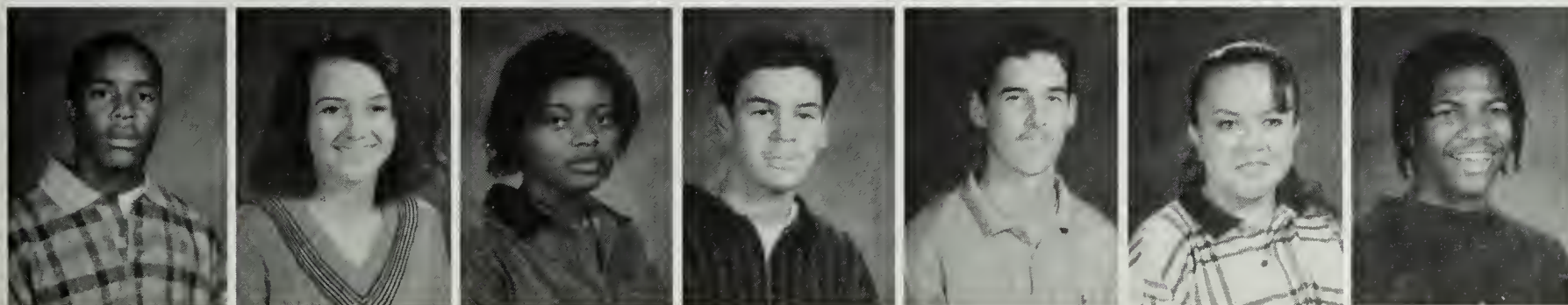
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Karen Le
John Lemons
Rick Lenoir
Gregory Lewis
Jason Leydig
Douglas Lincoln



Melanie Lindemuth
Matt Linton
Isaac Lloyd
Nicholas Lohmann
Christina Long
Joseph Long
Robert Love

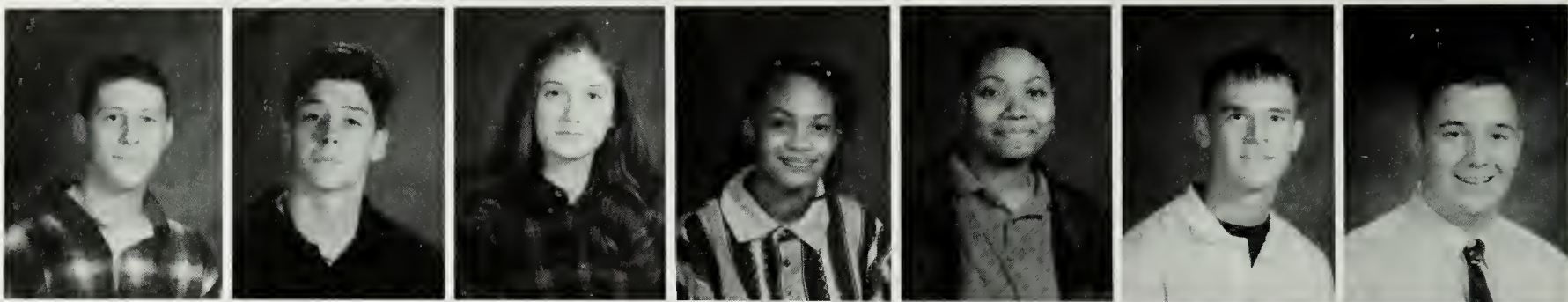


Tuan Luong
Princess Macauley
Sara Mammen
Carlos Marngitr
Henry Marngitr
Richard Maroney
Dennis Martin



Derrick Martin
Alicia Martini
Vivian Massa
Robert Matthews
Thomas May
Ana Mazariegos
Terrance McGee

Victor McLawhorn
Shaun McCollum
Brooke McCurdy
Delinica McDermott
Shavone McDowell
Brian McElhenny
James McKenzie



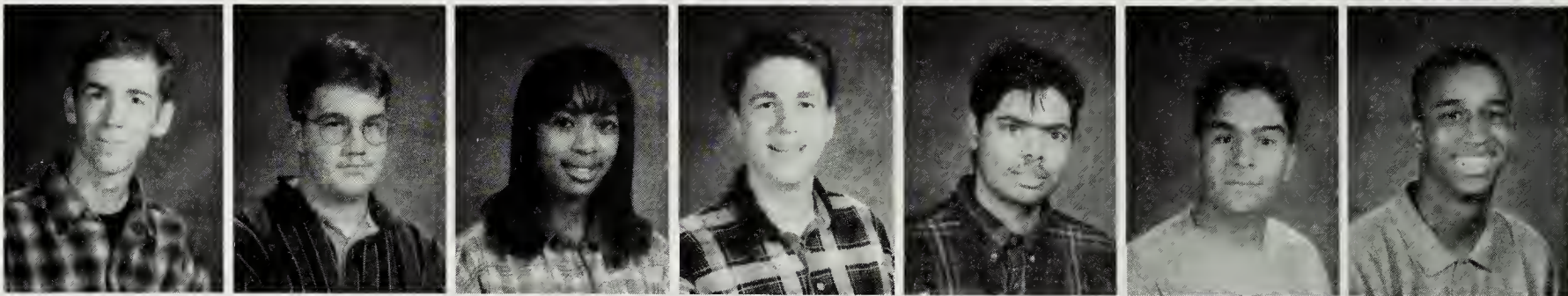
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Kevin McMullen
Rebeca Membreno
Alicia Meyer
Andrei Militaru
Myra Miller
Virginia Miller



Nicholas Mills
Larwanda Mitchell
Mahdya Momenni
Andrew Moore
Christy Moore
David Moore
Douglas Moore



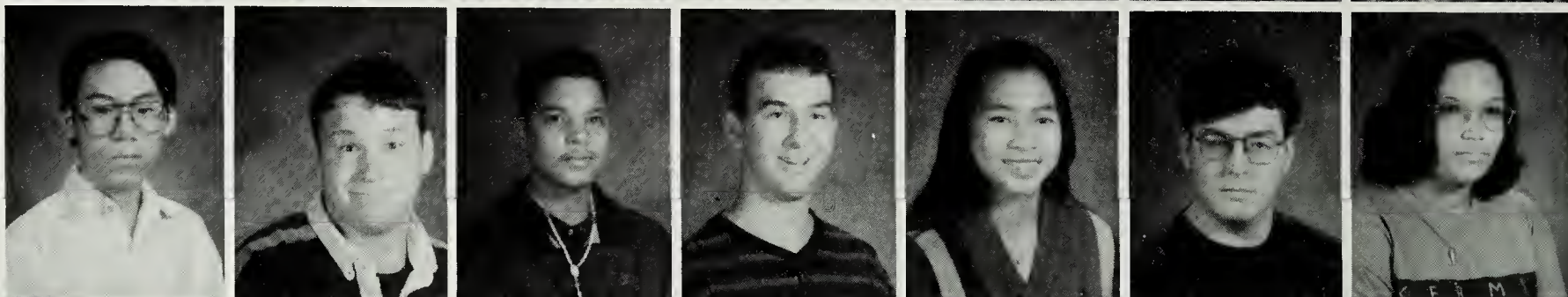
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William Moore
Talecia Morton
Christopher Mosser
Obaid Munir
Victor Munoz
Mark Munford



Johnni Murphy
Karen Nabholz
Matthew Nagel
Molly Narburgh
David Nasca
Anthony Natale
James Nesbitt



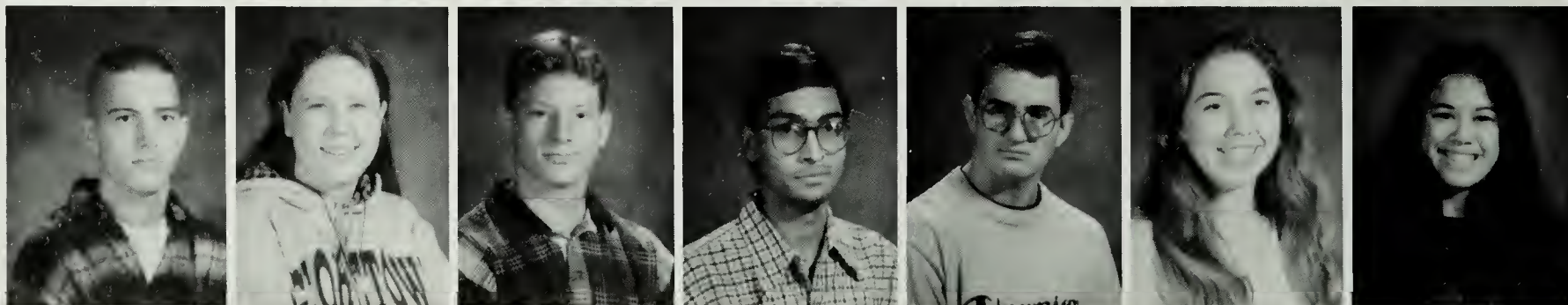
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Shawn Nicely
Luis Nieves
Erik Nohre
Champa Nouv
Matthew Novacek
Kristina Ogilvie



Tomi Olamigoke
Meghan Oldis
Eunice Omole
John Orndorff
Janet Ortiz
Jeremy Osburn
Palesa Osei-Tutu



Jeremy Outlaw
Leslie Pace
Matthew Pastore
Devashish Parikh
Christopher Payne
Julie Peloquin
Leilani Pereyra



Leisure Dreams



One of the great benefits weekends brought with them was a chance to get away. After five long days of study and work, most students needed an escape where they could just relax and enjoy being young.

While most students went out on weekend evenings, others took trips out of town. Many seniors used the weekends as a time to visit prospective colleges.

"I spent a great weekend down at Virginia Tech. I was visiting old friends, checking out the campus, and having fun," said Amanda Gonzalez.

More than a few students seemed to use the end of the week to catch up on rest and relaxation, while others had to catch up on incomplete work.

"I like to wash my car on the weekends when I finally have some time," stated a busy Cameron Williams.

Regardless of age, gender, economic situation or degree to which younger siblings and parents aggravate one, everyone agrees that weekends are too short.



John Perez
Melany Perez
Laura Perko
Joanna Perry
Annie Peterson
Travis Pfizner
Chanthasak
Phanthavong

Michael Pierce
Sabrina Pitera
Danielle Pokusa
Kelvin Pollard
Jamie Porter
Alexander Prewitt
Kristina Price

Shylah Price
Ebony Prince
Danielle Pulley
Karon Pulley
Vicrum Puri
Ishmael Quansah
Zuhal Rahim

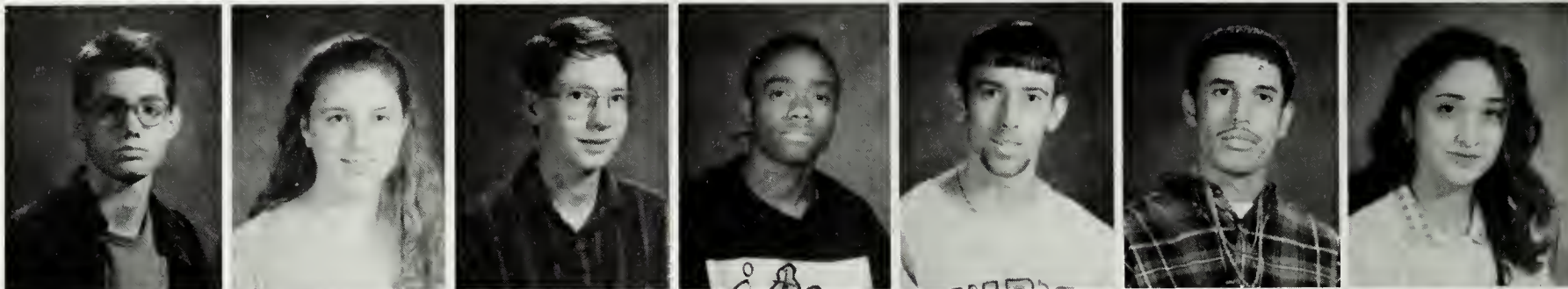
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Lee Revis
Daniel Rice
Shana Rice
Kiwanya Richardson
Michael Riley
Paul Roach

Jennifer Rodriguez
Yahaira Rodriguez
Lizzette Rosado
Joseph Roslan
Stephanie Russ
Allison Russell
Steven Ryan

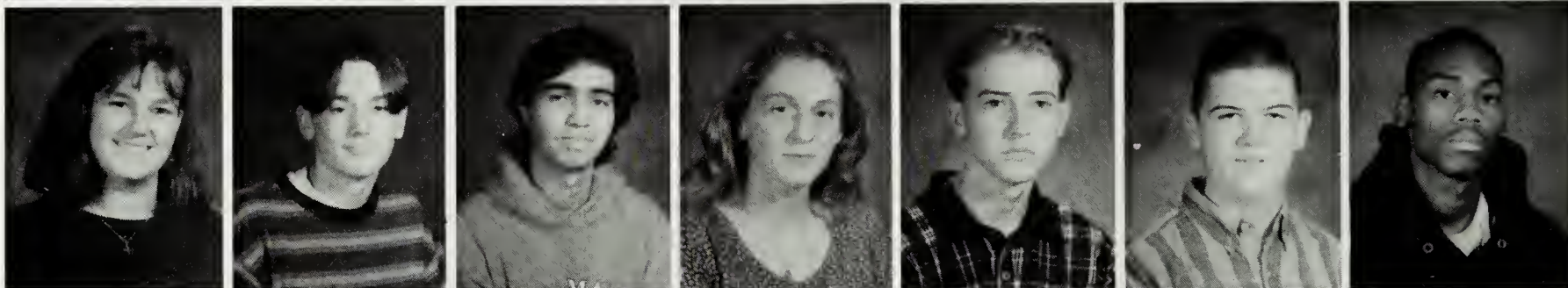
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 Stephanie
 Rydzewski
 Allison Sandera
 Sean Sansbury
 Landon Schaefer
 Shauna Schaeffer
 Christian Schenck



Greg Schoenborn
 Kelly Scholz
 Edward Schuster
 Kevon Scott
 Stephen Sefchick
 Khalid Shah
 Sabeen Shah



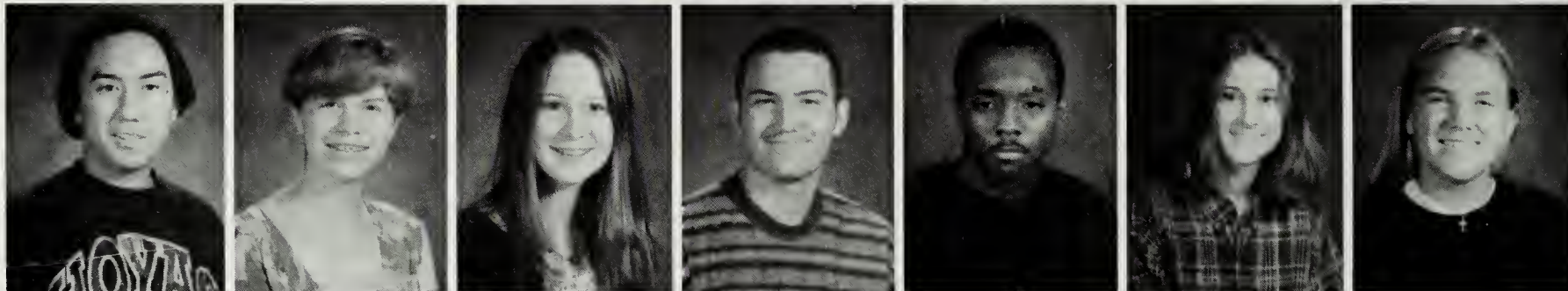
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 Jason Silvers
 Jamaal Simmons



Tekora Singleton
 Christopher Skidmore
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 Geoffrey Smith
 Maggie Smith
 Rose Smith
 Michael Snow



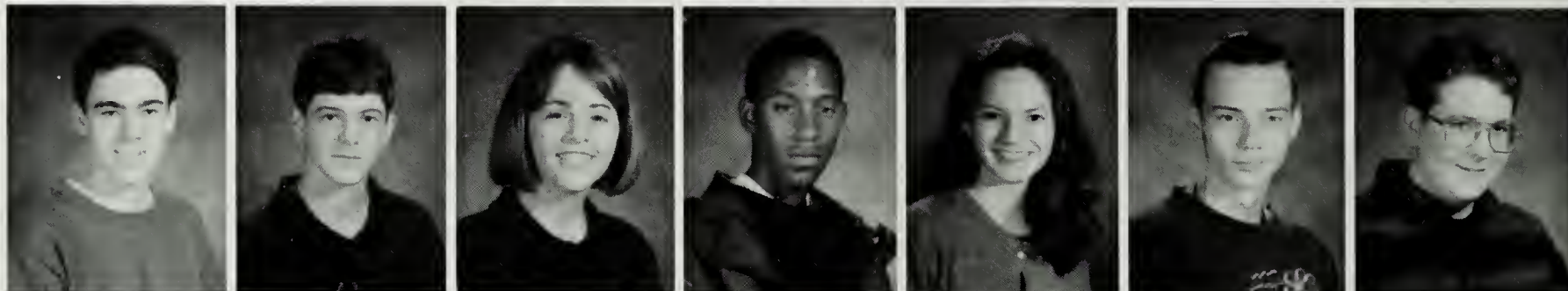
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 Jeffrey Sperry
 Corey Starks
 Nicole Steck
 Wendy Stein



Elizabeth Stockman
 Larisa Stovall
 Lindsey Stowall
 Nickole Strauch
 Kristina Stump
 Michael Sullivan
 Sheroniece Swain



Michael Sweeny
 Anthony Taylor
 Maria Taylor
 Alvin Terry
 Karen Testerman
 Uwe Tetzlaff
 Brian Thelen



Courtney Thomas
 Cherie Thompson
 Adam Thorstad
 Angela Thurston
 Colleen Timmer
 William Tracy
 Jason Tranium



Riding Along

In My Automobile

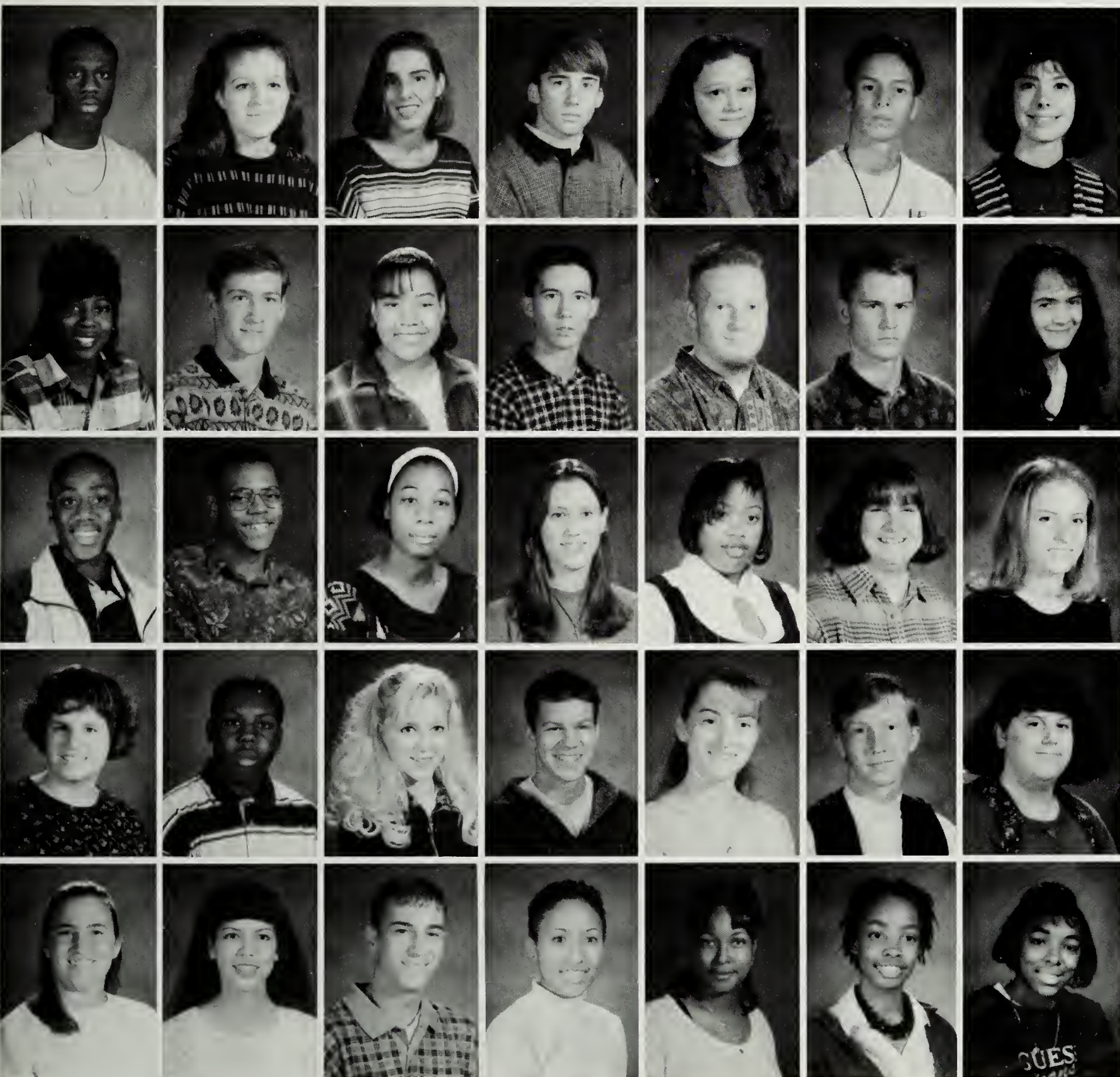
Many students earned the privilege of driving a car as they entered their junior year. Each morning the parking lot was filled with a wide assortment of cars, ranging from shiny new sports cars to the rusty family station wagon.

For the students who weren't fortunate enough to catch a ride, there was always the bus. Everyday after school students could be found wandering from locker to locker begging for rides; students avoided the bus at all costs.

"I like getting a ride. I don't have to stand out in the cold," Mike Snow reasoned. Khalid Attia, often seen in his red Cavalier station wagon, had a different point of view. "I like driving my friends, but sometimes it's annoying when everyone wants a ride."

In the end, everyone would agree that driving to school was the best way to get there. Riding the bus was not the preferred option. - Tara

Koshetar



Samori Turay
Brynn Turner
Jennifer Turner
John Turner
Elizabeth Tuttle
Agustin Valdez
Dorothy Vanulack

Deandra Vaughan
Aaren Vento
Jamila Vernon
Joseph Verschueren
George Vial
Nathan Vineyard
Mary Vreeland

Darryl Walker
William Walker
Melissa Wallace
Dawn Walton
Latasha Watkins
Lisa Weber
Kristen Webster

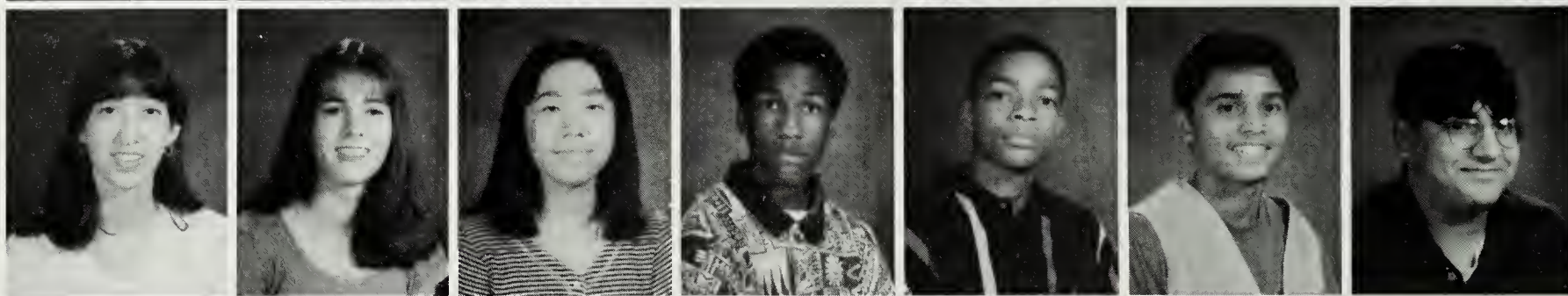
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George Wellington
Monique Welsh
Gary White
Tonya Wical
Eric Wilkins
Jennifer Wilks

Angela Williams
Claudia Williams
James Williams
Julia Williams
LaToya Williams
Maisha Williams
Marquel Williams

Steven Williams
Wendell Williams
Joseph Willison
Thomas Wilson
Edward Witt
John Wonnum-
Pannia
Anthony Wright



Elizabeth Yanez
Kristen Yawberg
Sarah Yoon
Earl Young
Joel Young
Asif Younis
Sadiquain Zafar



Gabriel Zepeda
Joshua Zilin
Sharon Zirkle
Phoebe Kenney
John Salvucci
Justin Smith



Piercing Remarks

As you walked through the halls of Gar-Field, one noticed many different and unusual people. Most people didn't like to be different. They were afraid of what other people might think of them, and of the comments they would undoubtedly receive.

Perhaps one fell into the same routine of wearing blue jeans, a t-shirt, and Nike shoes. Some basked in being outrageously different. Belly button, nose, tongue, eyebrow, and lip piercings were essential to any individual interested in a phenomenon known as "body piercing."

"I think body piercing expresses the beauty of one's body," stated Sharee Janda who has had her belly button pierced three times and was seeking to pierce her tongue.

"I feel that only certain people look good with body piercings. Most girls with nice bodies look good with their belly buttons pierced," explained Will Thorne.

Many parents expressed sentiment that if this phenomenon had occurred 20 or 30 years ago, they would not have been permitted to leave the house. The idea of body piercing is not to get it done professionally, but to do it oneself-to be a rebel! For now, body piercing is just a phase. Who knows what the fads of tomorrow will bring? - Rhonda Cummins



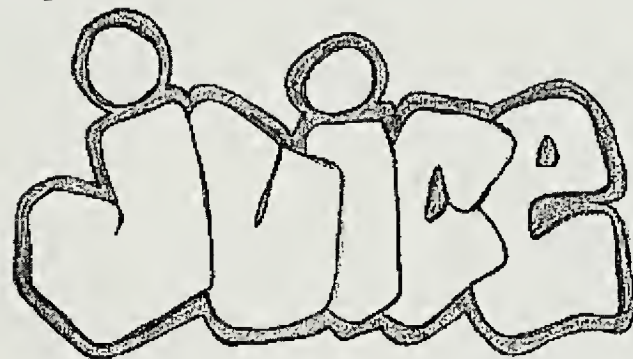
On Capital Punishment . . .



- "In the Bible, it says 'an eye for an eye, a tooth for a tooth' which means if a man kills another human, then that man should also die. The Bible also clearly states that you shall not kill in the Ten Commandments. I think that if a person has killed someone, he should be punished. When prisons kill a person that too is murder. Now what kind of an example is that for the future generation? Think about it." - Hank Hinton
- "I think that people shouldn't get the death penalty because some people who are really innocent might get it. Then, the person who did commit the crime is still out there. I also feel that the person who carries out the death penalty is a murderer, too." -Kendra Simpson
- "There should be no capital punishment." -Billie Kay
- "If you kill, you get killed." -Renea Blandford

On the O.J. Simpson trial . . .

- "It was racist and he's guilty. If you have money, you can get out of anything." -Josh Hogan
- "O.J.'s only good for drinking." -Jason Greyson
- "I think it was a private matter and no one's business." -Nikki Steck
- "If O.J. hadn't played football, he would've been guilty." -Karen Hennessee
- "I didn't like the outcome." -Tommy Cope
- "I agree with the jury. O.J. Simpson is innocent. He was framed. How can one person kill two people at one time?" -John Wilson
- "He didn't commit it, so he got acquitted." -Naveed Wakil
- "I don't know whether O.J. was innocent or guilty, but money played a big part in that trial." -Martha Borrayo



Thoughtful Graffiti

On Public Displays of Affection . . .

- "I think PDA's are fine as long as people aren't going at it in the hallways. It doesn't affect anyone else." -Denise Carr
- "I don't think it's wrong to hug or give a little peck, but some people take it too far." -Linda Vaquerano
- "I think a little peck is okay, but some people overdo it." -Sadaf Raja
- "It's nice to show your affection toward someone that you like." -Khwantza McLeish
- "Public displays of affection are okay to an extent-just as long as it doesn't get gross." -Janet Young
- "There's a time and a place." -Damon O'Briant
- "I think it all depends on what you are doing. If it's hugging or holding hands, that's fine. Touching of body parts or kissing should not be allowed." -Neshaminy Maceira
- "Public displays of affection have gotten way out of hand. I mean, a simple kiss on the cheek, even holding hands is okay, but french kissing to where everyone can see tongue and bedroom behavior is not acceptable. It's not even sweet." -April Moore
- "I think we should be able to display affection publicly as long as people keep it decent." -Shasta Chumley

On sports figures rejoining the pro ranks after retirement . . .

- "It's good for sports figures to come out of retirement if they still want to play." -Nevin Craft
- "I'm glad Michael Jordan came back, but as for Magic Johnson, he shouldn't have been allowed." -Josh Powell
- "It is fine for them to come out of retirement, because most sports players retire because of health or age. The player may become healthier in retirement. If that happens, he should be allowed to go back into the sport." -a student in Mrs. Paulette Jones's class
- "I'm glad they're back. They make the game more exciting." -Derek Smith







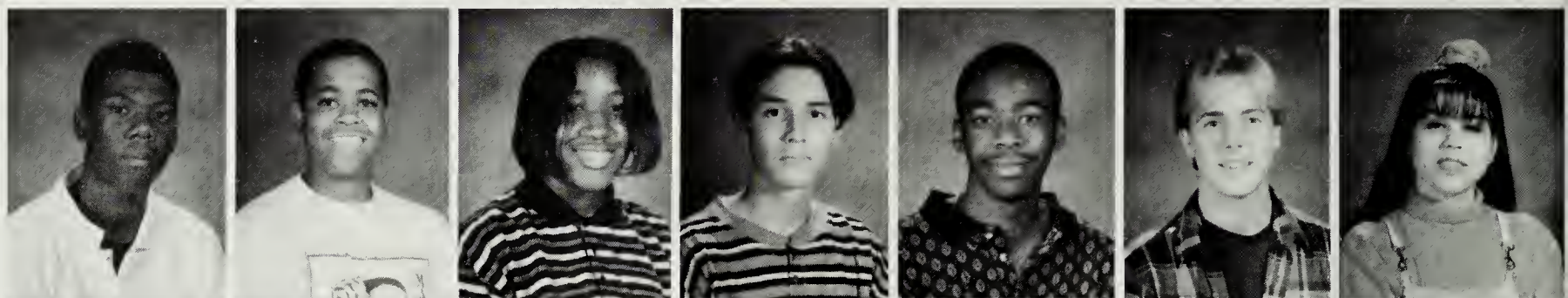




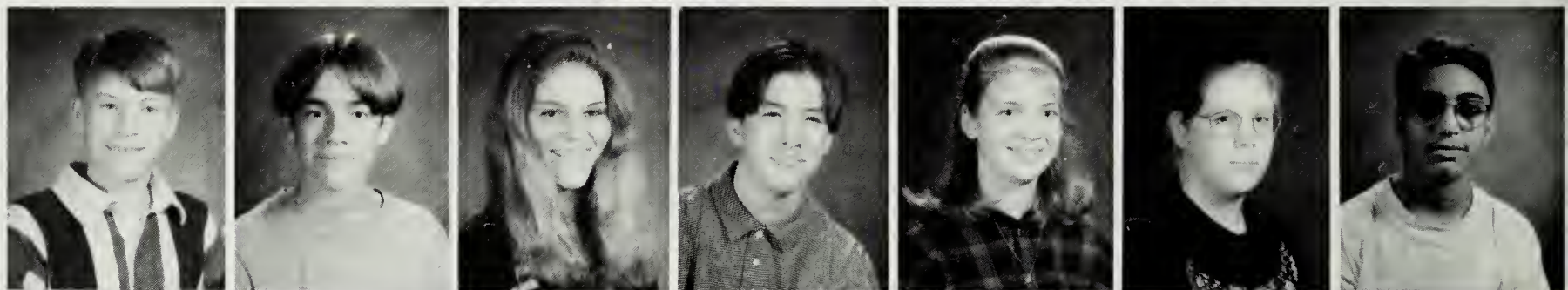
Homecoming princess, Jami Bedford, poses with her father during halftime at the homecoming game. Bedford was selected as the Class of 1998's princess for the second year in a row.



Albert Acheampong
Jamen Adamson
Omolara Akinlotan
Hector Alarcon
Walter Allen Jr.
Michael Allison
Lisa Anaya



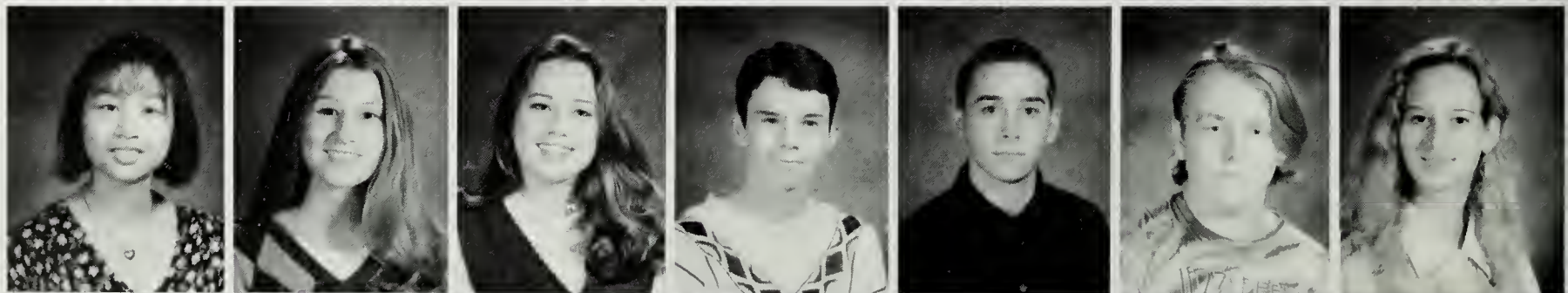
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Joseph Anelli Jr.
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Emad Auwad



John Bacchus
Michael Ball
Trevor Bank
Jeffrey Barefoot
Ryan Barker
Amber Bass
Bruce Baumgartner



Christina Bayley
Brooke Bayliss
Jami Bedford
Keith Benderoth
Kristopher Benoit
James Bercegay
Barbara Bernard

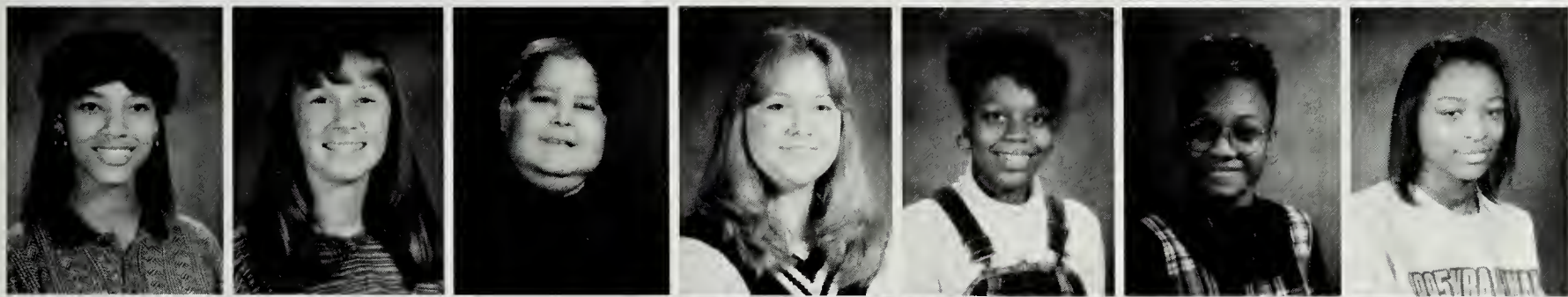


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James Besser
David Blackett
Gregory Blanchard
Renea Blandford
Sara Blindauer





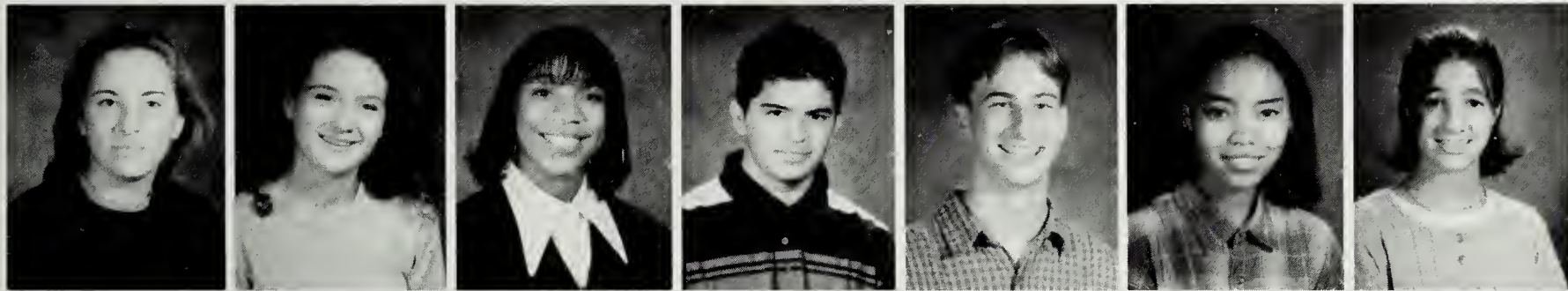
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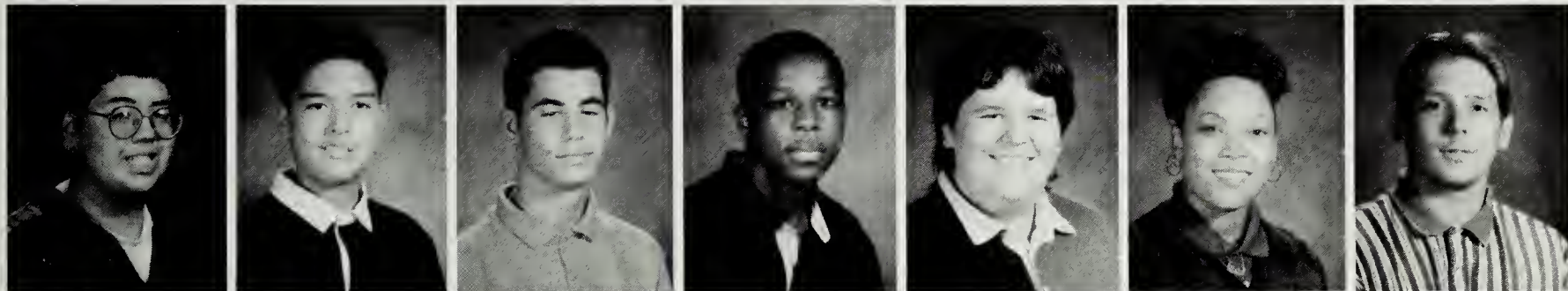
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Ryane Bulka
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Latonya Butler
Mechelle Butler



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Charles Caldwell
Christopher Cameron
Autumn Campbell



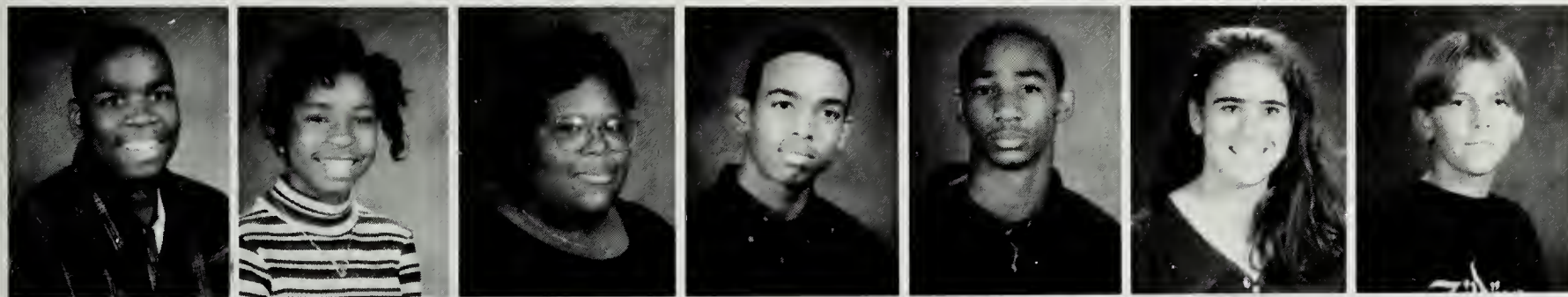
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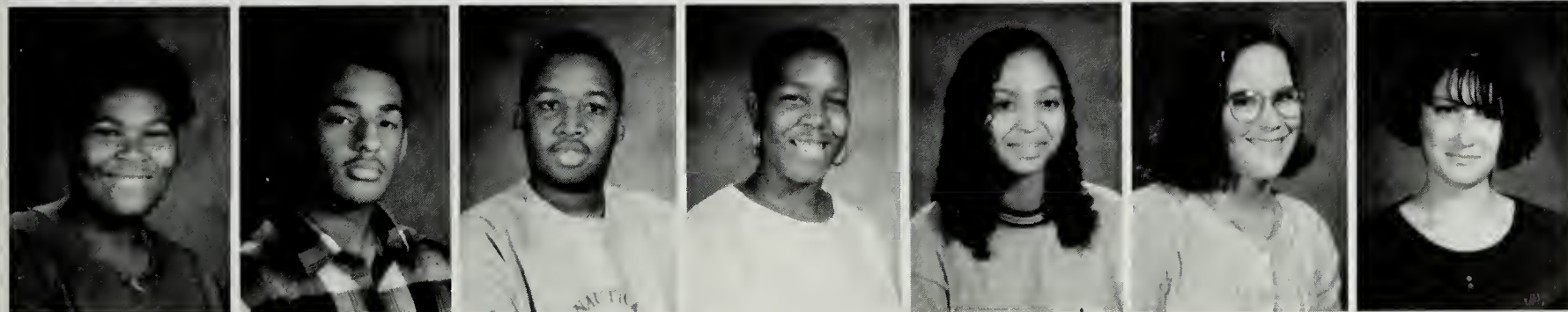
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Jewel Claggett
Keith Clark
Michelle Clark
Jonathan Clark

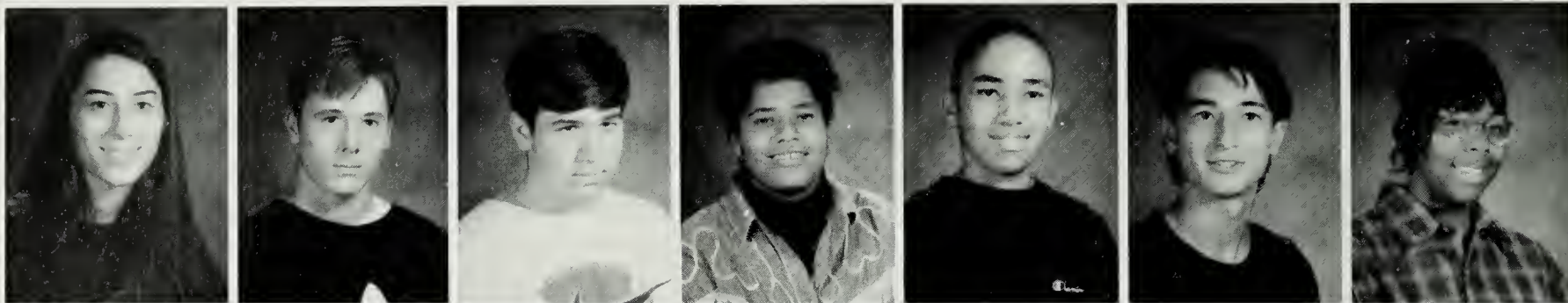


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Ryan Conner

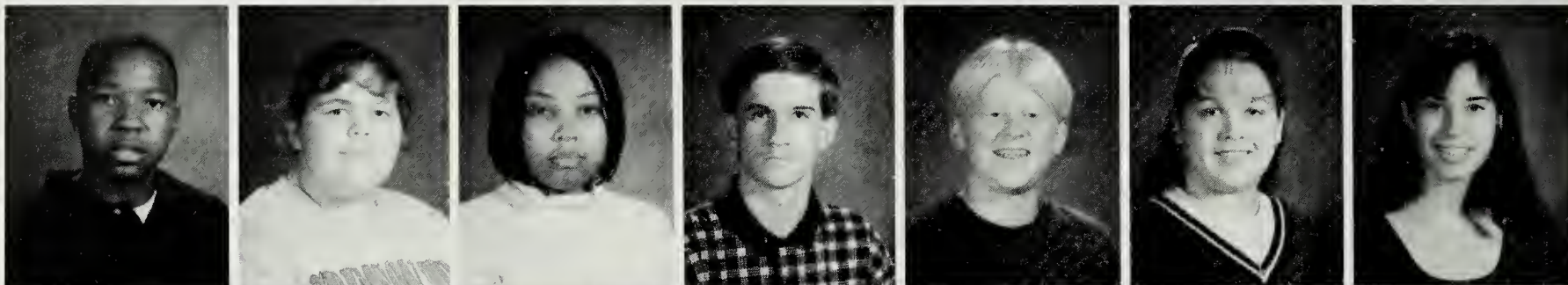


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Michael Cooper
Natasha Copeland
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Nichole Cornell
Melissa Cotton

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Dennis Craig
Jason Crescentini
Dalia Cuero
Nevin Cuff
Gabriel
Cunningham
Crystal Curry



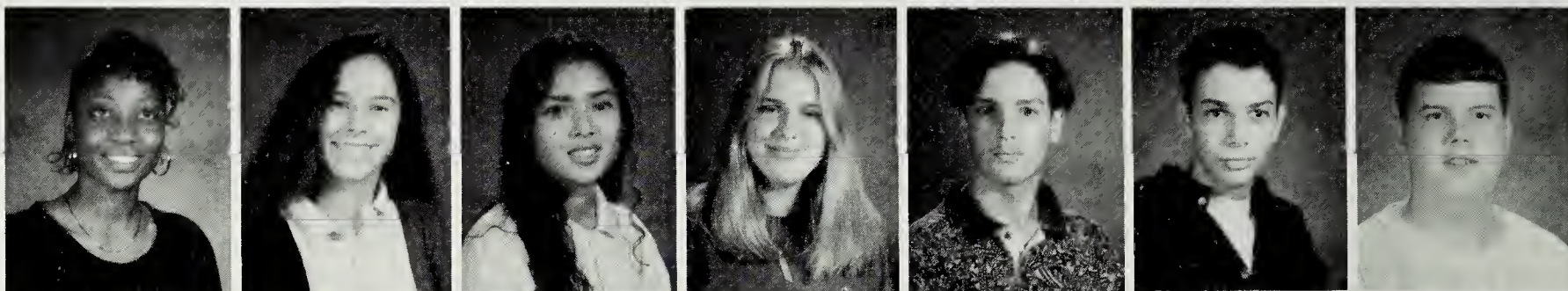
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Genoveffa Cusati
Nicole Cuttino
Mark Daly
Alfred Davis
Meredeth Davis
Susan Delacruz



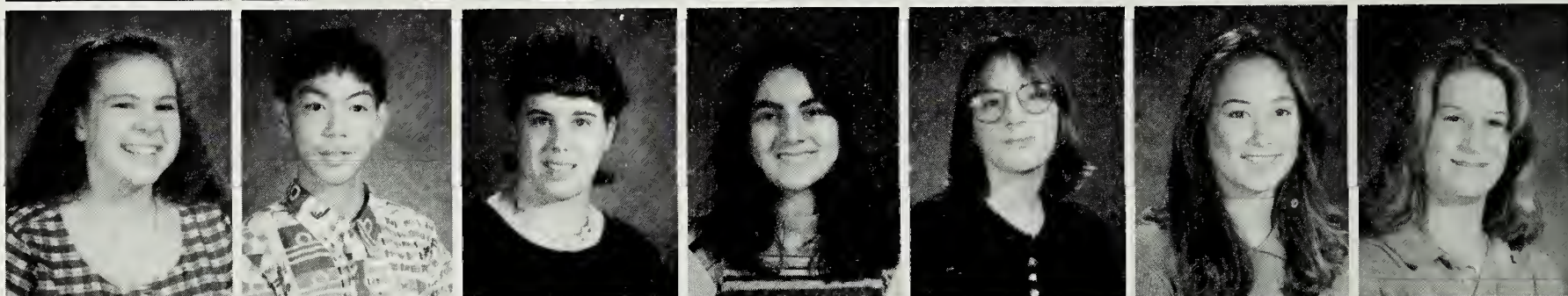
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Mario DelRio
Johnathan Dency
Elizabeth Denny
Dewayn Dinkins
Phillip Donnelly
Ryan Donald



Akofa Dogbaste
Anna Drago
Claudia Duran
Lynda Easley
Gary Eldridge
Youssef Elshafie
Joshua Englefield



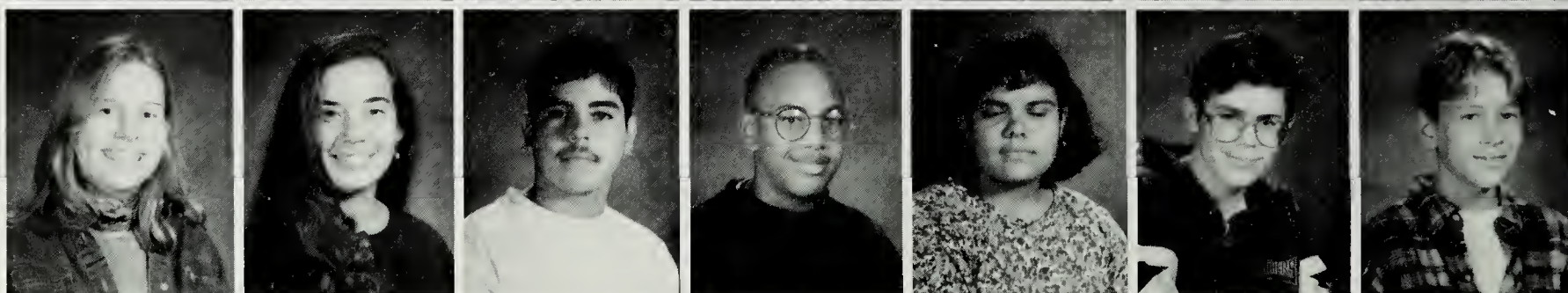
Heidi Erickson
Glenn Escario
Nicole Evans
Neda Farahmand
Angela Farrell
Jennifer Flom
Leslie Flynn



Nathan Ford
Michael Formando
Paul Fossum
Erin French
Sabrina Furr
Christopher Gaarde
Rocco Galgano



Kathryn Galloway
Kathryn Garber
Angel Garcia
Brian Garrett
Nancy Gaytan
James Gestrich
Joshua Giamichael

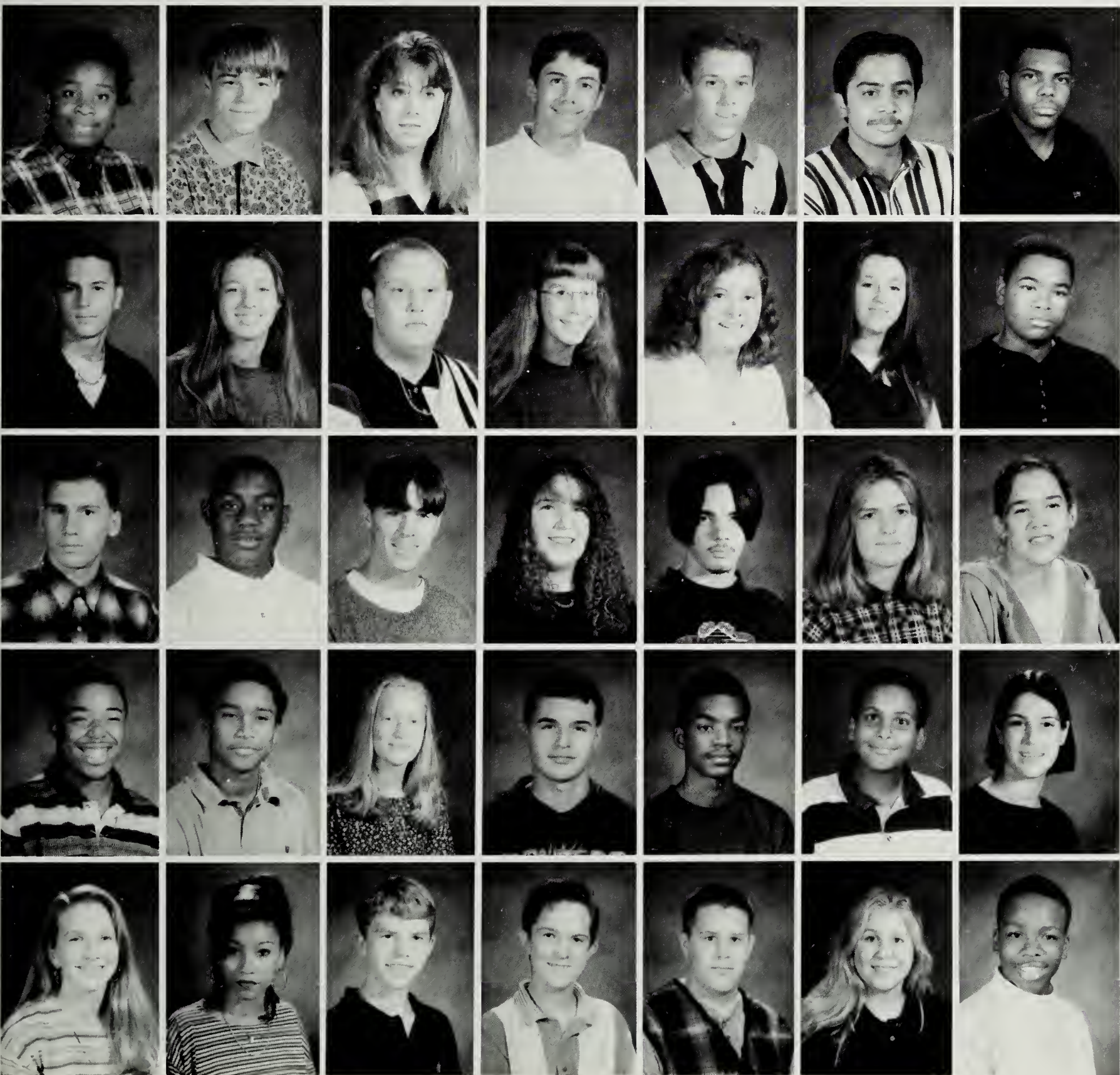


Carla Giglio
Brian Glave
Joshua Gleason
Darcey Gogoll
Jose Gonzalez
Tomika Goodwin
Bob Graft





In practice,
Robyn Levin
puts everything
into her game.
A powerful
backhand is the
mark of a more
advanced
player.



Nicole Gray
Benjamin Gregson
Brandy Grimes
Brian Grudzinski
Michael Guilfoyle
Karan Gupta
Howard Guy

Michael Gysel
Jessica Hacker
Chad Haines
Amy Hall
Crystal Hammond
Corina Hanks
Bryan Hargis

William Harlowe
Henri Harps
Joey Harris
Heather Haus
David Hawkes
Michele Hawkins
Sarah Hawkins

John Hayes Jr.
James Haynes
Robyn Herman
Jose Hernandez
Marcus Herndon
Mustafa Hersi
Beth Hickin

Kelli Hicks
Tanarrah Hill
Charles Hilton
Henry Hinton III
Adam Hoffman
Carrie Hoffman
Jayvan Holeman

With a 70-mile per hour fastball, the Hylton Bulldogs are no match for Brian Grudzinski's skilled pitching. Grudzinski is one of the many contributors on the boys JV team.



Dante Holton
Heidi Holtzman
Shaun Hopkins
Brigitte Horner
Kenneth Houser
Dagan Hover
Nathan Howard



Gregory Howell
Kenneth Hubbard
Dawn Hughes
Joel Hunko
Melissa Hunt
Matthew Hutson
Taylor Jefferson



Alexander Jenkins
John Jeremias
Brandon Johnson
Christine Johnson
Danielle Johnson
Gene Johnson
Jamel Johnson



Timothy Johnson
Tracey Johnson
Christopher Jordan
Garrett Jorewicz
Benjamin Kapitan III
Deana Karas
Shamicka Kendall



Jami Kessel
Andrew King
Dishawn King
Briana Kingrey
Stephanie Kinikin
Tracy Kinoshita
Matthew Klancer





Matthew Kuzma
Michelle Kuzma
Sarah Lace
Jean Lanagan
Linette Lassinger
David Lavikoff
Katie Lawson



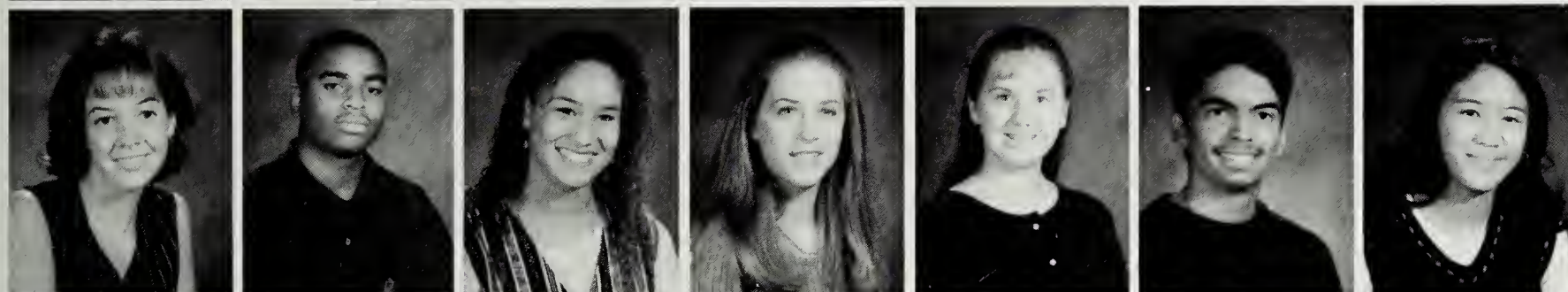
Sherry Lawson
John Ledbetter
Quincy Ledbetter
John Lemay
Celeste Lenon
Robyn Levin
Jennifer Lewis



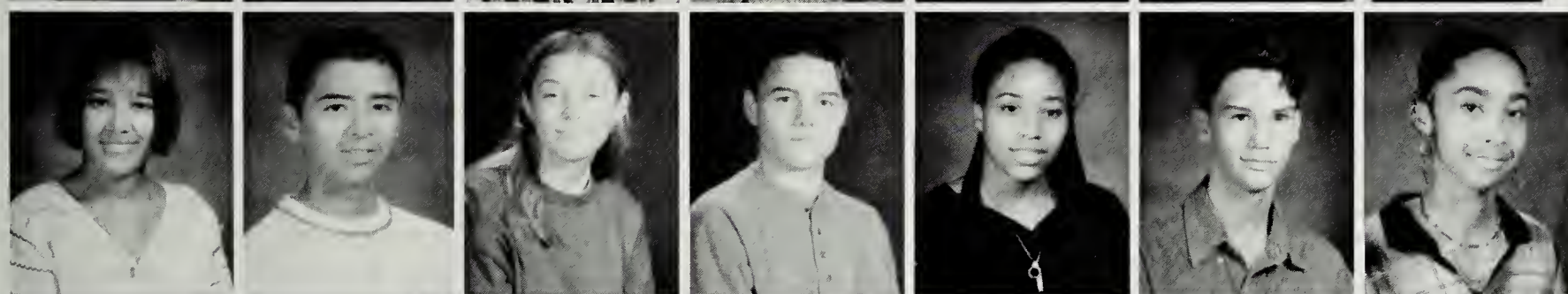
Jennifer Lewis
Nicholas
Lichtenfels
Kyu Sang Lim
Chet Lindemuth Jr.
Catherine Lindon
Renita Lomax
George Lopez



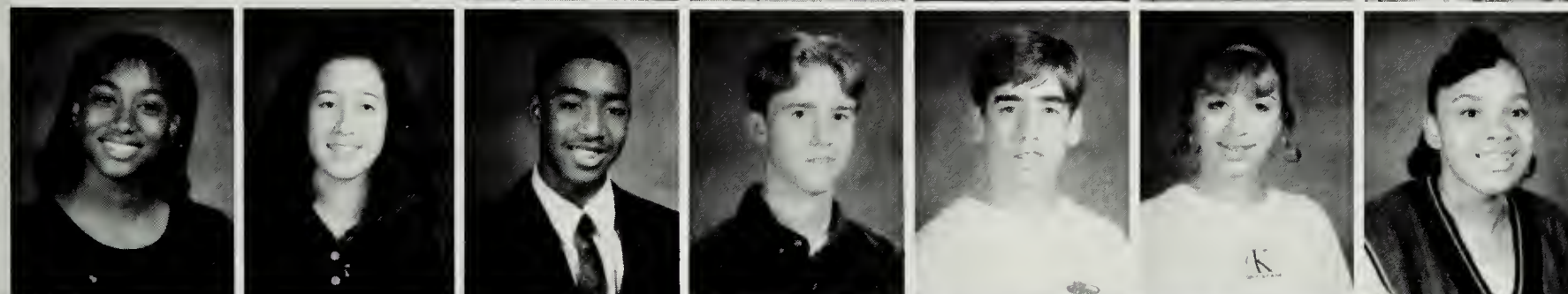
Jennifer Lopretto
Rachel Lovett
Tameka Lovett
Paul Luke
Lynsey Lunsford
Sharon Lynch
Neshaminy
Maceria



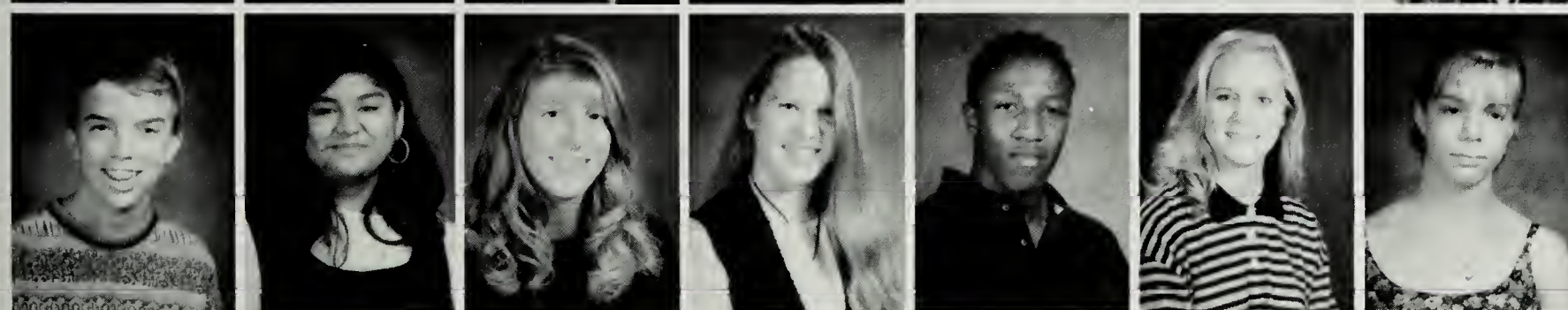
Christina Madison
Erick Madison
Cassandra
Mahatha
Colette Mainardi
Jennifer Major
Jose Maldonado II
Marissa Manabat



April Manuel
Rodrigo Martinez
Deborah Mason
Anthony
Mastromarino
Maleka Matthews
Jeffrey Maxwell
Crystal Mayo



Danielle McBride
Eva McCarthy
Jerry McClam
Robert McClellan
Patrick McFarland
Heather McNabb
Charmaine
McNease



Todd Megill
Lourdes Mesias
Lauren Miller
Lee Miller
Damion Mims
Jennifer Moeller
Kathleen Monahan

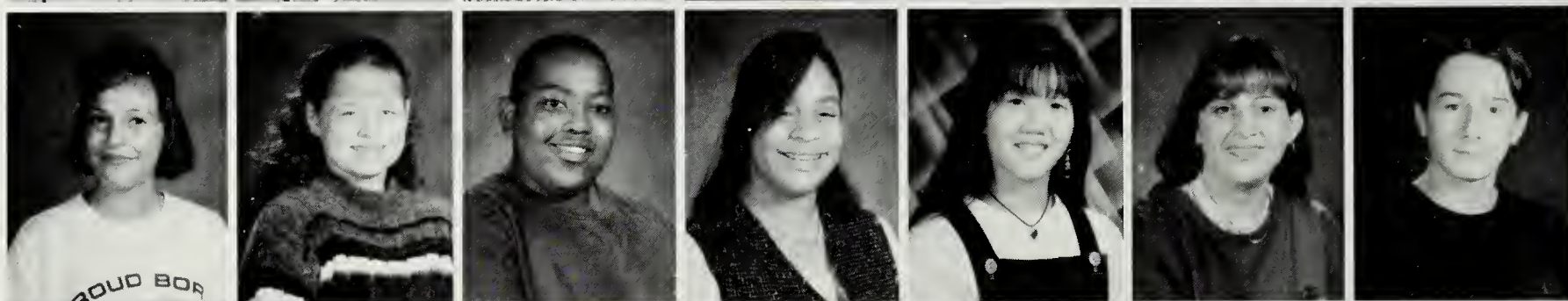
Eric Montgomery
Allison Moore
Michael Moore
Rebecca Moore
Derek Mordan
Samuel Morgan
Kevin Mosby



Katrina Mott
Lisa Nadeau
Kurt Nagel
Christopher Nalevanko
Nikko Nasca
Jeremy Neal
Karina Neal



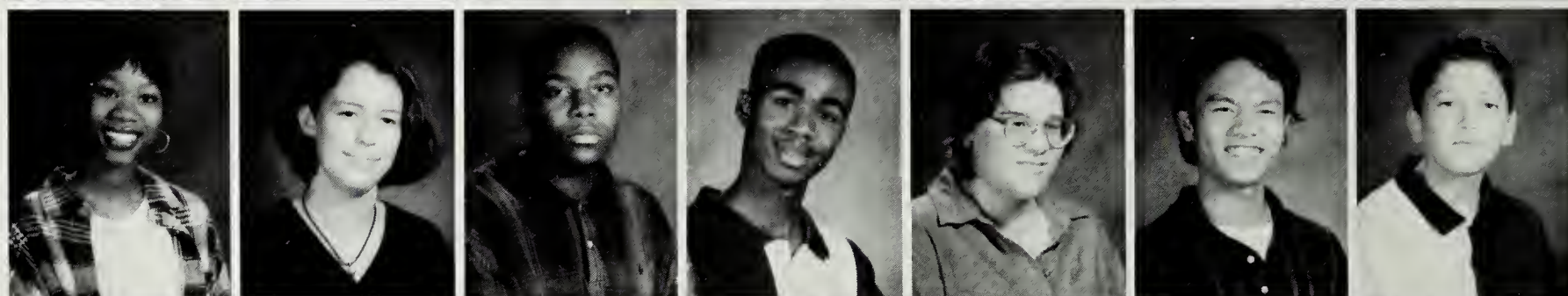
Ileana Negrón
Melissa Neuman
John Newell Jr.
Astria Newman
Linda Nguyen
Nicole Nicholson
Matthew Nissen



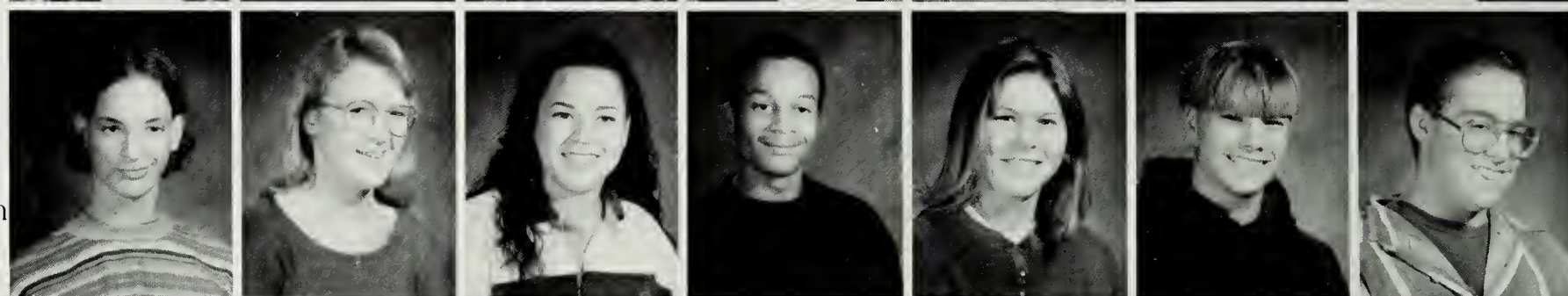
Megan Norgart
Champeí Nouv
Kevin Nupdal
Shea O'Connell
Michael O'Leary
Michael Okwabi
Shannon Olson



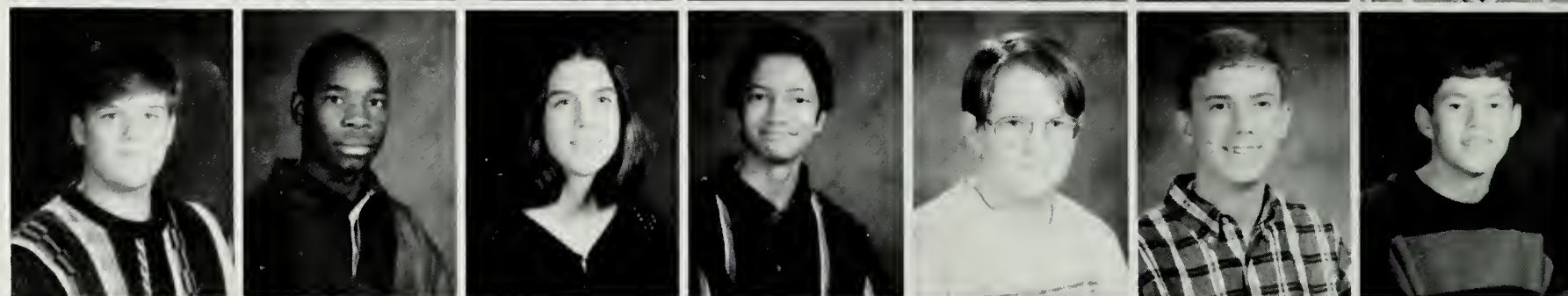
Julie Omole
Jamie Outlaw
Demario Owens
Sylvester
Owusu-Sekyere
Katherine Pancratz
Pramote Panyaying
Enoc Parada



Christopher Parker
Kelly Pembroke
Carisa Perez
Anthony Peters
Teresa Peters
Christopher Petrovich
James Pieper



Christopher Pitera
Kante Pittman
Christina Plutz
Wilfred Poonawala
Eric Porter
Joshua Powell
Nicholas Powers

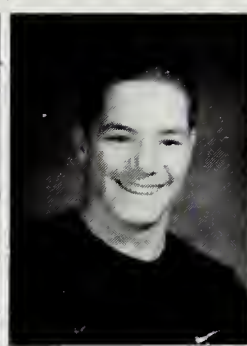
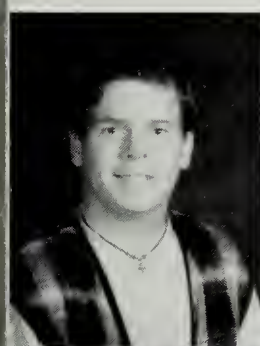


Joyce Price
Samuel Puffenbarger
Richelle Raffield
Sadaf Raja
Elizabeth Ramsey
Carolyn Randle
Linda Rastelli

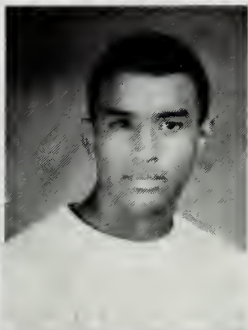
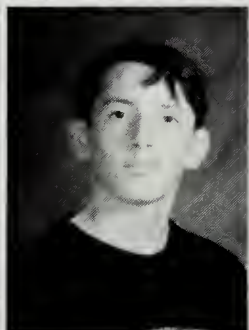
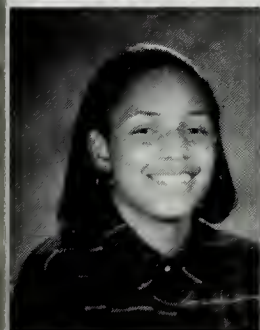




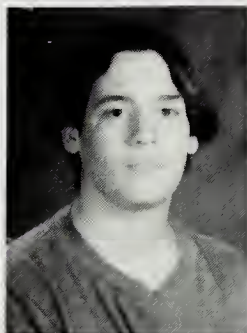
When she's not acting as a pedestrian on the street in last year's hit play "Guy's and Dolls," Mary Schoenborn reviews her parts and sometimes even finds time to study.



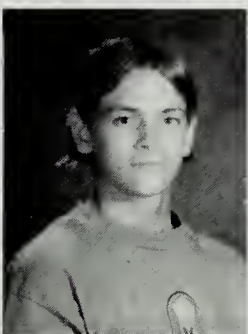
Joseph Reed
Karah Reese
Holly Ringold
Elisha Roberts
Ian Roberts
Jonathan Rodriguez
Karen Rodriguez



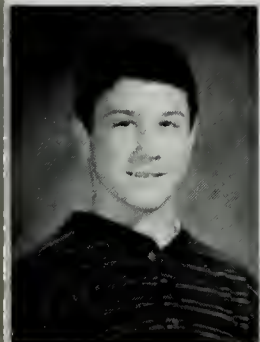
Kaiysha Roebuck
Gregory Rogers
Luis Rosado
Sherell Rowe
Margaret Rowland
Erin Ruane
Candice Sample



Gunadeep Sandhu
Cassandra Saunders
Christina Saunders
Gerald Saunders
Frank Schiavore
Joshua Shipono
Mary Schoenborn



Jamarr Scott
Michael Scott
Baljinder Sekhon II
Randolph Shelton
Brian Shifflett
Gary Shotaro
Greggery Sikes



Adam Silvis
Maria Simmons
David Sloan
Norma Sloan
Matthew Smiley
Becca Smith
Christopher Smith

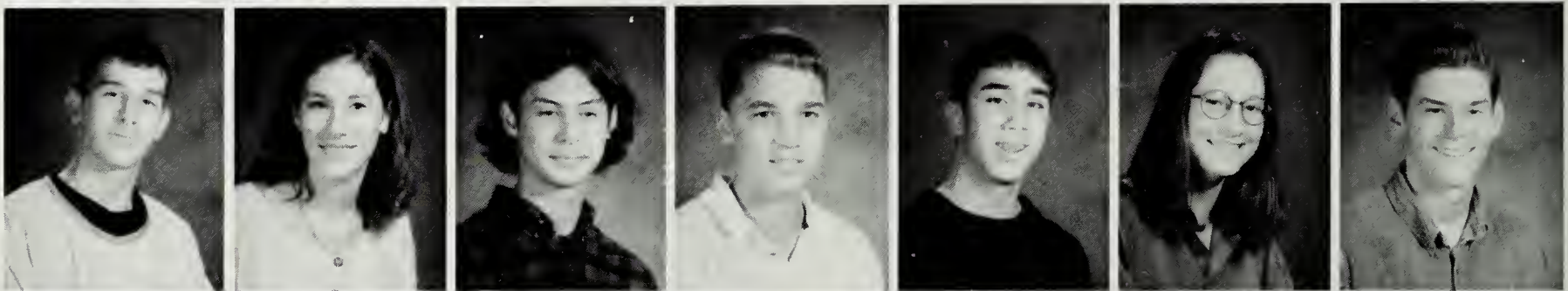
Racking up points for the gymnastics team, Joyce Price concentrates on her beam routines. Balance and concentration are important when looking to score big points.



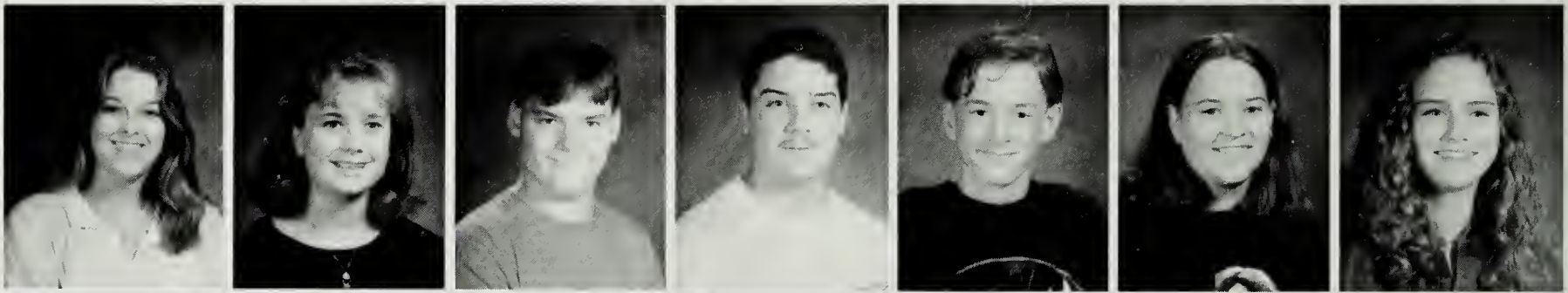
Jason Smith
Kelly Smith
Sara Smith
Sharise Smith
Tiffany Smith
Damon Smuzynski
Natalie Snead-Burneys



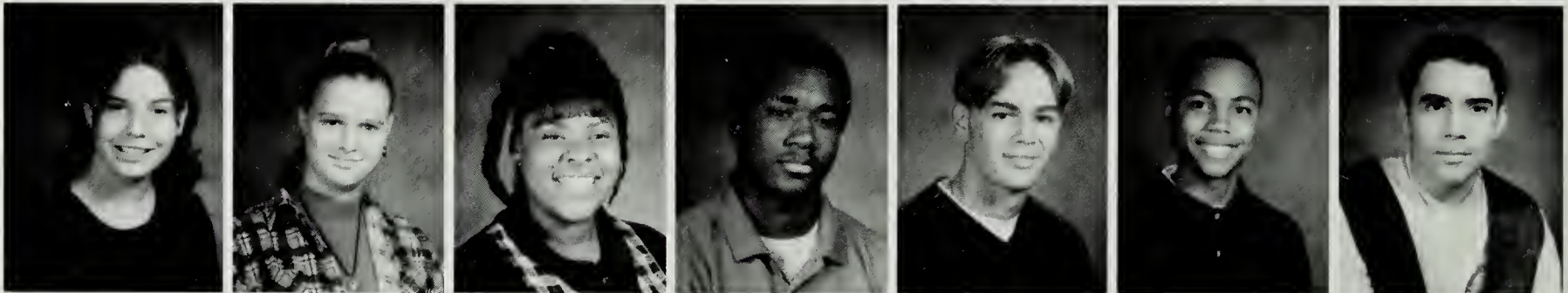
Robert Snyder
Amanda Sorbello
Patrick Sparks
Travis Spears
Scott Spencer
Cheryl Stamler
Kevin Stansfield



Carrie Stickles
Cheryl Stokes
James Stone
Raymond Surface
Andrew Surrena
Emily Surrena
Melissa Swift



Christin Talbot
Penny Taylor
Sharidah Taylor
Kareem Terry
Justin Thompson
Brandon Thorpe
Juan Torres

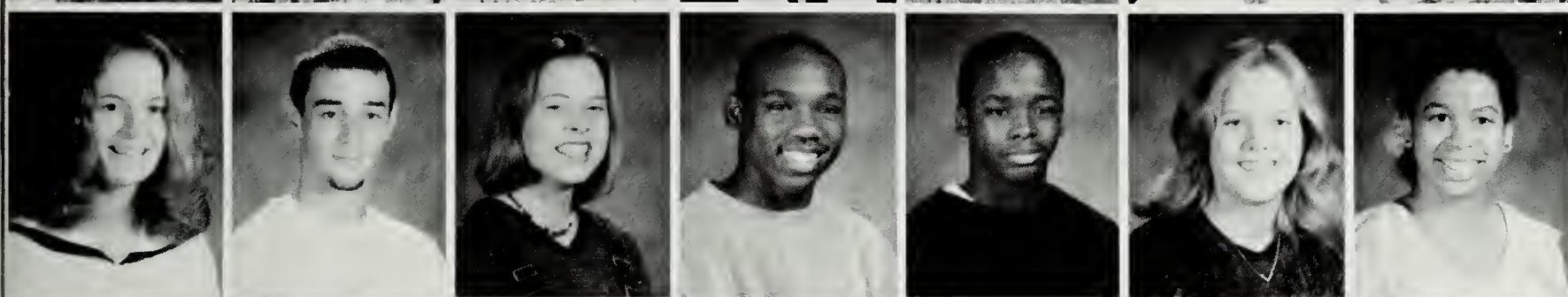


Leigh-Ann Touchette
Christophe Townsend
Phong Tran
Lolita Turner
Renee Valastek
Thomas Vandenburg
Sara Vandling





Veronica Van-Lowe
Linda Vaquerano
Adelle Vedder
Jose Velasquez
Carolyn Wade
Deandre Walker
Doyle Wallace



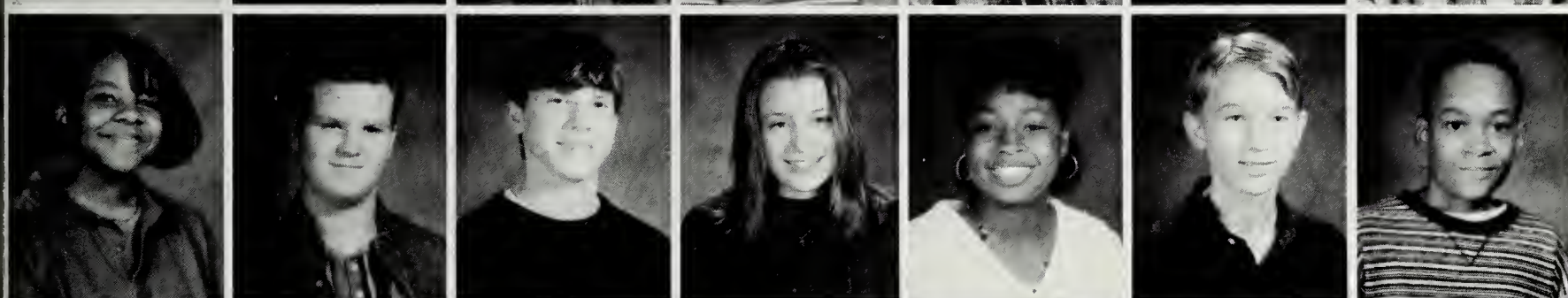
Amanda Walter
Steven Wangness
Allison Ward
Randy Ware
Justin Washington
Catherine Watson
Latitia Watson



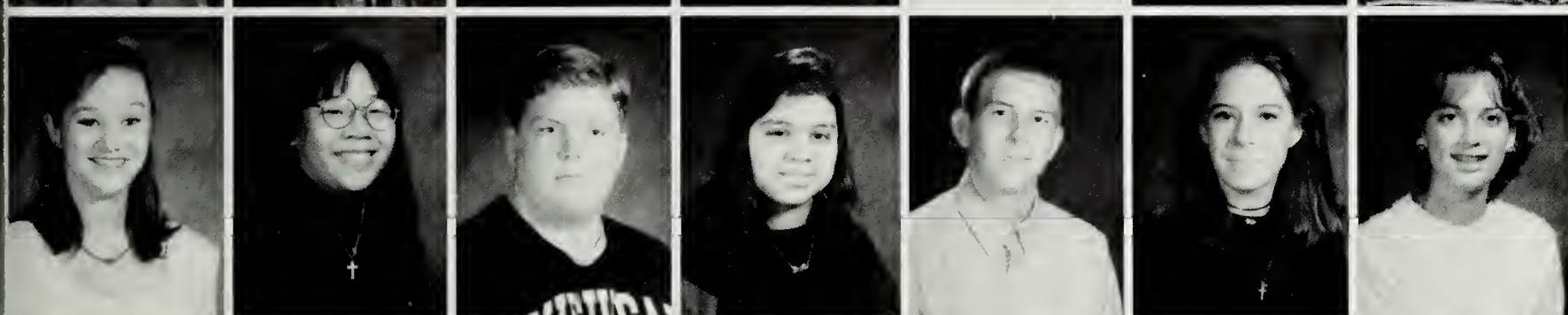
Philip Weber
Micca Weiggands
Megan Westcott
Lisa Westley
Natasha Whalen
Frank Wilks
Christina Williams



Latoya Williams
Melissa Williams
Rebecca Williams
Tricia Williams
Beatrice Willie
Craig Wilson
Justin Wilson



Kristin Wilson
Nicholas Wirt
Patrick Wood
Nicole Woodward
Chinita Woody
Jeremy Woskobunik
Aron Wright



Angelina Yannello
Jennifer Yip
Robert Young
Ivette Zapata
Stephen Zeiders
Jessica Zinn
Allison Zwanzig

Juan Johnson
David Kiser
Sanjana
Khoobchandani
Vidya Kori
Beth Lare
Casey Vera
Shelly Vest

Joshua Vigil
Tobin Vlietstra
Azmi Sabah
Cynthia Stewart
Adrian Watkins
James Weathers
Jamell White

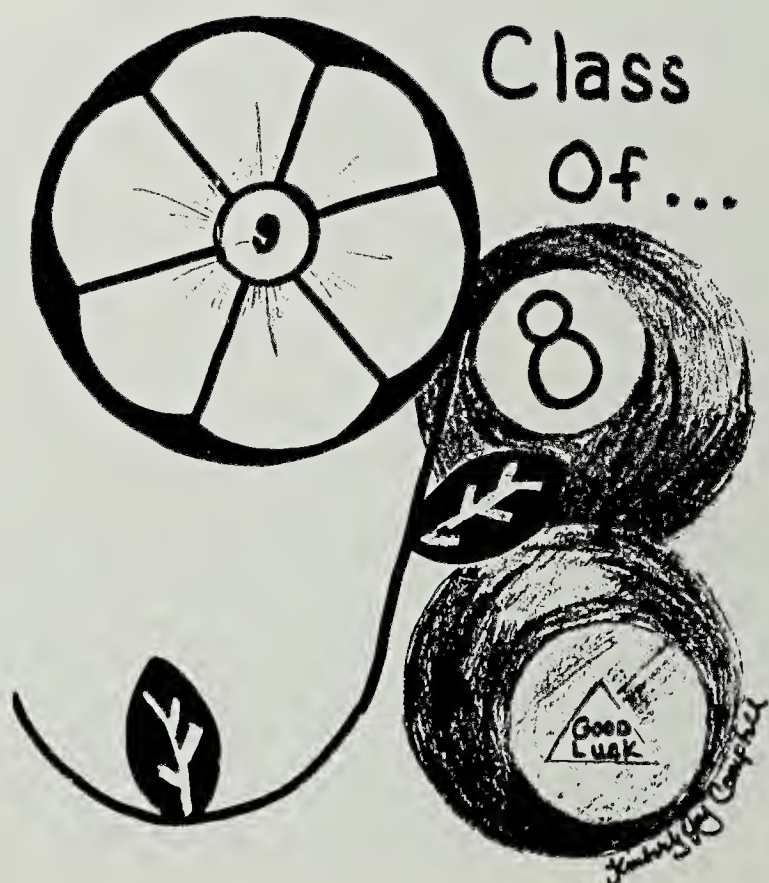
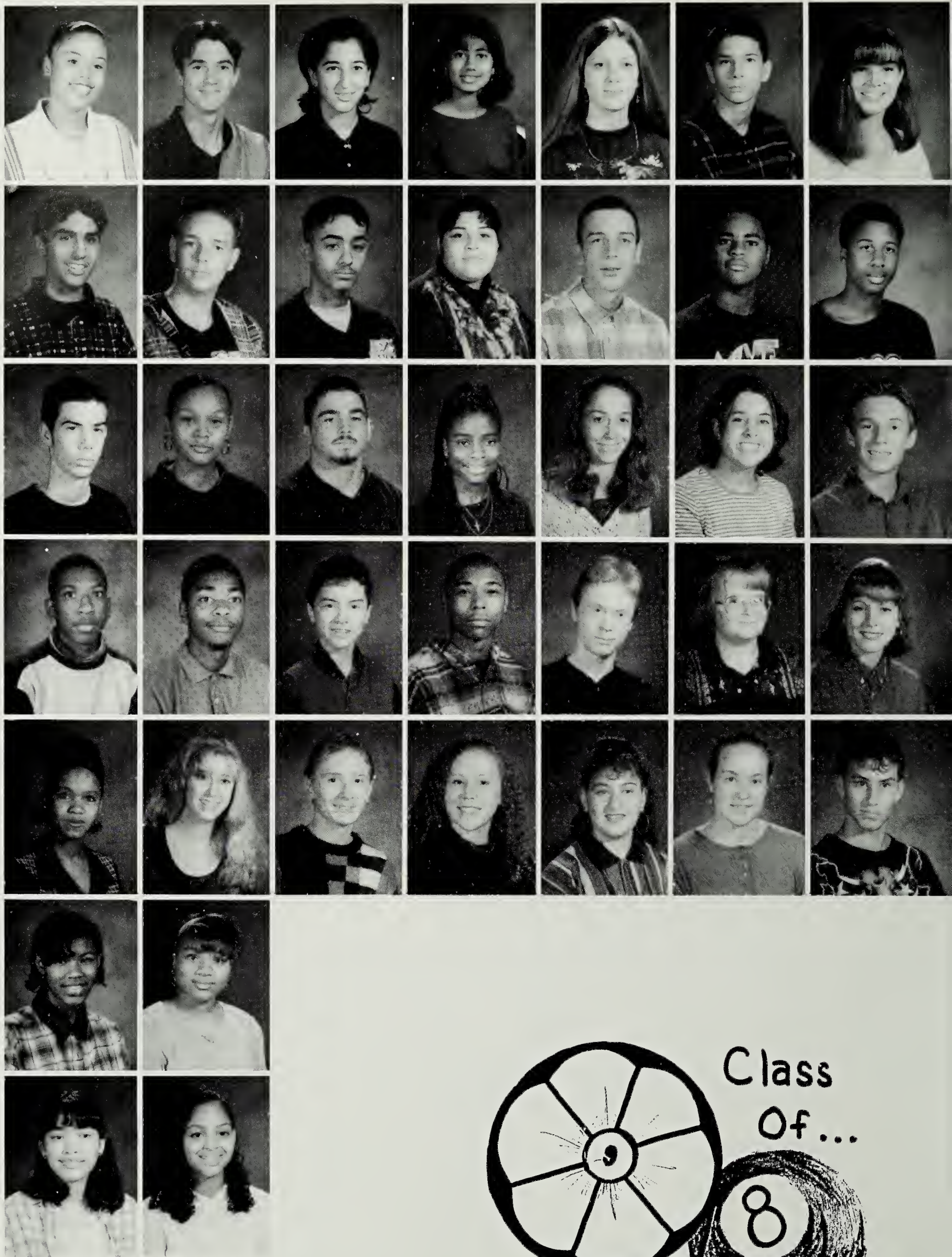
Michael Noffsinger
Lisa Doe
Gary Ham
Yolanda Bennett
Michelle Bendit
Kristin Bellando
William Brack

Eric Bridges
Donald Bushing
Daniel Cabrera
Kierr Carroll
Thomas Cerano
Kristen Cleveland
Alessia Collins

Rachel Dean
Martha Dunn
Michael Eaton
Brianne Frymire
Lorena Hernandez
Stephanie Hooks
Brian Hultman

Latoya Jacques
Katrina Mott

Tiptavee
Thongtaevee
Danielle Cornelius

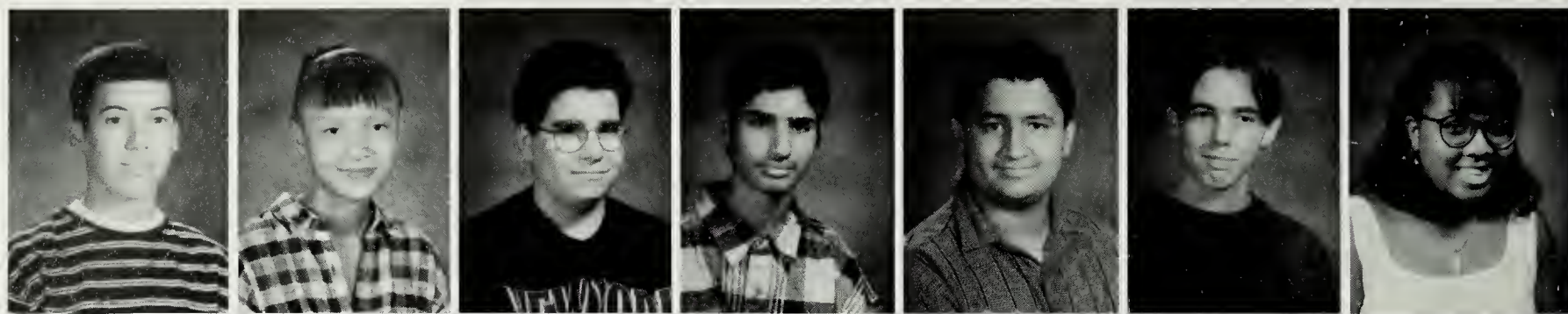




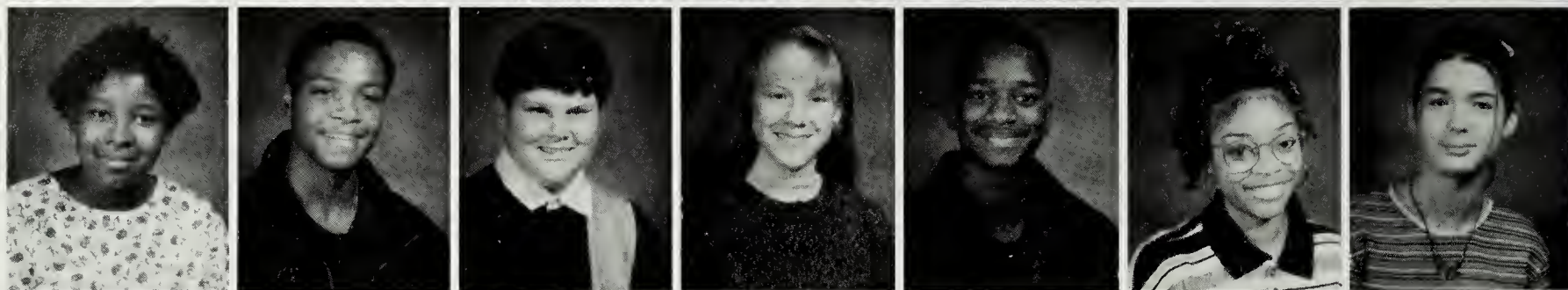




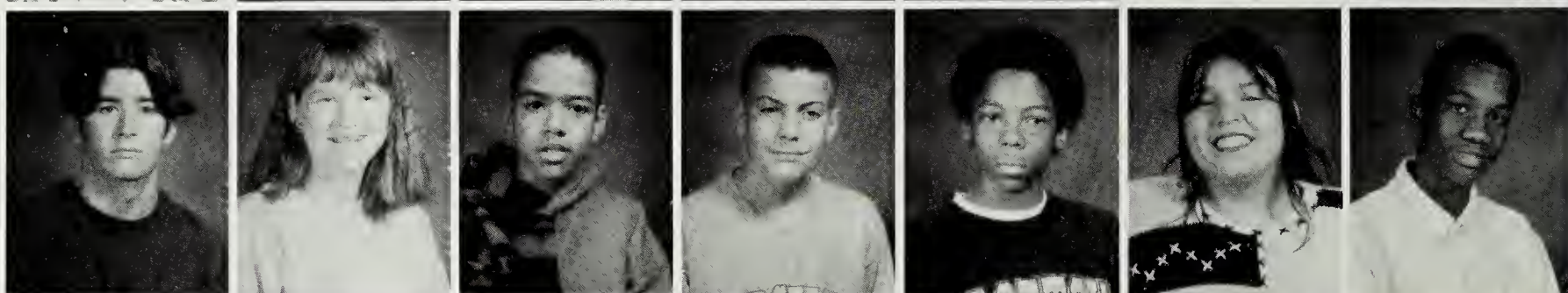
Jason Abel
Jessica Acevedo
Vincent Adriance
Barkat Ahmed
Shujait Ali
Daniel Allen
Leslie Allen



Yolanda Allen
Troy Alston
Kristopher Ambrose
Amanda Anderson
Jonathan Anderson
Tamara Anderson
Cynthia Anelli



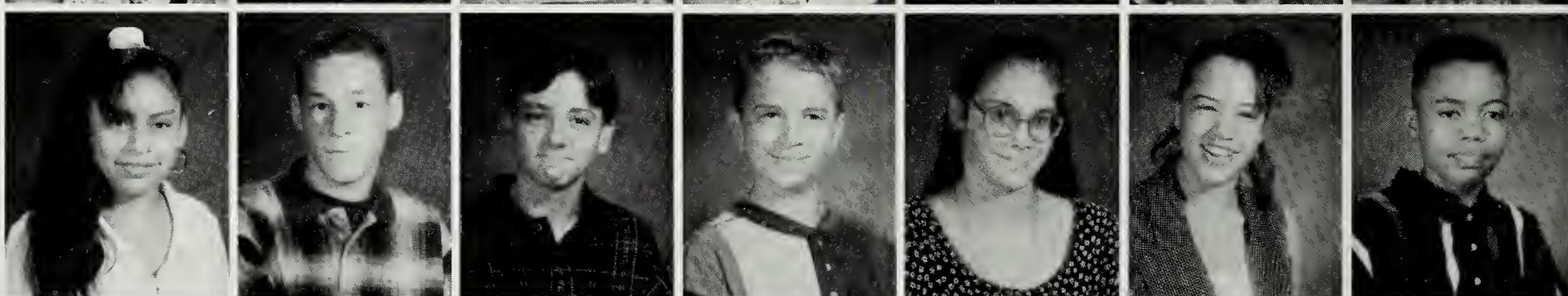
Brian Angell
Karen Antio
Jeffery Armitage
Michael Arndt
Alphonso Jr. Arnold
Yvis Asin
Julian Askew



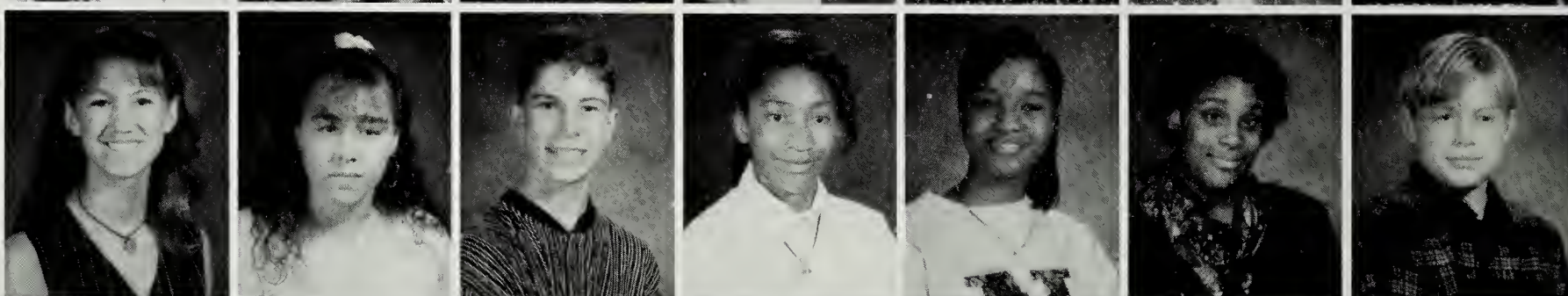
Tenise Atkinson
Andrea Augustoski
Eriel Avery
Sandra Bailey
Jeffrey Baker
Roland Balanga
Allison Banks



Margarita Barba
Jason Barnette
John Barrett
Michael Barrett
Johanna Barron
Neeah Basnight
Richard Battle



Nicole Beard
Kimberly Beavers
Christopher Bebel
Cynthia Bennett
Yolanda Bennett
Jennifer Bethea
Todd Betteker



Ricardo Blondet
Jomaine Blount
Ryan Boese
Jennifer Bock
Jeremy Booth
David Bowes Jr.
William Brack



Bethany Brackett
Kate Bradford
Latoya Bradley
Ana Bravo
Erin Breeden
Katrina Brooks
Aaron Brown





While riding on a charter bus, Lauren Rowe slides on her the shades and is all smiles while she is trying to unwind.



Christopher Brown
Jennifer Brown
Marcelle Brown
Timothy Brown
Ronnie Brown Jr.
Ryan Brune
Dana Bryant

Rachel Bryant
Tashia Bunch
Jesse Burke
Jonathan Burke
Patrick Burke
Craig Burton
Jessica Bush

Amanda Bushner
Roxmary Camacho
Brandy Cameron
Daniel Campola
Alberto Campos
Zhenya Candler
Clinton Canyon

Anthony Carr
Beatriz Carrillo
Anita Carroll
Dominique Carter
Kenneth Cessna
Nicole Chambers
Sandrine Chebou

Amanda Chitwood
Ray Cho
Heather Chumley
Jeremy Churgin
Brian Clark
Keith Clausson
Sarah Clendaniel

As first and second chair clarinets in Concert Band, Lillibeth Jones and Balmory Vazquez must keep an eye on their music and the conductor in order to become great performers.



Abigail Coffie
Kyle Coffie
Jennifer Cogswell
Angel Collins
Michelle Colson
Aaron Conway
Kirsten Coons



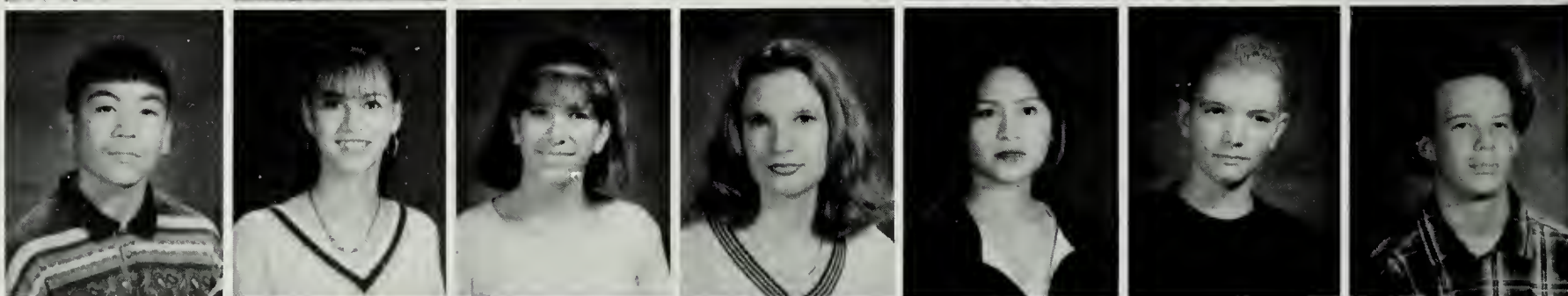
Ebony Cooper
Matthew Cornwell
Nicole Cozza
Mark Crowder
Louis Cruz
David Curfiss
Katie Dallek



John Daniels
Maame Dankwah
Nana-Ama Dankwah
Isaac Davis
Jason Davis
Jennifer Davis
David Day



Gary Day
Heather Dean
Leila Dean
Stephaine Defonde
Rosaliza Delacruz
Anthony Deperini
Kevin Devine

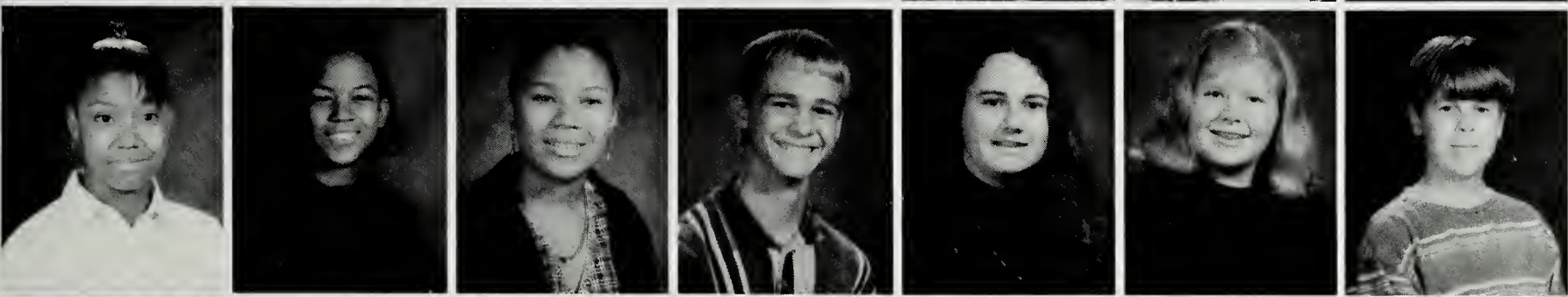


William Deviney
Matthew Dibert
Jason Didion
Timothy Dineen
Melanie Dionne
Tamara Dipaolo





Linda Dixon
Boris Donis
Michelle Dorer
Natasha Drain
Elizabeth Dvoroznak
Amber Earp
Justin Eaton



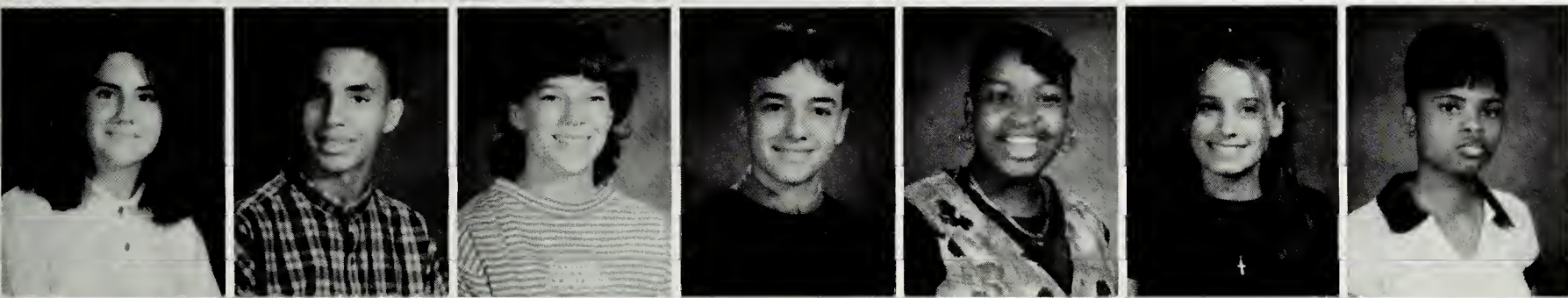
Monica Edmonds
Pamela Edmonds
Kenda Edmunds
Christophe Einsmann
Sarah Elder
Jennifer Ellerbe
Michael Ellis



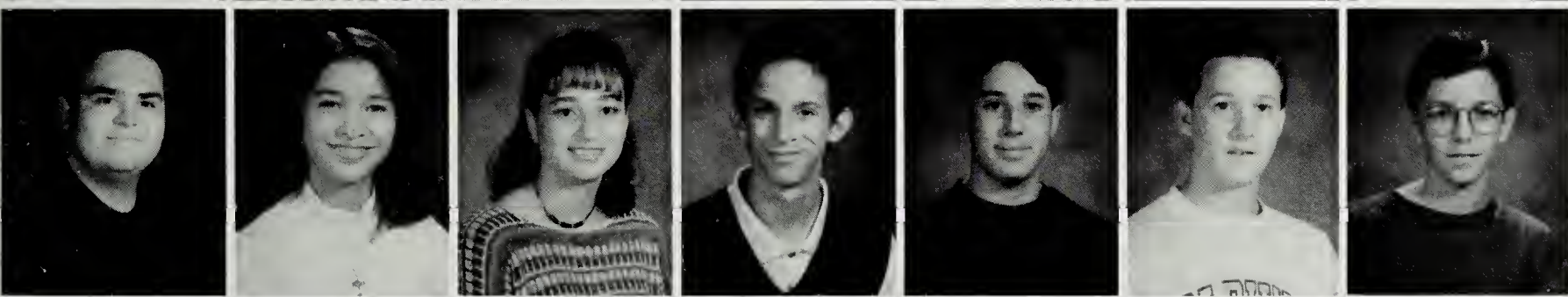
Stephaine Engel
Jeremiah Engelbrecht
Victor Enyi Jr.
Donisha Evans
Justin Fadely
Nicholas Farmer
Rashida Farves



Claudia Fernandez
Kathleen Fiala
Kassia Filipovich
Syreeta Flechter
Ginger Flohr
Nora Flores
Marissa Flores- Roque



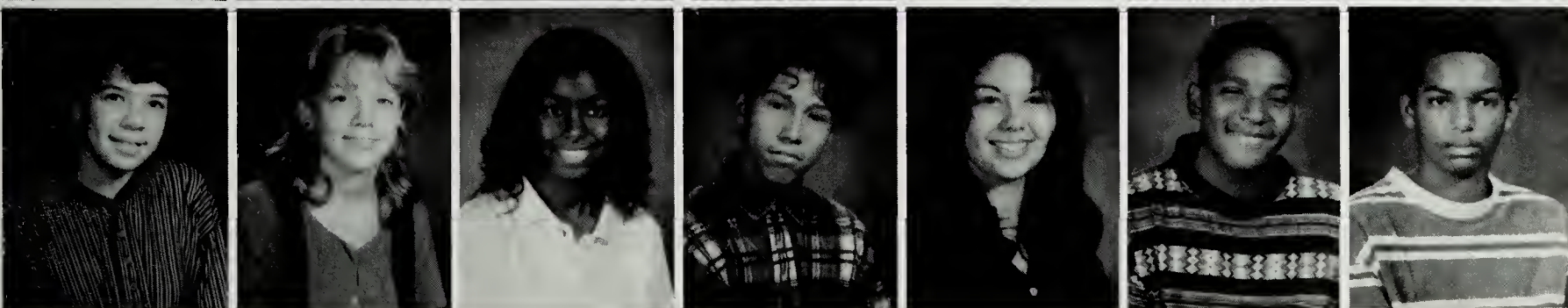
Kimberly Foley
Brian Ford
Sarah Fortier
Macon Foscue IV
Nikki Franklin
Brooke Frazier
Harmentia Frazier



John Frese
Michelle Funes
Michelle Gaitan
Carlos Garay- Ortega
Daniel Garcia
Joshua Gerraghty
Anthony Giarrizzi

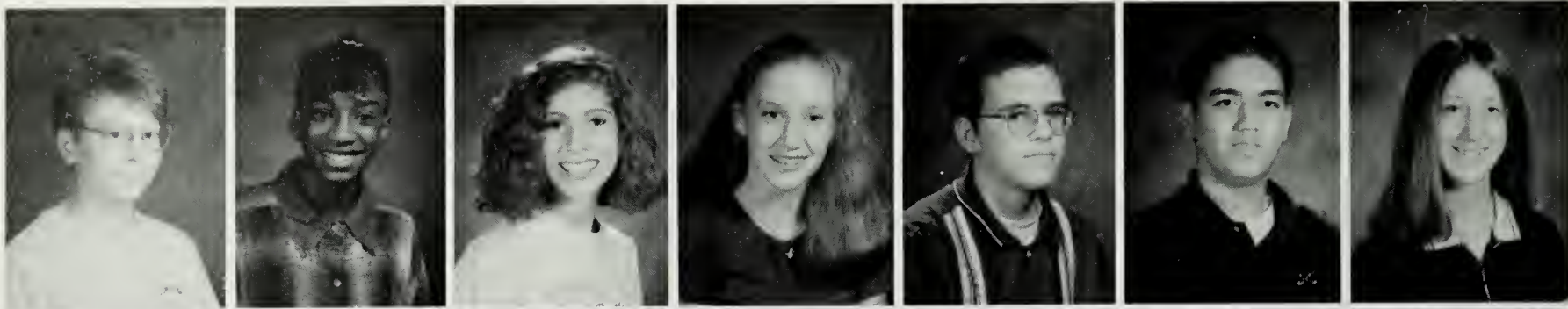


Latasha Gibson
Elizabeth Gilbert
Jeromy Glasbrenner
Anthony Glass
Keko Gomes
Claudia Gomez
Sean Gomez



Shavonne Gooden
Melissa Goroum
Andrea Gosine
Josue Gracias
Heidi Gracie
Brandon Granger
Glendon Grant

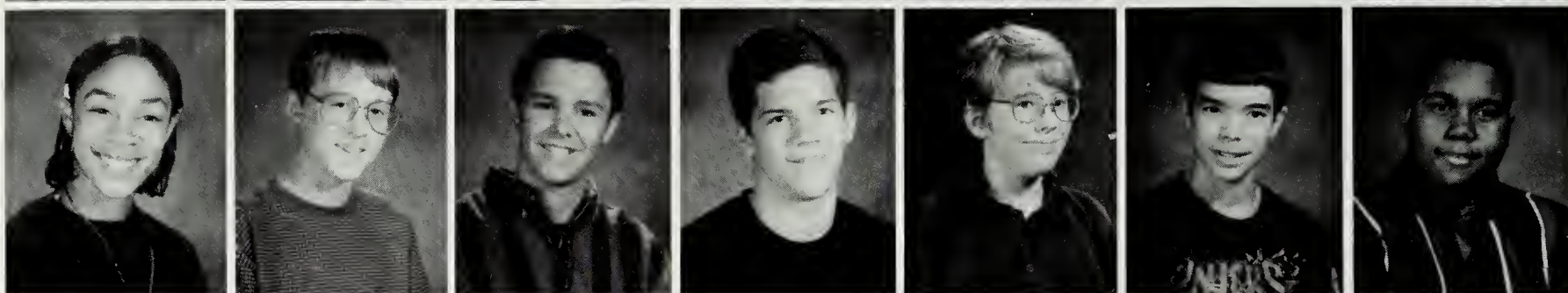
Ryan Greek
Brandi Greene
Christie Greene
Pamela Greenfield
Ryan Greyson
Timothy Guerrero
Arianne Gvozdas



Charlotte Haas
David Hagan
Ronetta Halton
Faith Ham
Kristin Hanrahan
Carolyn Hanson
Maria Hargrove



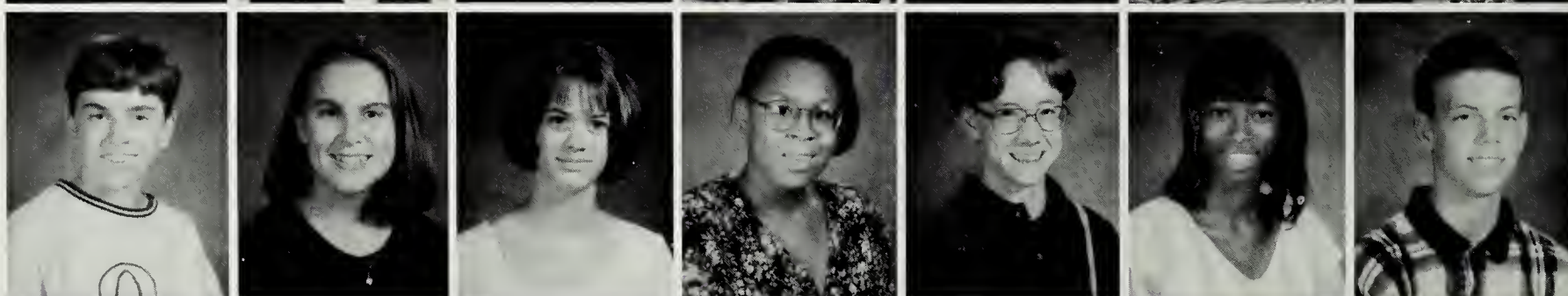
Bridgett Harris
Matthew Hart
Gary Hartlage II
Sean Haselton
Rawls Hawes
Matthew Hawkes
Carl Hayes



Nicole Hayes
Kristen Headley
Angela Henson
Adriana Hernandez
Jennifer Hicks
Dustin Hill
Nathan Hill



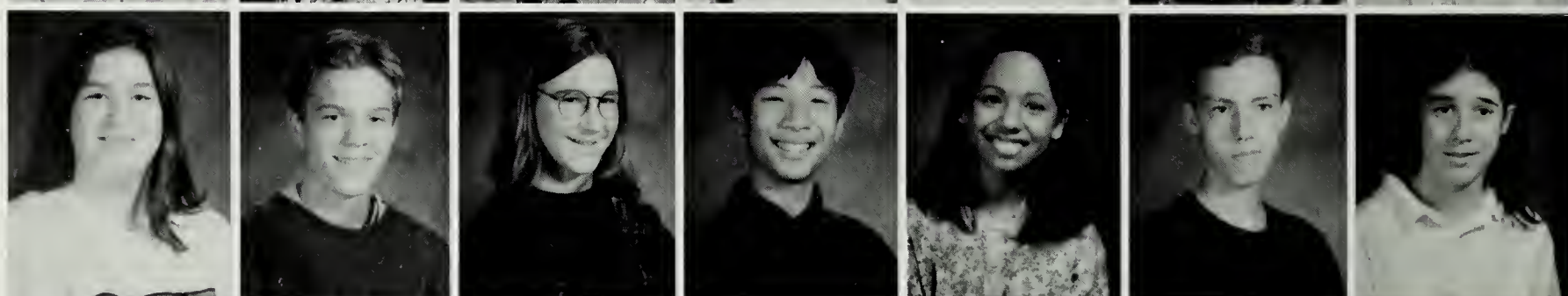
John Hilton
Amanda Hoffman
Melissa Hoffman
Terrie Holden
Christopher Holston
Candace Horner
Paul Horsey



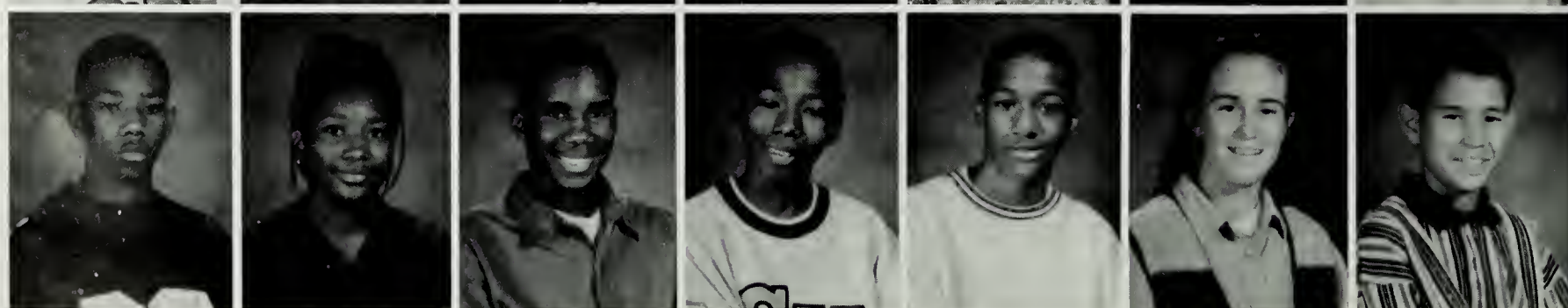
Joseph Howard
Kelvin Howard
Charlotte Howdyshell
Cora Hubbard
Raymond Huber IV
Chatoyer Huggins
Linnea Hultman



Victoria Humenik
Danny Humphreys
Joshua Hunter
Dan Huynh
Hayley Intharayaem
Shaun Irvin
Christine Jackson



Derrick Jackson
Gloria Jackson
Ronald Jackson
Shaun Jackson
Satish James
Sarah Jansen
Rafael Javier





At the Homecoming game, Ayasha Ware celebrates her victory as freshmen princess with her father. It was a day that Ayasha will remember for the rest of her life.



William Jaynes
Wendy Jessup
Jason Jeter
Erin Johnson
Jonikka Johnson
Krista Johnson
Melissa Johnson

Valerie Johnson
Jennifer Jones
Lillibeth Jones
Richard Jones
Mark Jordan
Scott Jordan
Leon Joseph

Alexandra Jung
Katherine Jung
Dhruti Kalathia
Leslie Kalvass
Krystal Kaneshiro
Robert Kelly
Sarita Kendall

Alexandra Kennedy
Kwan Kim
Sarah Kimble
Andrea King
Cassandra King
James Klpmust
Martha Kneebone

Bryan Knepper
David Kohlbecker
Michael Kohlbecker
Daniel Kuhns
Kareem Kyer
Laura Labonte

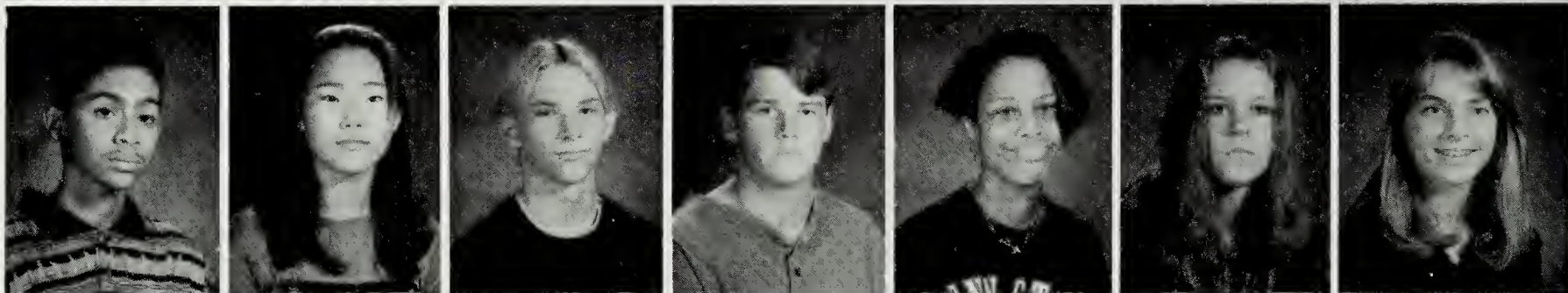
A tired Heather is "Tuckered" out, but finds time to enjoy the refreshments at a football game. As a freshman, Heather has come to enjoy the other many activities offered at Gar-Field.



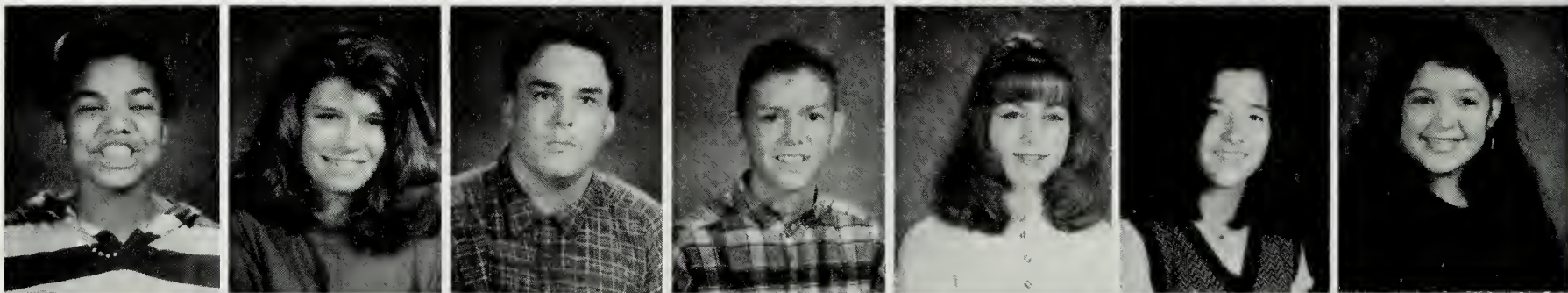
Erin Lally
Alexandra Lambert
Michael Lane
Jeffrey Lange
Richard Law
Dustin Lawson
Brian Leatham



Kevin Lee
Min Lee
Robert Lee
Ryan Lee
Danyel Leftridge
Sara Leketa
Valerie Leon



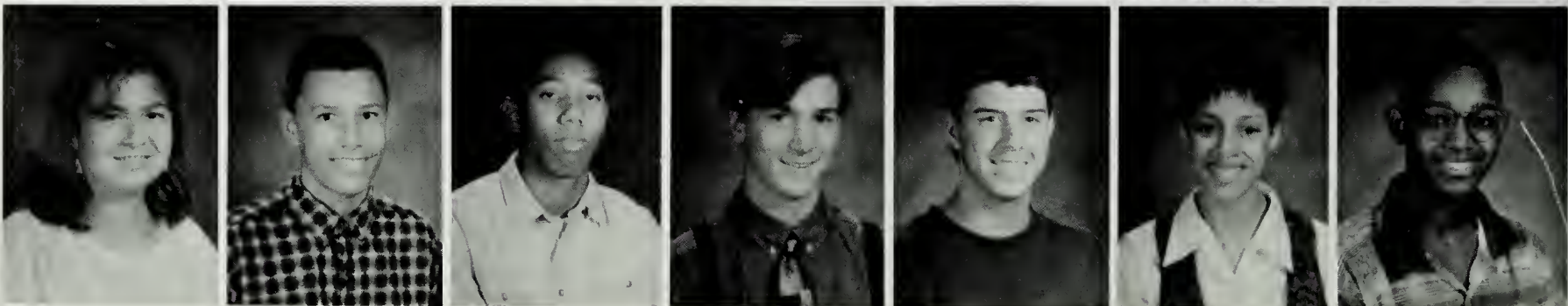
Yvonne Leonce
Angela Lewis
Kenneth Lichtenberg
Justin Liming
Courtney Lindquist
Helen Linton
Alicia Llanes

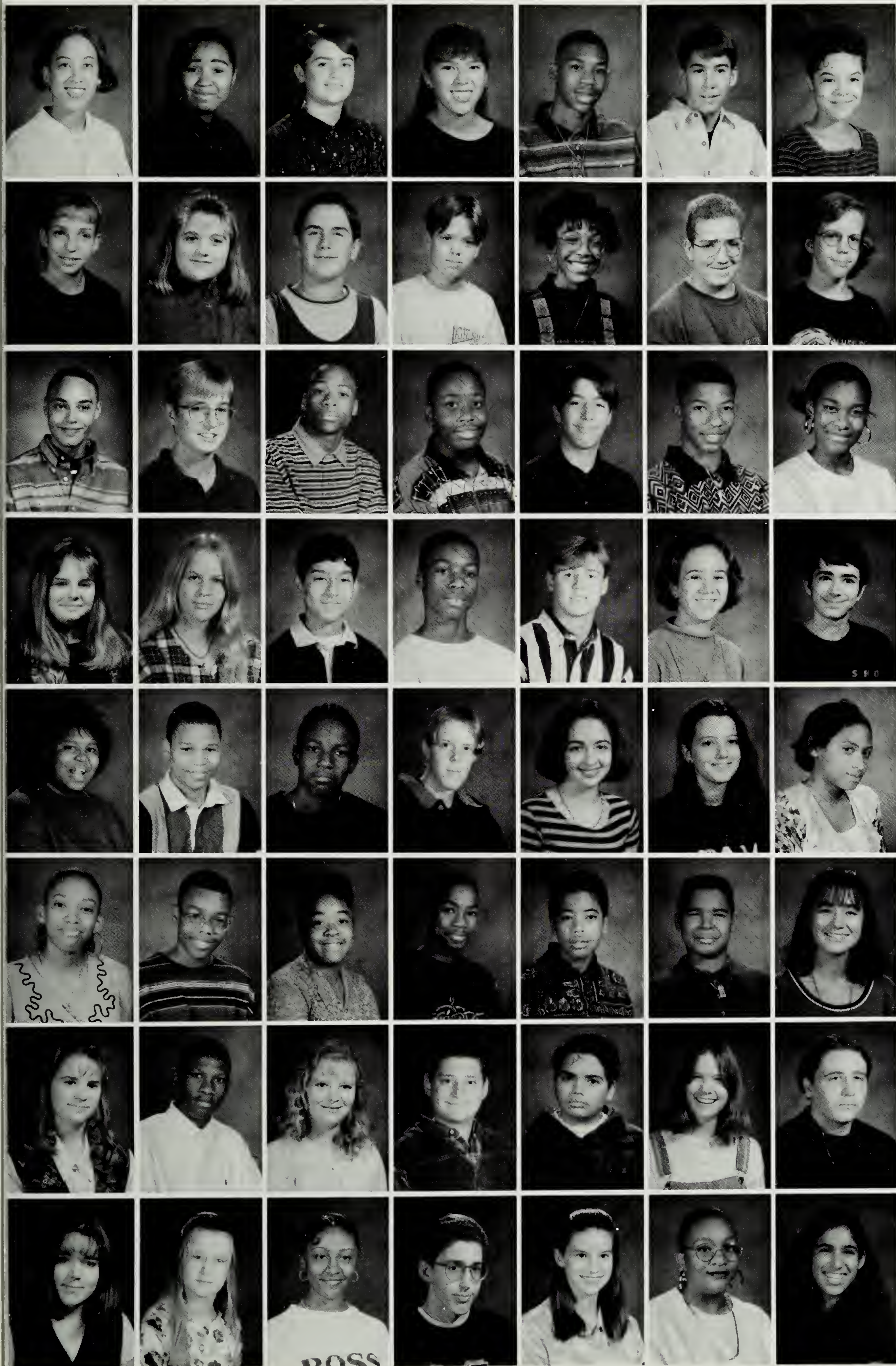


Kenneth Lowe
Christophe Lucks
Matthew Lund
Hien Luong
Michael Lupton
Laura Luttrell
Derek Lynn



Kristen Machado
Gordon Mack
Jonathan Macklin
Stephen Macurdy
Peter Madrid
Jennifer Malry
Raynard Manuel





Kelly Marsh
Latoya Marshall
David Martin
Michelle Martinez
Terrell Matthews
Jason Matusiak
Tamara Mayo

Leah McBride
Pamela McCauley
Gregory McChain
Timothy McCleerey
Lakeisha McCray
Dustin McCroskey
Joseph McDavid

James McDowell
Christopher
Mckenzie
Kellen McKinney-
Forbe
Terry McKoy
James McMaster
Julius McMillon
Evrin Medley

Maria Mellor
Michelle Mergl
Anthony Mesias
Jason Middleton
Shane Midgett
Amanda Miller
Michael Miller

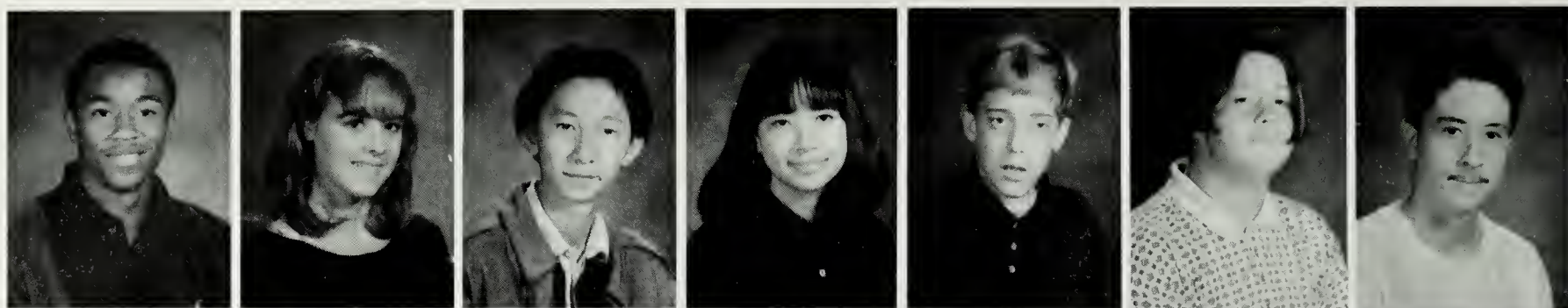
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Ephraim Milton
James Mims
James Mitchell
Diana Mohamadi
Jillian Monroe
Heather Moore

Leticia Moore
Michael Moore
Nikesha Moore
Frankie Morgan
Greg Mori
Douglas Morris
Rachel Moseley

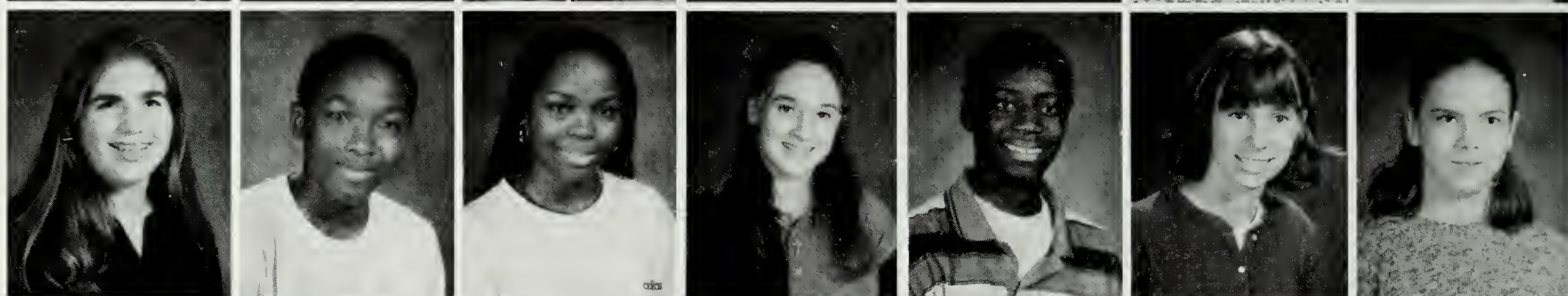
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Rashawn Moultrie
Amanda Mouw
David Mowdy
Carlos Moya
Tara Mulea
Peter Mullins

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Michelle Murphy
Tanya Mutaboyerwa
David Myrick
Pamela Nabholz
Lydia Nance

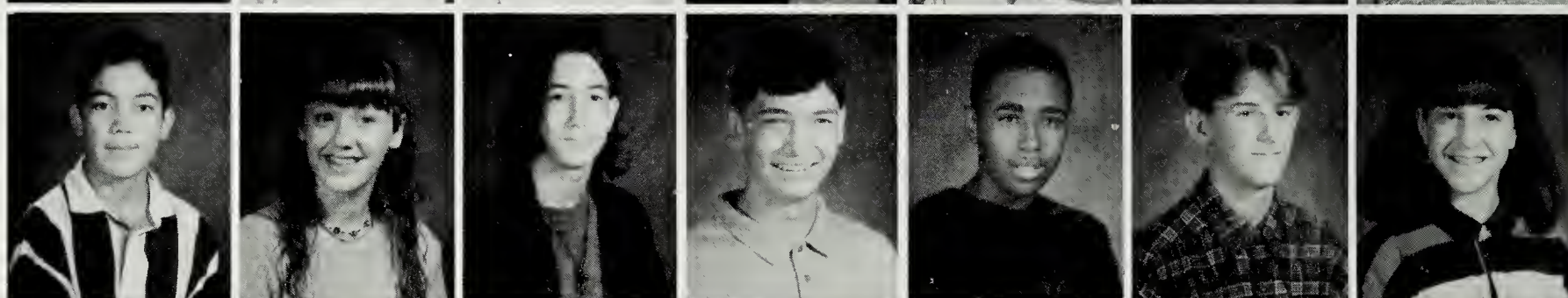
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Day Newsome
Nam Ngo
Mary Nguyen
Matthew Nowak
Andrew Nuckols
Manuel Nunez



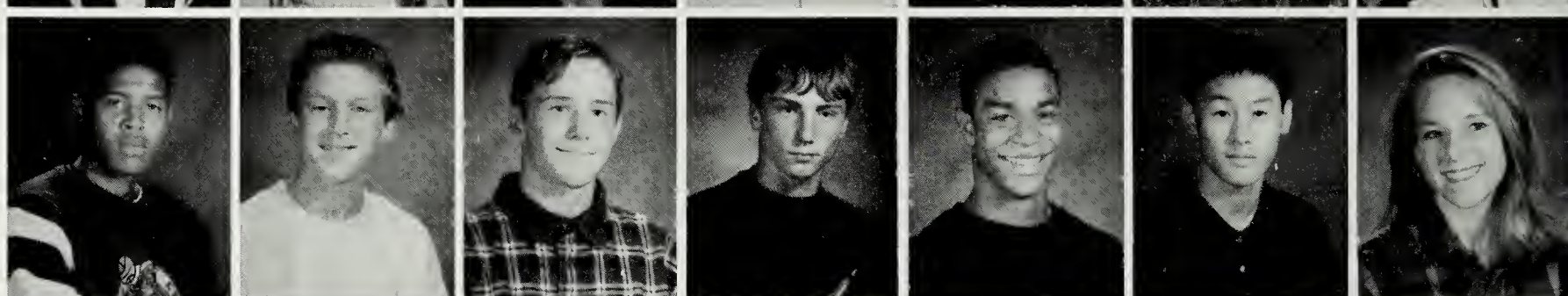
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John Olamigoke
Lolade Olamigoke
Emily Orfanoudakis
Raphael Osei
Emily Ostrander
Courtney Painter



Elith Parada
Sue Parks
Michael Paron
Rodney Patton
Asaad Pearson
Oliver Pence
Jillian Perez



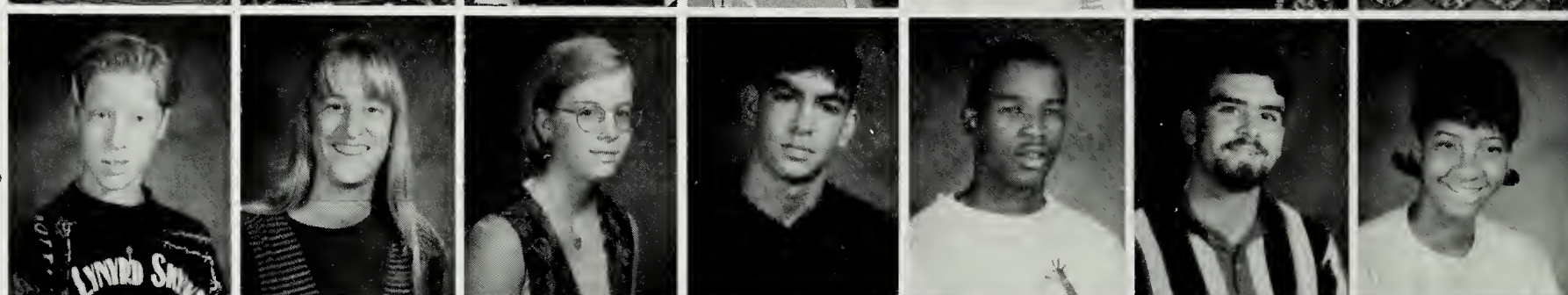
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Patrick Petersen
Bradley Petrauskas
Edward Petrovitch
Raymond Pettis
John Phanthavong
Jennifer Picciano



Adrain Pittman
Brett Pokusa
Jason Powell
Penny Powers
P.J. Prather
David Prewitt
Darcie Priester



Brian Prior
Andrea Pruitt
Rebecca Pruitt
James Pruna
Juan Pryor
Christopher Pustorino
Tiearra Queen



Abigail Racster
Venessa Ramirez
Jeremy Ramsey
Janna Rasmussen
Jamie Reichenbach
Judith Reyes
Anna Reynolds

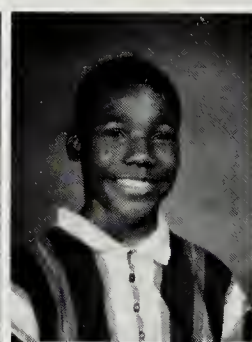


Jason Reynolds
Christina Richardson
Katrina Richardson
John Ritchie
Robert Robey
Sheanett Robinson
John Roche

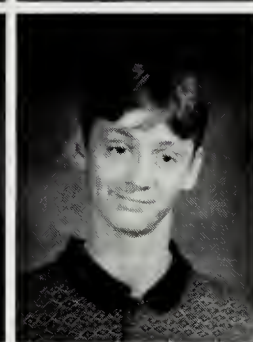




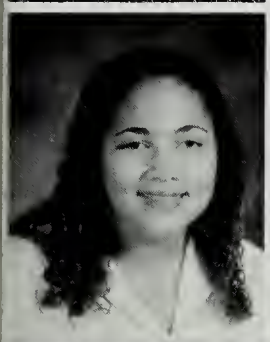
After running a hard race, Kevin Lee experiences painful muscle spasms. Rolling in the grass is a way Kevin deals with his stress and pain.



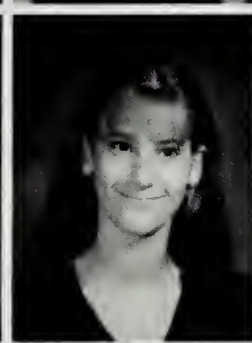
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Crystal Rojas
Mark Roslan
Leonard Rouse Jr.
Lauren Rowe
Monica Ruane
Sarah Rush



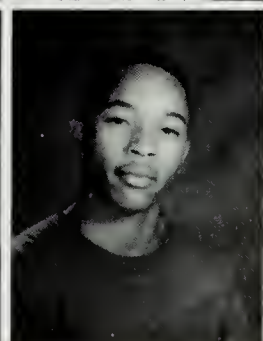
Ismael Russe
Samantha Russo
Heather Salyers
Kelley Samanka
Stephanie Sampson
Aaron Sansbury
Danielle Sauter



Courtney Schenck
Diana Schiripa
Stephanie Schofield
Kara Schweitzer
Karmen Scott
Steven Scott
Roxanna Seymour



Anthony Sharp
Matthew Sherrill
Susan Shurtliff
Marc Silver
Heather Sipes
Brandon Skeens
Crystal Slater



Derreck Smith
Erin Smith
Eugena Smith
Justin Smith
Katie Snead
Tiffany Sneath

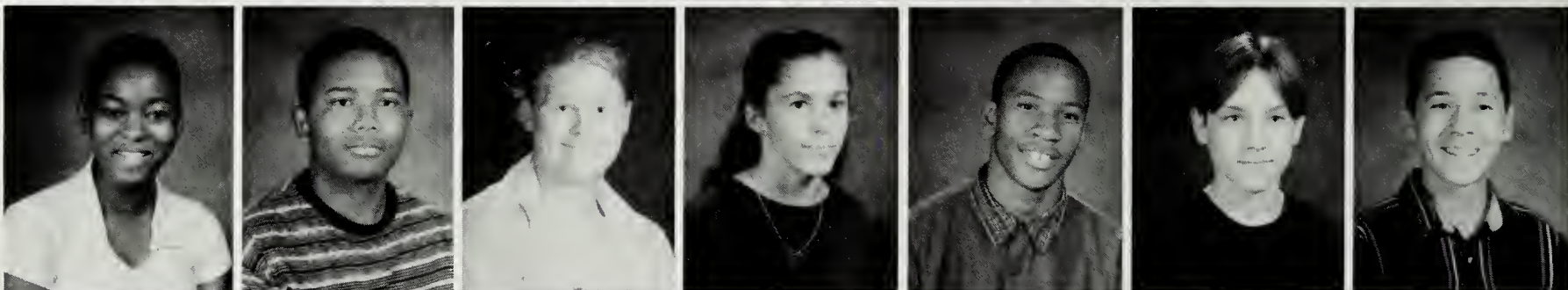
Keeping her eyes on the copy, Heidi Gracie sharpens her typing skills. All of this practice will benefit Heidi in the future, especially if she decides to enter the business field.



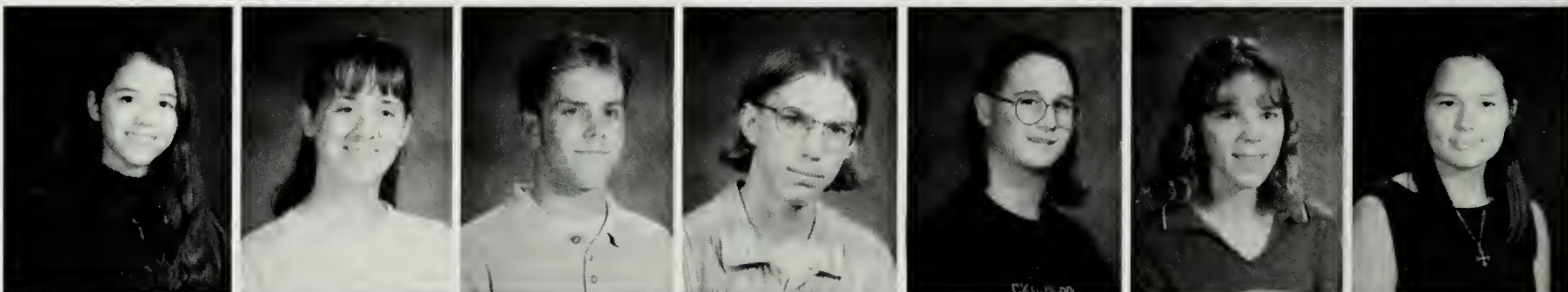
Sarah Snow
Robert Soderstrom
Helen Sokos
Kristoffer Sorenson
Roberto Soto
Kimberly Southerland
Stephanie Spears



Donitra Spells
Bardell Spence
Daniel Spencer
Sarah Spindel
Ronald Standifer
Adam Steck
Ian Stewart



Jennifer Stocker
Laura Stockman
Brian Stokes
Scott Stoneburner
David Stout
Lisa-Beth Stowell
Christina Stratton

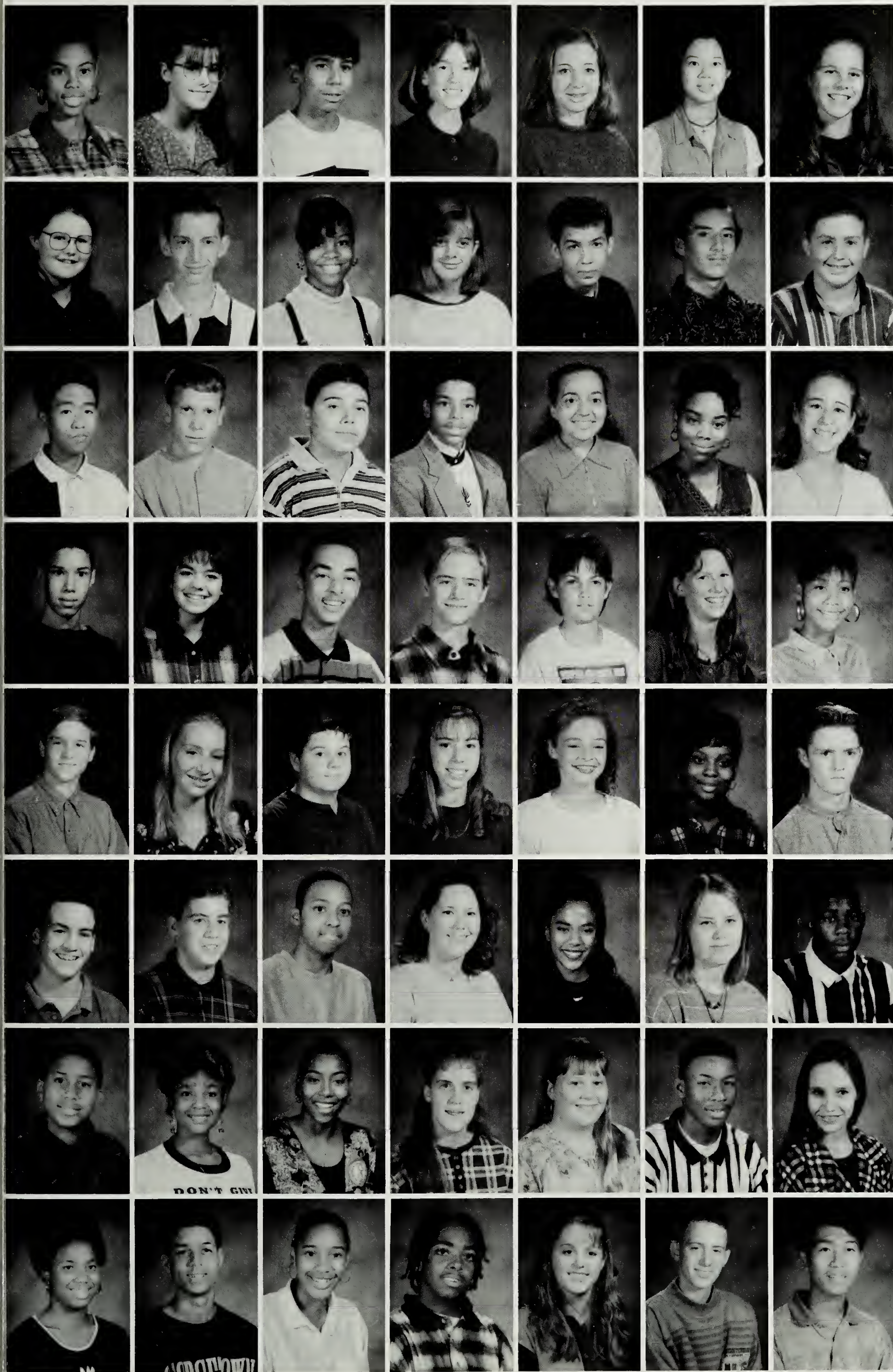


Keili Stremel
Jennifer Styles
Curtis Swift
Jeanette Swift
Laura Tate
Brian Taylor
Erin Taylor



Londell Taylor
Lynell Taylor
Cynthia Tetzlaff
Lisa Thompson
Tara Thompson
Jennifer Thorpe





Jamea Tolson
Sara Tomlin
Anthony Touset
Marissa Trowbridge
Leah Truesdell
Angela Tsao
Heather Tucker

Amy Turner
Curtis Turner
Turcores Turner
Amanda Tuttle
Julio Umana
Enrique Valdez
Steven Valentine

Sherwin Valerio
Nathan Vanhook
Carlos Vaquerano
Daniel Vasquez
Balmory Vazquez
Jeannine Veal
Laura Vento

James Wagner Jr.
Natalie Wagner
Ronnie Walker
Christopher Wallace
Erik Walt
Michele Walton
Ayasha Ware

Bryan Weber
Beverly Webster
William Welch III
Amy West
Michelle West
Tangy Whitaker
John White

Robert Whitney
Brian Wiegand
Terrence Wilburn
Dana Wilder
Alicia Williams
Julio Williams
Keith Williams

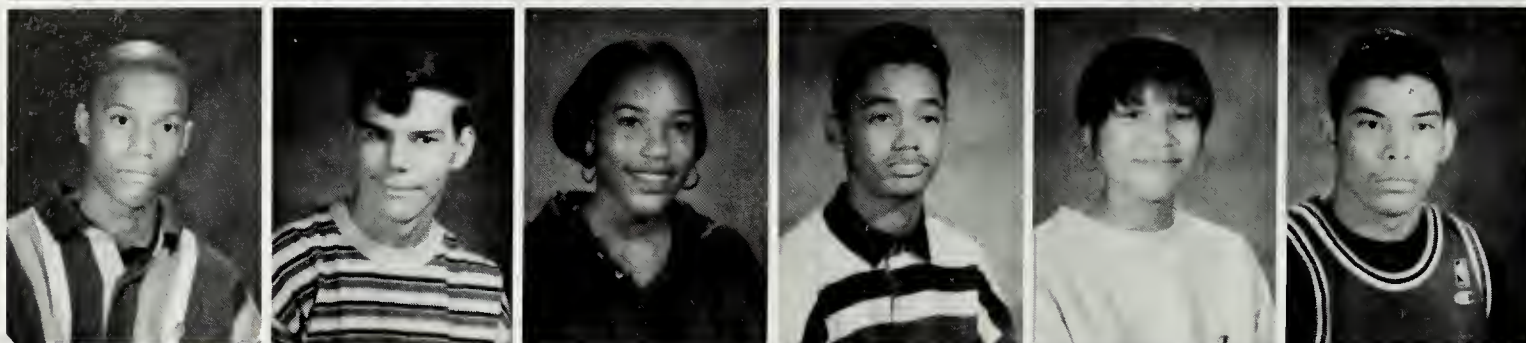
Thurmond Williams
Tiffany Williams
Tifiane Williams
Catrina Wilmoth
Stormie Windsor
Dennis Winn
Nicole Woods

Vanna Wooten
Jamil Wright
Rori Wright
Terrance Wright
Sarah Wyatt
Geoff Yaroschak

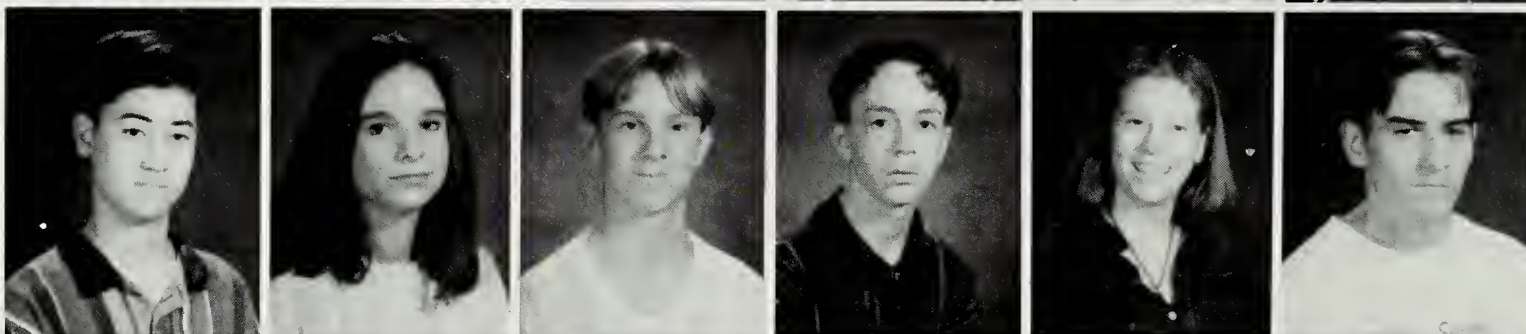
Jennifer Young
 Todd Youngs
 Robert Zapf
 Nicholas Zimbardo
 Deanne Craig
 Carolina Cuero



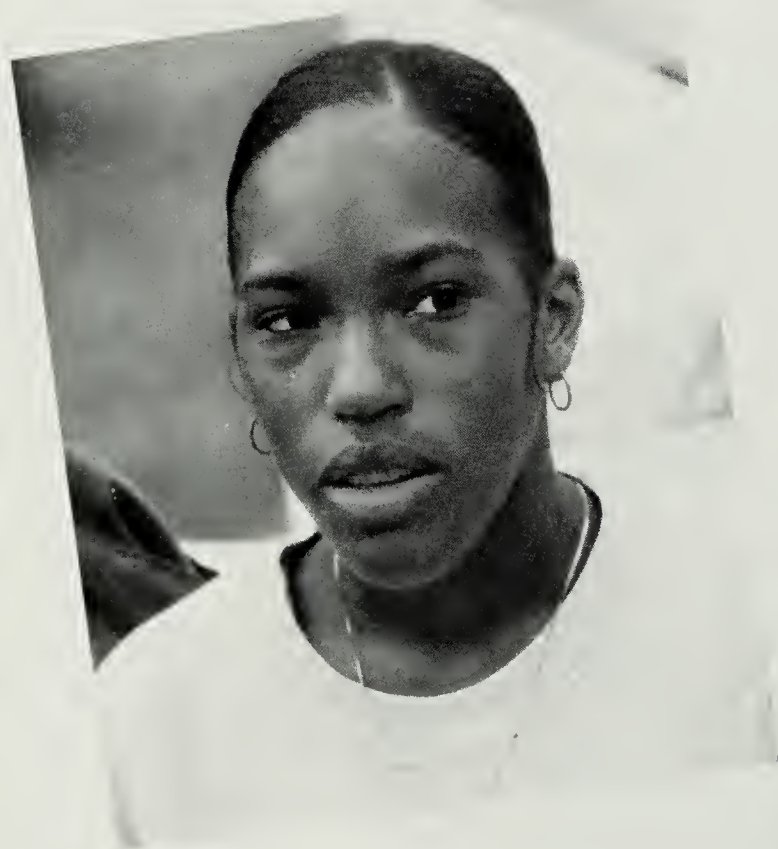
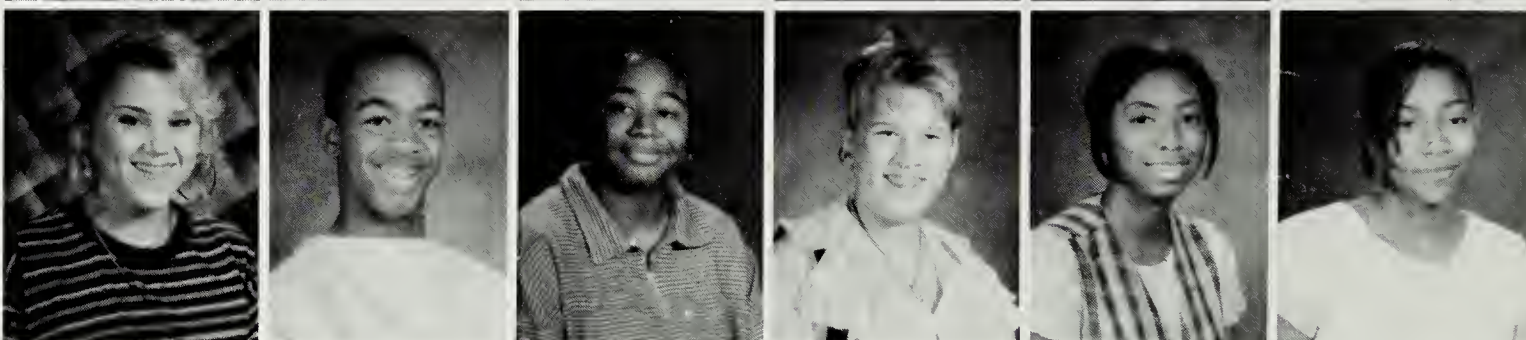
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 Paul Boalan
 Nicole Brown
 Brandon Bryant
 Alberto Campos
 Nicole Carroll



Matt Comwell
 Kim Elosser
 Clint Gaskins
 Ryan Greek
 Victoria Groff
 Billy Humphreys



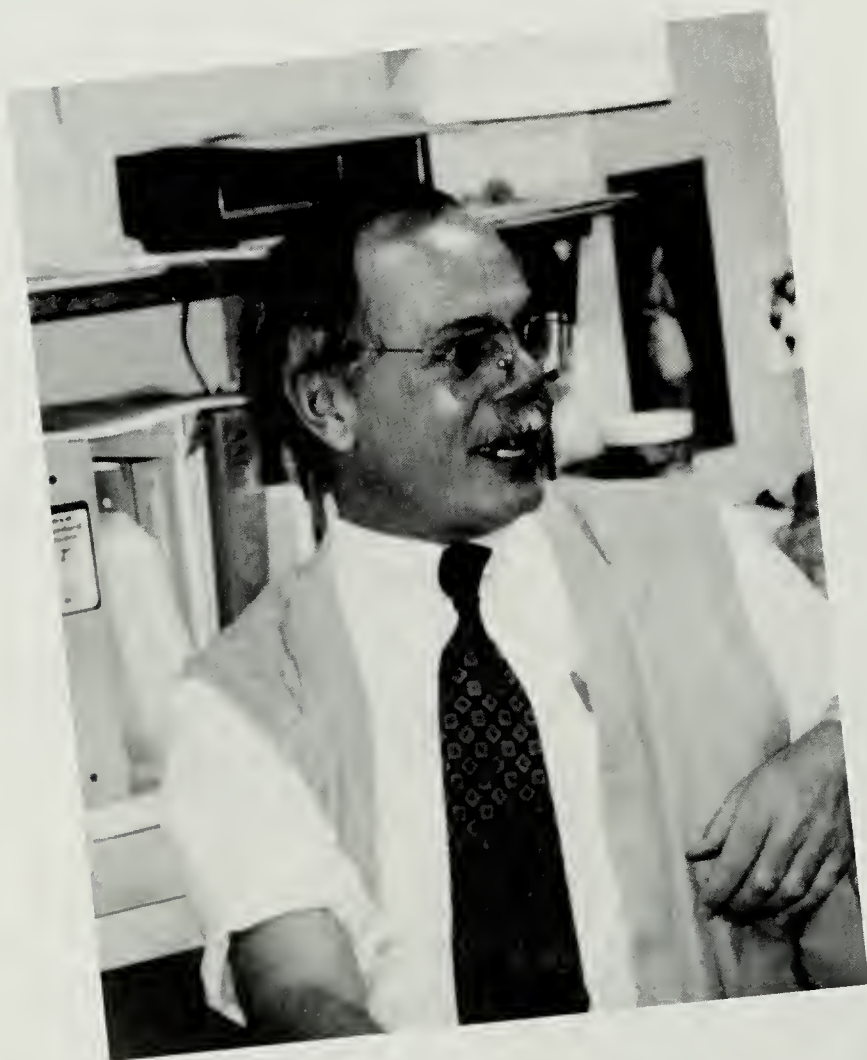
Heather Salyers
 Marcus McClam
 Latoya Morton
 Brooke Muller
 Syreeta Weathers
 Tiffany Williams



The Class of '99



Remembers...

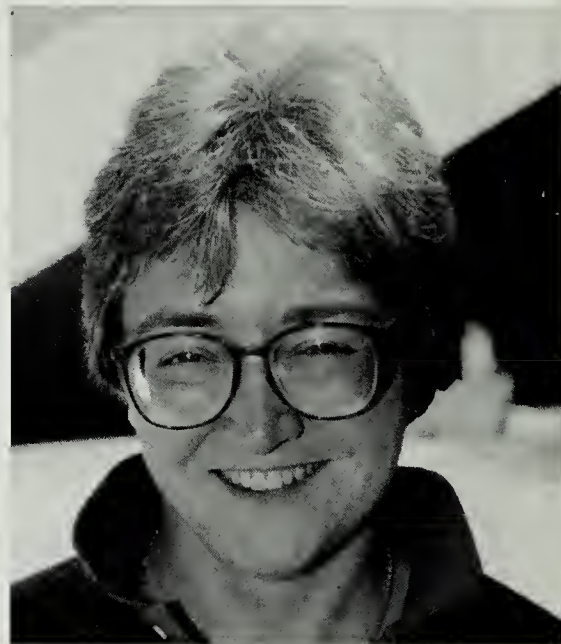




Administration



Mrs. Cyndi Choate
Assistant Principal



Ms. Sara Fitts
Assistant Principal



Mr. Roger Dallek
Principal



Mr. Mickey Mulgrew
Assistant Principal



Mr. William Stephens
Assistant Principal

Administrative Aides



Mr. Rob Bailess



Ms. Rylene Mickleberry



Mr. Jim Earl



Mr. Andy Gray



Mrs. Darla Beale
Secretary for Ms. Fitts



Mrs. Mary Berry
Secretary for Mr. Dallek



Mrs. Barbara Chiles
Secretary for Mrs. Choate



Mrs. Polly Terriberry
Leave Secretary



Mrs. Maggie Virtue
The Voice of Gar-Field
Switchboard



Ms. Becky Wise
Mr. Mulgrew's Secretary



Mrs. Jean Ewing
Copy Center



Mrs. Shirley Hoff
Mr. Stephens' Secretary



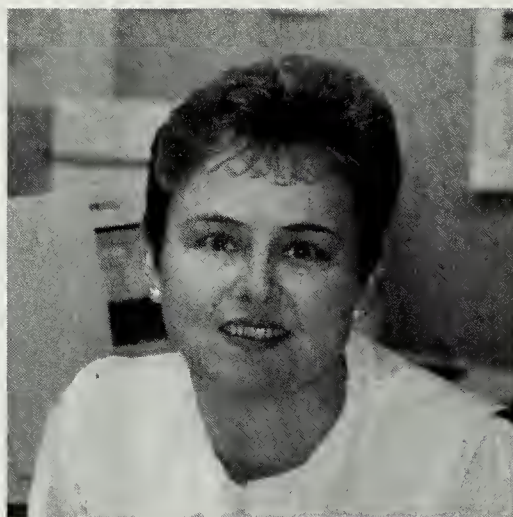
Mrs. Ann Golliday
Bookkeeper



*Mr. Chuck Robinson
Activities Director*



*Ms. Jennifer Jones
Assistant
Activities Director*



*Dorothy Bridges
Activities Secretary*



*Thomas Jones
Behavior Specialist*



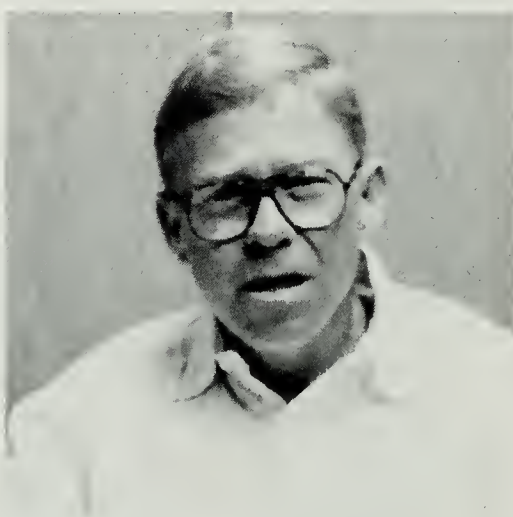
*Felicia McDougald
Clinic Attendant*



*Ernestine White
Public Health Nurse*



*Kate Schell-Smith
Substance Abuse Counselor*



*Bob Ivy
School Psychologist*



*Laverne Yates
Social Worker*

Guidance



Linda Bryant
Guidance Counselor



Cheryl Roach
Registrar



Joyce Jones
Guidance Counselor



Bill Cryan
Career Center



Cathy Nickerson
Guidance Counselor



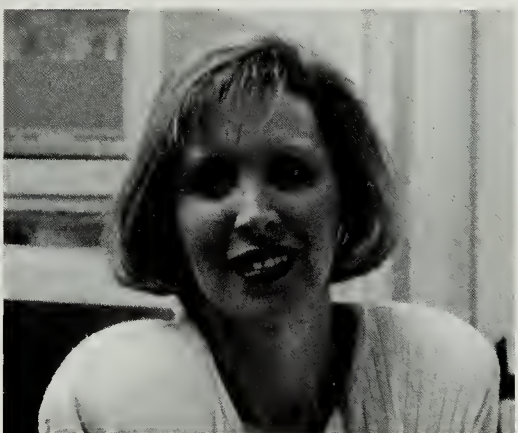
Bettie Harrison
Guidance Counselor



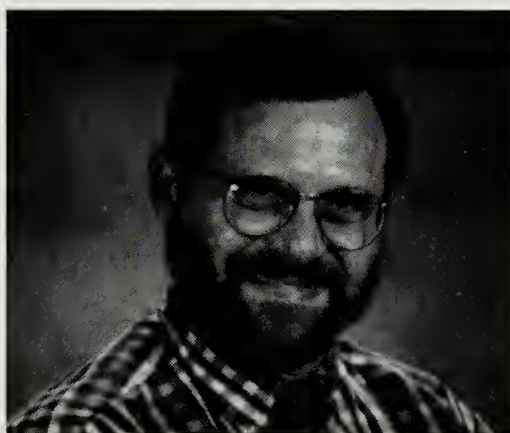
Clarice Torian
Guidance Director



Joan Roche
Guidance Counselor



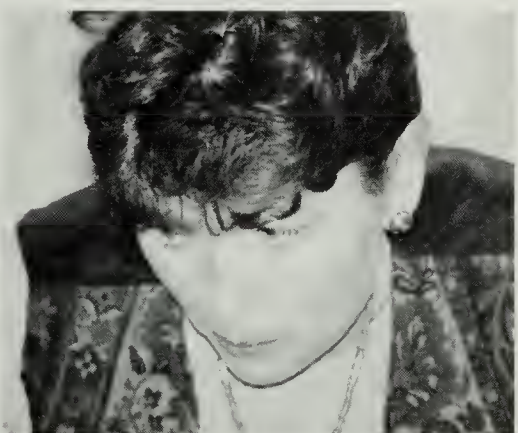
Cheryl Hiatt
Guidance Counselor



Bruce Snyder
Gifted Education Coordinator



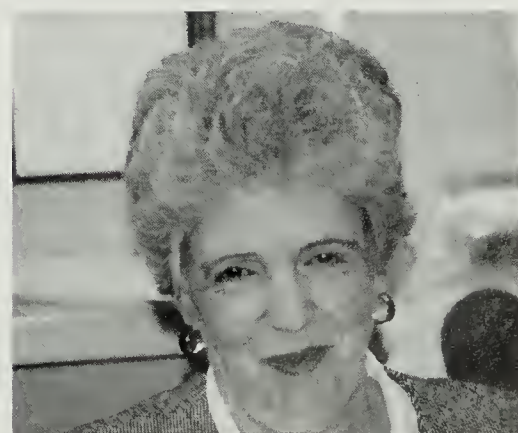
Dennis Scott
Guidance Counselor



Roxanne Johnson
Guidance Counselor

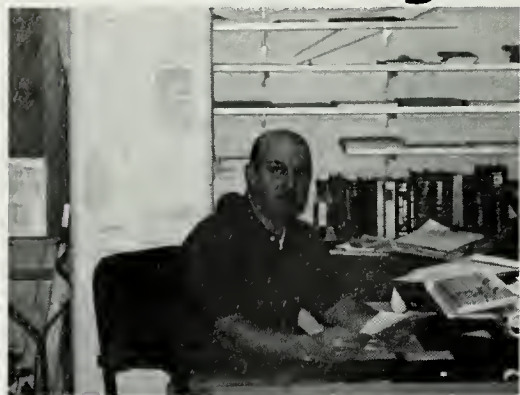


Stephanie Bell
Secretary



Sue Carr
Secretary

Security



Mr. Pat Gregoire
Head of Security



Ms. Nancy Omdorff

Day Custodians



From left to right: Jennifer Morrow (Custodial Supervisor), LaWanda Prince, and Rosa Viuanco.

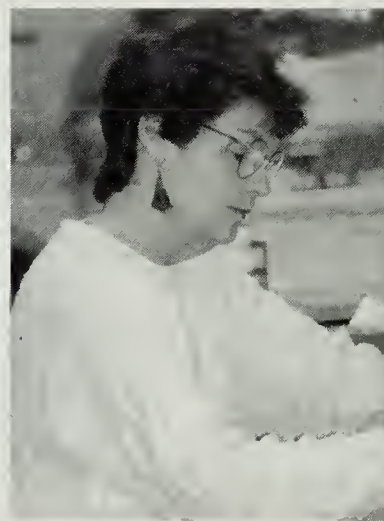
Faculty Candid: Caught in the Act!



Mrs. Barbara Elvine (History)



Ms. Diana Young (Math)



Mrs. Ann Martin (English)



Mrs. Michelle MacDonald (Trainer)



Mr. Patrick Hogan (Business)



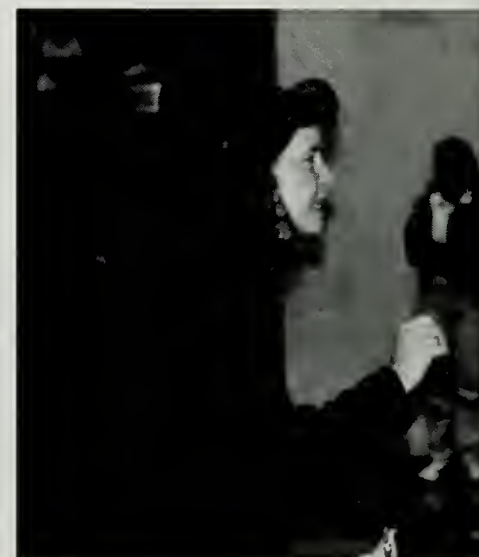
Mrs. Norma Early (Business)



Mrs. Terry Loveland (Journalism)



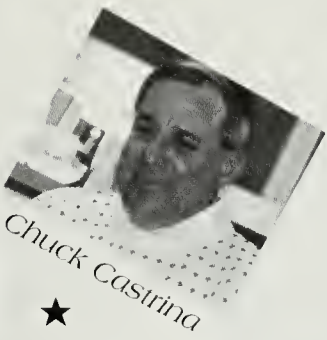
Mrs. Jessica Byington (Cafeteria)



Mrs. Cynthia Choate (Asst. Principal)



Judy Henson



Chuck Castrina

English



Front Row: (From left to right) Lisa O'Hara, Linda Little, Andrea Barbuzza, Ann Martin, Stephanie Koepping. Second Row: Della Gordon, Dee Cammock, Jennifer Davis, Tom Corbin, Amy Weiler, Lallie Crim, Sara Chase, Holly Golliver, Brenda Brohard, Judy Powers, Terry Loveland, Chuck Edwards, and Paulette Jones.

Faculty History



Front Row: (Left to right) Patrick O'Shea and Donna Dorton. Second Row: Barbara Elvin, Mike Bunn, Pat Davies, Terri Marx, Ann Black, Chris Aleo. Third Row: Stephen Sawyer, Pete Larson, Ed Johnson, Jean Bittner, and Kirk Darrough.

Math



Front Row: (Left to right) Alan Yurkshat, Ron Lanman, Faye Simon (holding a picture of Mr. Bill Willis). Second Row: Pam Bhangu, Danielle Avenick, Sarah Parker, Jeannie Walsh, Rita Goble, Diana Young, Mary Jane Centola, Toni Robertson, Andy Gray. Third Row: Kevin Brown, David Gibson, Lynn Knight, Maria Cahill, Susan Huber, and June Bishop.



Meg Gruber

Science



Front Row: (Left to right) Stacie Hagerty, Wanda Pitt, Sue Bindra, Martha Slover, Gar-Field's oldest faculty member, Linda Melton. Second Row: Chris Hamill, Lisa McNoldy, Roger Plumsy, Dawn Lewis. Third Row: Joe Wheeler, Mel Cheshire, Richard Polly, Steve Weber, and Robert Clemmons.



Bill Willis

Foreign Language & ESL



First Row: (Left to right) Myra Watts, Sally Watts, Florence Piccolo. Second Row: Irene Kabler, Rhonda Shaw, Kristen Burns. Third Row: Chery Heedick, Martha El-Nagggar, Anthony Ferrara, Stephanie Rosen, Ligia Martinez, Vera Darter, and Mrs. Sutton.



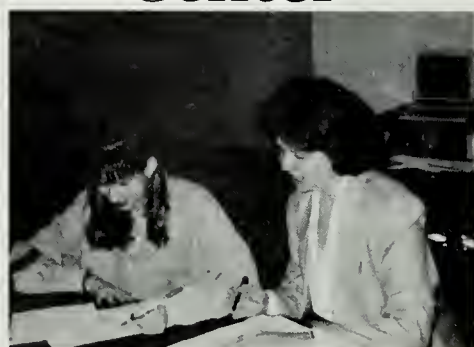
Byron Bailey

Art Team



(Left to right): Jan Packard, Ida Simpson, and Darlene Wooley.

Individualized Achievement Center



Mrs. Jean Ellerbe



Patrick Hogan



Bob Miller

Business & Marketing



Front Row: (Left to right) Sue Good and Debbie Burcham. Second Row: Connie Barley, Sherel Frere, Norma Early, Karen Hundley, Terri McClure, and Hannah Johnson.

Media Center



Left to right: Lisa Shacklette, Steve Wilson, Bill Fulp, and Jewel Winebarger.

Music



(From left to right): Wanda Brown (Accompanist), Debbie Moyers (Choir), Ms. Melinda McKenzie (Band), Thomas Colohan (Choir), and Mike Trowbridge (Orchestra). (John LaCava not pictured).



Fred Milbert

Health & Physical Education



Front Row: (Left to right) Mickie Sullivan and Rosemary Garrett. Middle Row: Jennifer Jones, Rudy Zimmerman, Michelle McDonald (Athletic Trainer) and Mike Wright. Third Row: Sue Shelton and Jeff Custer.

Work & Family Studies



Front Row: (left to right) Ada Gregory, Emily O'Connor (Middle) Paula Johnson, Joan Leffas (Back) Leslie Barbour.



Dick Wiczalkowski

Vocational Education

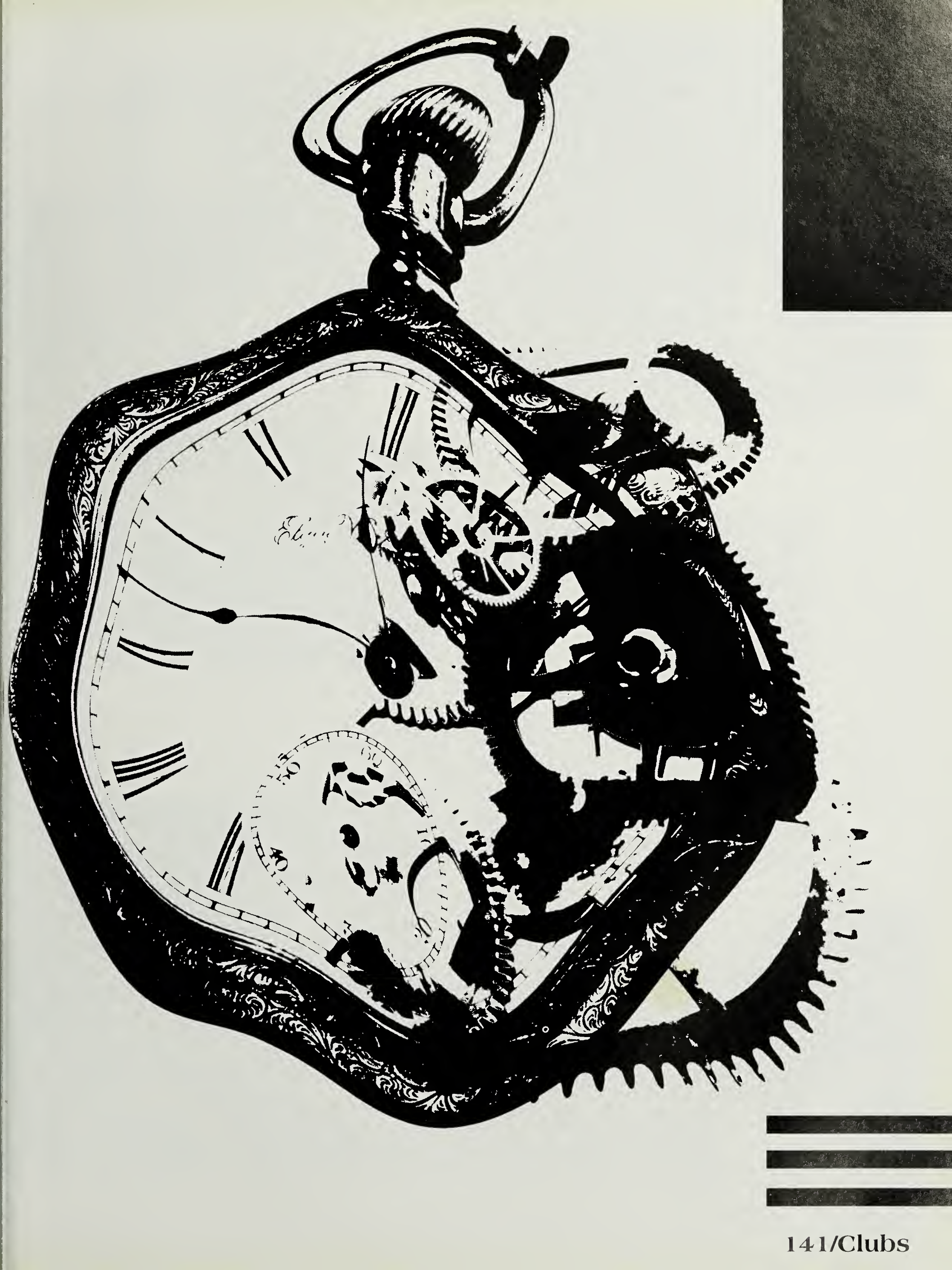


Front Row: (left to right) Yvonne Holsclaw (ICT), Lisa Brasch (Cosmetology), Kevin Daney (Tech Ed), Dan Brown (Auto Mechanics), Gerald Lucas (Tech Ed) Back Row: Butch Murphy (Tech Ed) and Clarence Demory (Electronics).



Tony Labozetta
Drafting

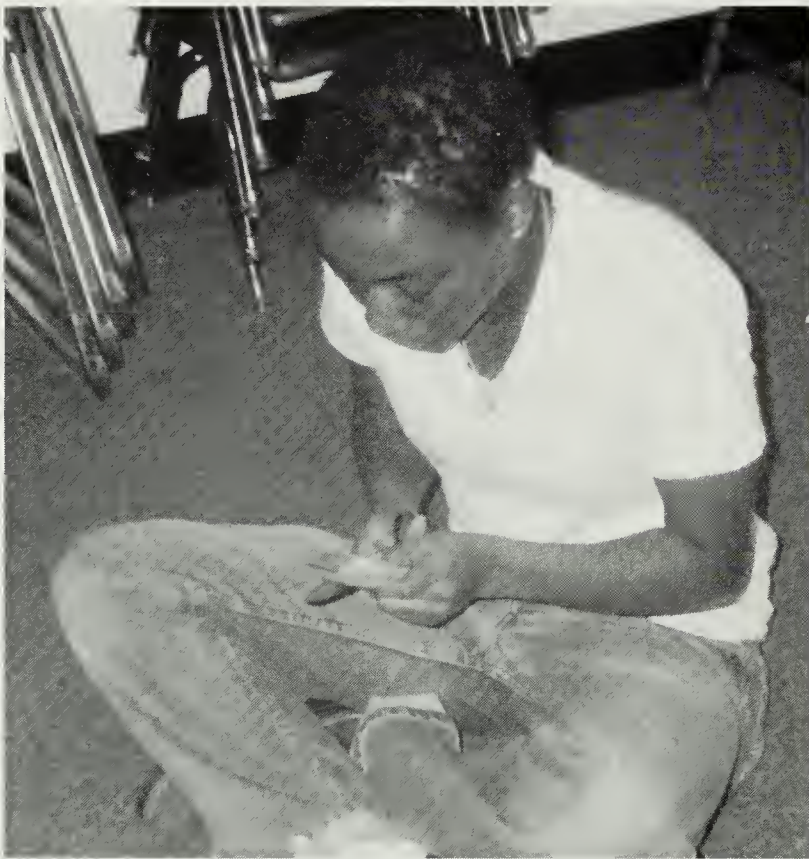




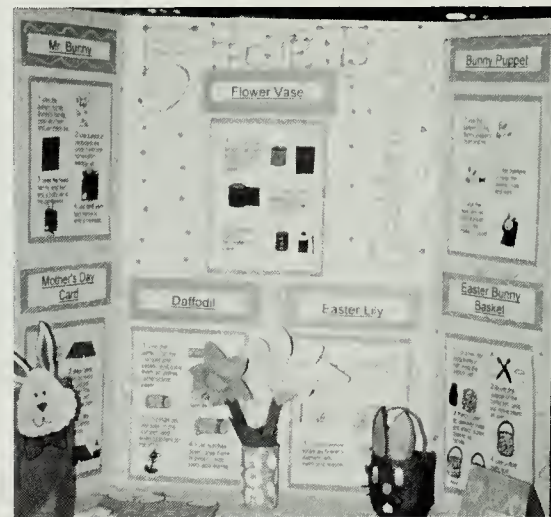


Tracing the square shape onto a piece of paper, Tina Figueras creates a large dice cube for children to roll and play her game. She hopes to have a project good enough to go to competition and win.

Cutting out her game pieces after being laminated, KC Lee, 12th grade, sits quietly on the floor concentrating on not cutting her game pieces incorrectly. She tries to be perfect and not make a mistake anywhere.



Wondering if what she is cutting is correct, Larvanda Mitchell prepares her game for competition. Even though her project did not go to competition, it was still as great as all of the others.



This display for Arts and Crafts won a gold medal and best in class. The display was made by eleventh grader Cynthia Bowman. Her project shows five different activities that a child may make for the month of April or springtime.



Sitting next to her flannel board story, Rachel Rybicki smiles with great pleasure after winning a silver medal. Even though Cynthia Bowman did not go to the competition with her storytelling, she still won a gold medal and was named Best in Class for her display on arts and crafts.



This display for puppets won a gold medal. The display was made by eleventh grader Janelle Barton. Her project shows the hand puppet with bees and numbers that detaches and can be played in a game. The stuffed bear is for the children to hold onto as they listen to the stories being told.

Entertainment For The Future



The competitors and winners of the FHA/HERO STAR events held in Mechanicsville, Virginia near Richmond. Front Row: Nadine Boisvere, Cynthia Bowman. Top Row: Janelle Bartron, Cindy Compton, Rachel Rybicki.

Allowing students to compete in the late winter and early spring in STAR events, the Work and Family Studies classes prepare students for careers in childcare, food preparation, and more.

The Child Care Occupations I students created projects relating to storytelling with lesson plans, designing craft projects, teaching games, and preparing snacks and puppets. The Child Care Occupations II students designed their own day care center for an Entrepreneurship project.

During the month of April, the FHA-HERO group showed their support for Child Abuse Awareness Month. The group asked people to sign their names in blue ink on blue paper. The color for helping child abuse victims was blue standing for the coldness left in their souls. When people signed the blue paper, they received a blue ribbon for their great support in the fight against child abuse. -Nadine Boisvere, Cindy Compton and Rory Owens



As they waited patiently for the winners to be announced, Joanna Thompson and Melinda Mulea decided to go to McDonald's with Joanna's very helpful and supportive parents, Mr. and Mrs. Thompson. Both students won a silver medal in Entrepreneurship in the North Central Regionals.



The guys of *Guys and Dolls* sing their hearts out about anything and everything. David Zornak, Kevin McMullen, and Aaron Fuksa take center stage in front of a news stand constructed by the crew.

Getting married onstage can be a difficult task. For Nathan Detroit, played by actor Joe Barrows, convincing his love Adelaide, played by actress Allison Papovich that he was finally ready to tie the knot was anything but easy.



That's the way we became the Brady Bunch.... Melody Macurdy, Kevin Dean, Matt Smiley, Mary Roslan, Misty Rybicki, Chris Parker, Jenn Johnson, Monica Dionne, and Sean Hanrahan take a moment to transform into the infamous Brady Bunch boxes. All nine of these actors are drama veterans.



The Hot Box girls were the steamiest actresses on stage in *Guys and Dolls*. They spend many hours before each show perfecting their sweet but sexy look. Allison Papovich (center) played Adelaide, leader of the girls.



This year's One Act cast worked tremendously hard to perfect their show. The entire cast supported one another throughout the long process. The finish of the show brought an unbelievable feeling of excitement.



Speech and Drama II puts on a special performance every year called The Night of Scenes. The cast had a fantastic time working with each other and all enjoyed the thrill of being on stage.

There Are No Small Parts Only Small Actors



The One Act brought many new experiences. For Chris Parker, Keicy Tolbert, and Sean Hanrahan the challenge was to work together to form a caterpillar.

"There is so much to drama. It has been one of the most exciting experiences I have ever had," said sophomore Charles Hilton. Drama isn't just about acting. It's about singing, dancing, lighting technicians, makeup artists, stage managers, and finally, the directors. Last spring, the drama club produced the classic *Guys and Dolls*. Drama directors, Ann Martin and Lisa O'Hara recast Gar-Field graduate, Noel Velez as Sky Masterson.

"Noel was really fun to work with because he had done the show before and had a lot of experience to offer the cast," said junior Tony Wright. The show consisted of over one hundred actors. To this club, an ensemble cast is very important. The show featured first time leading roles for actors Kevin McMullen and senior Keicy Tolbert.

McMullen commented "I was pleased I had the chance to use the talent God gave me." Tolbert's reaction was "AHHHHHHH!!!"

On certain days the cast was asked to stay until five o'clock. "We worked hard and had to give up a lot of time for the show, but overall it turned out great," said senior Brian Wynne.

Eventually, all this hard work did pay off. The anticipation was explosive; opening night finally came. Backstage in the greenroom the cast did their traditional warm-ups to get the blood flowing before the show began. Finally, the cast performed the show and according to the audience, made it a hit.

This year a fall show was unable to be put on due to a technical difficulty with a batten on the stage. The drama club did not quit, however, they filled the fall months with workshops. Many drama members attended such workshops as Improvisation, Stage Combat, and Lighting. During the winter months, The One Act Play Competition cast spent many hours perfecting their show which they wrote themselves. "It was a wonderful thing to work with so many creative people," said senior Misty Rybicki. The Drama Club worked hard and will continue to entertain an audience. -Katie Crabtree



*Practice makes perfect is what the cast found out when learning choreography. The choreography for *Guys and Dolls* was very complicated. The cast worked hard getting all the moves right during Aaron Fuksa's solo, "Rockin' the Boat."*

(Right) Just for Fun! That was the motto for many Dominants members this year. Seniors Cale Pritchett, Lauren Mark, Chaitra Harris, Mike McConnell, Misty Rybicki, David Zornak, and Mary Catherine Duoroznak are at an All-State Competition where they all performed well.

Dance, dance, DANCE! Partners Rhett Benson and Chaitra Harris practice their funky dance moves. Dancing is an essential part of performing, because it enhances the music greatly! It makes everything much more fun and the crowd gets more involved.



While posing for their group picture, Dominants members goof around and have a little fun. "You can really be yourself in Dominants," commented Senior Rhett Benson, "and I think that we perform a lot better knowing that because we are not afraid to show our outrageous sides."

"We had a young group this year but everyone picked up really fast. I think this was the best group I have ever been involved in, because when it came down to the tough times, we all stuck together," stated Senior Jeremy Ellis, "and for me that is what its all about!"

Everybody Get Footloose



Dominants members include: Sarah Abraham, Paul Bapple, Rhett Bentson, Lorraine Bedeau, Chris Cameron, Timothy Demers, Monica Dionne, M.C. Duoroznak, Jeremy Ellis, Chastity Evans, Sean Hanrahan, Chaitra Harris, Sarah Hill, Lauren Mark, Laura McFall, Kevin McMullen, Wanda Kotey, Cale Pritchett, Toleith Radigan, Misty Rybicki, Donald Rushing, Noelle Shott, Teresa Smith, Brandon Thorpe, Anthony Wilson, Anthony Wright, Rachel Wyatt, Brian Wynne, Sharon Zirkle, and David Zomek.



A group effort is required for a master performance. Getting in tune with each other's voices, Don Rushing and Wanda Kotey practice for the next song. It must be a harmonious melody to be victorious.

There is more to Dominants than meets the eye. One may think it involves just singing and dancing, but to the members of the Dominants, it's about friends, fun, good times, hard work, and big payoffs. They are the elite of the choir department. Talented and outgoing, their smiling faces and great dance moves enhance every performance. Dominants performed at many shows this year; some very successful and some just to break ground for the new year. "Mainly we performed for groups, such as the Retired Teachers' Fund and Future Farmers of America. Also, we traveled around the community to local elementary schools like Dale City Elementary and Bel Air Elementary. Wherever we performed, we always had a great time," said first-year Dominant, Chastity Evans. They also per-

formed in the Valley and competed in several competitions where they received many honors.

To get ready for all these shows and competitions, the Dominants not only practiced during school, but after school as well. They have to perfect their songs and all of their groovy dance moves. Senior Chaitra Harris commented, "Our choreographer, John Jacobson, is the greatest! Everyone has his or her own style of dancing, but when we perform, it just all clicks, and we look super."

For many seniors this was a sad year because it was their last. The spring performance was to them the most important because it was like their own personal grand finale!

-Tiffany Hoffman



Enthusiasm flows through the Dominants as they practice for a spring performance. Devoting many hours to practice insures a satisfied audience and a proud moment for all of the members. The motivation to be successful definitely shows in all of their faces.

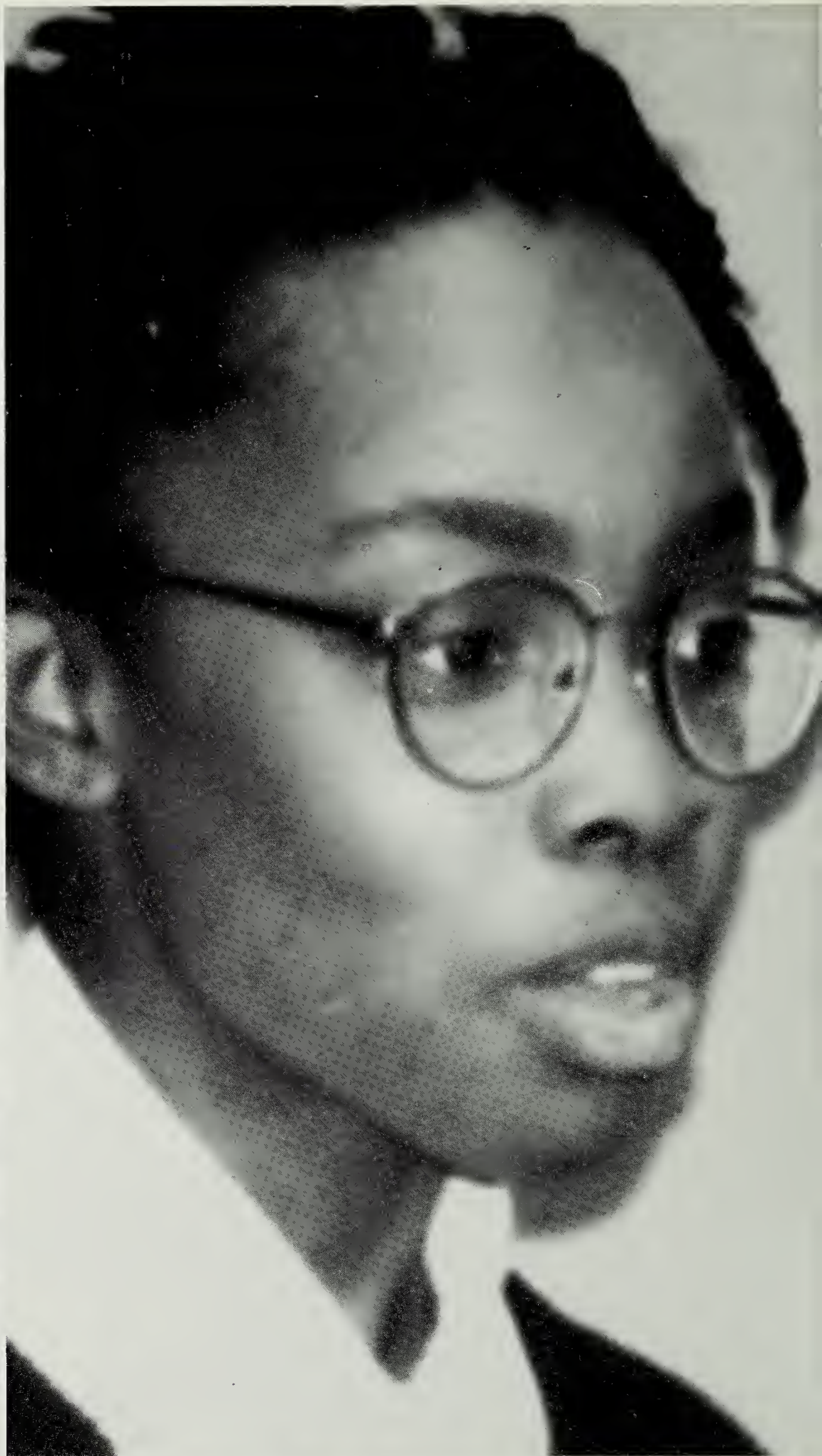
(Right) While explaining the next debate club topic to the other members, club president Maisha Williams tried to be concise and informative. Maisha helped prepare the debaters and described all of the aspects of their topic.



(Above) Senior Sean Hanrahan and Junior John Kelly were two of the It's Academic members that appeared on this year's show. Senior Steve Jakub also appeared on the show. All agreed that they had a fun time and learned many new things.



(Above) Discussing an answer, Harman Bajwa and Michael Sweeny compare their opinions to a question. The It's Academic club members help one another to learn new things by cooperating. This method of learning has proved to be very successful.



(Right) Overwhelmed with her new topic, debater Rene Coleman listened to the club president, and tried to think of creative ideas for her subject. It is often hard for debaters to begin a new topic.



Watch Out World, Here We Come!

Argumental discussions, mentally challenging exercises, weekly drills: these are just a few of the many activities in which the Garfield Debate Club members engaged themselves. The Debate Club followed a Lincoln-Douglas style of debate, and they competed in regional debate tournaments. The tournaments were held approximately once a month. The Debate Club discussed various topics, ranging from gender issues to types of government. Over forty high schools from Maryland, Washington, D.C., and Virginia competed in several regional tournaments. Judges were provided by each school that participated, and they judged rounds of

he tournament.

To prepare for a match or tournament, the Debate Club members had to discuss and research their topic. They had to create a convincing argument for the judges.

Although debating is a very intense activity, it has many significant and long term benefits. Sophomore member Mike O'Leary summed up his feelings about the debate club when he said, "I really learn a lot."

The members of the It's Academic club had a quest for knowledge, and a love for trivia. The club met every Friday and ran through lists of questions parallel to those that would be asked on the television show. In

addition to appearing on the show annually, the It's Academic team competed in county-wide and intermural competitions.

Three of the It's Academic club members, Sean Hanrahan, John Kelly, and Steve Jakub were selected to appear on the show. After weeks of preparation, the day of the show had finally arrived. The Garfield Indians were excited and nervous, and they were proud of their second place finish.

When asked how he liked being on the It's Academic show, team captain Sean Hanrahan replied, "It was a very exciting experience, being on the show and getting to meet Mac

McGarry." Team member John Kelly stated "I was very nervous, but it was an interesting experience."

All of the It's Academic club members participated in the weekly drills. Sponsors Mrs. Jean Bittner and Mr. Chuck Castrina asked questions, while the members were eager to find the answers. If they did not know, the sponsors would try to help them. The members learned from their mistakes, and helped each other out. Weekly drills were a learning experience for everyone.

-Erin Nicholson



(Above) Debate Club Top row: Mike O'Leary, James Gazzoli. Bottom row: Stephanie Souders, Maisha Williams, Rene Coleman. Not Pictured: Kathryn Garber, Tasha Bunch. Sponsor: Mrs. Geri Cantwell.



(Above) It's Academic Club Top row: John Neal, John Kelly, Michael Sweeney. Bottom row: Sean Hanrahan, Harman Bajwa, Sponsors: Mrs. Jean Bittner and Mr. Chuck Castrina.



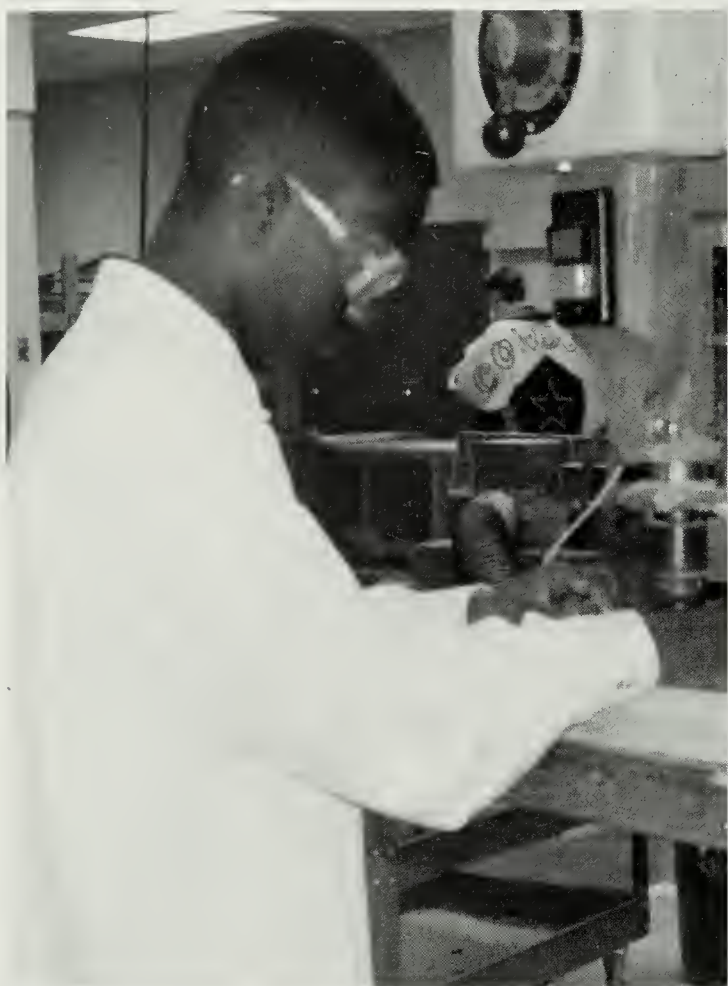
(Above) Deep in thought, Debate club member Mike O'Leary brainstormed ideas for his next match. The debaters devoted a lot of time and effort to developing their arguments. Debate members spent many hours in the library as well.



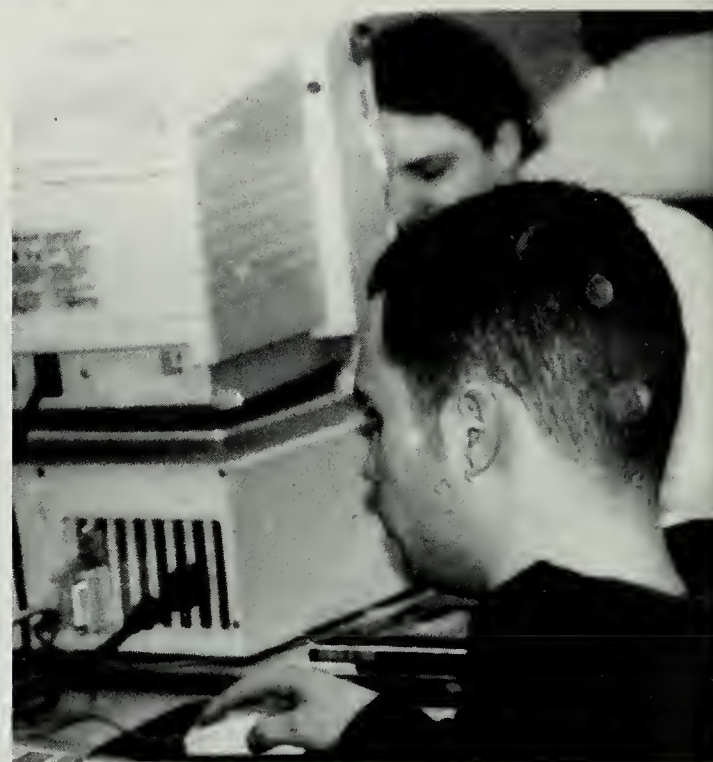
(Above) It's Academic Club sponsors Mr. Castrina and Mrs. Bittner took time away from weekly drills for a quick picture. Learning world geography is a major focus of the It's Academic team, as well as math history and world news.

(At Right) As Jaamal Ward diligently on his project, he commented that you have to have a natural skill to create some of the projects. Following directions and learning to be a good listener is very important if you take a VICA course.

As Julian Askew finished his project, he commented that you have to be a skillfull person and you have to be able to work with your hands. These are some of the many skills you learn to achieve when you take a construction class.



Concentrating hard on his final draft, Danny Broughton is diligently working on his final project in drafting. This is one of the many projects that they work on over the duration of the class. Mr. Labozetta is the teacher of this class and recommends that people who want to be architects should take this class. Drafting is one of the classes that make up the VICA program.



Advanced technology allows the students in drafting classes to explore the many ways to design projects. Jim Klopp works on drawing a floor plan.

PREPARING FOR THE REAL WORLD



Shayne Waldner, a Junior, is working on a car in auto mechanics. The school gets broken down cars and the students try to fix them so that they can get them back on the road again.



VICA offers the opportunity to students to get the hands on experience. For most of the students who take these classes, it becomes more than just a high school course. As Donte Brown installs the engine, fellow classmates Shawn Nicely and Greg Winningham observe closely.

Vocational Industrial Clubs of America are taking the schools by storm. VICA is an organization that prepares you for the real world. It includes electronics, drafting, construction, cosmetology, auto mechanics, and printing. For most of these courses it requires a two year enrollment in the class. For instance, after taking cosmetology for two years, you can get your license to work as a cosmetologist. Students who were enrolled in an auto mechanics class for two years could receive a certificate that would help them

find a job. Auto mechanics teacher Dan Brown said the students could also receive credit towards a technical school. For some students, taking VICA classes allowed them to get a job without attending college.

VICA gives an equal opportunity to all of the students to achieve a future for themselves right out of high school. With programs such as VICA Garfield's contributions to the community will only increase.

-Rebecca Membreno,
Karen Testerman



Students in their first year of cosmetology are very attentive while guest speaker Vivian Charles demonstrates to the class how to trim hair. The students have hard tasks such as learning the correct ways to cut, color and style hair.

Tomorrow's Leaders

For 69 inductees to the National Honor Society November 14 was a special night of honor. At this Twenty-Fifth Annual Ceremony, Principal Roger Dallek and members Kim Kinoshita, Nesreen Sabah, and Steve Jakub were presenters of the awards.

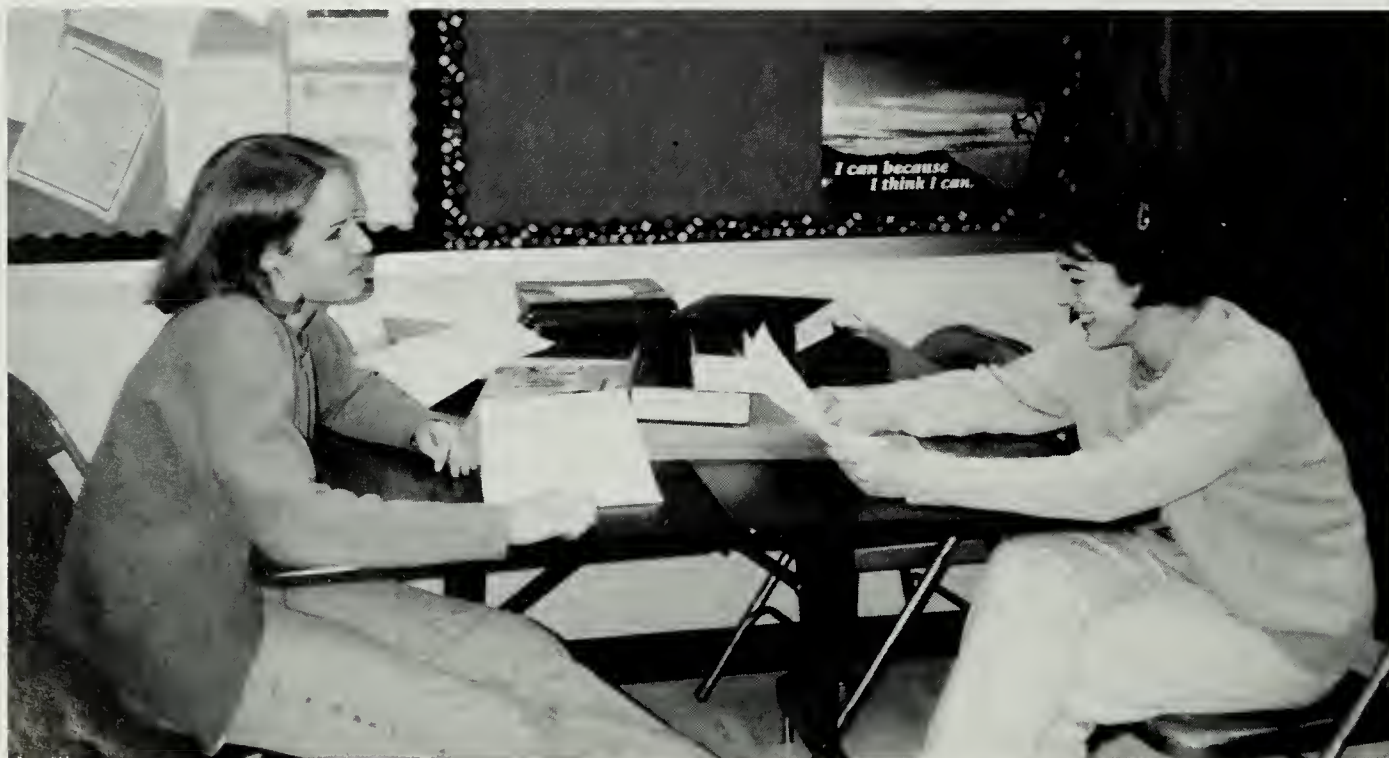
The sponsors of the National Honor Society are Social Studies teachers, Mr. Michael Bunn and Ms. Pat Davies. "As a sponsor I make sure the qualified students are inducted, monitor their grades, and supervise projects the students initiate," Mr. Bunn stated.

Along with being a junior or senior and having approval of the school's faculty, one also has to have a GPA of 3.5 to be inducted and maintain it throughout the year. "It's really hard this year to keep my grades up, but the thing that keeps me going for those high grades is to get into a good college," said junior Erin Caricofe. "I'm taking some pretty difficult classes this year, but since I'm self-motivated, I don't let myself slack off," junior Kristen Webster stated. "I'm hoping to attend a great college so all my hard work will pay off in the future."

As a second year member, senior Amandeep Bajwa commented on what she has done in National Honor Society. "This year I passed out carnations to the new members who were chosen to be inducted. I have also helped clean the school." Membership in the National Honor Society is a great privilege and proves to be of great benefit on college applications. *-Heather Haus & Jeri Culp*



Sharing a laugh and lunch together, junior Sharon Zirkle and second year member, Sean Hanrahan prove one can have fun as well as have good grades.



Working in groups, juniors Kristen Webster and Erin Caricofe, get together to review the day's lesson. By working together, they hear each other's ideas.



Taking time out between classes, seniors Amandeep Bajwa and Jeri Culp talk about their weekend plans.

Modern Diplomacy

Members of the Model United Nations learned how to cooperate with one another, to cultivate valuable skills, and get a taste of how the United Nations really works. Most importantly, students learned the value of teamwork under pressure.

If public-speaking sounds like a scary proposition, representing a country in a seminar environment might seem beyond reach. Sophomore Danielle Johnson said, "Once I got up in front of everyone at a conference, I totally forgot what I was going to say."

Most of the members have won several awards, including sophomore Megan Westcott. Megan stated, "It was a really good experience. I had a lot of fun."

The Model U.N. participants go to different schools to in various states to compete. Senior Christos Stavrianidis said, "I think the trips are the best part. You get to stay in hotels and hang out with friends." -Mike Riley, Sabeen Shah and Allison Sandera



Foreign exchange student, Christos Stavrianidis, and senior Katie Cunningham posed for a picture with their Model U.N. country. Students adopted countries they were to represent.



Danielle Johnson, Jen Johnson, and Carrie Williams were some of the organizers and participants at many of the Model U.N. conferences. They debate and discuss social and political issues.



First Row: Tracy Kinoshita, Robert Kelly, Charlene Carthon, Megan Westcott. Second Row: Miss Donna Dorton (sponsor), Jenn Johnson, Katie Cunningham, Danielle Johnson, Ruth Zirkle, Mechelle Butler, Carrie Williams, Matt Linton. Third Row: John Kelly, Sharon Zirkle, Ryan Donald, Mustafa Hersi, Christos Stavrianidis, Randy Shelton, Curtis Turner. Not Pictured: Scott Clendaniel, Maisha Williams, Paul Bapple.



John Kelly and friend prepare themselves for the afternoon's conference. They spend hours preparing. That's why almost everyone involved in Model U.N. competitions wins an award every year.

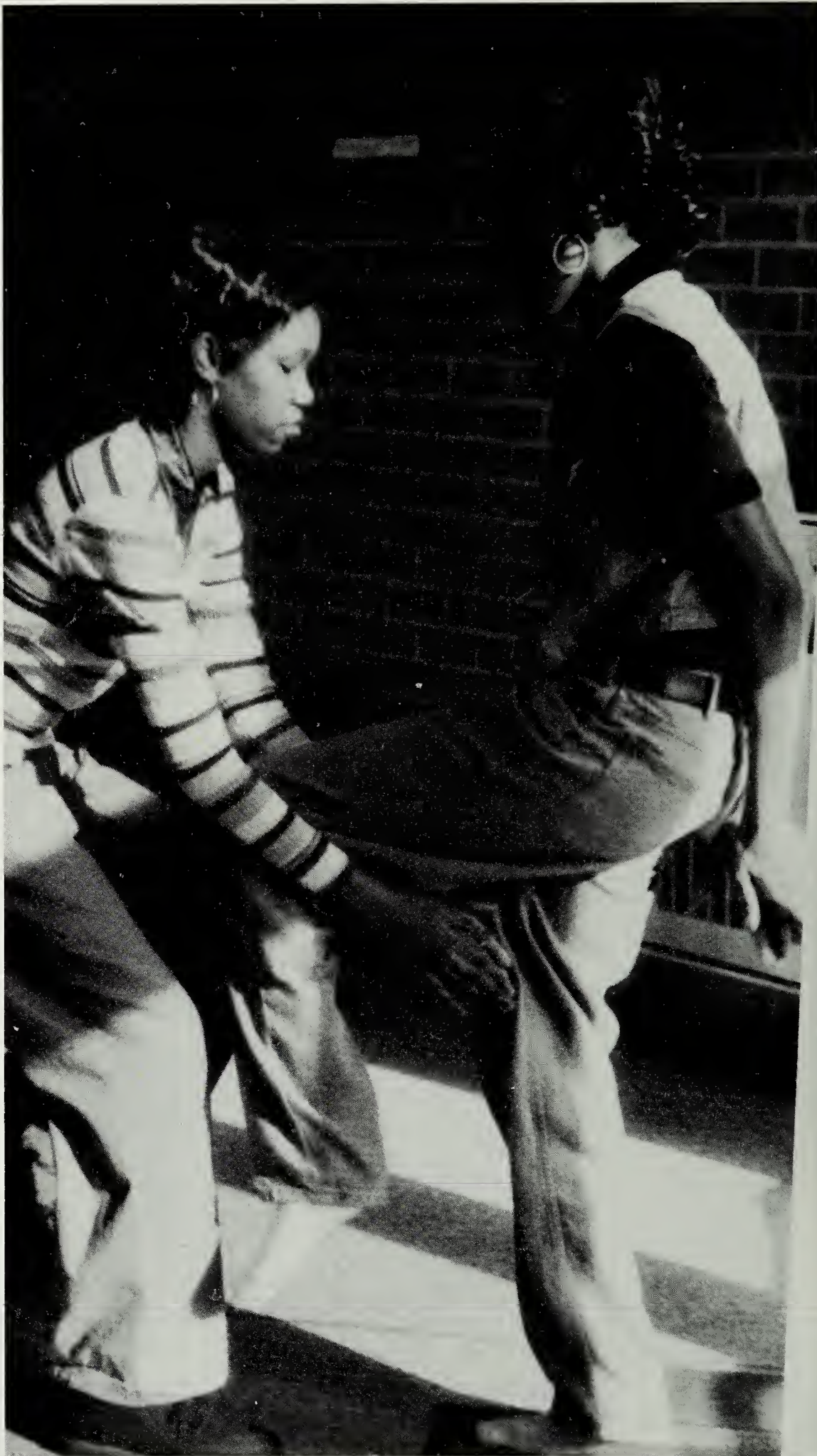
Akofo Dogbatse gets position as she and her partner, Julie Omole practice their intricate step routine in preparation for competition. Both sophmores agree that the step team is a competitive and positive activity for them.



The Step Team has a lighter moment as Rachal Lovett expresses her "diverse" humor. "We're like family here. We have to work, but sometimes girls just wanna have fun," says Cassaundra Saunders.



Ebony Lambert, Wanda Kotey, Nikki Smith, and LaShawn Bates engage in conversation at an African American History Club meeting, as Kala Barnes and Palesa Osei-Tutu look on. Sharing ideas is the key to a productive meeting.



O.J. Oliphant has a big responsibility as President of the African American History Club. Oliphant is responsible for making meetings run smoothly and for preparing for the club's activities.



UNITED WE STAND

There were a variety of clubs and activities for black and African-American students to take part in this year. Created to promote a positive outlook and a sense of unity, each club as its own unique distinction. All of these clubs have a large number of students who have joined, making them strongly effective when achieving their goals.

YBW was started to put an end to the myth that black females could not get

along. Promoting self-esteem, unity, and proper conduct of its members, YBW provides peer counseling and advice to students. Sponsors Ms. Jones, Ms. Yates and Ms. White dedicate their time to help the young ladies achieve their goals. They hope to continue the success of the club in the years to come.

The chant "Steppers attention!" can be heard throughout the gym. The Diversatile Steppers assemble immediately into their formation. Most students agree that this new club has

brought a certain flavor and attitude to basketball games and assemblies. Their confidence, strength and success is due to their sponsor, Ms. Cammock, and to the dedication of the active members.

The African-American History Club brings its members together by focusing on positivity and unity. One learns how to be a leader in the community, to communicate effectively with people, and to uphold outstanding citizenship. This prominent organization is an essential as-

pect to all its participants.

These clubs can agree that their main purpose is to create a positive atmosphere for their members and people around them. The clubs accept membership from everyone who is a part of the -family. As quoted many times by various leaders, "United we stand or divided we fall."

-Danielle Colbert, Pheobe Kenney, Palesa Osei-Tutu, Casey Vera



Diversatile Steppers, First row: Felecia King, Palesa Osei-Tutu (captain), Eunice Omole, Sharidah Taylor, Phoebe Kenney. Second row: Cassandra Saunders, Rachal Lovett, Leslie Allen, Julie Omole, Shana Rice(captain), Toileth Rattigan. Third row: Lydia Nance, Nana-Ma Danquah, Akofo Dogbatse and sponsor Ms. Cammock.



African American Club, Front row: Nikki Smith, Wanda Kotey, Lashawn Bates, O.J. Oliphant, Ebony Lambert, Venus Thomas, Deidre Wade. Back row: Danielle Colbert, Cassandra King, Kala Barnes, Palesa Osei-Tutu, Richelle Harris, Eunice Omole, Melissa Wallace, Ms. Commock.



YBW Sponsors: Ms. Jones, Ms. White and Ms. Yates.



Artwork by Frank Wilkes



The Spanish Club's members recruit interested participants by sheer word of mouth. Elena Epps (97), vice president, discusses with potential member Mina Ennin (97) the club's plan for the coming year.

As is traditionally done at the end of a Spanish Club meeting, active members listen intently to future plans. Valerie Leon (98), Beth Ann Duoroznak (98), and Laura Stockman (98) take time out of their busy schedules to attend these meetings.



Engaged in a delightful conversation during a pizza party, German Club members Tomas Anderson (96), Tania Heydenreich (96), and Ian Stewart (99) enjoy each other's company. Eating and stimulating conversation are just two reasons students like to participate in this afterschool activity.



Although participating in the Spanish Club isn't all fun and games, during a fiesta the club plays Spanish Trivia. "It's a great learning experience. I find out something new during every meeting," said club member Chris Townsend.

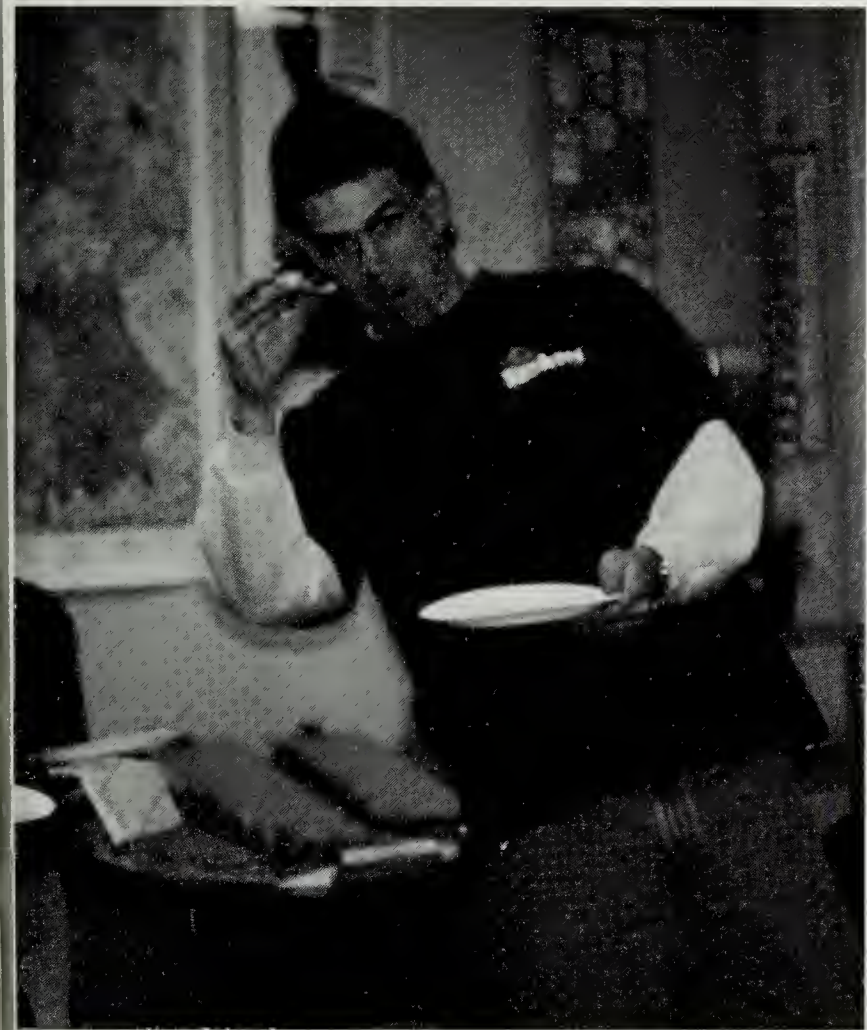


Vidya Kori (98), Sanjana Khoobchandani (98), and Danielle McBride present dues for the Spanish Club. Paying dues for the club enabled the members to participate in all club activities.



Keeping up with German news, the club discusses German current events during a meeting. Jan Spijkers (96), Steve Huffman (96), Loni Stewart (96), Tomas Andersen (96) and Ian Stewart (99) keep up with trends that help the club keep in touch with what is really going on in Germany.

House Full of Culture



Enjoying himself at a German Club pizza party, Jan Spijkers(96) has first-hand experience to share about his native Germany. As a foreign exchange student, he serves as an ambassador who will teach Americans about his culture as he learns much about the American culture.

Perseverance was the key to this year's foreign language clubs as they struggled to meet with their participants to form a club. Previously, the clubs would use the third period activity period in order to plan activities and learn more about the various languages and cultures. Even though the clubs rarely got the chance to gather, they were able to accomplish a few orders of business. The Spanish Club ate out at Spanish restaurants; meanwhile, the German Club members got to know each other as they planned future activities.

In his first year, Mr. Anthony Ferrara, Spanish Club sponsor, set out to introduce the Spanish culture and experience to all who desired it. Once participants paid the admission fee, they would be eligible to attend Spanish restaurants and Spanish activities within the area. The Spanish Club does, however, have something for everyone. Those students who didn't pay the admission fee were still able to attend regular meetings and plan activities for foreign exchange students. The members can all agree that the club promoted an understanding of Spanish-speaking cultures and heritages.

While the Spanish Club participated in Latin American activities, Mr. Byron Bailey's German Club enhanced its knowledge of German history and culture. The German Club's pizza party set the wheels in motion for a productive year. Not only were the club members enthusiastic, but this year among them was German born and raised foreign exchange student Jan Spijkers. It didn't take long for Jan to be inducted into the club. Combining experience and zeal, the German club accomplished the many tasks they set before themselves.

All in all, the foreign language clubs conquered seemingly insurmountable obstacles ahead of them and completed the most important goal of all: learning new things about new people. -Nisreen Elhillali,

Palesa Osei-Tutu, Danielle Colbert, Phoebe Kenney



First Row: Chris Townsend, Laura Stockman, Cheryl Stokes, Richelle Raffield, Vidya Kori, Kala Barnes, Elena Epps, Mr. Ferrara. Second Row: Carl Hayes, Greg McChain, Andrea Augustoski, Danielle McBride, Danielle Colbert, Sanjana Khoobchandani, Beth Ann Dvorozniak, Valerie Leon.



the hyphen staff: (Bottom to top, left to right): Rachelle Jones, Shante' Jordan, Jamila Vernon, Jen Robinson, Corey Starks, Jen Burwell, Kristen Webster, Pam Stukes, Jeri Culp, Nicole Moore, Erin Caricofe.



The Shaman staff: Row One: Maisha Williams, Lee Miller; Row Two: John Neale, Anthony Wright, Katie Cunningham, Katie Monahan, Cathy Cook, Olwen Johnson; Row Three: Robert Bryant, and Derek Alderman.

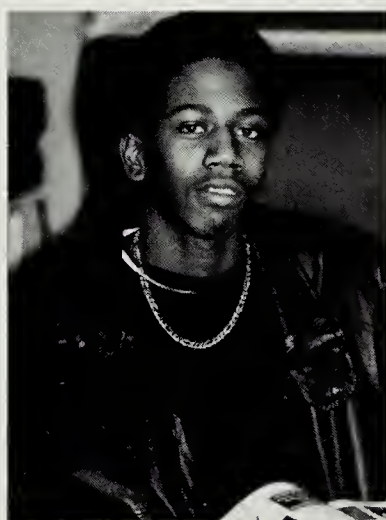


Indian Echoes staff: Row One: D. Pokusa, K. Crabtree, J. Robinson, C. Pennington, M. Manabat; Row Two: P. Stukes, V. Bowman, J. Cho, L. Bougner, M. Hamilton, R. Andrews, J. Reese, K. Cartwright, M. Dunn, S. O'Connell, R. Jones; Row Three: J. Culp, B. Christianberry, R. Schrimf, J. Galgano, A. Rowe, K. Pancratz, T. Lambert, H. Haus, and T. Wright.



Indian Echoes Staff: (Sitting to standing): A. Sandera, D. Colbert, P. Osei-Tutu, T. Bapple, N. Boisvere, C. Compton, S. Shah, P. Kenney, C. Vera, J. Bedford, K. Smith, E. Nicholson, K. Testerman, N. Elhillali, J. Harris, C. Bonilla, S. Siefke, A. Fehrman, R. Cummins, S. Khoobchandani, T. Kochetar, A. Hoffman, T. Hoffman, T. Stapelton, M. Bussard, M. Riley, G. Rubino, A. Cross, M. Hamilton, C. Williams, C. Edsall, S. Didomenico, and K. Scholz.

Meet the Press



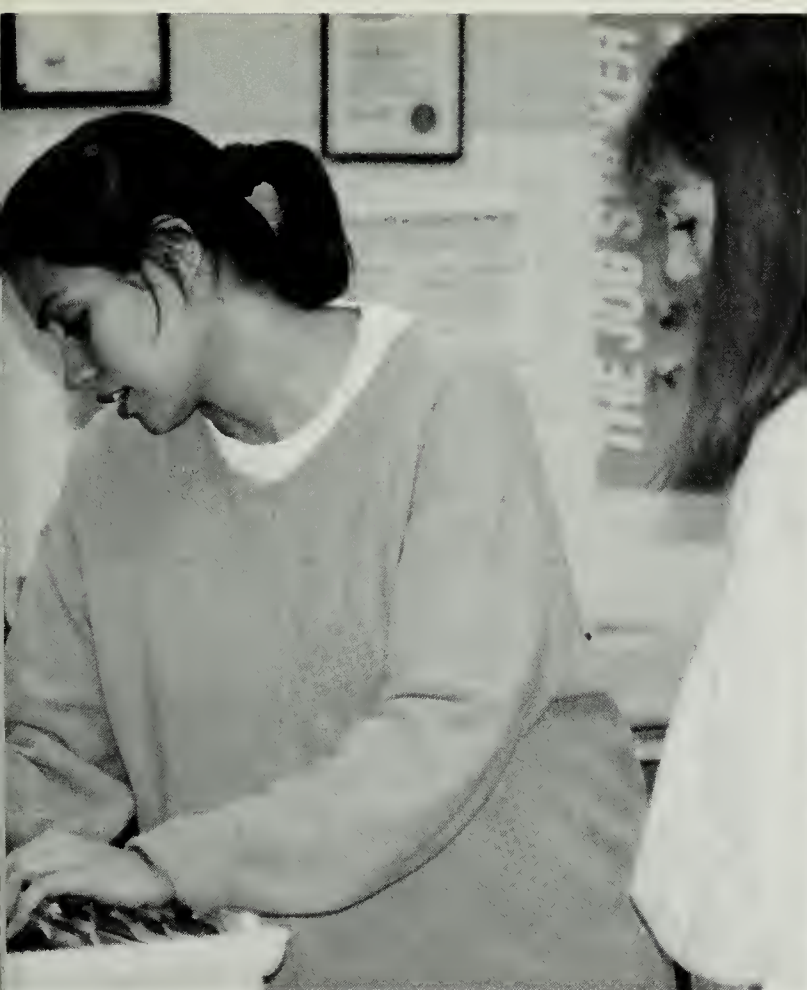
(Left) Artist Frank Wilks was the perfect addition to this years staff. A good artist is hard to find, and Wilks proved to be an asset to this years book.

G-F Publications

Extra, extra! What better way to keep the School of Champions well informed than through the roving journalists of the yearbook and newspaper staffs? Deciding to be a member of the staff was not a hard decision. If one was willing to put in the time and love writing and taking pictures, this was the job for you.

"Being a member of the The Shaman is hard work and takes devotion," said Tony Wright. The Shaman met weekly afterschool to discuss and select what entries would go into the literary magazine at the conclusion of the year.

Capturing the memories of a particular year can be a difficult, stressful job. The journalists, editors, photographers, and 'agents' on The Shaman, the hyphen and Indian Echoes staff gladly accepted the challenge of preserving the history of 1995-1996. •Katie Cartwright and Rachelle Jones



(Left) There is bound to be a photo somewhere in this box. Assistant Editor Janet Ortiz and Section Editor Erin Nicholson search for a senior candid.



(Left) To make her point clear, hyphen Design Manager Erin Caricofe consulted Viewpoints Editor, Kristen Webster. Editorial meetings like these were essential to producing a good newsmagazine.



(Left) Editor-in-Chief Curtessa Pennington grinned as she proofed a layout. It was her job to make sure that there weren't any spelling or typing errors in the yearbook.

(Left) The yearbook relied on great pictures of students. Choosing them was often difficult. Staff members Rhonda Cummins and Abby Fehman took a few minutes to select photos as they joked about what was depicted in each shot.



(Above) Feature Editor Jamila Vernon and News Editor Rachelle Jones collaborated on an article about musical tastes, as Production Manager Jen Robinson took a relaxing break away from the computer room. Despite the pressing deadlines, the hyphen staff still found time to "cool out" in the classroom.



(Left) At a weekly meeting of The Shaman staff, Maisha Williams munched on a cookie as John Neale and Mrs. S. Chase spoke about the day's agenda. The Shaman was an annual collection of the literary works of the student body.

The Future Business Leaders of America officers: Carolyn Wade, Shana Rice, Tekora Singleton, and Kelli Stremel. These students helped to prepare the many activities that FBLA participated in.



In Fashion Merchandising there are many different projects that were assigned to give the students a better understanding on the techniques of marketing apparel. Looking through magazines, Lindsay Stowell and Stacy Wido create their own view on fashion.



Members of DECA: Vicrum Puri, Kyle Enzler, Alicia Meyer, Tanisha Gill, Leah Kuhns, J.T. Thompson, Christian Schenck, Lashawn Carey, Shelly Adams, Carlos Marngitr, Mike Edwards, Sam Wright, Keith Benderoth, C.R. Smith, Sean Johnson, Darryl Walker, Greg Briney, Fetecia King, Latoya Williams, Ben Gryson, Stacy Wido, Matt Clear, Iris Young, Richard Fitzgerald, Antonio Mendez, Leandra Vaughn, Natasha Pittman.



In Fashion Merchandising Iris Young, and LaToya Williams listen as the class talks about preparing the annual fashion show. The fashion show was a fundraiser for the class.

Getting Involved



One of the major industries in the world is fashion and Gar-Field was getting students involved in the future of the fashion world.. Fashion Merchandising helped students, like Antonio Mendez, Iris Young, and Ebony Lambert, understand the fashion and how to make a career in that field.. Maybe sometime in the not so distant future we will be wearing apparel designed by these students.

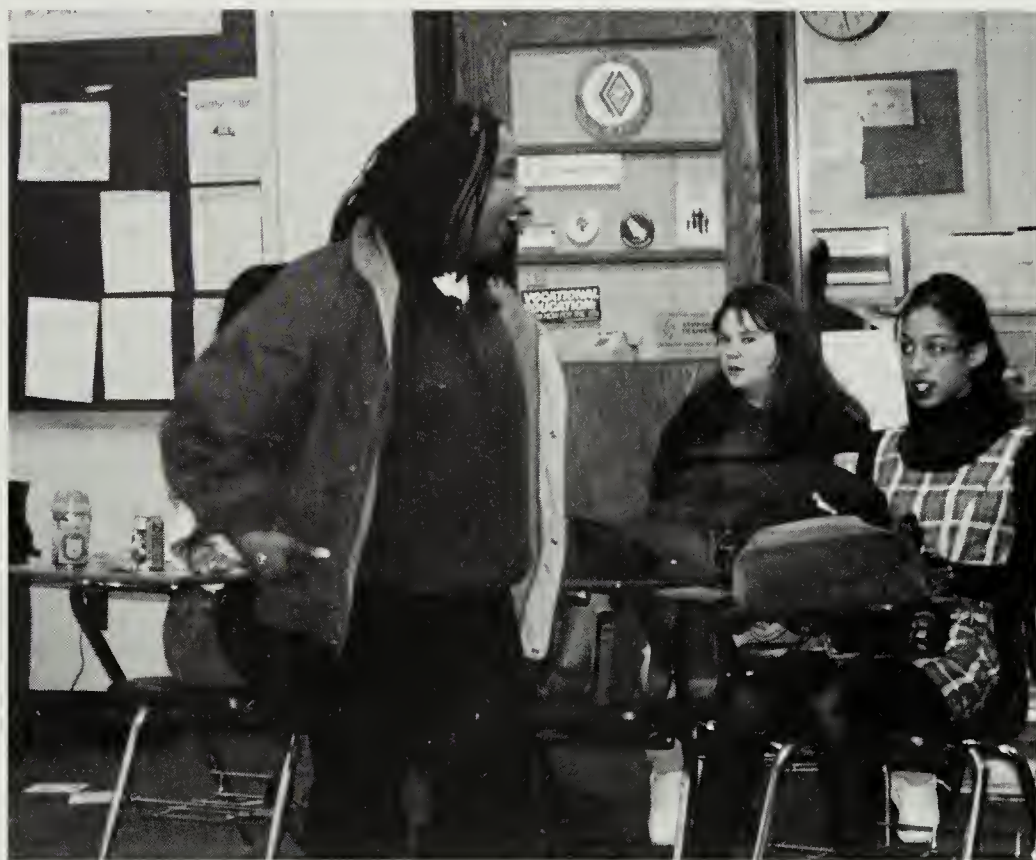
As life in the real world seemed not so far along, many students thought of the job opportunities that lay ahead and wanted a head start. Learning the basics of being a business professional, developing leadership qualities, and civic consciousness were some of the skills that Distributive Education Clubs of America and Future Business Leaders of America try to help the students learn.

Members of DECA met once a month to plan upcoming events and activities that would get them involved in the business world. With the help of president Tyrone Parson and vice president Tommy Cope, club members and other officers were involved in many work programs. "We all work hard to make DECA a success and we have fun doing it." said president Tyrone Parson.

Developing the required skills it takes to become a successful business person is the focus of FBLA. "As president of FBLA my duties are to supervise and conduct meetings in an orderly fashion," president Tekora Singleton said. FBLA members also participated in many community activities such as Pro Ask, a cancer research program for children. Members also contributed to the March of Dimes by walking in the Walk-A-Thon. -Pam Stukes



As Secretary of DECA, Tara Conroy had to pay attention to every spoken word at their meetings. Being apart of this prestigious club in Gar-Field helped make the students professional and business minded.



At the monthly meeting of DECA, Shelly Adams, Kristy Pillard and Christian Schenck plan for future activities such as helping with Pro Ask. The March of Dimes and Pro Ask and are two of the major activities that they participate in.



At the Woodbridge Nursing Home, Leo club members Allison Davis and Lorie Spears call out numbers for the Bingo game. The club members enjoyed entertaining the senior citizens on Thursday nights. The nursing home residents enjoyed spending time with their adoptive friends.

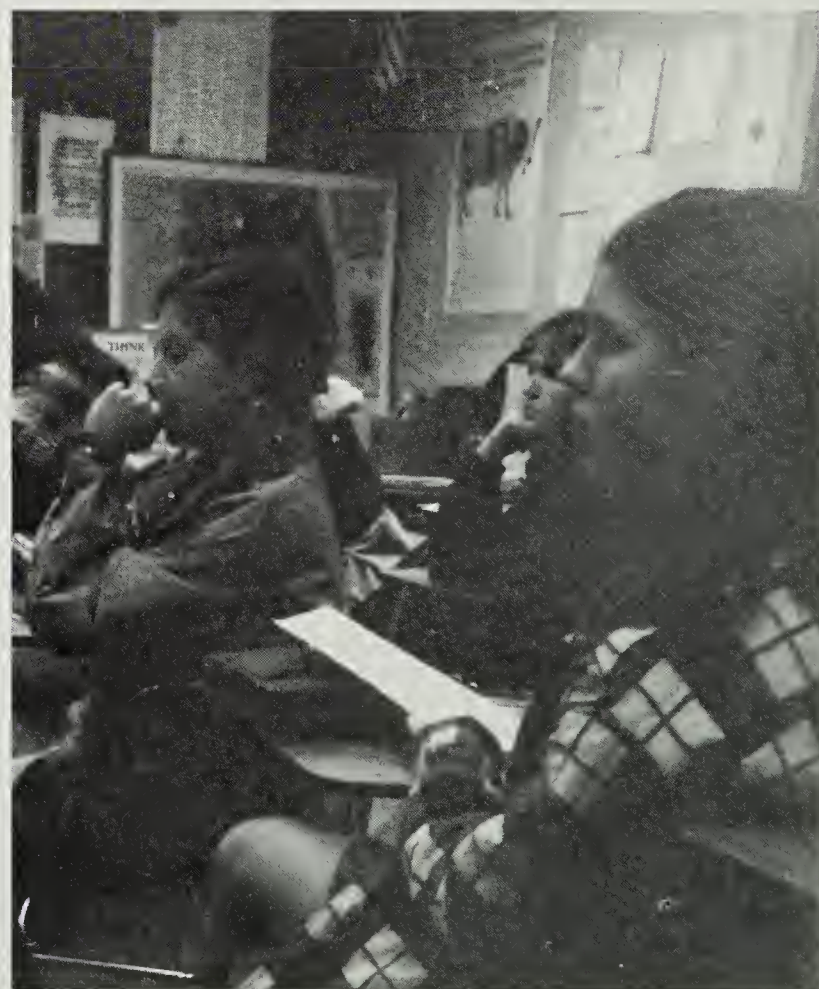


Many of the members liked spending their visits in conversation. Diana Ramsey talks with a resident during a Bingo game. "Getting to know the nursing home residents was one of the most enjoyable things to do," said Ramsey.



Part of the Junior Civitans community service was to go bowling every Tuesday with the handicapped. The members looked past their opponents disability and made the competition stiff and enjoyable. A good deed always goes straight to the heart.

Various clubs helped hand out flyers to help collect canned goods for the needy. While at Giant, Liz Ramsey passes out a flyer to a neighborhood resident.



Discussing dates to sell during lunch, members of the Key Club finalize plans for the Valentine's Candy grams. Key Club sponsored many activities for the school including bake sales and door drives.

Helping Hands Reach Out



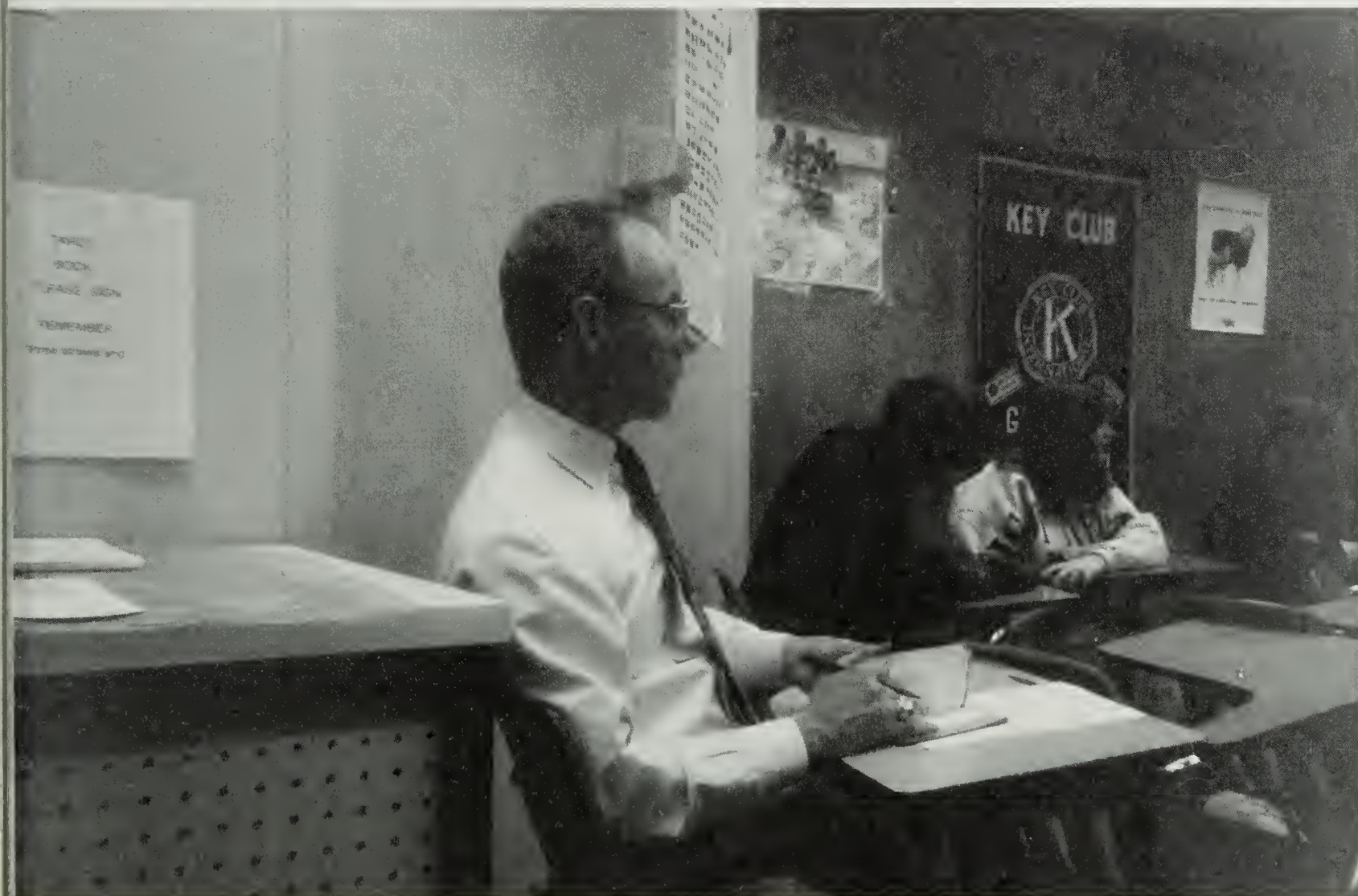
The Leo Club was active in the community and sponsored many service projects. Spending time with the handicapped and elderly brought good spirits to the club members and their companions. While at a nursing home Stephanie Spears helped make her companion's game more enjoyable

The Leo Club, Junior Civitans, and the Key Club were the reasons for the smiles that came upon the faces of the less fortunate. These clubs reached out to many people throughout the community, despite whether they were young, old, blind or disabled. They just wanted to show that, despite the negative reputation that teenagers received, kind hearts were still among the children of the world.

These clubs participated in activities that were both helpful and fun. They bowled with the disabled, played bingo at the nursing home, sponsored an athlete at the Special Olympics, and ran canned food and blood drives. The feeling of making someone's day worthwhile made the students feel as though they had accomplished a big task. President of the Leo Club, Jeannie Rubino commented, "The best part of playing bingo was seeing the people's eyes light up when they won a game and their big smiles."

These clubs helped encourage the student body to spend their time and effort to help raise money and other needed items. Cindy Spain from the Key Club stated, "The main purpose of the Key Club is to better the community and the school and give students the opportunity for leadership." Being apart of these clubs meant spending many afternoons and weekends to help make a difference in someone's life. Everyone needed to participate in order to make their services successful. Making others feel loved and important was a main goal and was thoroughly achieved by these organizations.

-Claudia Williams, Jami Bedford, Jeannie Rubino, and Adrienne Cross.



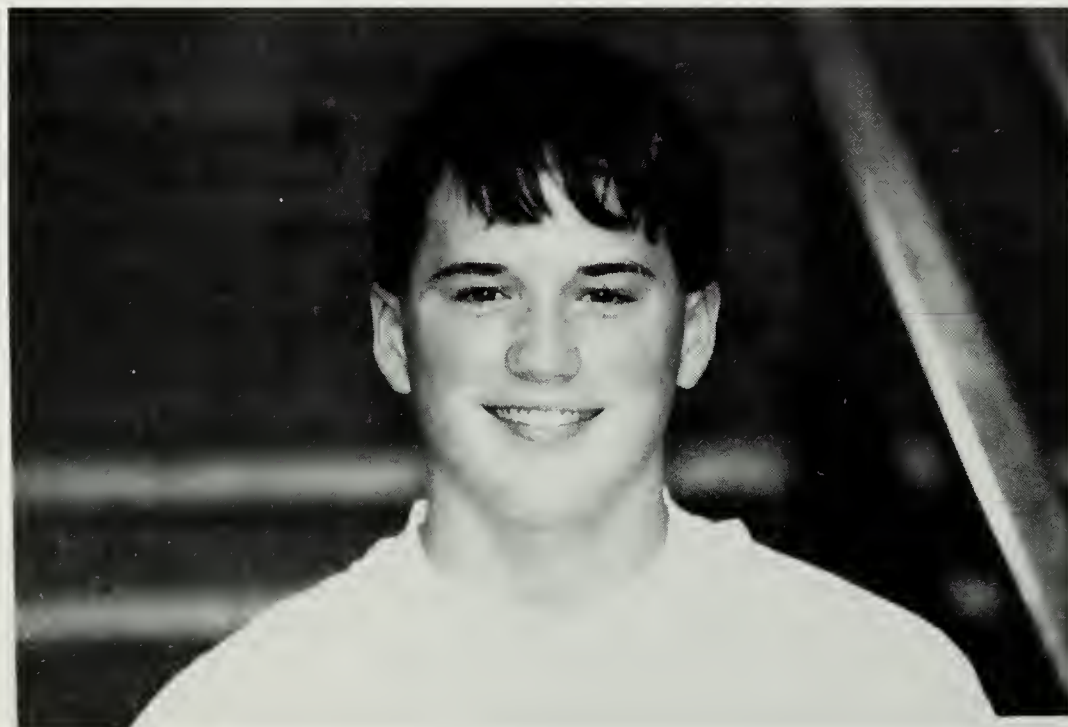
As the sponsor of the Key Club, Mr. Darrough helps in planning future events. One of the Key Clubs main projects was to tutor elementary students and to collect food goods for the needy during the holidays. The club also sponsored the annual blood donor drive.

TAKE CHARGE

(Right) As important members of the SCA, Katie Crabtree and Tony Cooper discuss important plans for next year. All the decisions, like scheduling, made by the SCA affect the entire student body.



SCAREPS(left to right): Katie Crabtree, Dave Touchette Tony Cooper and Tiffany Hoffman.



(Above) Junior Class Officer, Josh Hogan knows that maintaining a good image is a reflection of good character. As officers to the school, the SCA had to also be role models to their peers.

(To the right) AS principal, Mr. Roger Dallek has to be supportive and willing to listen to the voice of the students. With the SCA, Mr. Dallek allows the students to communicate with each other in order to overcome the fear of speaking to an adult on major issues.



The Leaders of Tomorrow

Each year students vote and elect class officers in order to get their input on the goings on of the school. Elections took place last spring and every candidate worked hard to get elected. For weeks the candidates campaigned to get people's votes. The halls were filled posters and handouts and whatever else the candidates came up with to get the vote at every turn. When elections results were finally announced everyone held their breathe hoping their candidate would win.

Being a SCA member was not as easy as many students believed it to be. The SCA got together on many occasions to discuss their views and thoughts. The SCA came together along with faculty members, administrators, class officers, and the homeroom representatives.

The students also formed the Principles Advisory Council which helps the students get their word in to Mr. Dallek in a non-disruptive way. "Every time we get together, I feel we try to make good decisions that benefit the school as a whole, its all about teamwork" stated SCA president Katie Crabtree. -Jenni Reese, Brian Christenberry, Martha Dunn, and Jill Bernard



Freshmen Officers (left to right): Tasha Bunch, Ayasha Ware, Andrea Pruitt, and Heather Tucker.



Sophomore Officers (left to right): Danielle Johnson, Teresa Peters, Robyn Levin, and Tracy Kinoshita.



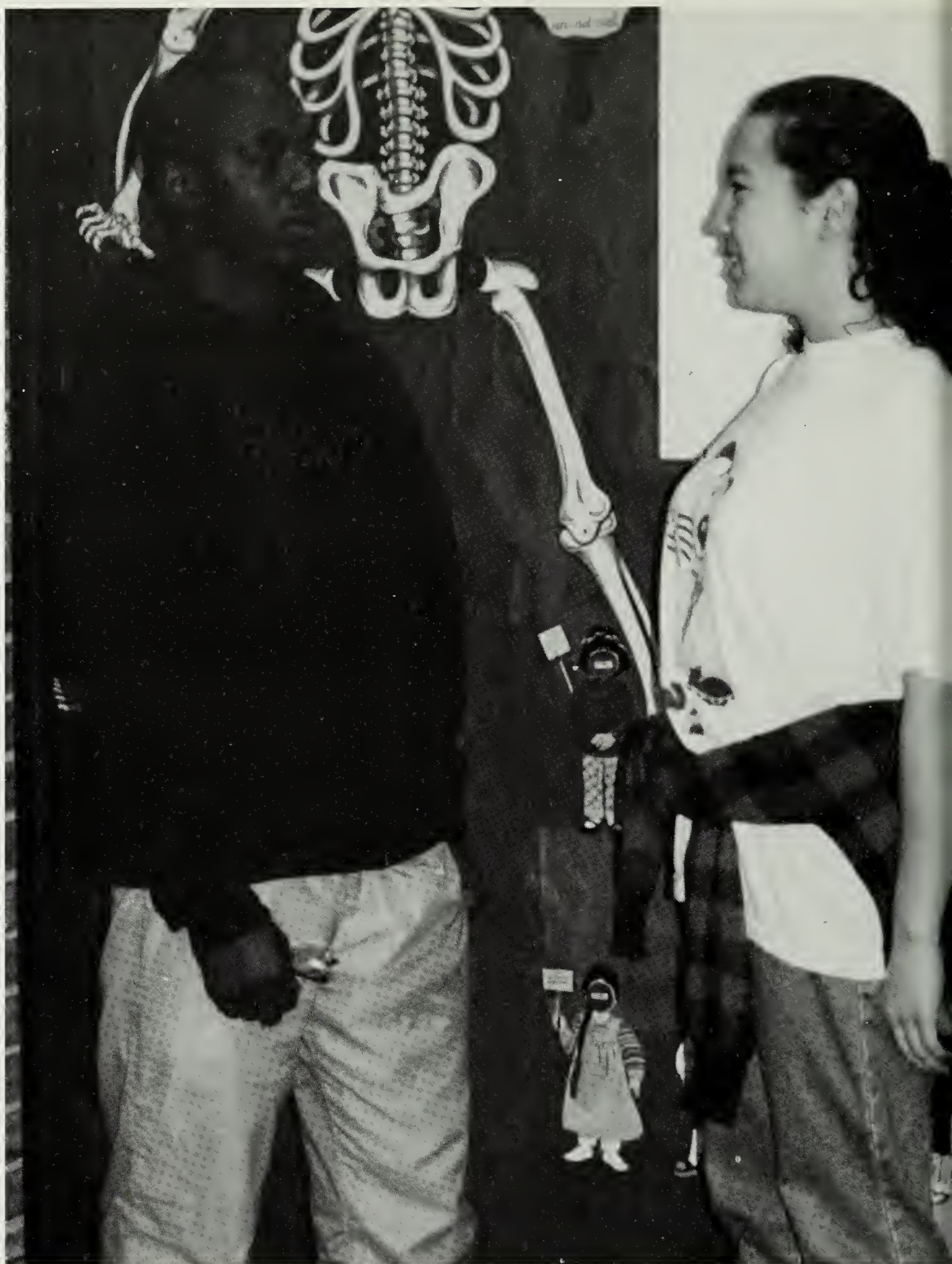
Junior Officers (top to bottom): Sara Herney, Phoebe Kenney, and Amy Ansong. Not pictured :Josh Hogan



Senior Officers (left to right): Hattina Washington, Tad St. Clair, and Wanda Kotey. Not pictured: Missy Wycinsky.

(Right) As student ambassadors, Leon Black and Krissy Price stop in the hall taking the time to discuss who their new students are and who they will be eating with in during lunch.

(Below) As a student ambassador, Jemini Patel takes the time to help another student. Helping others always gives Jemini a good feeling about herself, whether it is in school or outside of school.



As president of the True Colors club, Katie Crabtree takes the time to listen to others. Respecting the opinions of others is key to being successful in society today.



During a meeting, True Colors members discussed ideas for the upcoming events. Sponsor Theresa Mahmood talks with the members about current issues.

Lending A Helping Hand

"I show my true colors; I am drug free." This is the motto of True Colors.

True Colors is a drug awareness club. True Colors was first established by Senior Katie Crabtree her freshmen year. During the past three years, Katie has learned a lot from being involved in True Colors.

"True Colors has been a great experience for me. It has taught me how to make a difference. I will really miss it when I leave."

True Colors has performed many special functions. This year they sponsored Red Ribbon week. It was a time when everyone wore a ribbon for a week to show he or

she was drug free. During the upcoming year, True Colors has many things planned. Prom Promise will be one of the biggest functions sponsored. They also took trips to the middle schools. This is high on their agenda. They speak to the young students and emphasized being drug free. With all these functions, True Colors stayed busy helping others. In the end, the members of True Colors will have found new friends and will have felt good for all the effort they have put forth. With all this in mind, there always seemed to be room for anyone to join. From providing information to giving tours, the Student

Ambassadors Club serves as a group to help acquaint new students with Gar-Field. The 25 members were available to answer questions and serve as familiar faces in a crowd of strangers. Students who are having a hard time adjusting to the new school may request an ambassador to eat lunch with him. At this time, the student ambassador can talk about the different clubs, activities, and events that go on at Gar-Field. If needed, lunch assistance can be provided for more than one day. New students interested in meeting with an ambassador can leave a note in the message box located in guidance or with Mrs. Nickerson.

The student ambassadors club did not require a lot of time or effort. Meetings were held a few times a year to discuss upcoming events. It was a club for those individuals in all grade levels who are caring and who don't mind volunteering their time. Most importantly, caring students provided a helpful service to those who needed it. -Raven Andrews and Vickie Bowman



Student Ambassadors. Front Row (Left to Right): Allison Rowe, Kim Kinoshita, Jemini Patel. Second Row: Chastity Evans, Rachel Dean, Hiedi Haltzman, Felicia Glapion, Amandeep Bajwa, Krissy Price. Third Row: Michael Eaton, John Dency, Barbra Bernard, Katie Galloway, Chris Covert, Lorie Spears, Nicole Brulotte, Chris Cameron, Kendra Williams, Deanna Karas, and Heather Haus.



One of the major activities performed by the Student Ambassadors was a canned food drive. While collecting canned foods, Jemini Patel and Kim Kinoshita happily take the time to pose for a picture.



True Colors Club. Front Row (Left to Right): Lorraine Bedeau, Candice Sample. Second Row: unknown, Katie Crabtree, Jadrey Davis, Melissa Cruz, Carolyn Wade, Tasha Bunch, Micca Weiggands. Third Row: Wanda Kotey, Kevin McMullen, Kofi Bauuah, Devin Johnson, Danielle Colbert, Nicole Cornell. Sponsor: Teresa Mahmood.





Copying the other children, Danielle and her cousin, Brittany, tried to follow along with the funny facial expressions.

The students in the foods class patiently waited for Mrs. Johnson to bring more ice for them to finish their cooking in the other room.



The children from the third period pre-school class make each activity their own. They still do the activities together.



During snack time, Amanda decided to go her own way with the food sculpture, instead of watching her student teacher, Janelle, demonstrate how it was made.



Coming to school used to be the saddest part of the day. Now the children can't wait until they get to school, because they have so much fun. Where else does a kid get this kind of attention?



The last period of the day is finally here. Except for Mrs. Johnson's foods class, they seemed to enjoy making breakfast the most.

Restaurants, Rattles, & Relationships



Watching his student teacher closely, little Tony got excited about his next facial expression. Students learned the various levels of child development and interest in Work & Family Studies classes.

Work and Family Studies is what used to be called Home Economics. The teachers changed the name because Work & Family Studies reflects all of the classes available to students.

Life Management class taught students how to cook, sew, and about the stages of development in children. Because the classes weren't large, one teacher taught it. "I expected the students to learn about children and the growth of a child in his environment," stated Ms. Leslie Barbour.

Ms. Barbour also taught Child Care I and Child Care II. The students learned how to react appropriately when children display different types of behaviors. "I enjoy the fact that we learned how to react toward the different personalities of each child," Rachel Rybicki replied.

Teaching children was the main goal of the curriculum. Students enjoyed the teaching part the most, because they were able to play, teach, and interact with children. Matt Englefield said, "I enjoyed teaching the little kids. It made me feel better knowing they learned something from me."

"All foods classes learned different types of foods and how to prepare each," said Mrs. Paula Johnson. "We learned mostly about food and about the different modes of preparation. We baked cookies, made salads, fruit, veggies, and cheese," said Dominique Carter.

Ms. Emily O'Connor taught Peer Relations, G.R.A.D.S., and Child Life and Literature classes. She took her classes to the Ferlazzo Building, the Kennedy Center, and the Children's Museum. "Also, in class they learned how to make wise decisions for themselves, solve problems, and to get along with other people," said Ms. O'Connor.

Mrs. Joan Leffas taught Child Development and Independent Living. "I taught the students in the classes to be able to live on their own, be independent, and also to be good parents," said Mrs. Leffas.

Work and Family Studies courses were responsible for preparing students for responsibilities they have in the future. - Nadine Boisvere, Cindy Compton, Rory Owens



As the children waited for the student teachers to begin class, using their imaginations, they tried to build a mysterious castle out of blocks.

Members of the Envirothon team, Chris Townsend, Lee Miller, Eric Wilkins, and Stephanie Mercado sample soil for one of their best events of the competition.



Preparing for the Science Fair, Eric Wilkins, Antoinette Divittorio, and Lee Miller are working on a presentation on Leaching for the Envirothon.



Environmental Club members got together to record the results of the stream survey. Members conduct the survey once a year and clean up around the stream twice a year.



Tackling his lesson plan for an Envirothon event, Eric Wilkins was hard at work. Each week members of the club heard lectures and worked problems to prepare for the Envirothon.

Environmentally Friendly



Environmental Club: Gina Cusati, Kristen Haedly, Eric Wilkins, Sharon Zirkle, Kate Pancratz, Chris Townsend, Mrs. Melton, Brooke Muller, Katie Lawson, Jim Klapmust, and Lisa Nadeau.



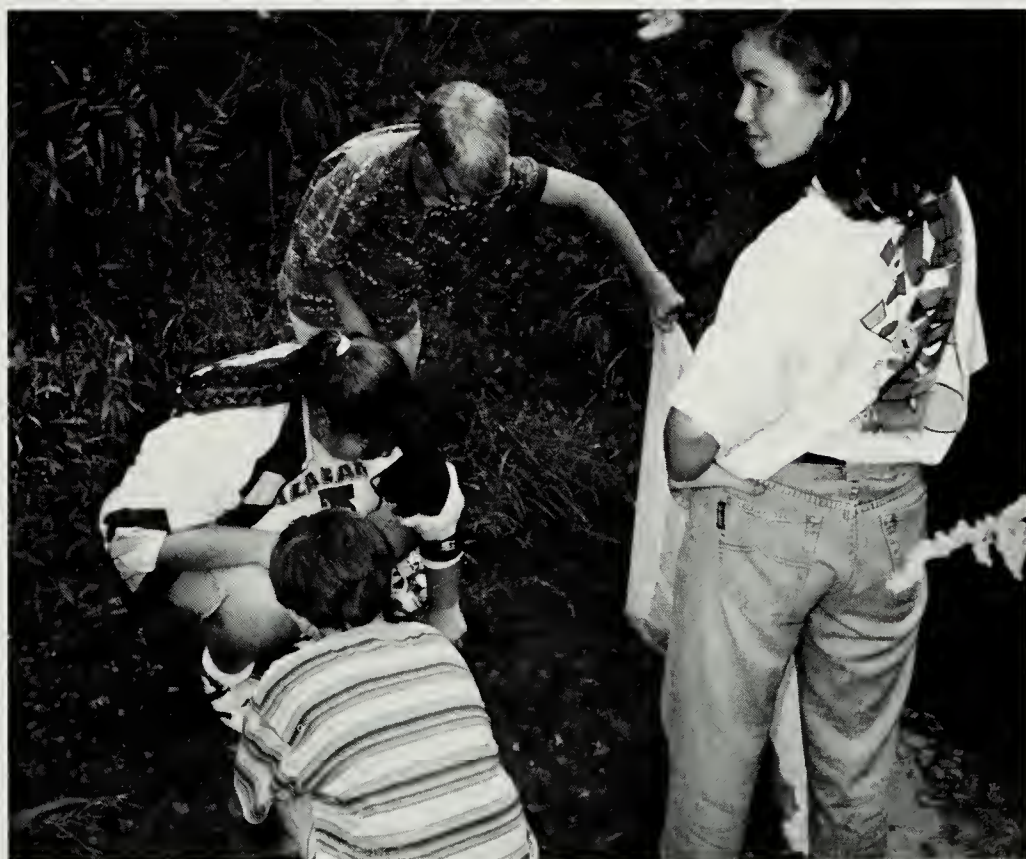
Envirothon Team: Chris Townsend, Billy Behan, Eric Wilkinson, Ms. Martha Slover, Stephanie Machado, Antoinette Divittorio, Mrs. Linda Melton, and Lee Miller.

Having fun while saving the environment. That basically sums up Gar-Field's Environmental Club. The members participated in a variety of activities to help make our world a better place to live. One of the club's main activities this year was the Envirothon. The Envirothon was a statewide competition in which one's knowledge of nature and environmental topics was tested. Guest speakers and research materials were brought in to help the members prepare. The club members took the competition seriously, but they also had fun.

Vice president Lisa Nadeau said, "I joined the Environmental Club because it's a fun way to learn and to help the environment."

Every member of this club had a story to tell. Whether it's the forestry section of the Envirothon or just a club party anecdote. Each of the members of this club finished the year with many memories. When asked how the club had benefited the community, sophomore member Chris Townsend responded, "I believe that the club increases awareness about environmental problems." - Kate Pancratz

& Marissa Manabat



Getting down and getting wet, Environmental Club members Jim Klapmust and Gina Cusati gathered animal life for a stream survey. The survey results would give them information about the stream's water and its contents.



Front Row: D. Gibson, R. Garrett, Second Row: C. Stokes, E. Byrd, S. McCormick, Third Row: J. Koutnik, L. McBride, C. Stamler, M. Ennin, Fourth Row: C. Sullivan, C. Sullivan, C. Bishop, C. Kaneshiro, A. Ansong

Working on perfecting their routine, Leah McBride, Cheryl Stamler, and Darcie Gibson practice for the Friday night football game. The Flag team provided entertaining half-time shows at the games.



Standing at attention as a form of learning discipline, Sabrina Pitera, Balmory Vasquez, Lillibeth Jones and Brooke McCurdy wait for the Drum Majors to give the signal to relax. This was rehearsed at each practice.



In order to do well in competitions, Elizabeth Byrd, Mina Ennin and the flag team practice everyday after school. Their hard work paid off when they dazzled the audience in competition.



Focused and ready to do their best, Brooke McCurdy, Lillibeth Jones, Matt Nagel, Lauren Rowe, and Abbie Racster were prepared to do their best. An unsuccessful performance meant push-ups.



The Marching Indians create a feeling of excitement and pride for the students. Even though some students complained about sitting in the gym for 45 minutes and hurried to obtain early dismissals, most students enjoyed getting together to show support for the sports teams. For once in school, students could laugh, scream, and visit with friends.

Marching to the Beat



In the Trumpet section Sam Puffenbarger and James Weathers march to the beat. Concentration and perfection make a good performance.

What did the Gar-Field Marching Band and Flag team have in common? They created school spirit at the School of Champions. Imagine what a Friday night football game would be like without enthusiastic music from the Marching Band and the magnificent performances of the Flag team. They truly dazzled the crowd and got them off of their seats.

Many people were not aware of how much the Marching Band and the Flag team practiced to make their performance perfect. During the summer, when most students were at the pool or watching television, the Marching Band and Flag team were rehearsing over and over again in the sweltering heat.

Not only did they practice at school, they also attended camps.

Camp was a great opportunity for the performers to become good friends as Sid Chowdhury of the Marching Band said, "After spending so much time with certain people, you can't help but become good friends."

The Marching Band and Flag team competed with other schools. Competitions were much of the reason for all of the devoted time and effort spent. Competitions could be very stressful and demanding. Amy Ansong of the Flag team remarked, "If someone drops their flag at a game performance, it is not a big deal. If someone drops her flag at competition, it will affect how the judges score." Many of the performers like Allison Rowe of the Marching Band said, "The audience claps. Everyone is very attentive and listens at competitions."

Whether performing for their peers at pep-rallies or performing in front of stoic judges, the Flag team and the Marching Band gave their full effort in representing our school.. -Jen Robinson and Robin Schrimpf



First Row: (Left to right)
D. Gibson, R. Garrett, Second
Row: C. Stokes, R. Raffield, M.
Narburgh, D. Priester, R. Conner, A.
Brown, B. Sekhon, B. Tracey, A.
Broadus, S. Chowdhury, M. Gill,
E. Byrd, Third Row: L. McBride, L.
Jones, E. Cook, N. Brulotte, C.
Thompson, G. Cunningham, R.
Antio, K. Lindsay, K. Stoneburner,
A. Russell, D. McBride, R. Bryant,
M. Ennin, Fourth Row: J. Koutnik,
B. Vasquez, B. McCurdy, S. Pitera,
K. James, J. Gleason, J. Ewell, S.
Toth, C. Woody, B. Westley, N.
Williams, S. Engel, C. Stamler, Fifth
Row: C. Watson, E. Witt, J. Jones, A.
Racster, L. Rowe, J. Adamson, D.
Holton, M. Hart, M. Nagel, K.
Campbell, N. Ford, C. Kaneshiro,
Sixth Row: S. McCormick, D. Dallek,
T. Estu, B. Brack, R. Love, M. Hersi,
L. Rouse, J. Weathers, S.
Puffenbarger, A. Kennedy, E.
Wilkins, A. Ansong, Seventh
Row: C. Sullivan, M. Okuabi, J.
Reed, D. Bryant, L. Beach, A. Rowe,
T. McGill, D. Day, D. Kiser, S. Shelton,
C. Bishop, Eighth Row: K.
Kaneshiro, B. Garrett, M. Barrett, M.
Peters, K. Day, J. Hunter, Top Row:
W. Stein, M. Elliot, R. Rakestrarr, J.
Hunko, S. Wollersheim.

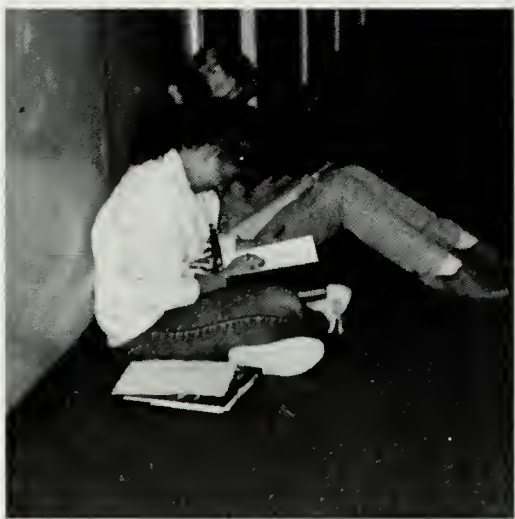
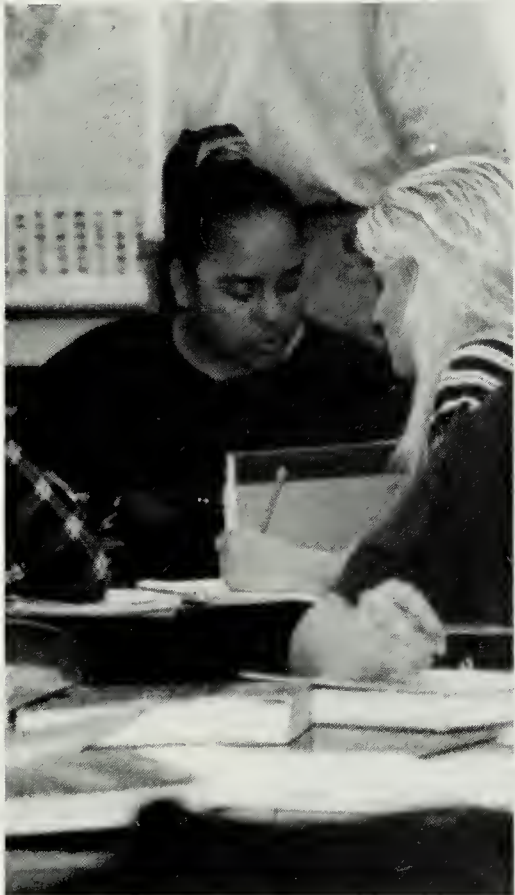




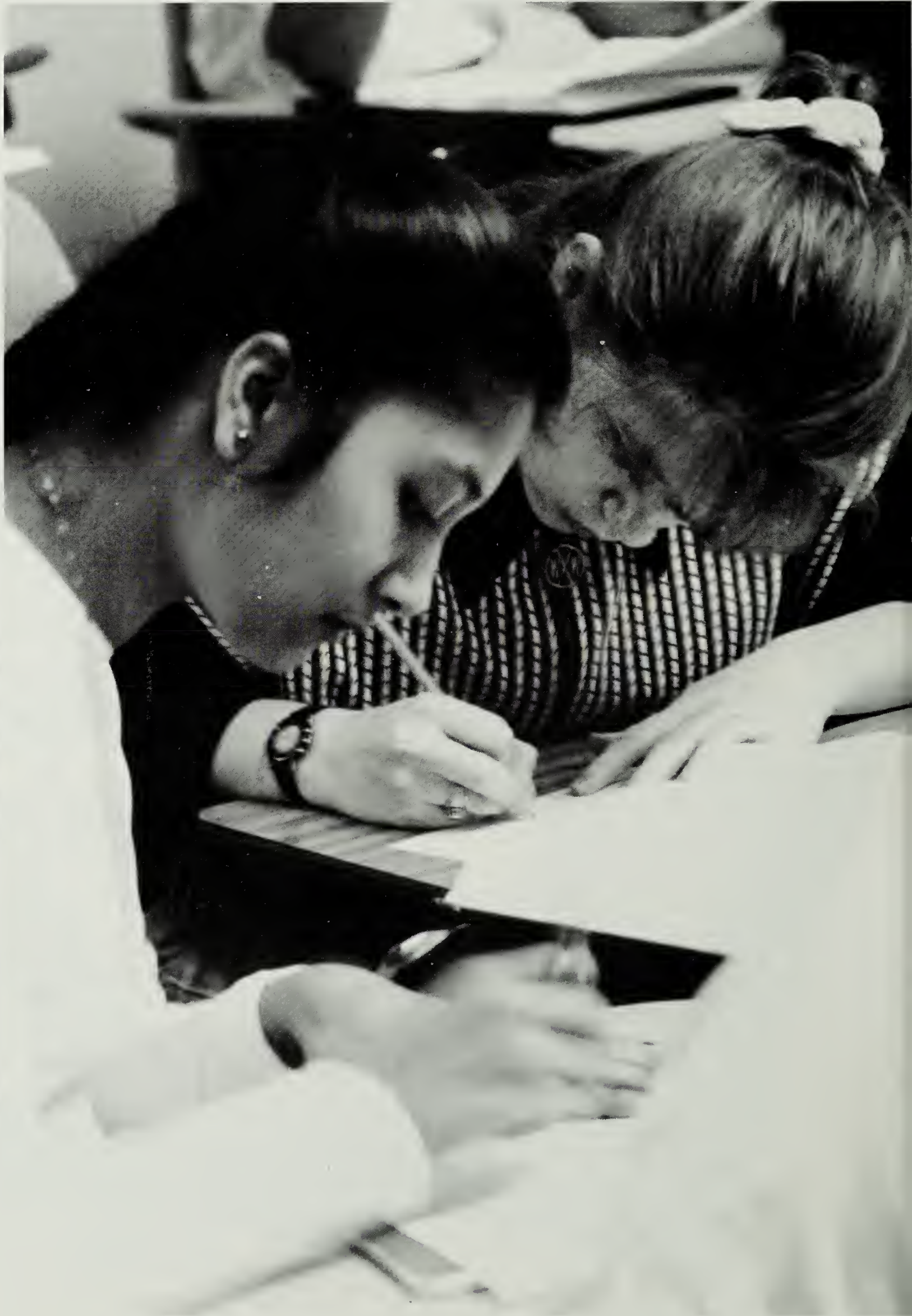
Compositions of the Past, Present, and Future

Concentrating on their assignment, senior Jemini Patel and friend were hard at work. Students such as Jemini in Mrs. Powers's English class are required to do a lot of comprehensive reading.

Research, worksheets, and chapters to read. With these few words one can describe a World Studies class. Even though it is a class for freshman, it is still a difficult course. Students learn about everything from prehistoric man to the present.

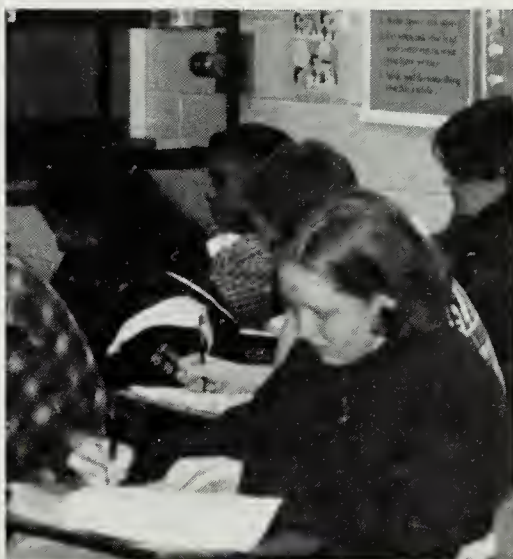


Looking up European History vocabulary, sophomores Missi Neuman and Jenny Moeler read through their book silently. A.P. European History is a highly demanding course that is primarily taken by sophomores.



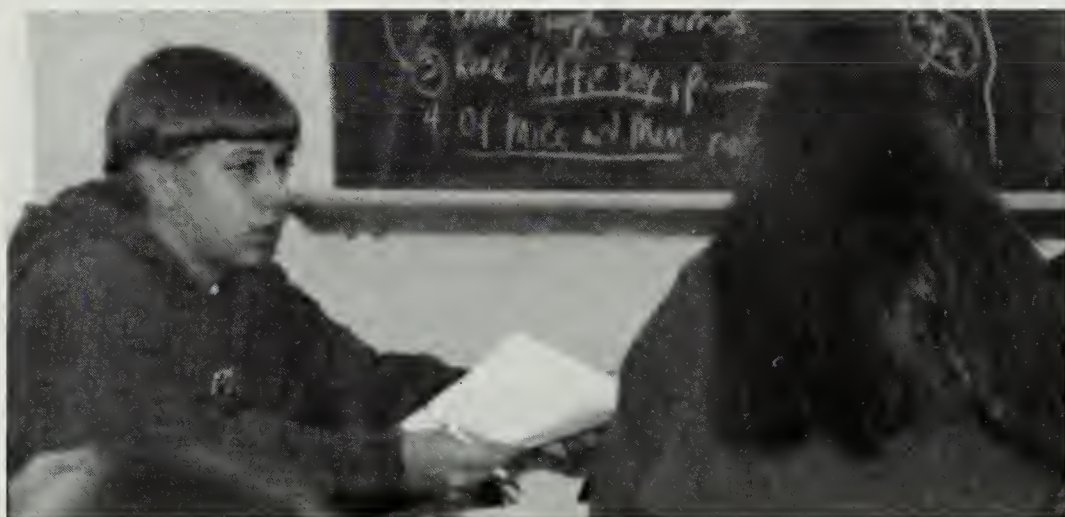


Putting the finishing touches on their english project, sophomores Adrian Watkins and Christina Bailey talked about their presentation. Doing presentations in front of the class is often hard for students, but everything usually works out fine if the group is organized.



Quietly working on her worksheet, freshman Erin Johnson stopped to think. Ninth grade humanities classes require students to do lots of individual thinking as well as some group projects.

Trying to select a topic for their project, sophomores Lisa Roberts and Bob Graft thought of ideas. Group projects give students a lot of room for creativity.



Some Students in Mrs. Crim's twelfth grade english class were diligently working on their assignment as others took a nap. English is a difficult subject for many students, and the work can be stressful at times.

(Above) Listening closely as his fellow group member explain their project, sophomore Chris Tomlinson began to understand. Ms. O'Hara's tenth grade english class involves some group projects which often help students to comprehend the material more easily than when working as an individual.

Old Tricks for a New Age

(Right) Focusing on their physics lab, juniors Sarah Abraham and Kala Barnes tried to assemble the pulleys in the correct way. Studying simple machines was interesting for many Physics students.

(Below) Trying to figure out what he should do next, junior Jerome Wonnun asked his fellow classmate Tammy Ambrose for some help. Computer Science is one of the most difficult math courses offered at G-F and students often need assistance.

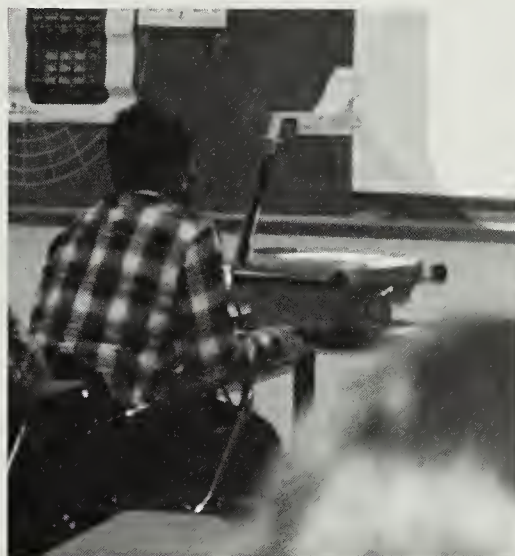


(Above) Explaining a lab about salamanders, biology teacher Mrs. Pitt used the overhead to show the class what they would be doing. For many students, dissection in biology is a definite learning experience.





(Left) Tying a knot so that he can assemble his lab project correctly, junior Nick Mills studied where he would have to put the string. For students like Nick, putting together this lab was an easy task.



(Left) Studying the overhead, senior Felicia King learned about geometric figures. It is often difficult for students to comprehend the many properties of geometric figures such as the rhombus.



(Below) Assisting a fellow classmate, junior Dan Bono helped senior Rick Link with a difficult problem. Cooperative learning is one of the best ways for students to learn, especially in math courses.



(Left) Glancing over her lab notes, freshman Pam Nabholz prepared for a biology lab. Hands-on experience was a great way to absorb information and record it to memory.

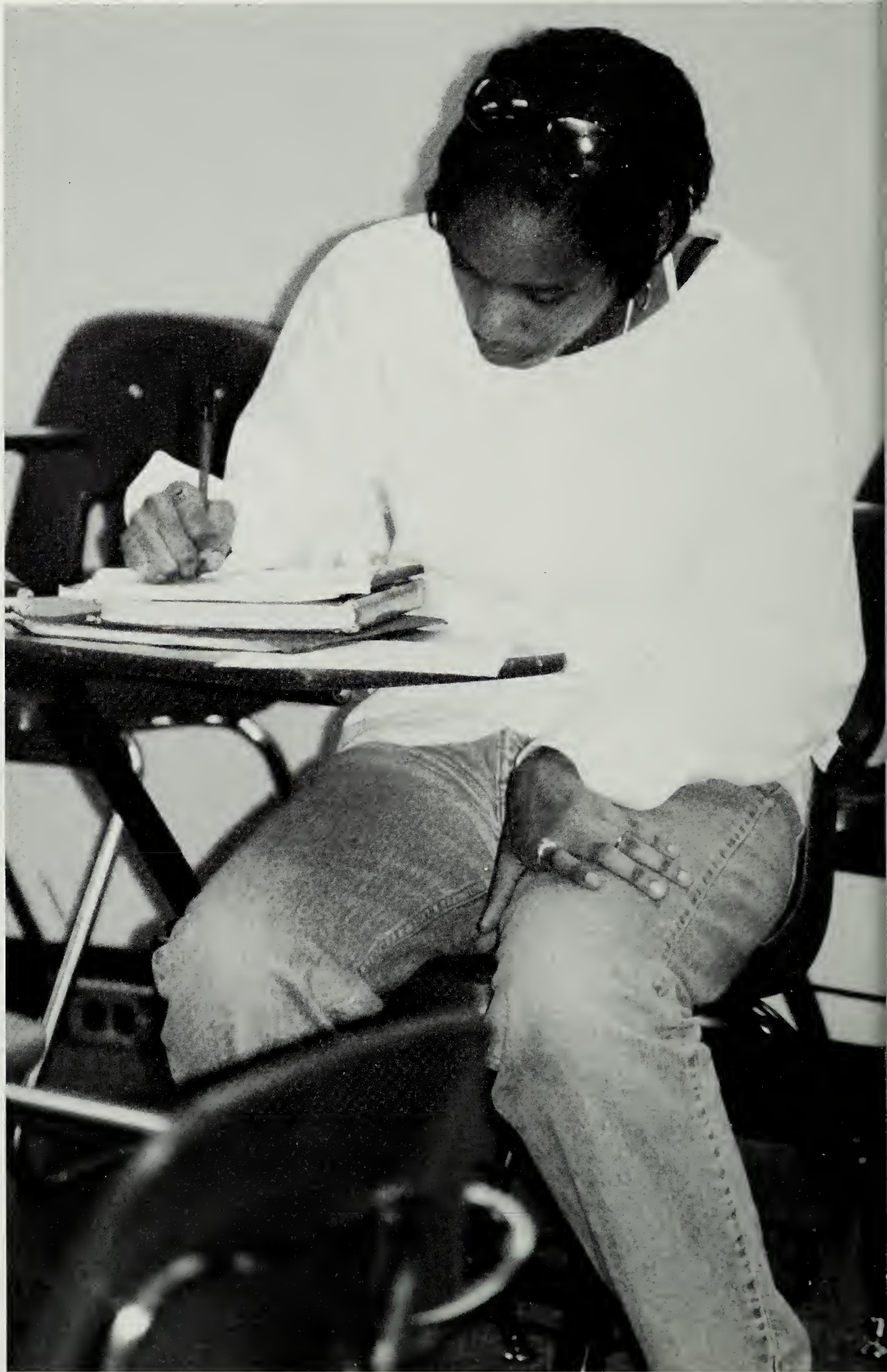


(Above) Attentively listening as their teacher explains Hund's Rule, juniors Brian McElhenny and senior Anthony Wilson began to understand it. Learning about Hund's Rule is a basic requirement of the chemistry curriculum.

Speaking in Tongues

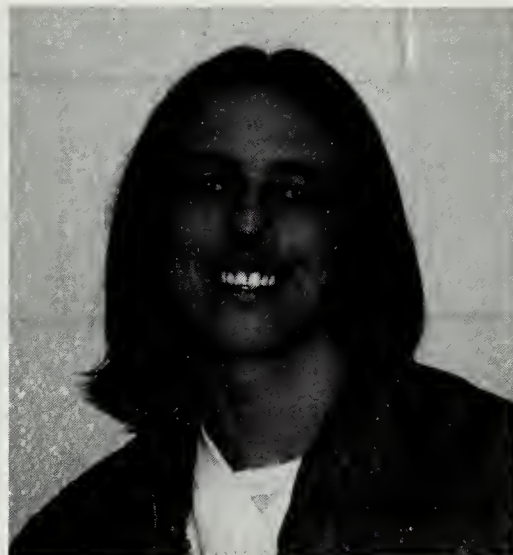
Rori Wright sat alone before class to finish some last minute homework. With classes blocked, students had a lot of work to do. Students in AP classes or ESL classes found themselves having to struggle to keep up with assignments.

(Below) ESL taught non-native English-speaking students about English grammar and the vocabulary that students use. "ESL is a lot of fun. We learn many things and talk about our experiences," stated senior Hasina Naderi.





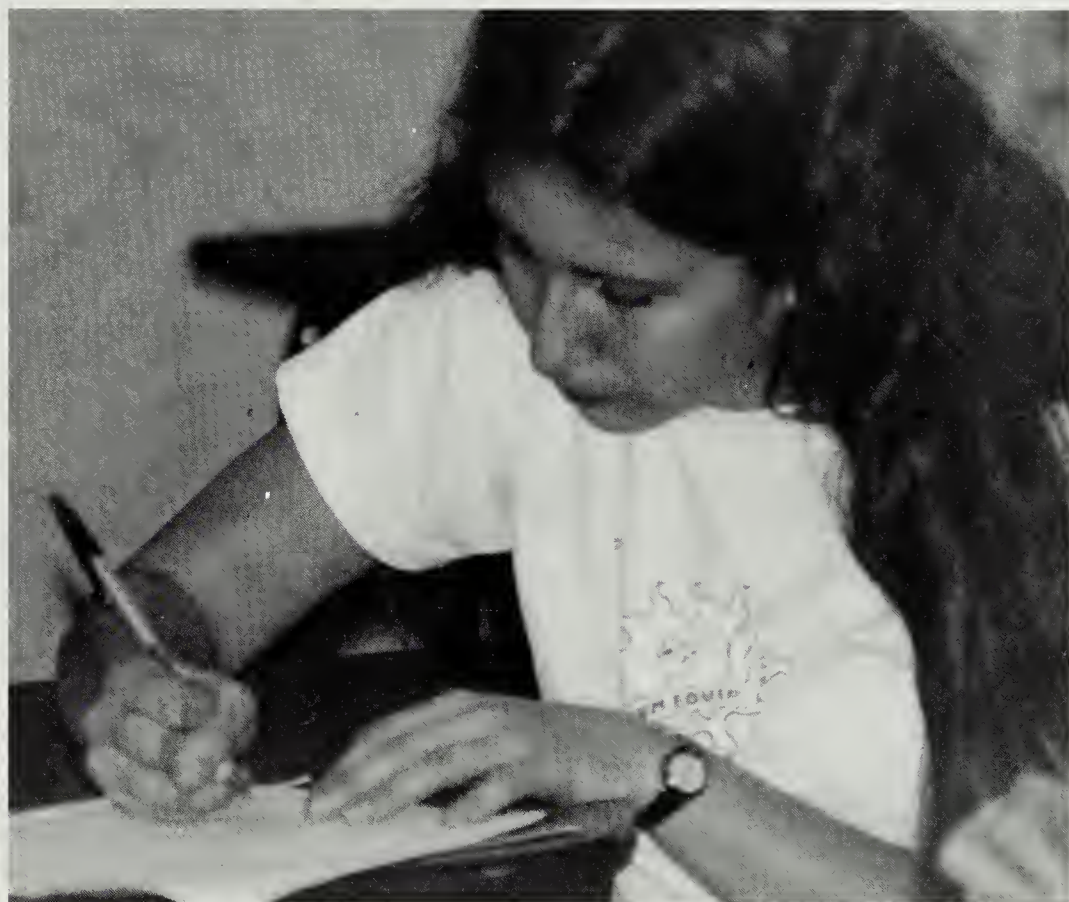
In a foreign language class paying attention to the teacher is necessary, especially because of blocked classes. Tony Lasica listened intently as his German teacher Mr. Byron Bailey lectured the class.



ESL helped students to become integrated into the society. Daniel Gomez explained, "ESL is like an English class where you also learn about American culture."



Multicultural Club. First Row: (Left to right) Karla Berrios, Gina Aguilera, Margarita Barba, and Champei Nouv. Second Row: Angela Tsao, Erica Valdez, Hyun Kim, and Charlene Bonilla. Third Row: Mrs. Rhonda Shaw (Sponsor), Lourdes Mesias, Melissa Martin, Jose Barerra, Kamun Choy, Ala Siddig, and Mrs. Vera Darter.



(Above) Taking a foreign language required quite a bit of work and devotion to the task. Martha Burrayo worked diligently on her Spanish quiz.



At a Multicultural Club meeting, Melissa Martin and her friend, Margarita, exchanged a few notes. The club members often enjoyed getting the opportunity to speak and write in their native languages at school.

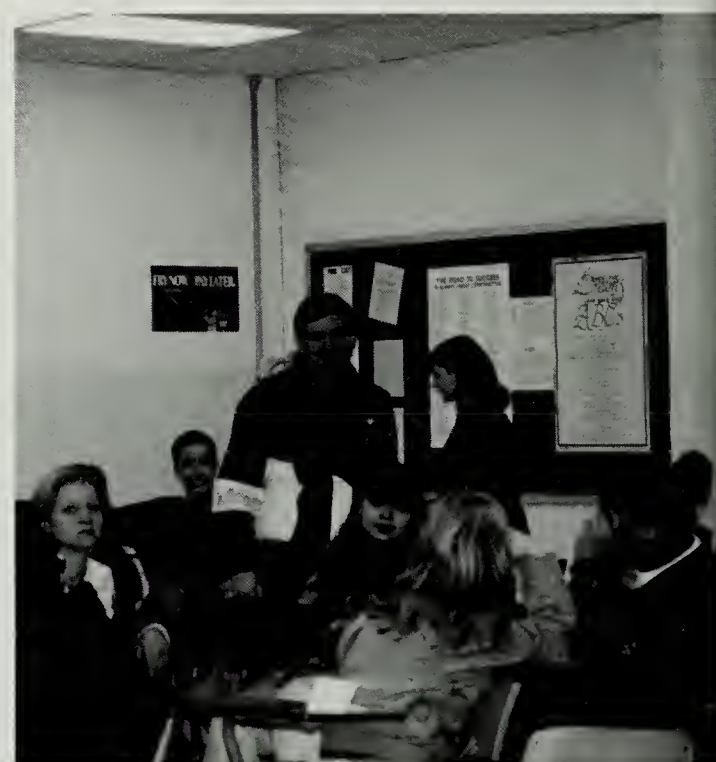
(Right) Before basketball practice, Nicole Straut (97) taped a player's foot. Combining fun and experience, Athletic Training not only taught one the parts of the body, but also how to interact with injured players.



(Below) Volleyball was only one of the many activities in which P.E. 9 and 10 students engaged throughout the year. Stephanie Kinikin and Bridgete Berrier prepared to return the ball to the opposing team for a point.



Athletic Instructor, Michelle MacDonald, also helped out in the athletic injury room by making sure junior Leon Locke's heating pad is properly fitting. Training a team is a big responsibility and needs more than one or two people to accomplish it's many duties.



Although over looked, freshmen health is one of the required courses for graduation. Rudy Zimmerman jokes with his freshman health class while keeping with his curriculum.

Let's Get Physical!

The trainers are not the only ones having fun. Beth Mills('96), athlete, spent time in the whirlpool while listening to the radio. Whirlpool is just one form of therapy given to injured athletes. In the world of athletic sports one's injuries can range from applying a heating pad to hospitalization.



This year Mrs. MacDonald, Athletic instructor, tried something a little different, combining Athletic Training II students with Athletic training I students in one class. Together both classes learned the injuries of the knee, hip, abdomen, and head; the different levels prevailed to help each other throughout their studies. One thing that never changes is the penpal program shared by the athletic trainers of Gar-Field and the fourth graders of Triangle Elementary.

Combining fun and experience the Athletic Trainers use their knowledge both on and off the field. Dedication and determination are all key aspects in the foundation of this course. Providing a role model for young children and caring for invalid athletes is what makes Athletic training an outstanding class for students interested in the medical profession.

-Nisreen Elhillali

For most people, physical education class was a relief from the stress of their academic classes. For others, it was a stress in itself. All in all, P.E. can be described in one word--beneficial.

"High school P.E. was a big change from middle school P.E.," said freshman Teri O'Grince. "In middle school, we played a lot more games than in high school." It's true. Middle school P.E. was more fun and games, where as in high school the focus is more on the physical aspects of fitness.

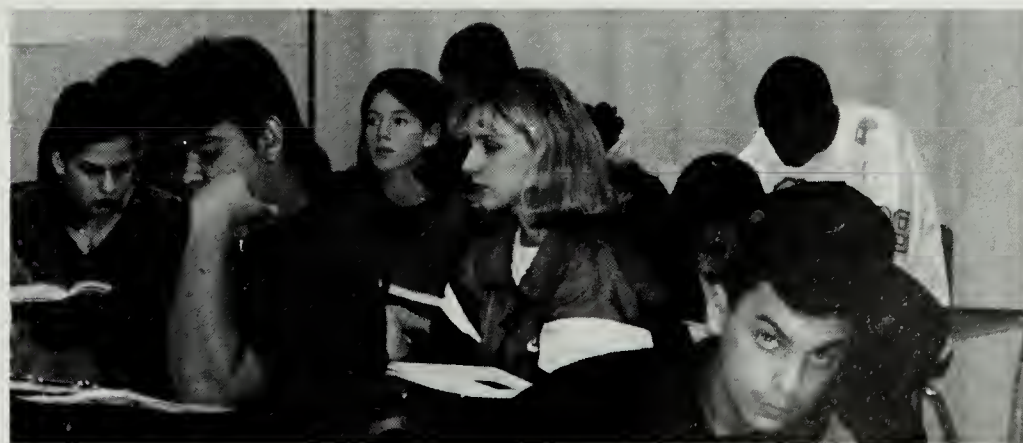
Along with taking P.E., health was also required. For freshman health consisted of units dealing with drugs, the body systems and personal health and fitness. They also learned about nutrition and diseases. The sophomore classes learned about family life and had a chance to be certified in first aid. One of the more anticipated parts of health was drivers ed.

There are many different opinions of P.E. and health. Some like it, some don't. But no matter what, you've got to live with it for at least two years.

-Abby Fehrman & Sabrina Didomenico



Even though P.E. I and II are different courses some class periods combine both freshmen and sophomore students. Tim Johnson('99), Yousset Elshafie('99), and Erin Taylor('98) do their warm-up run at the beginning of their P.E. class.



Studying hard, Boris Donis('99) worked diligently in his freshman health classwork. The students explore aspects and functions of the human body. The class also finds links between P.E. and bodily health.



In a band, the conductor keeps everyone in tempo with the score. Watching intently so as not to miss a beat, Sanjana Khoobchandani and Kelly Pembroke follow Ms. MacKenzie's lead.

Learning and practicing music for one band assignment is difficult at best. Belonging to both the symphonic and concert bands, Sam Puffenbarger warms up with one of his favorite pieces.



Kind of like the master of many trades, a percussionist needs to know how to play a variety of instruments. Darcie Priester and Ryan Conner play percussion for the concert band. The challenge is built into the job.



Symphonic Band:



Concert Band:



Varsity Band: First Row (left to right): Jennifer Bartrow, Rashida Farves, Tamara Dipaolo, Penny Taylor, Amanda Sorbello, Karen Antio and Shelly Vest. Second Row: Leslie Allen, Allison Banks, Sarah Rush, Valerie Johnson, Syreeta Fletcher, Jeanine Veal, Liz Gilbert, and Pam Nabholz. Third Row: Tucore Turner, Nathan Hill, Matt Awwad, Scott Jordan, Joseph Hunter, Jennifer Jones, Crystal Curry, Darrell Barger, Ron Jackson, Matt Hart, Brandon Cyphers, and Lauren Rowe. Fourth Row: Elith Parada, David Bowes, Daniel Schumann, Gary Jorewicz, Brian Angell, Chris Holston, Maurice Peebles, Michael Barrett, Todd Megill, and David Day.

Strike Up The Band!



As a first chair saxophone player, Matt Nagel participated in the symphonic band, the jazz band, and the marching band. Now that's dedication!

Unanimous among its members is a feeling that band is a place where great friendships are made. Working so closely together as a group throughout the year allows the students to develop strong relationships with each other.

"The thing I like most about band is all the friends you make," stated junior Allison Russell.

Sarah Toth said, "My best friends are in band. We all have this kind of closeness and we all stick together!"

Not only did they make long-lasting friendships, but members also learned to play their instruments and improve upon their skills.

Students chose the different instruments they play for many various reasons. "I chose the clarinet because my grandpa used to play Benny Goodman records all the time," said junior Wendy Stein.

"I chose the trumpet because it gives you a lot of confidence, some people call it an ego boost," stated sophomore Sam Puffenbarger.

Band members participated in Festival this year, which took place at Woodbridge Senior High School. Festival is a competition where high school bands are judged by their performance. Band members put in long hours of extra work for the evaluation with practices during and after school hours. The score received at Festival determined if the group became a Virginia Honor Band. As if it were ever a question, the bands were awarded Virginia Honor Band status. -Shea O'Connell and Tina Lambert



Christin Talbot and Kristen Bellando play their saxophones with all of their might. Both girls practiced hard at home yielding spectacular performances.

(Right) Concert Choir - Top Row : E. Angel, A. Ward, S. Zirkel, J. Bruss, J. Osbourn, R. Benson, K. McMullen, T. McGee, B. Thorpe, D. Skidmore, J. Rodriguez, C. Harris, T. Dixon; Row Two : L. Doyle, K. Price, N. Shott, C. Cameron, A. Peters, D. Rushing, S. Sansbury, M. McConnell, S. Hanrahan, A. Lloyd, W. Kotey, L. Mark; Row Three: C. Williams, N. Shelton, J. Rattler, T. Raddigan, L. Sanchez, C. Caldwell, A. Wilson, P. Bapple, T. Demers, K. Garber, A. Poonyarat, D. Rice; Row Four: J. Koutnik, S. Abraham, R. Wyatt, T. Smith, D. Zomek, K. Lee, A. Wright, R. Dean, S. Hill, L. Nadeau, Mrs. W. Brown; Row Five: Mr. T. Collohan, L. Furr, M. Rybicki, S. Harney, B. Bernard, J. Ellis, C. Pritchett, B. Wynne, L. Bedeau, R. Herman, J. Perry, M. Roslan, Mrs. Deborah Moyers; Row Six: L. Pereya, S. Hawkins, M. Dionne, E. Bradford, J. Johnson, M. Gomez, L. McFall, MC Dvorznak, and C. Evans.



(Above) Advanced Varsity Mens Choir - Row One : C. Hilton, D. Huynh, M. Ellis, C. Jones, E. Porter; Row Two: Mrs. Deborah Moyers, K. Nagel, B. Youdzenski, R. Walker, J. Tiemez, W. Brown; Row Three: J. Kendall, P. Asante, M. Peirce, F. Stephans, J. Jones, T. Vlietstra, and G. Sikes.

C H O

(Right) Advanced Varsity Choir - Top Row : L. Rastelli, L. Mitchell, S. Thomas, T. Brooks, L. McCray, M. Cottoms, R. Wright, A. Manuel, K. Jung, J. Baker; Row Two: L. King, N. Meers, L. Moore, J. Styles, Y. Allen, B. Greene, T. Sneath, K. Marsh, K. Packard, L. Dixon; Row Three: K. Hanrahan, S. Sampson, C. Stickles, R. Zirkle, M. Kneebone, A. King, C. McNease, K. Dallek, K. Schweitzer; Bottom Row : Mr. T. Collohan, K. Neff, J. Bush, Z. Stewart, A. Guozdas, M. Walton, N. Bassnight, K. Bradford, M. Troubridge, and Ms. W. Brown.





(Left) Chamber Choir - Top Row: E. Angell, J. Rattler, A. Ward, C. Caldwell, J. Osbourne, T. McGee, J. Rodriguez, A. Lloyd; Row Two: E. Bradford, B. Bernard, C. Price, J. Bruss, S. Sansberry, D. Skidmore, T. Dixon, K. Garber; Row Three: S. Harney, L. Pereya, A. Peters, L. Sanchez-Canete, K. Lee, R. Herman, R. Dean; Row Four: Mr. Collohan, L. Doyle, N. Shelton, L. Furr, A. Poonyarat, M. Roslen, D. Rice, Mrs. Brown; Bottom Row: S. Hawkins, J. Koutnick, J. Johnson, C. Williams, M. Gomez, J. Perry, and L. Nadeau.

(Right) Bass Choir - Bottom Row: Mrs. D. Moyers, Mrs. W. Brown, Mr. T. Collohan; Top Row: T. McCleerey, J. Pieper, D. Bennett, G. Bosworth, K. Cantu, J. Barrett, B. Stokes, D. Commander, G. Grant.



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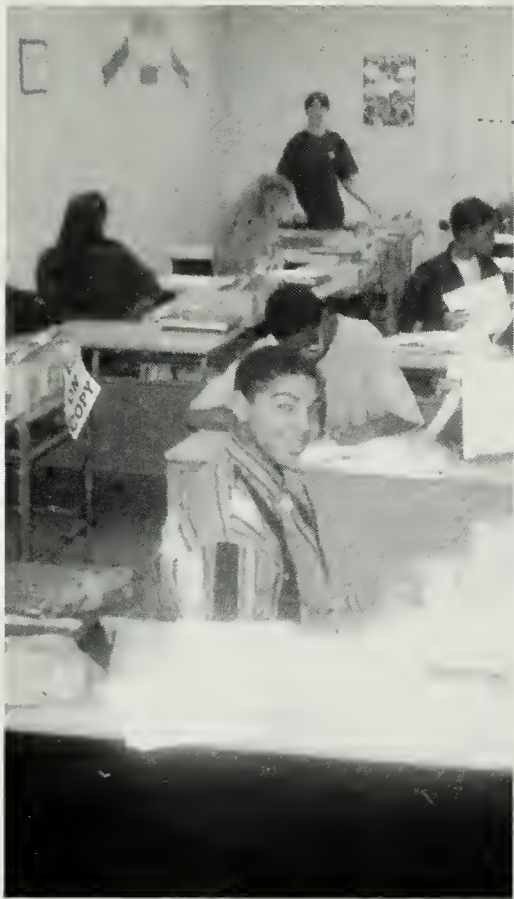


(Left) Treble Choir - Top Row: S. Hooks, K. Oermann, S. Blindauer, A. Earp, J. Ellerbe, F. Oliver, B. Frumire, A. Campbell, N. Evans, N. Nicholson, L. Lassinger, J. Flom, D. King, A. Alvarez Otero, A. Dudas; Row Two: J. Barton, D. Johnson, M. Dionne, S. Furr, K. Mott, C. Ham, T. Williams, L. Wetsttra, J. Hollender, C. Stamler, A. Peterson, N. Pittman; Row Three: C. Watson, A. Gosine, C. Duyer, S. Chomley, L. Laws, B. Brackett, D. Karas, D. Leffridge, S. Howard, A. Ware, A. Collins; Row Four: C. Taylor, J. Moeller, T. Goodwin, C. Nouw, S. Tribble, N. Cornell, V. Graft, K. Barnes, L. Kalvass, M. Edmonds, M. Smith, S. Kendall; Row Five: A. Drago, A. Untalan, A. Mouw, L. Luttrell, A. Miller, V. Boatwright, J. Kettren, M. Neuman, M. Borrello, M. Clark, and S. Kendall.

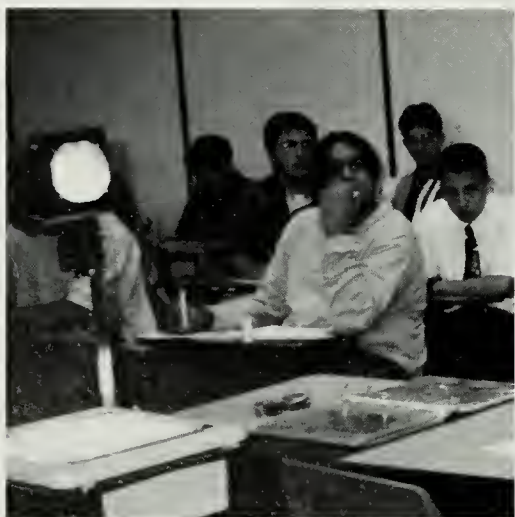


Business Sense

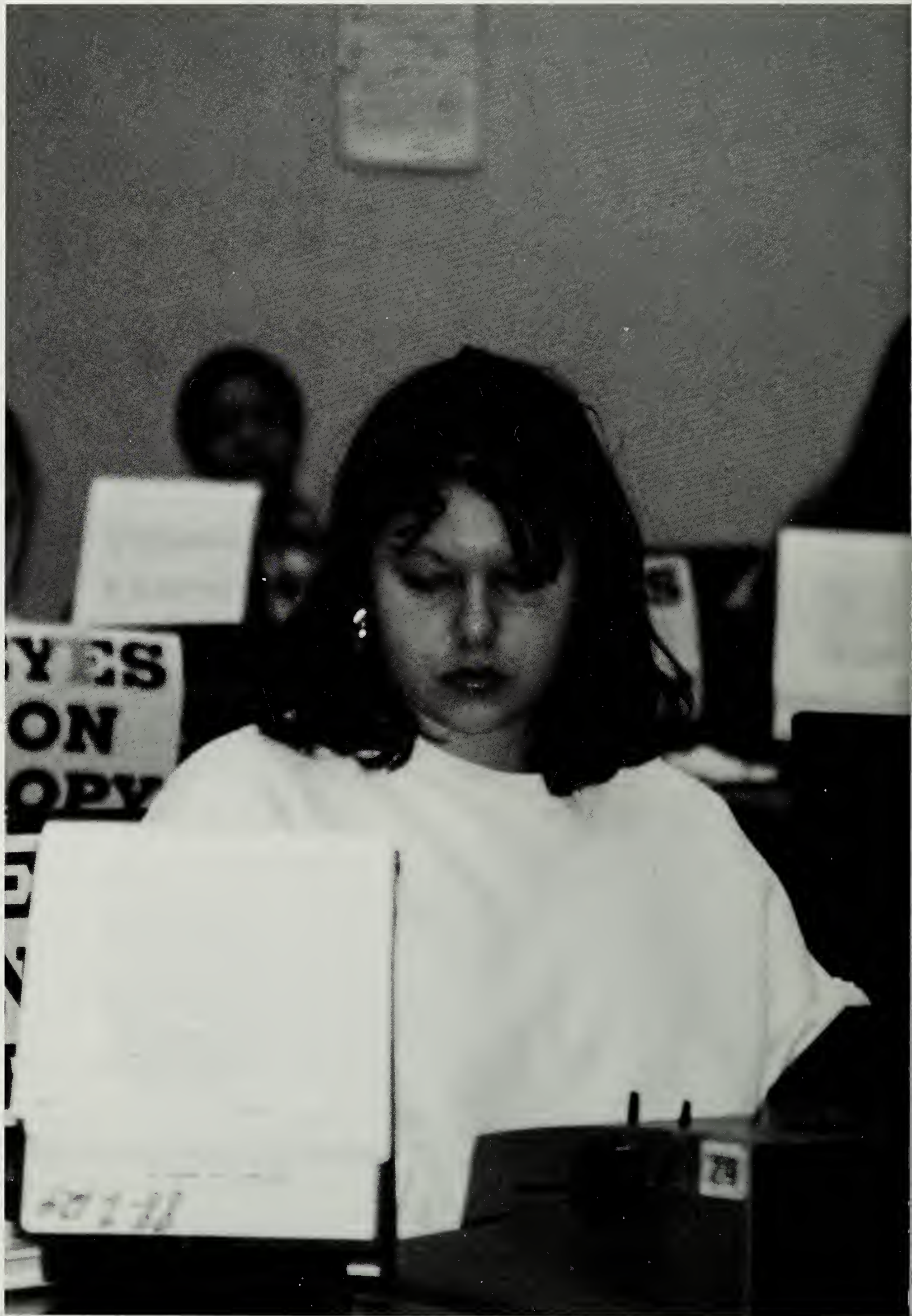
(Right) The key to performing well in typing class is learning to keep one's eye on the copy and not on one's hands. Heidi Gracie worked diligently attempting to improve her technique.



Students in Mrs. Karen Hundley's keyboarding class learn a skill that has the potential to earn them more money working in industry than preparing food at a fast food establishment. Ronnie Brown attempts to improve his speed and accuracy.



One of the many skills one works on in Mr. Hogan's business class is notetaking and listening skills. According to one of his students, "It may be a lot of writing, but it will surely help you out in the real world."

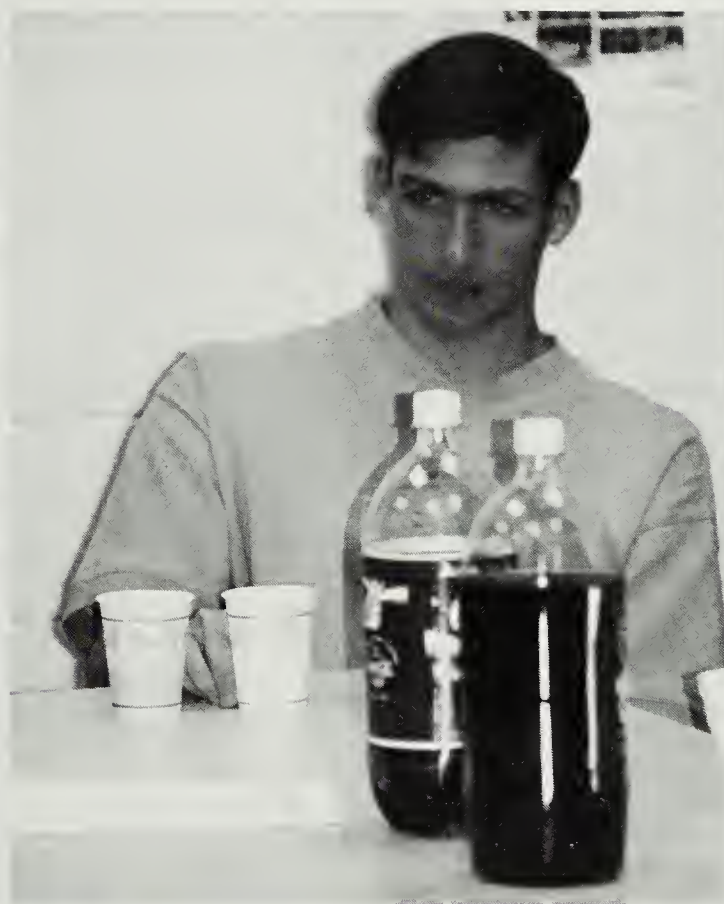




From Data Processing courses to Entrepreneurship, the Business department kept up with the latest trends in technology and expectations for the workforce. Mrs. Hannah Johnson's General Business classes participated in taste tests as they worked with the evaluation of marketing research and consumer preferences.

In an uncertain job market, the value of vocational education was greater than ever. Leaving high school with bankable skill benefitted both the college-bound student and the student who would enter the workforce upon graduation.

(Left) Everything you need to know you learned in kindergarten . . . Mike Hicks tried to remain serious practicing his greeting and handshake for a Chamber of Commerce meeting promoting Mike's student-owned company. The Entrepreneurship class, taught by Business department teacher, Mrs. Norma Early and local businessman Michael Zeiders, stressed the fundamentals of old-fashioned customer relations.



In Mrs. Hannah Johnson's second block General Business class, the students apply the information they learn in the classroom. Already this year, Mrs. Johnson's class has gone on a field trip to a local car dealership where their task was to get the best deal possible on a new car. Here Aaron Vento tried out Cherry Coca-Cola and Pepsi's new version of Cherry cola in a taste test. In Mrs. Johnson's class cherry Coca-Cola was the winner hands down.



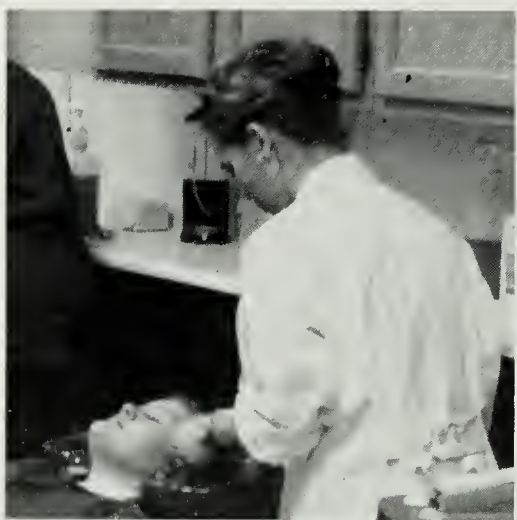
America was founded on the belief that anyone can become successful if he or she has a strong work ethic. Training students to possess the skills to pursue happiness and satisfying lives is important to all teachers. At last year's graduation, the family of Ngan Le traveled from Vietnam to Woodbridge to watch Ngan graduate. The training she received from Garfield's Business department isn't possible in her native country.

(Above) Before one learned the logic behind a computer, it proved helpful to know the basic keystroke patterns on a keyboard. Sharon Jean Chambers and classmates met the challenge.

Fine Tuning and a Soft Touch

(Left) Discussing hairstyling possibilities, Shavonne Wyatt and Kisha James' creations are constantly changing. Cosmetologists who intend to keep a faithful clientele must keep up with the latest trends in hairstyling.

Before going on to the "real thing," Marion Williams carefully practiced her technique on a mannequin. Marion's instructor, Mrs. Lisa Brasch, often displayed the best work of the class in the Cosmetology showcase outside of Mr. Stephens' office.

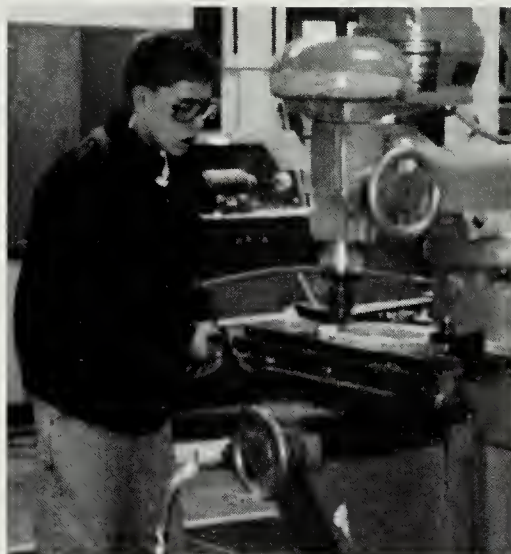


"I'm gonna wash that man right out of my hair . . ." Heather Jones shampoos and conditions her client's hair, one of the first steps in the styling process. A technique that relaxes the client yields much better tips.



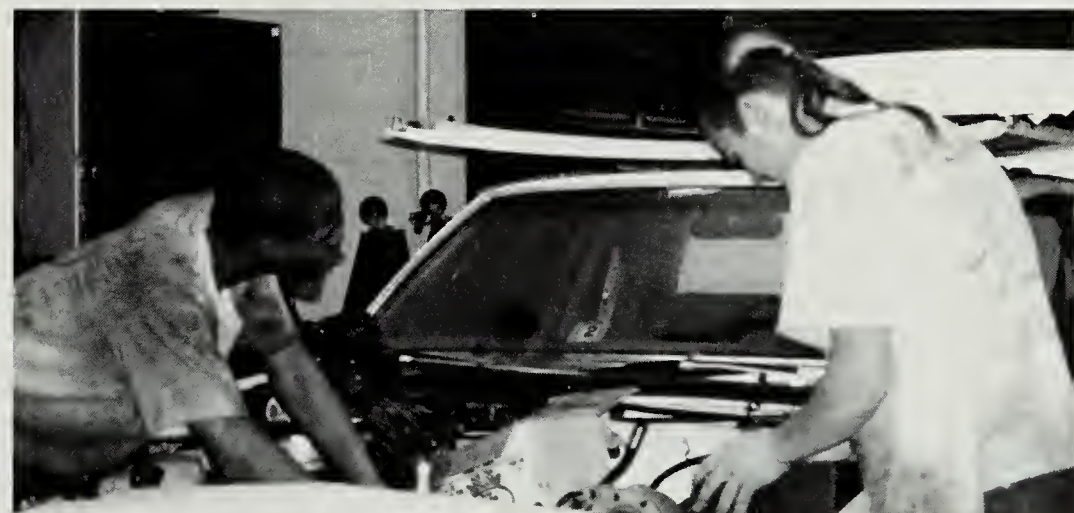


(Left) E.T. phone home! E.T. phone home! Billy Alderman tested out the radio he made. Hands-on projects and an emphasis on application are a major part of one's grade in electronics.



(Left) As he guided his saw carefully, Matt Nowak works to finish a frame that will eventually surround a mirror.

(Below) Nicholas Castro considered his next step in building his spring-powered vehicle. Mechanical engineering students in college work on similar projects. Not only does the s



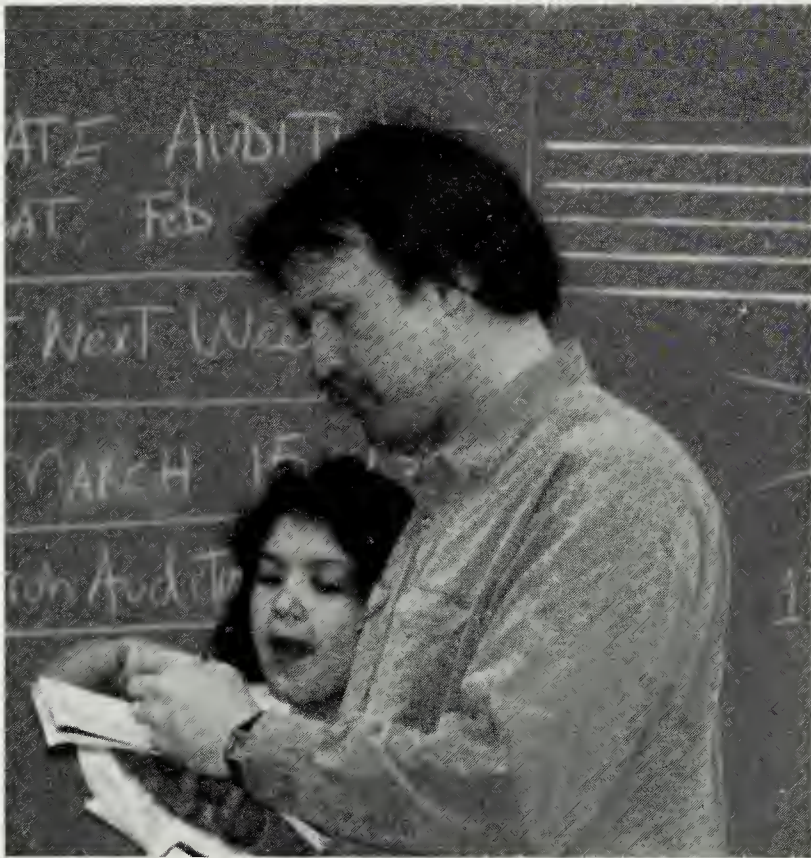
(Left) In the growing technological world of today, computers are used in practically every field—even drafting. Kenneth Klop and Spencer Fast sat at the keyboards struggling to manipulate the mathematical aspects of drafting.

(Above) Joking as they work together in Auto Mechanics, Shayne Waldner knows that sometimes four hands are better than two. Much of the work in this requires the students to get down and get dirty.



Taking a break from class, friends, Samantha Russo, Eunice Omole, Candice Sample, Dublin Kelly, Angela Henson, Heather Sipes, Alicia Llanes, and Laura LaBonte gathered together for a picture. Considering all of the strenuous practicing, everyone deserved a break every once in a while.

As the designated leader of the orchestra, Mike Trowbridge spent many hours working with the students to help them excel. Although a sense of structure is important in an orchestra, Mr. Trowbridge achieved that while keeping a sense of humor.



Working together to achieve the perfect sound was an important factor in the orchestra's success. Sophomore Candice Sample and Freshman Brian Ford took time to get just the right sound. Although practicing was frustrating at times, the final result made up for all the work.



Chamber Orchestra

1st row: Natalie Anzzolin, Rosemary Garrett, Diana Rice, Julie Alter. 2nd row: Leah Miller, Joyce Price, Heather Chase, Elise Brown, Libby Tuttle, Christina Bayley, Christina Taylor, Erika Fisher, M.C. Dvorznak, Patty Chamberlin, Shana Rice, Steve Jakub. 3rd row: Rachel Wyatt, Keicey Tolbert, Katie Towner, Elizabeth Byrd, Jennifer Dodson, Katie Knepper

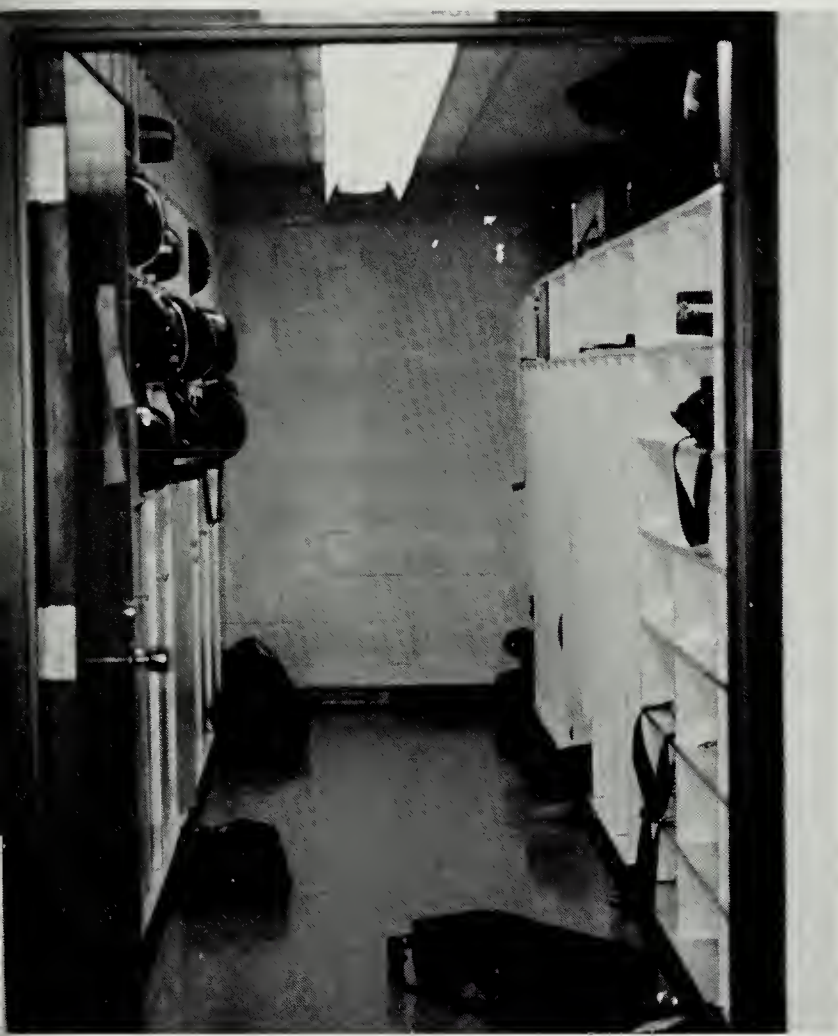


1st row: Valerie Dix, Cynthia Bennett, Laura Labonte, Dublin Kelly, David Hagan. 2nd row: Susan Shurtliff, Judith Reyes, Samantha Russo, Jennifer Cogswell, Eunice Omole, Brynn Turner, Nick Mills, Carl Carter. 3rd row: Scott Clendaniel, Angela Henson, Vickie Humenik, Jennifer Major, Katie Snead, Kaarystal Kaneshiro, Tara Koshetar, Candice Sample. 4th row: Justin Liming, Amy Ansong, Krista Johnson, Martha Borrayo, Kelli Hicks, Alicia Llanes. 5th row: Jason Abel, Sarah Wyatt, Landon Schaefer, Taana Kelly, Erin Ruane, Heather Sipes, Brian Ford, T.J. Chapman



1st: Qualen Bradley, Christine Johnson, Stephanie Davis, Katie Lawson. 2nd row: Joe Anderson, Natalie Wagner, Jennifer Fink, Leah McBride, Haley Intharayaem, Johanna Barron. 3rd row: Robert Bryant, Jennifer Lewis, Beth Ann Dvoroznak, Mandy Tuttle, Jennifer Renee Bethea, Saran Clendaniel, Missy Johnson. 4th row: Ramona Bowie, Colleen Sullivan, Lashawn Carey, Amanda Walter, Nick Mills

Fiddlin' Fun



One place you could always find orchestra students before, during, and even after school was in the instrument storage room. Besides serving as a place to store some students' prize possessions, it also provided a place to meet-and-greet friends. Although the room was filled during the day, it was usually very empty at night, since most of the instruments were taken home to be practiced.

Many students were unaware of the tremendous talent that came together each day to combine efforts in a group called Orchestra. Unlike what most students believed, Orchestra was not just another "easy 'A' elective". Hours of practice and extreme dedication were necessary to live up to the expectations of this prestigious Gar-Field Senior High School group.

Seasonal performances required months of preparation in order to produce an hour long concert. When asked about Orchestra, most students replied ignorantly. "Do they play trumpets?" or "Strings?" Many of the students had been playing since fifth grade such as Brynn Turner. "I've made so many good friends in Orchestra and it's a lot of fun."

Patty Chamberlin also had something to say about the rewards of Orchestra. "It's a lot of hard work, but it really pays off when you see your name on the list for Regionals."

Once a year, auditions were held for Chamber Orchestra. The chosen students had the dedication and motivation to excel in the highest Orchestra at Gar-Field.

One of the most anticipated events of the year was Festival. Along with the prestige of the event, the fun and excitement leading up to it made all of the hard work seem minute. At Festival last year, both Chamber and Concert Orchestras received superior ratings of 1. Landon Schaefer commented, "It's pretty cool. It's music to my ears!"

The experience of Orchestra provided students exposure to music as well as lasting memories to cherish. From good friends to fun trips, Orchestra was a wonderful activity for everyone involved. With the guidance of teacher, Mike Trowbridge, the students' desire to increase their performance level grew, resulting in perfection. Orchestra days are surely not to be forgotten.

-Sanjana Khoobchandani, Tara Koshetar, Kelly Smith



Regionals was an event that brought members of both orchestras together. Between rehearsals and the final presentation, students took a break to come together and relax as one big group of friends. Although Orchestra was not all fun and games, it was not all hard work, either. From bunny-ears to high scored performances, these students knew what was appropriate in any situation. Each moment was one to be remembered and enjoyed. Many great relationships were made in this group, as well as friendships to be cherished.

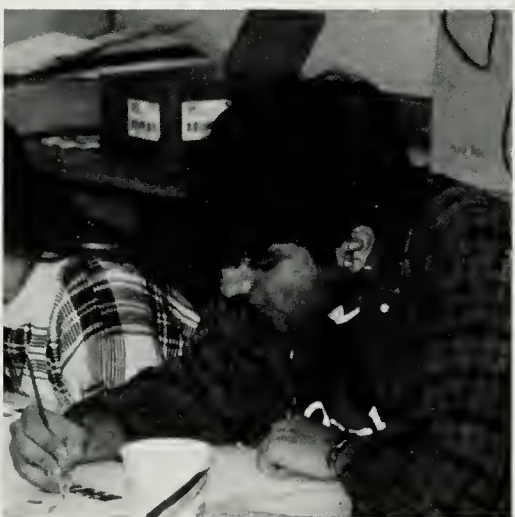
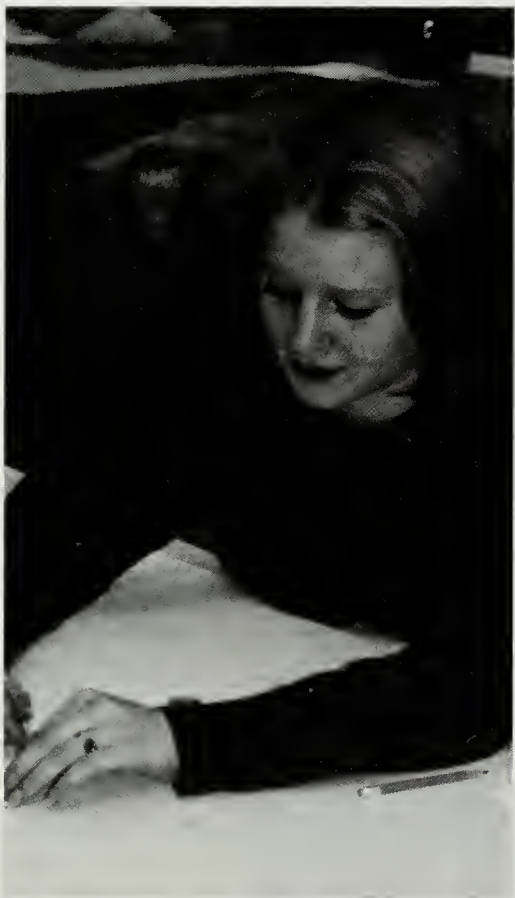
A Studio of One's Own

"No matter whether students are thinking of becoming professional artists, or whether they are just interested in the arts as a hobby or a lifetime leisure activity. Each will always be a consumer of the arts: an observer of paintings, a user of architecture, of crafts and the works of the designer's hand . . ."

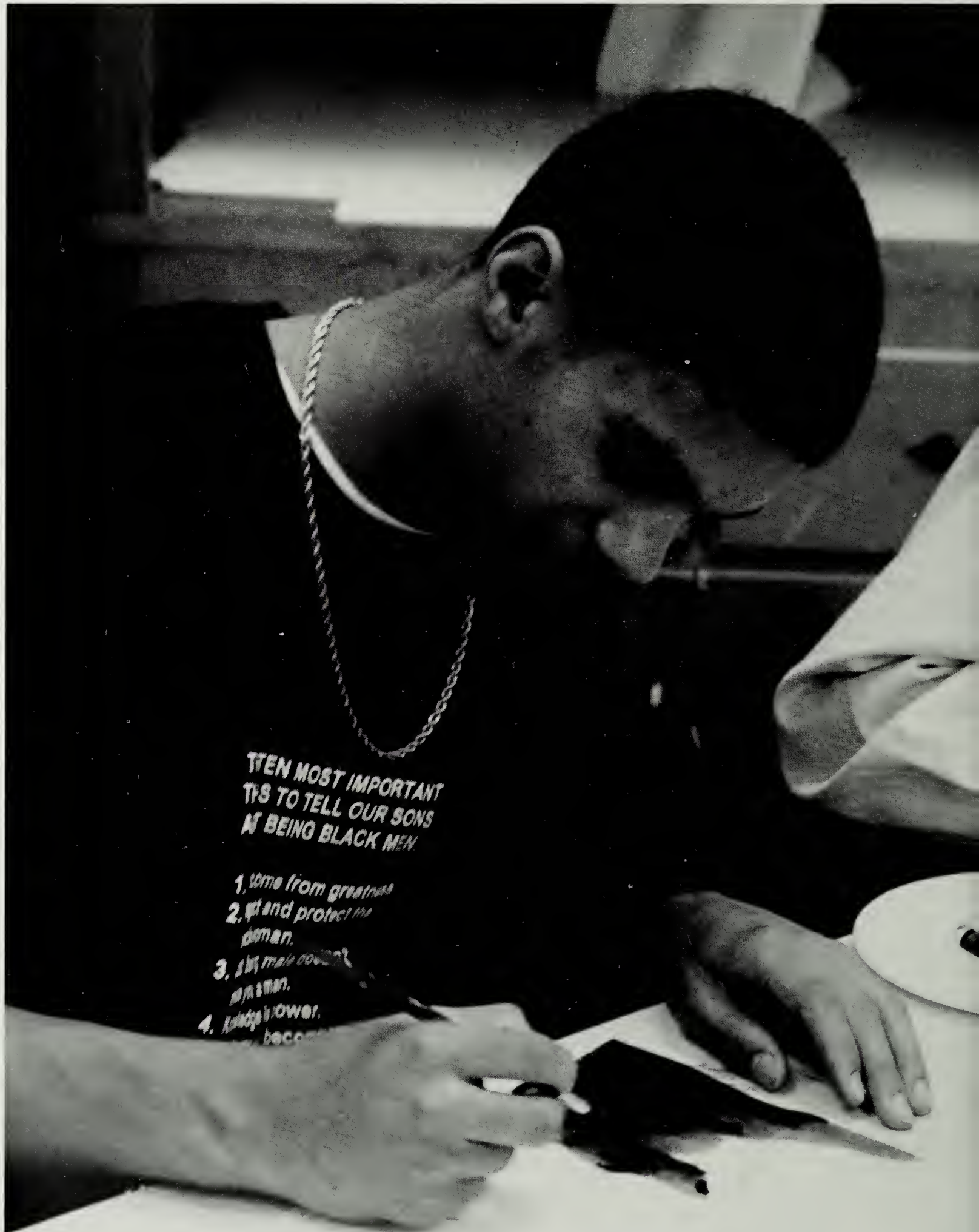
-Virginia Department of Education

(Right) Attempting to control the consistency of the watercolor, Michael Anderson fills in his drawing. Attention to detail, a steady hand, and a swift stroke are a few keys to creating a masterpiece.

(Below) Smiling at her creativity, Megan Pugh fast and furiously sketches as her artistry flows forth. "We draw and paint. It's fun!" said Megan.

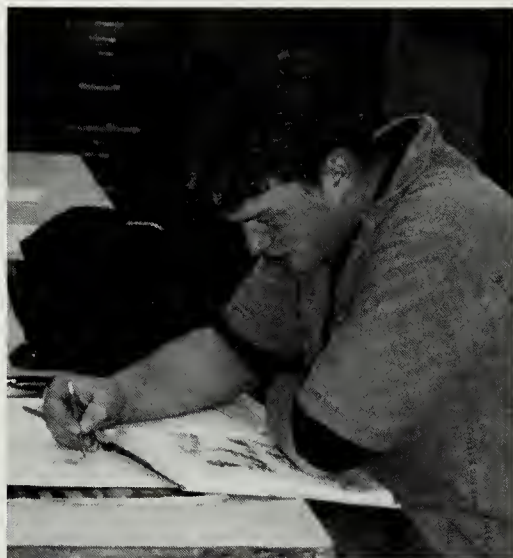


(Above) In Mrs. Simpson's third block class, Chris Vigil practices his technique through modeling. Often in art, as in writing, students are asked to imitate another artist's style. Chris' specialty is animation.





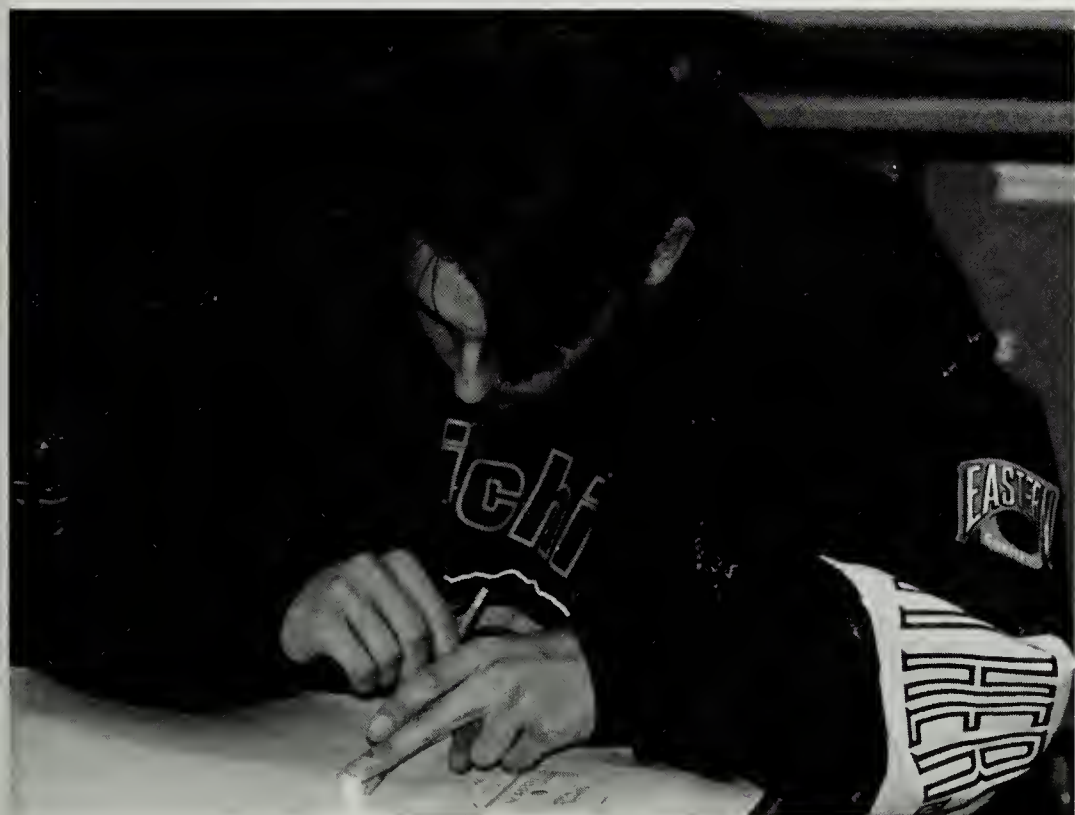
(Left) Looking intently at his sculpture, Michael Kohlbecker tries to transfer the image in his mind to the clay.



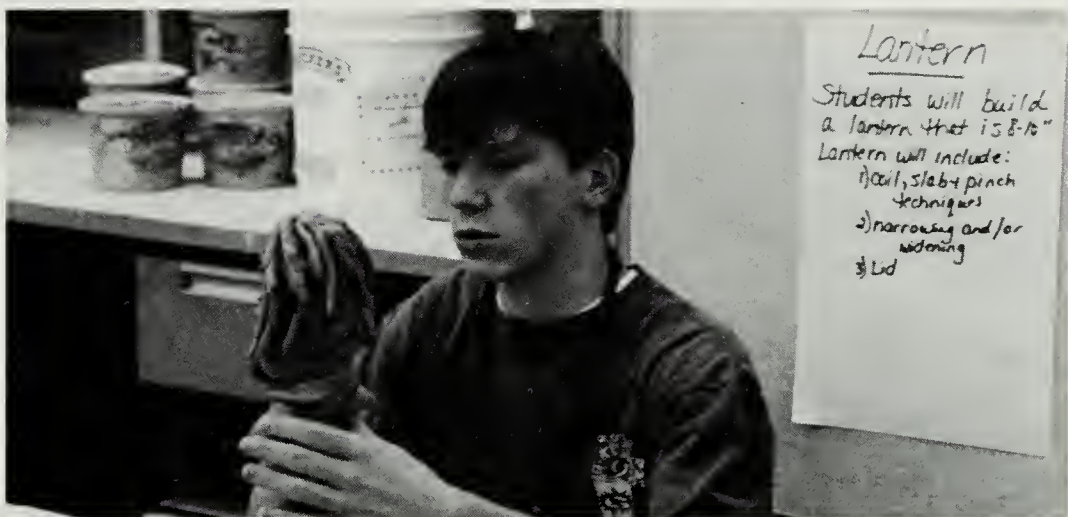
(Left) As he tries to reproduce a drawing, Eric Phipps works on his focus and concentration. From pen & ink to acrylics and watercolors, learning to handle various media is crucial to one's understanding and appreciation of art.



(Below) "It (art class) stimulates my need to express myself artistically, using my abilities to the point that I can express myself successfully in an art form," said Ken Watson.



(Left) Circle, circle, dot, dot . . . Jason Modzik uses geometric designs to enhance his artwork. Close, tedious work has a pay-off when the finished product is nearly flawless.



(Above) Unsure of the quality of the finishing touches on his sculpture, Patrick Wood evaluates and symmetry and dimension one last time. This particular piece is one step shy of the kiln.



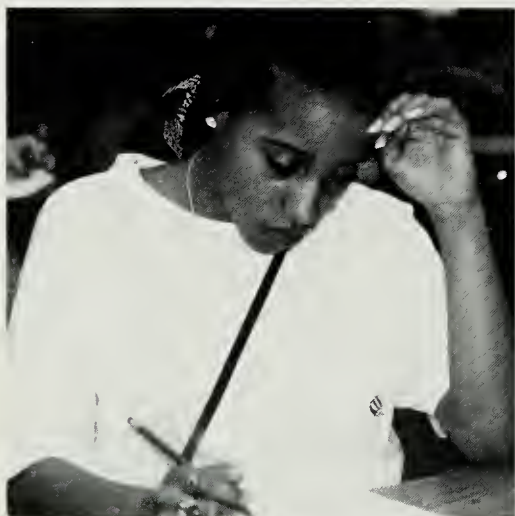
Health Occupations



(Right) Health occupations can be challenging and fun. However, the course is an essential step on the road to pursuing a career in the medical field. Cynthia Stewart gets help from Mrs. Marolda to complete an ADL (activities of daily living) chart.

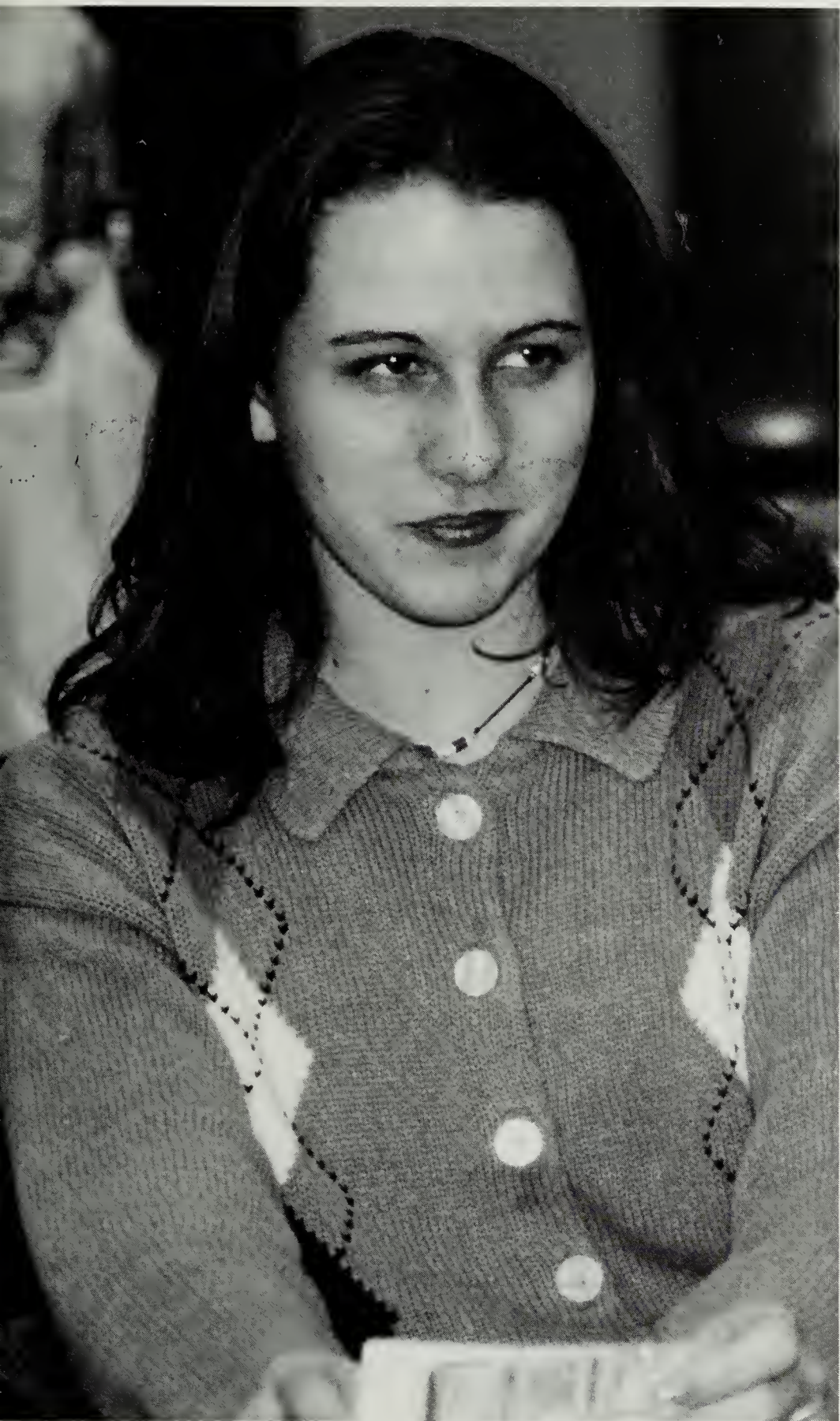


(Below) Current events and noteworthy news in medical science is presented by students weekly to be discussed in class. Mary Campos reads her note card aloud and speaks about the medical article she found and how it affects society today.



Studying for tests and quizzes was crucial in this class. Medical school phrases and terminology are taught to be used by students. Symara Woodward looked intently at her medical terminology quiz.

Health Occupations isn't as easy as some thought it would be. It takes studying, dedication and hardwork to do well in this class. Just ask Shavonne McDowell who takes the first half of the class to study for a major test during the second half.



(Left) Paying attention in any class was important, but in Health Occupations, it's a necessity in order to succeed in the class. Sara Smith waited patiently to voice her opinion about medical findings.



Gathering and re-searching data proved to be an important part of being a medical assistant. For Stephanie Simpson, assuming such a role was only a fraction of her ultimate goal of becoming a physician.



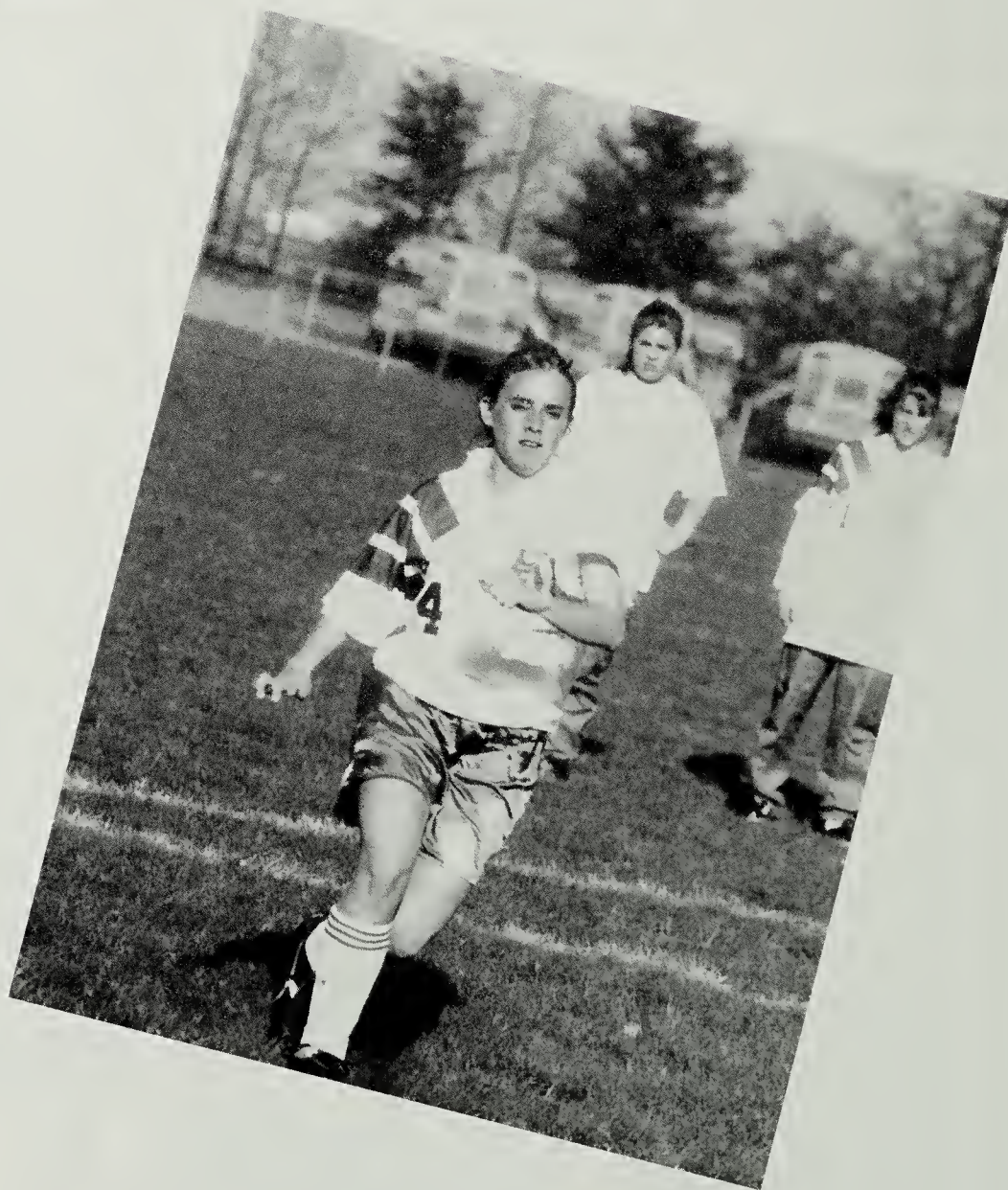
Public-speaking has always been necessary in any occupation, but it was stressed in Mrs. Marolda's classes. Students practiced their public-speaking often to enhance their abilities to be open with others. Here Corina Hanks practices.



Listening and taking good notes was a must in this class. Missing one key piece of information could prove to have dire consequences later. Billy Rios, a first-year health occupations student, has mastered this concept and has learned to take fast and accurate notes.



Lately in the medical field, the focus has been not only on hands-on training, but includes a high percentage of written work and research. Christine Flom and Shavone McDowell prepared their thesis statement for the upcoming research project.





(Right) Together, the Varsity cheerleaders combined their stunting strengths and skill to create a liberty pyramid. It has been a classic stunt for the cheerleaders for several seasons. This stunt involved a lot of difficulty as well as created crowd excitement, which was essential for cheering on the teams.

1995-1996 Varsity Cheerleading Squad: Front Row: Chastity Evans, Charity Gentile, M.C. Duoroznak, Amanda Gonzalez, Erika Fisher, Talecia Morton, Alicia Meyer Middle Row: Jamie Porter, Christina Taylor, Kristen Yauberg, Tiffany Hoffman, Claudia Williams, Tara Stapleton, Missy Bussard Back Row: Andrew King, Gabe Zepeda, Anthony Smith, Kevin McMullen, Jim Carson, Seth Kloss, Gerry Pastore, Paul Bapple, Tony Bapple.

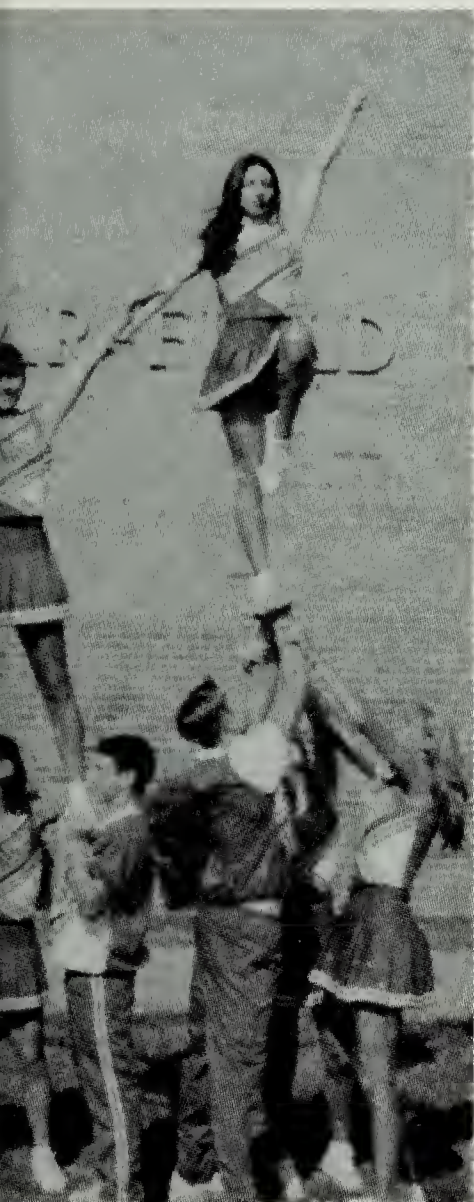


The intense time dedication required of cheerleaders always paid off when the team was able to perform and show off their impressive skills. Here, the squad demonstrated their versatility in girl based half and full extensions.



Cheerleading may be characterized by hard work and responsibility, but the team always seems to find ways to have a good time. Goofing off before the Potomac football game, the Varsity cheerleaders fall into a little bit of fun. Being friends and having fun always makes participating on a team sport more enjoyable.

ABSOLUTE CHEERLEADING



Getting ready to perform in the half time show at the Pro Bowl, Tara Stapleton, Tony Bapple, Alicia Meyer, and Erika Fisher posed for a picture in their uniforms. These cheerleaders were chosen to perform in Hawaii for their superior abilities in all areas of the sport.



Demonstrating one of their college-level stunts, Seth Kloss and Tony Bapple pressed Tara Stapleton and Amanda Gonzalez into single-based liberties. Stunts of this difficulty prepared these athletes for cheerleading at a higher level.

This year the Varsity cheerleading squad met many new challenges and changes. With several new and younger members joining the team, the squad gained an abundance of talent and potential. Through extreme practice and hard work, the team developed their strengths. Cheering at the football and basketball games, they raised the enthusiasm and spirit of the Indian fans. "It's always so much fun to get the crowd really excited and into the game," exclaimed Christina Taylor.

Beginning this year with a summer camp, the team spent four days at James Madison University learning new material and developing the trust and friendship that allowed the squad to work together. Trust in each other was an imperative element for cheerleaders as the difficulty and intensity of stunt building required a lot of cooperative work. While at camp, the team was noted for its versatility and skill in stunting as well as its closeness within the squad. "Camp was a great experience for us because we became so close," commented Kristen Yawberg. The long days of practice and extreme work-out paid off for several senior Varsity members when they were selected to perform as All-Star cheerleaders in London's New Year's parade. Amanda Gonzalez, M.C. Dvorznak, Erika Fisher and Paul Bapple were all chosen during camp to go to London. M.C. described her experience in London as, "an exciting way to end her last year of high school cheerleading."

Cheerleaders also hosted two pep rallies this year to encourage students to attend major games. With performances from other teams and skits involving students, the squad gave their support to other sports players. A great majority of time the squad spent preparing for their District Competition. Scheduling lengthy practices before and after school the strong determination and devotion that the team members possessed provided for a great year of fun and excitement. -Claudia Williams, Tiffany Hoffman & Tara Stapleton



Even on the rainy nights when the cheerleaders could not execute larger stunts, the team still built small stunts such as shoulder sits to keep the crowd involved and enthusiastic. Stunts played a major part in crowd involvement.

CHEERING FOR A VICTORY

Cheerleaders
Prove They've Got
What It Takes To
Be A Team



The Junior Varsity Squad. Row One (From left to right): Michelle Clark, Maria Gomez, Jami Bedford, Missy Newman, Danielle Pokusa. Row Two: Jenny Moeller, Erin Nicholson, Sabrina Furr, Kari Oerman, Louise Boyd. Row Three: Gabe Zepeda, Jim Carson, Anthony Smith, and Joe Rakestraw.



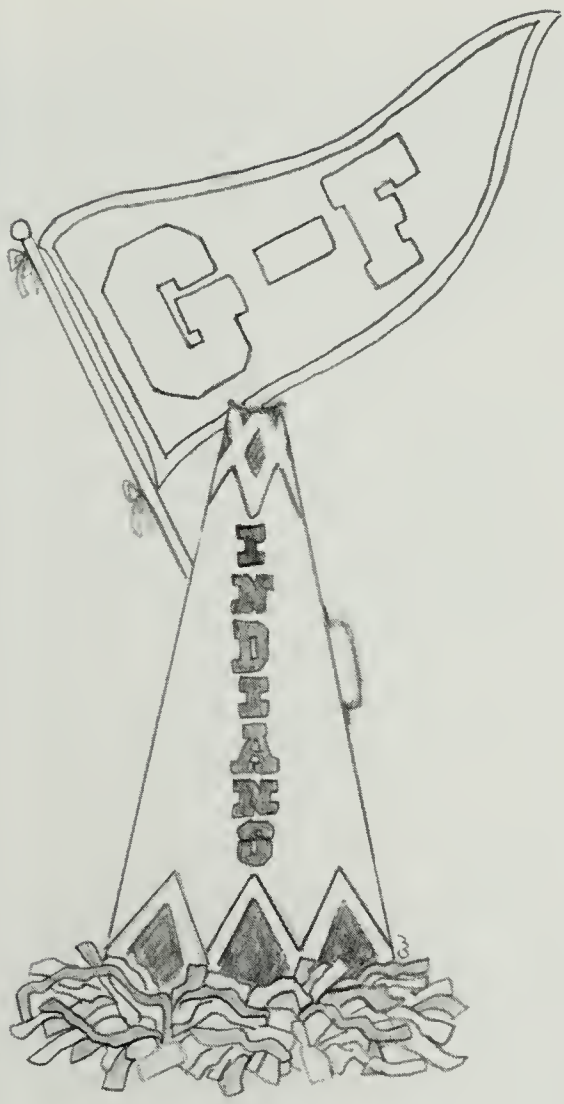
The Freshmen Squad. Row One : (Left to right) Nikki Beard, Lynn Navarro, Laura LaBonte, Allison Banks, Abby Coffie. Row Two: Laura Luttrell, Michelle Dorer, Katie Dallek, Samantha Russo. Row Three: Jomaine Blount, DeAnne Craigte Sanchez.



The freshmen and junior varsity cheerleading squads were both teams who helped members prepare for involvement on the award-winning varsity cheerleading squad. Participation on a squad meant dedication, willingness to take part in routine practices, and strict adherence to team guidelines. The result of the many hours of practice can be witnessed at any of Gar-Field's sporting events. From attending camps to working with choreographers, it was a rewarding experience for all who were members of this elite group of people.

The cheerleaders have gone to competitions throughout the year and have even made an appearance on the popular student game show, "It's Academic." They comprised most of the school spirit, especially that demonstrated at pep rallies.

When performing stunts, there is a tremendous amount of concentration and trust required between the stuntmen and the girls being hurled into the air. The job also called for excellent balance and flexibility. While meeting all of these requirements, cheerleaders managed to perform with a positive attitude and a smile on their faces.-Christina Lambert, Vickie Bowman, and June Cho.



•ARTWORK BY CLAUDIA WILLIAMS•

(Center) Reaching for the sky, Katie Dallek performed a half-extension with the help of Cassia Filopovich and DeAnne Craig, and most importantly, Michelle Dorer the spotter. These stunts took a great deal of skill and concentration on behalf of the cheerleaders.



Freshmen cheerleaders, Laura Lutrell and Samantha Russo, hold teammate Nikki Beard in a half-extension with the help of Laura LaBonte during a cheer.



For crowd involvement, the cheerleaders used signs as well as stunts. Leading the crowd in a cheer, Erin Nicholson boosted team spirit as she yelled for the red and blue.



Cheering before the crowd, Michelle Clark got the fans involved to boost school spirit during one of the J.V. football games of the season.



Indianette veterans and newcomers alike kicked up their heels and throw up their hands in Orlando, Florida as they climbed onto a gigantic cowboy boot stationed in front of their Disney all-star hotel room.

Chilling under a gift shop awning near the MGM Studios entrance after two long hard days of strenuous competition, the Indianettes awaited their coaches' return so the fun could begin.



Scenes like the one above were common at practice as Indianette officers RiShonda Plummer, Felicia Glapion, Olivia Teves and LaKeya Smith grappled with various problems ranging from deciding which routine would be performed to locating missing uniforms to figuring out how to replace damaged music.



Karate kid Jennifer Major and the Grinch, RiShonda Plummer, proved that the Indianettes loved to let their hair down as they were shown here veggin' out and goofing off in their UMBC camp dorm room.



(From left to right) Felicia Glapion, RiShonda Plummer, and Nova Evans strike a pose with cartoon movie star "Chip" in Disney's Magic Kingdom. Their sophisticated stance was broken, however, when Chip began singing them love songs and blowing kisses under his breath. Here they are shown bursting into hysterical laughter.



Amy West, Day Newsome, Brittany Purdham, Natalie Wagner, Sandy Bailey and Erin Breeden flashed their smiles and hooks at the camera after finishing a vigorous pom pon routine.

JUST FOR KICKS



Indianette Officers (Left to Right): Front Row: Co-captain RiShonda Plummer and Sergeant Michelle Cantey. Middle Row: Ambassador Jennifer Major and Co-captain Felicia Glapion. Back Row: Ambassador Tiffany Watkins, Captain Olivia Teves, Captain LaKeya Smith and Ambassador Erica Gentile.

The Gar-Field Indianettes are a varsity drill team/dance team organization. First established in 1971, it was the first team of its kind to be developed in Prince William County.

This year the squad consisted of fifteen dedicated girls. Hours upon hours of practice totalling over 2,000 hours for line members alone, have brought the girls close together. "I see these people more than I see my own family," quipped Natalie Wagner in an interview with the hyphen earlier this year.

Throughout this year and those past, the Indianettes have sponsored several events to support Gar-Field and to improve the surrounding community. They lent a hand of encouragement to the football team by placing good luck posters around the school before each game and were just as easily found shouting words of praise to the basketball players during both girls and boys varsity games. In order to help their community, the Indianettes have participated in the Prince William County Adopt-A-Highway program and various ACTS food drives.

Practice, hardwork, and dedication finally paid off when the team qualified for the National United Dance Association's Competition in Orlando, Florida.

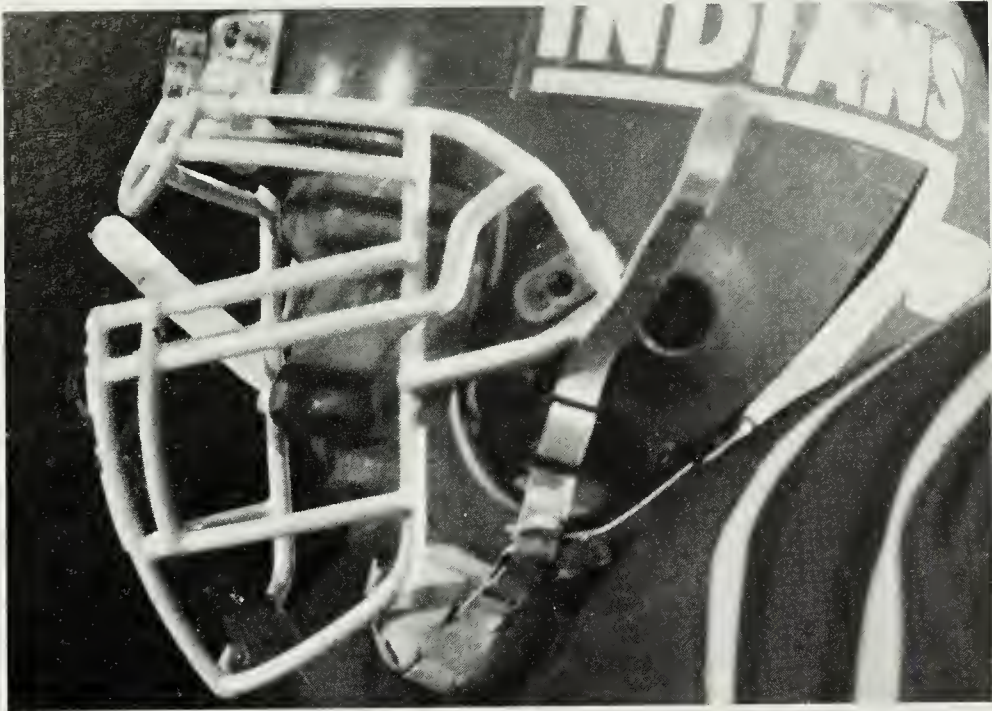
The National Competition took place during the first week of February. Being the first Gar-Field team to ever compete in a National Competition, the 1995-1996 drill team competed in both the pom pon and high kick categories. They did so well, in fact, that they were ranked seventh in their pom pon division only missing a semi-finalist position by two places. Their coach Amy Weiler said, "It doesn't matter how we placed. It only matters that we know we did our best and that's what winning is all about."

Tryouts were held annually in May. "Everyone is welcome to try-out, but if you're not willing to give up time to practice and to be committed one hundred percent, then beware," said the team's coach, Mrs. Amy Weiler. -Felicia K. Glapion

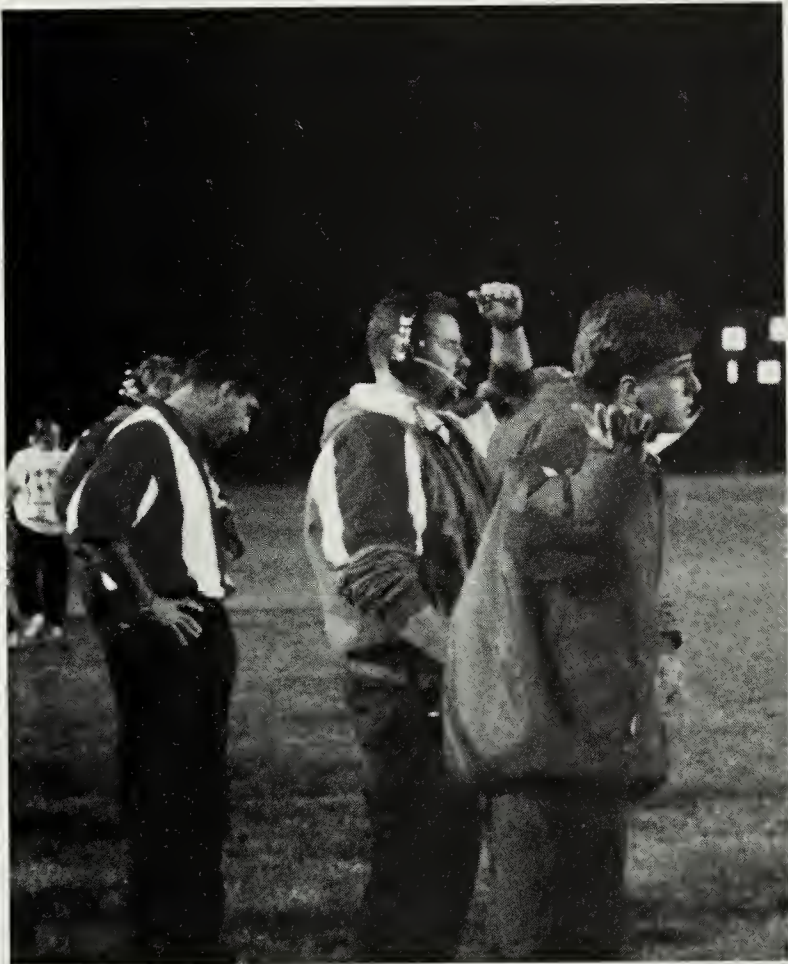


Indianettes. Front Row (Left to Right): RiShonda Plummer, Lakeya Smith. Second Row: Felicia Glapion, Michelle Cantey. Third Row: Erica Gentile, Jennifer Major, Tiffany Watkins. Fourth Row: Natalie Wagner, Brittany Purdham, Sara Mammen, Nova Evans, Kelli Belando, Amy West, Erin Breeden, Sandi Bailey, and Day Newsome.

Anxiety and pressure build up on Josh Lawson's face as he awaits his call to the field. Lawson studies his opponents moves so that he can defeat them with his knowledge of their tactics.



Standing on the sidelines in disbelief are coaches Paul Barrett, Patrick Hogan, Mike Sukena. Leading 13-8, the Indians wanted to make smart plays and to avoid carelessness.



Senior Managers Kate Kaldenbach and Chiara Harris pose for a quick picture as they make their way to the practice field. These girls have been dedicated managers for a few years.



THRILL OF VICTORY, AGONY OF DEFEAT

It was an uphill battle for this year's Varsity Indian Football team. Expectations of a state championship and an undefeated season were thwarted early in the year.

After tremendous losses of last year's star senior players including Reggie Jackson and Mike Graham, the varsity team needed to recruit new players. With a young team, it was difficult to perform at peak skill. "There's nothing you can do about inexperience," said senior John McElhenny. "We had a lot of young players that did not know how to play football."

Winning the Homecoming game did little to boost the morale of senior Till Snead. He said, "Instinct would tell us to be extremely happy. Nevertheless, we could have done better. The competition sort of lacked in that game. It was a win, but not a big one."

Senior Cameron Williams said that he would have liked to "change the attitude of the team," because that would have helped the season along.

Teammates McElhenny and Snead said that the season's disappointments can not be attributed to the varsity coaches. "Coach Labozetta is a great coach. He knows what he's talking about. It's unfortunate. . . you can't make someone want to win," said McElhenny.

Agreeing, Snead said, "It is 50%-50%. Players have to try hard in order for the coaching to be used to the fullest."

Junior Jamie said that true champions persevere and stick with the team regardless of its record, and this is what made this season worthwhile.

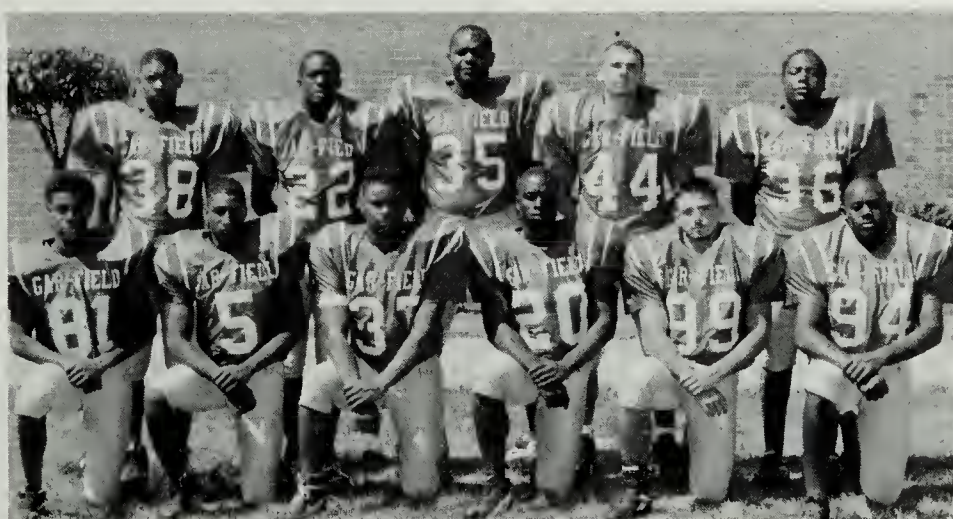
-Rachelle A. Jones



Left to Right, Bottom Row: Cameron Williams, Adrian Jenkins, Alex Jenkins; Middle Row: Brian Fichter, Jason Elliot, Danny Commander, Brian McElhenny, Shaun Felder, Randy Ware; Top Row: Mike White, Eric Morgan, Jan Spijkers, Steve Spencer, Brian Olsberg, Auntry Jones.



Left to Right, Bottom Row: T.J. Guy, Leon Locke, Brian Bixon, Jamie Johnson, Peter Burke; Middle Row: Carl Carter, Till Snead, Anthony Wilson, David Anderson, Wes Peters; Top Row: Kevin Dean, Nick Lohmann, Josh Lawson, David Touchette, Rick Horesky, Jeremy Fitzgerald.



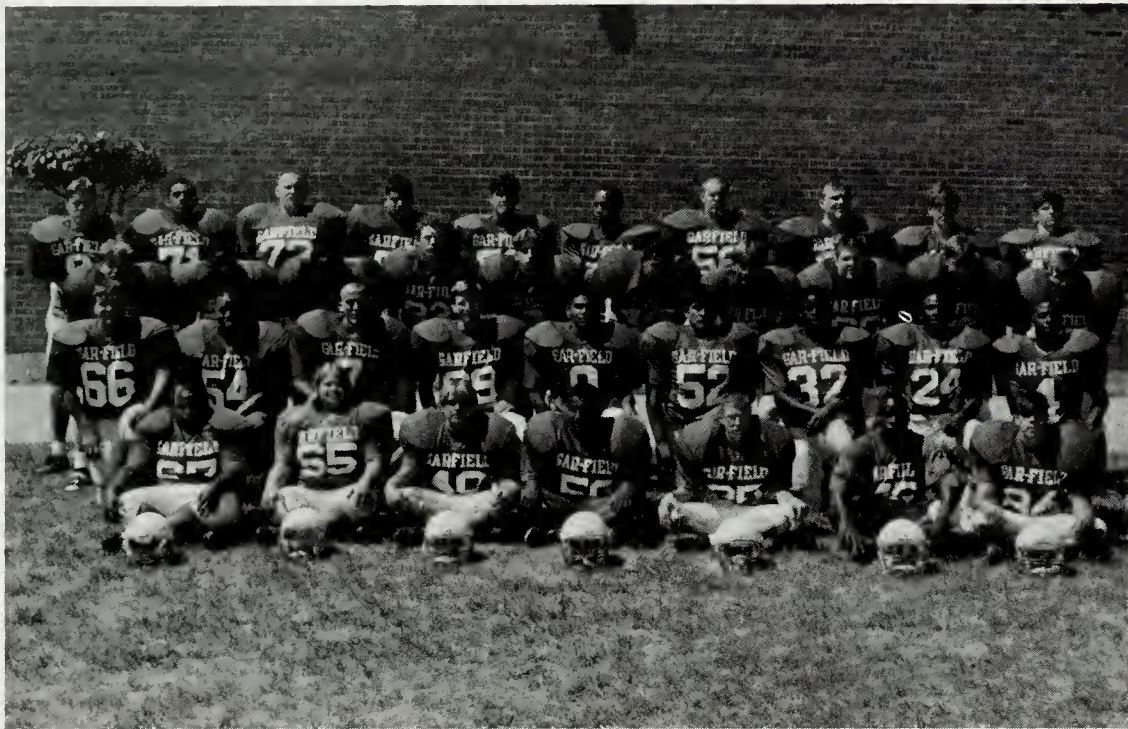
Left to Right, Bottom Row: Raymond Petis, Eric Penic, Tony Mendez, Glenn Ewell, Gary Ham, Henri Harps; Top Row: Brian Daniels, Montrese Ham, Kofi Bawuah, John McElhenny, Demario Owens.



•artwork by R.A. Jones•

(Right) To escape a tackle from a Hylton opponent, Joey Harris increases his stride with determination. The end zone was in sight and the Indians needed a touchdown play.

(Below) Junior Varsity Football: from left to right: Row One: Bill Deviney, Abby Fehrman, Chris Petrovitch, Luis Rosado, Mike Riley, William Jaynes, Joey Harris; Row Two: Mike Moore, John Hayes, Alan Lukes, Steve Ryan, Frederick Custodio, Jose Gonzalez, Kevin Mosby, Tomi Olamigoke, Leon Black; Row Three: Matt Pastoree, Derek Martin, Dennis Martin, Jason Wilhelm, Joseph Roslan, Campos, Joe Anderson, Paul Luke, Jon Adams, Jason Leydig; Row Four: Roland Craig, Jonathan Cooper, Chad Haines, Dario Garcia, Greg Sikes, Kevin Snodgrass, Adam Hoffman, Chet Lindermuth, Adam Thurstad, Jeremy Johnson.



(Above) Freshman Football: Bottom to top, left to right: Row One: Jason Davis, Macon Foscue, Sean Benton, Gary Day, Jesse Burke, Barry Brewton, Steve Valentine, Greg McChain, Issac Davis; Row Two: Londell Taylor, Brad Petrauskas, Jeremy Ramsey, Chad Bebel, Tony Sharpe, Ray Huber, Tim Brown, Terry McKoy, William James, Victor Enyi; Row Three: Chris Pustorino, Brian Stokes, Ruben Hoyos, Craig Burton, Rafie Bell, Ryan Boese, Rodney Patton, John Roche, Matt Cornwell, Lou Cruz; Row Four: Jeremiah Engelbrecht, Joseph Huntles, Keith Cambrel, David Bowes, Eddie Petrovich, Nick Farmer, Ryan Lee, Bill DeVinney, Derrick Gibson, Kevin Devine.



(Right) Kevin Mosby wards off his opponents grasp, and continues down the field. Running Backs must be able to block their own tacklers as they gain yardage if a teammate cannot get there in time.

TOUCHDOWN FEVER

Nothing sets a team ahead of the competition better than the players' determination and desire. This is true for the Freshman and Junior Varsity teams.

Although the seasons were not at their peaks, these two teams still excelled. Individual improvements in players' abilities and overwhelming sportsmanship made this season one to remember.

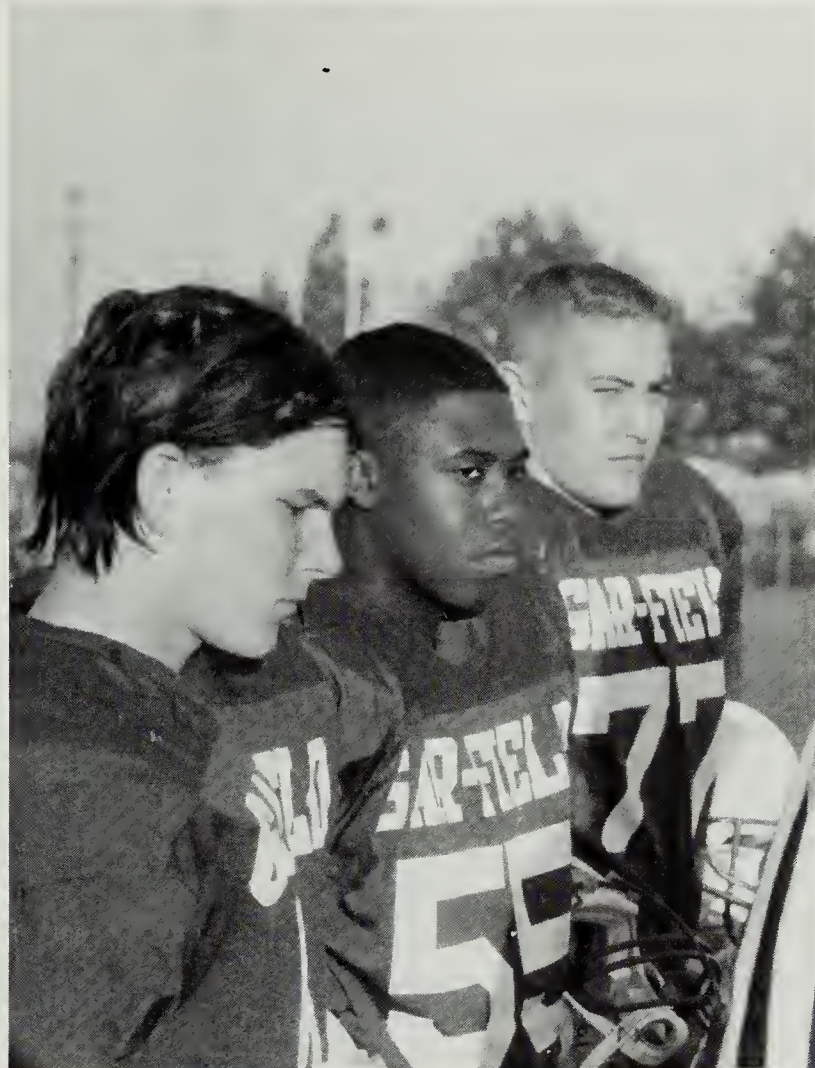
"I had hoped to win more games. 'Therefore', I was a little disappointed in the overall season, but I feel we played well as a team," commented Freshman player Macon Foscue.

Freshman player Brian Stokes considers his first high school football season a learning experience. "The coaches were pretty good. I learned a lot about hard work and (about) football in general," he said.

"The most memorable game was the last because I could've made the touchdown play that could've won the game against Woodbridge... but when I went for the pass, I accidentally dropped the football. Woodbridge won that game," said freshman Jonathan Anderson, a JV player.

Playing for the JV and Freshmen teams provides excellent opportunity for a serious football player to gain valuable experience. Only the toughest, most dedicated players 'survive' the season, and their commitment pays off. These Indians are the true champions of the football field.

-Rachelle Jones



(Above) Captains Derrick Gibson, Craig Burton, and J. Engelbecht listen to the referees before the game. Pre-Game talks are meant to encourage sportsmanship between the teams.



As his opponent backs up in fear, Paul Luke puts on his charging face and prepares to strike. Moves like this one kept Garfield on the defensive edge during their games.



In an attempt to hold off the tackle until Frederick Custodio can help out, Tomi Olamigoke struggles forward to gain yardage. Blocks are essential for the Indians to make it to the goal line.

GAR-FIELD HOOPLA:



"Two-points for Jeremy Bynum!" As starting center Jeremy had to maintain his jump-shot ability. Jeremy constantly took out his opponents in rebounding, and in many games was the leading rebounder and scorer. Though he wasn't the tallest in the district, Jeremy had unbelievable "Ups".

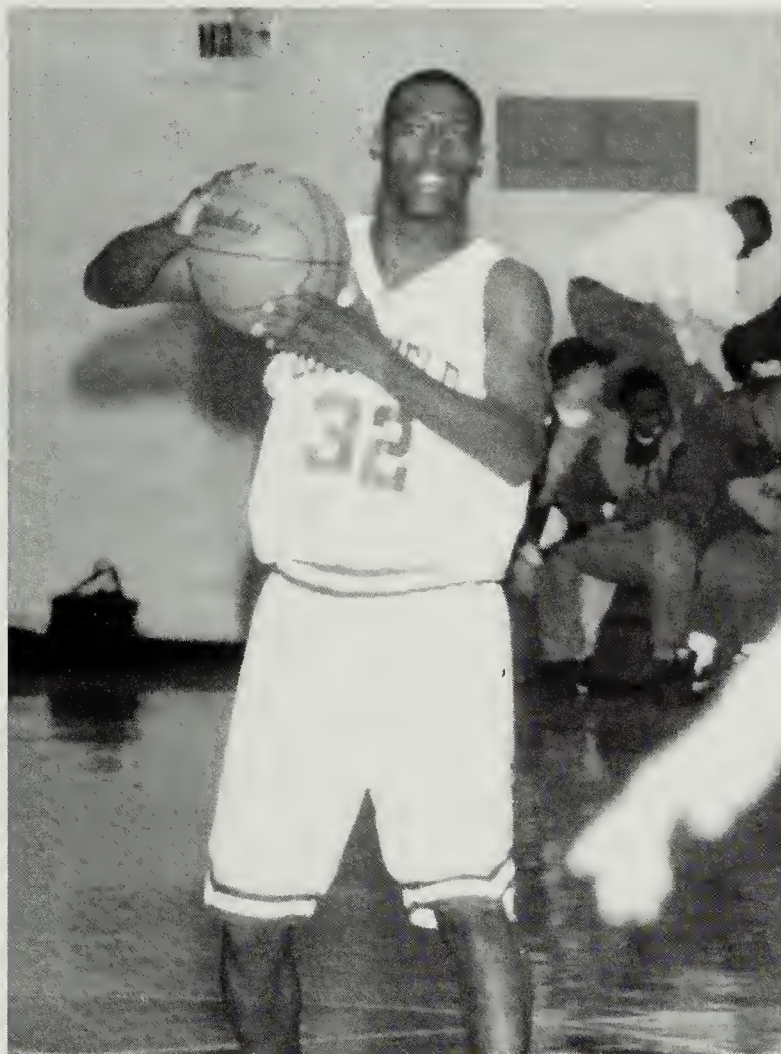


The call of the starting line-up brought about loud applause by the crowd. School spirit helped to bring up the teams hopes for a win. The introduction to the team also showed the teams ability to show off their key players.

Fast speed and quick thinking led to a smart skip pass by Eric Smith. A dangerous pass like this one could only be done usefully if you had an offense that could think fast. Being able to see whats going on all around led to smart moves that created needed points.



HOLDING ON UNTIL A WIN!



The right decision almost always led to a smart play. Toris Howard, with an eye dead into his opponents, decides whether to pass or to dribble. Either way, Toris would show off his skills.

The Indians saw an unbelievable streak of bad luck this year as the boys' basketball team succumbed numerous consecutive losses. The cards simply weren't dealt in favor of this determined team. This young team may not have acquired the experience to over come the top teams early in the season, but they always put up a tough fight. The Indians always played with heart, and their determination gave both the Potomac Panthers and the Woodbridge Vikings a good scare, although they were again defeated.

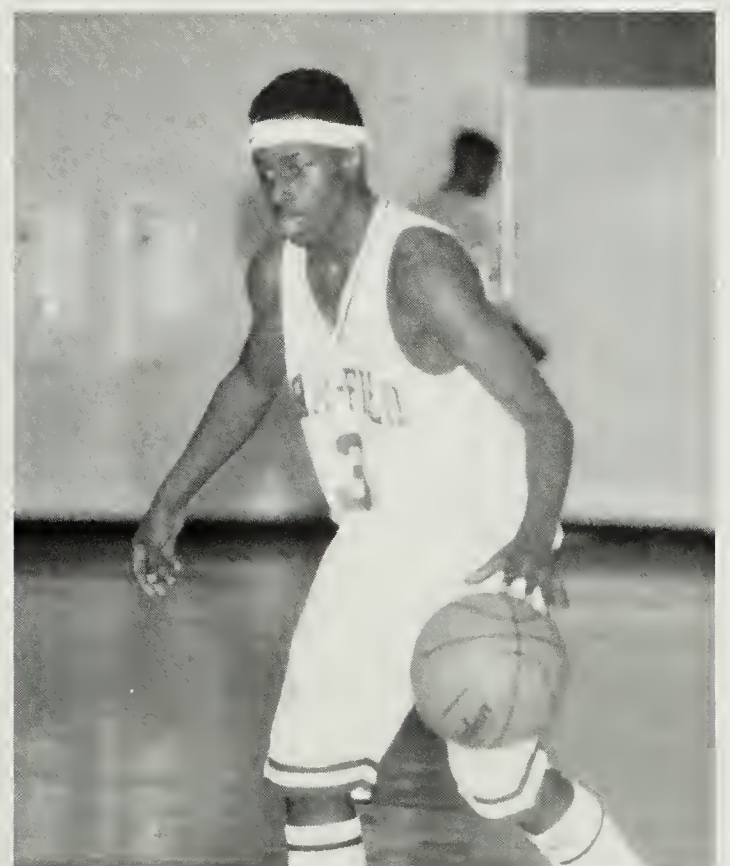
Combining the dribbling skills of Toris Howard, the inside shot of Eric Smith, and the always ready and on target 3-point shot of Kelvin Pollard, we saw a plethora of agility. Then we add the aggressive rebounding and lay-ups of Jeremy Bynum and Mac Dogbatse and we gained height and muscle. This team definitely had a well thought out recipe by Coach Gray, and never gave up despite the challenges that always came their way.

"Behind that tough exterior is a little man," must have been on the minds of the players when they battled Woodbridge during regionals. It was said by the crowd that if it weren't for the many fouls going unseen the win would have been theirs. This also reflects the bad luck that had come their way.

Despite the losses and disappointments, these guys will go on and prepare for next season and for our seniors, they will go off with pride on their shoulders because they never gave up. -Janet Ortiz



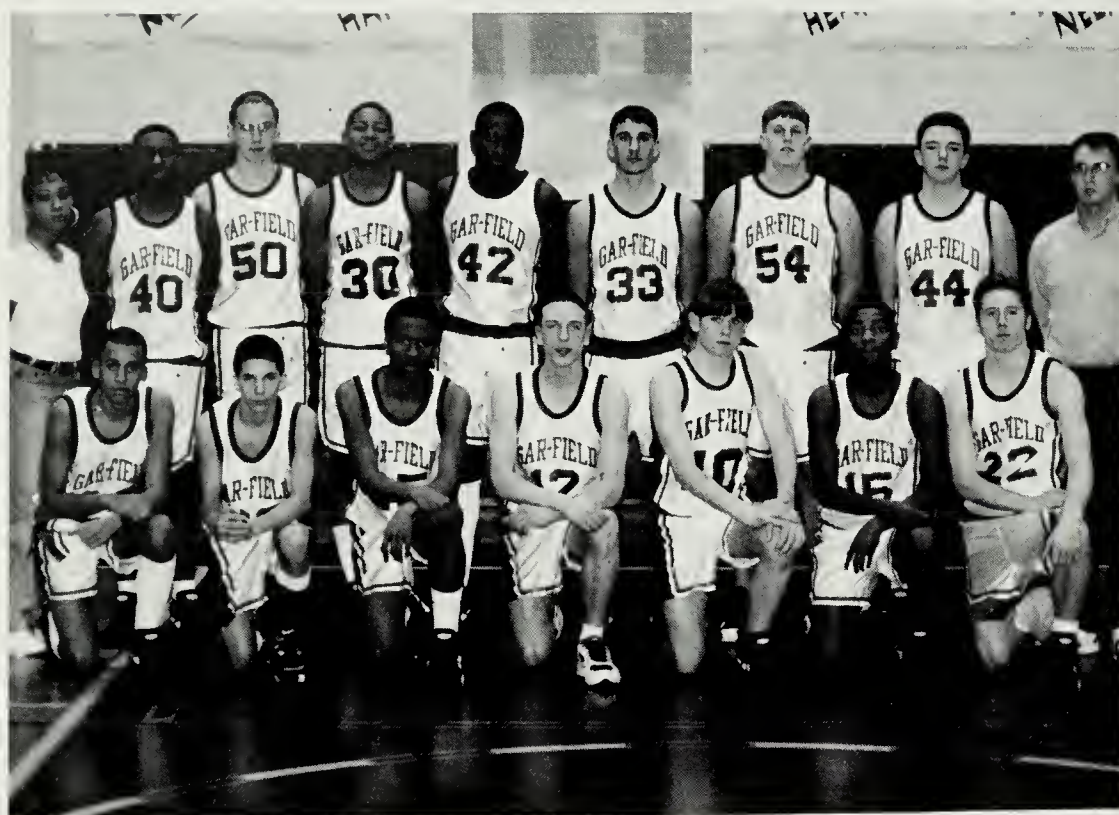
With a close eye on the game, Coach Gray watches the opponents every move and thinks up the best strategy to keep them from scoring. Coaches aren't always this calm during a game, but Coach Gray tries to maintain his cool.



As a newcomer to the squad this season, Alexander Jenkins came off the bench and proved he was varsity material. Though he occasionally came off the bench as second string, Alex did the best in every situation.

As the JV team gathered around their coach, Mr. Pat Hogan, he replies with the advice "Play as one, not as five fingers. Take one step at a time. Do not rush."

Front Row: John Jennifer, Casey Vera, Ronald Standifer, Adrian Watkins, Mark Crowder, Donald Rushing, Rolland Craig. Top Row: Dennis Winn, Scott Stoneburner, Errick Walker, Sam Wright, Mike Fernando, Adam Hoffman, Paul Fossum. Coach: Pat Hogan. Manager: Ayasha Ware



Front Row: Julius McMillon, Dustin Lawson, Shaun Jackson, Victor Enyi, Clint Gasluins. Top Row: Jonathan Macklin, Jeremiah Engelbrecht, Bryson Newell, David Myrick, Anthony Glass, Keko Gomes. Coach: Mr. Mel Cheshire. Not pictured: Brian Leatham, Frankie Morgan.

As the freshmen team gathered around their coach, Mel Chrisher, he tells them to "keep focus and watch everything around you." There is still time to improve their record.



LIVING LIFE ABOVE THE RIM



Double exposed. Notice that two games can go into one. The court shrank, Casey Vera, number 32, seems to be in two places at once.

Basketball was the sport of the winter. Both JV and Freshmen boys played a hard season. As the season came to an end JV finished half and half. The Freshmen team was one and nine, but they worked hard and finished happy. As for the JV team, they were six and six. They played hard, but the other teams were a good challenge. Both the teams ended happy and will continue to play hard. JV coach, Pat Hogan, replied "Don't quit, play hard, and never give up." The players knew their coach was right. "I think this years 1995-96 basketball season was very successfull. We had lots of fun and great choaching, which lead us to a six and six season." said Adam Hoffman. They followed the pattern and won the fair games.

As for the Freshmen, they're new students to the school and high school basketball is more of a difficult task than what they were use to. Freshmen coach, Mel Chriser, desided to stick with what he thought was best. "Get along with each other and improve as basketball players." replied coach Chriser. The players had much to say about their year too. Anthony Glass spoke with excitment "Basketball is my life. I want to become famous like Shaquille O'neal and play ball with him."

- Nadine Boisuvère, Cindy Compton



Number 42, Jeremiah Engebrecht, goes for a layup. Number 24, Keko Gomes, waits patiently for the rebound.

JV Scoreboard

| | HOME | VISITORS |
|----------------|------|----------|
| Stafford | 62 | 58 |
| Duval, MD | 81 | 85 |
| North Stafford | 56 | 72 |
| Woodbridge | 40 | 50 |
| Stonewall | 60 | 51 |
| Hylton | 53 | 69 |
| Stafford | 65 | 61 |
| Osborn Park | 61 | 52 |
| Hylton | 65 | 44 |
| Woodbridge | 58 | 68 |
| Osborn Park | 75 | 65 |
| Potomac | 80 | 82 |

Holding hands in team unity, the girls huddle around Coach Milbert and listen to his encouraging advice. Pep talks before an important game always gave the team the extra confidence to go out and do their best.



With the ball at her fingertips, Kaisha Roebuck jumps up to send it through the hoop. Garfield's awesome scoring ability came from teamwork and skill.

Emily Faught halts as the girls from North Stafford attempt to block her shot. This is little of a problem for the junior as she is one of the best three point shooters on the team.



DO IT UP!

VARSITY GIRLS MAKE
HISTORY AGAIN

The Girls' Varsity Basketball team played an amazing season this year with an almost unblemished record of 23 wins and 2 losses. The girls were able to take their talent and hard work all the way to the State Quarter Final play-offs. The team also found an unbreakable unity between themselves after all the time spent together practicing and travelling to away games. Senior Heather Henson said, "I knew at the beginning of the year that we'd have a great season, but I never thought we'd do as well as we did. This year was so much fun because of our record and because we were such a close team."

Starting the season with 7 straight wins, it wasn't until the Girls' Varsity Basketball team came up against their long time rival, C.D. Hylton, that they faced their first loss, by only one point. The girls struck back, though, beating Hylton in their next two match ups and finishing the season off without another loss. "Even though we lost our first game against Hylton, we were able to come back stronger and better the next time we played them and show them what we had," Co-captain Nelaya Lee remarked. It was an amazing season for the girls, who, after beating Potomac High School in their final regular season game, went on to the District play-offs. Their victory there propelled them onto the Regional play-offs where they came up against Albemarle and then Pulaski High School. After smashing those two teams with 61-43, and 62-46 respective scores, the girls made it to the Quarter Final play-offs against Robinson High School. In that last game, the team started off with a bang, leading the first quarter with 17 to 10 points. Unfortunately, Robinson was able to catch up and finally win, but Gar-Field's girls knew that they had already gained a victory in making it so far in the season. No since 1990 has Gar-Field's Girls Varsity Basketball team made it so far in the post season games.

Along with being a phenomenally successful season, the team also enjoyed a fun year. With so many games to play in the season, the girls spent a lot of their time together practicing their plays and growing closer. The games also provided a chance for fun as the girls got to explode onto the court with the support of dedicated fans and parents. "It was always a great boost looking out into the crowd and seeing the familiar faces of all the parents who came to every game to support us," said junior, Christy Moore. Overall, the Varsity Girls' Basketball team had one of the best seasons ever! - Claudia Williams



Back row: Lolita Turner, Nelaya Lee, Christy Moore, Emily Faught, Kaisha Roebuck, Christina Plutz
Front row: Dishawn King, Sara Jansen, Rebecca Devaney, Hattina Washington, Heather Henson, Erika Ecker

Making sure her way is clear, number 44, Nelaya Lee, prepares to make a shot. As a leader of the team she was often seen with the ball in her hands, ready to score points for the team.

SCOREBOARD

FRESHMEN

| G-F | OPPONENT | |
|-----|----------------|----|
| 46 | Stafford | 4 |
| 26 | Woodbridge | 24 |
| 28 | North Stafford | 27 |
| 16 | Stonewall | 27 |
| 13 | Hylton | 18 |
| 28 | Osborn Park | 28 |
| 14 | Hylton | 16 |
| 19 | Woodbridge | 18 |
| 18 | Osborn Park | 17 |

JUNIOR VARSITY

| G-F | OPPONENT | |
|-----|------------------|----|
| 58 | West Springfield | 63 |
| 48 | South Lakes | 44 |
| 38 | Stafford | 27 |
| 34 | Hammond | 39 |
| 65 | Woodbridge | 40 |
| 27 | North Stafford | 41 |
| 47 | Stonewall | 6 |
| 57 | Hylton | 46 |
| 44 | Osborn Park | 37 |
| 48 | Woodbridge | 22 |
| 43 | Osborn Park | 36 |
| 43 | Stafford | 26 |



Junior Varsity Front Row: Gloria Jackson, Teresa Peters, Shanna Conklin, and Shavonne Goode. Back Row: Coach Rosemary Garrett, Becky Moore, Kim Keys, Heather Tucker, Christie Jackson, Amanda Bushner, Crystal Mayo, and Tamara Mayo (manager).



Freshmen (Front Row): TaToya Morton, Dublyn Kelly, Teri O'Grince, Nicole Cozza, and Amanda Mosser. Back Row: Alexandra Jung, Catrina Wilmoth, Brandi Cameron, Stephanie Spears, Emily Ostrander, Katie Jung, and Sarah Wyatt (score keeper).



FRESH FACES NEW CHALLENGES

It seemed that every year started out with the same old routine. New people tried out for the team and last years rookies became this years veterans. The veterans moved up to varsity. That's the way it has always been; it was expected.

Although a young team is often thought of as inexperienced, the freshmen girls showed that being young only meant that there was room for improvement.

Everyone who came out for the teams had the talent to play ball. They only needed someone to show them how to use the talent to their advantage. That's where coaches Sue Shelton and Rosemary Garrett came in.

"They taught us to win by team effort, and that's what we did," said Ali Jung. It does take teamwork, selfish plays don't win a game.

The girls felt that when they put forth 100% effort they did better. "Bravery is believing in yourself. . . that nobody can teach you," said Teri O'Grince.

All the hard work displayed in the hot and heated practices came through for the J.V. and Freshmen teams. The outcome of their seasons wasn't a result of a one woman show, it was a complete team effort. When push came to shove, lending that helping hand made unity the key to success.

-K. Scholz, A. Fehrman, S. Didomenico



(Left) Shavonne Gooden uses her dribbling expertise to out-manuever her opponent. Gooden, as a freshman, was already showing the knowledge and skills it takes to become one of the varsity Lady Indians.



While trying to score the extra two points, Heather Tucker used determination and skill to drive into the lane to score. Though North Stafford was a difficult team to beat, the J.V. team put its best effort forward to try for the victory.

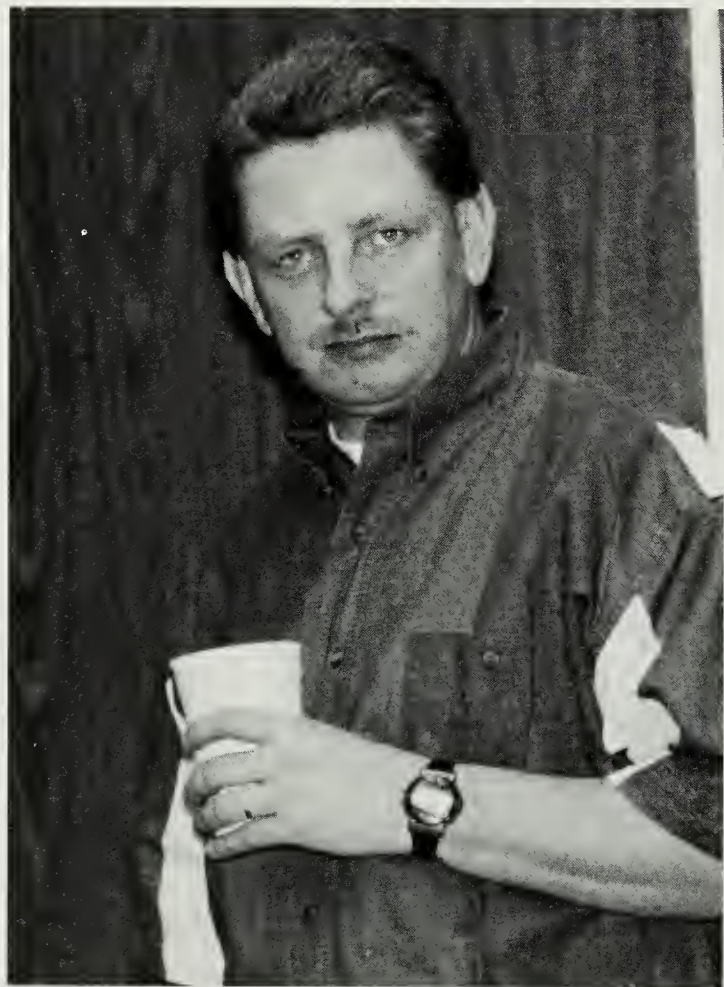


Coach Shelton tried to get her freshmen team pumped up before every game. This made the team feel confident and ready to play.



Alexandra Jung, one of the players on this year's freshman team, looked for a clear lane to drive into the basket for the lay-up and the easy two points. Jung was one of the go-to players on this year's freshmen team.

Will the real Ty please stand up? During an exhausting day of competition, senior Ty Montgomery finds time to get a little shut eye. Resting in between races is the key to being a strong racer.



Girl's coach of the year, Jeff Custer takes pride in both the boys and girls indoor track teams. Here he proposes a toast at the well deserved pizza party for the girls team.

Sophomore Jerry McClam takes a break from high jumping to watch the tough competitor below. Watching others gave Jerry the determination and wisdom to mold him into a great athlete.



RUNNING IN A WINTER WONDERLAND

To many people, being on the track team means nothing more than running monotonous laps around a track. Many people forget that track is made up of several field events and different races. For instance, those interested in jumping had a choice between high jump, long jump, triple jump, or all three! The shot put and pole vault are two alternative field events. The track team had so much to offer that freshman Lauren Rowe was stumped when asked what her favorite event was. "My favorite event was I don't know. All of the ones I was in were fun!"

It took a lot of hard work, dedication, and commitment to be a running Indian. Dallen Arney truly believes "only the strong survive!" When asked what sparked her desire to run, freshman Jomaine Blount responded, "my uncle, because he also ran track at Gar-field!" For freshman John Ritchie running was a great stress reliever, "the more you train the faster you run, and the faster you run the better you feel." It seemed like everyone has an emotional attachment to the sport. Even Peter McClellan confessed, "I have no secrets, I started running because of a girl."

This year both boys and girls track had an excellent season. The girls won both the Cardinal District and Northwestern Regionals. Led by seniors Kathy Edwards, Raven Andrews, and junior GiGi Miller. The girls team proved that they really do belong to the School of Champions. The boys finished strong in both Districts and Regionals. They were led by seniors Ricky Link, Pat Lichy, Eric Penic, Craig Johnson, Ty Montgomery, and Peter McClellan. Many of the team members will say that Track and Field not only involves beating the opponent, but also the clock as well. Five of the girls competed in the National meet in Boston. They all realized that competition is steep not only in the state, but nationwide. A team that works well together is always going to be a winner. -Raven Andrews, Kate Pancratz, and Allison Rowe.



Back Row (L to R): Coach Way, D. Hicks, A. Mendez, D. Commander, J. Fitzgerald, J. Elliot, D. Gibson, R. Wilson, E. Montgomery, C. Johnson, P. McClellan, J. Heddings, R. Craig, R. Pettis, A. Edmundson, J. Anderson, J. Powell, C. Walker, L. Locke, D. Amy, Coach Custer. 2nd Row (L to R): Q. Bradley, M. McClam, J. Giamichael, A. Jenkins, B. Graft, R. Link, A. Smith, J. Paul III, E. Penic, R. McClellan, J. McClam, J. Brown, K. Mosby, S. Crittendon, J. Malry. 3rd Row (L to R): K. Pancratz, J. Burrese, E. Prince, N. Gray, S. Clendaniel, T. Turner, M. Williams, G. Miller, E. Davis, E. Cook, C. Sullivan. 4th Row (L to R): R. Andrews, N. Evans, K. Edwards, F. Ham, T. Gill, C. Woody, L. Olamigoke, J. Tolson N. Chambers, L. Rowe, N. Brown. Front Row (L to R): E. Johnson, B. Kingrey, C. Bennett, J. Blount, L. Sanchez, E. Johnston, L. McBride, H. Linton.



As she looks at the score board, Freshman Lauren Rowe is proud of her relay's time at the National Indoor Track Meet in Boston, Massachusetts. Time is the key to being successful in running.

They've got legs, and they know how to use them. The 4x4 relay team of Kathy Edwards, Lauren Rowe, Gigi Miller, and Raven Andrews prepared to run at the state meet that was to be held at George Mason. They look forward to breaking the school record in outdoor track.

(Center) When Jason Elliot congratulates Ryan Turner on a good race. His gesture shows the true depth of teamwork. Without team support and faith in one another the team would surely fall apart.



Back Row: (L to R)Ebony Johnson, Elizabeth Davis, Georgia Gray, Maruquel Williams, Kate Pancratz, Erica Cook, Colleen Sullivan, Tashawtae Dingle, Dishawn King, unknown, Coach Wright. Middle Row: (L to R)Ebony Prince, Alease Tate, Regina McGary, Jackie Burrell. Front Row: (L to R) Simone Chan-Tai, Raven Andrews, Tami Prisco, Michelle, GiGi Miller, Kathy Edwards, Jenny Gerring.



Back Row: (Left to Right) Roland Craig, Ricky Link, Peter Bradford, Eric Penic, Peter McClellan, Ryan Turner. Second Row: Anthony Peters, Joshua Heddings, Craig Johnson, Julian Edwards, Selwyn Crittendon, Chris Walker, Neil Puri, Doug Madison. Third Row: unknown, Shawn Wingo, Thomas Wallace, Daniel Edwards, Tony Lasica, Anthony Smith, unknown. Front Row: Mike Guilfoyle, Steve Ryan, Adrian Jenkins, Jerry McClam, Josh Giamichael, unknown, Matt Guilfoyle.

As the boys distance runners warm up for a race. They concentrate on what lies ahead in the race and what is expected from them. Concentrating on a race is the key to having a successful race.



BEST OF THE BEST



On the line, Eric Penic got ready to lead off on the mile relay. His goal was to try to get a good start for his relay to beat a state qualifying time. Running against the clock was always worse than any competitor.



As Ember Johnston comes around the corner. She mentally calculates strategy on how she plans to finish her race. The key to a strong ending is to give all you have left in you for the race.

With teamwork, enthusiasm, a positive attitude, and motivation being their key strengths last season, both the girls' and boys' track teams worked together to be their best. That proved to be true with both teams winning the Cardinal District and the girls winning the Northwestern Regionals. Coach Bob Horning explained, "The real key to the girls winning is the fact that they worked together as a team."

It seemed the incidences of individual victories and personal bests increased during the season. GiGi Miller's first attempt at the high jump proved that if you put your mind to it, you can be good at almost anything. Coach Mike Anthony said, "I see a lot more people coming out for track and finding out that they can achieve anything they put their minds to." On the boys' side, Daniel Edwards demonstrated a personal best in the long jump. Daniel broke the school record and also was the state champion.

In preparation for the season, each member dedicated his or her spare time to running. All of this preparation put them where they are today. The team will lose some key people, but will gain some new ones. With the team members working to push one another, they will strive to make themselves even better next year. Hopefully, with a state championship to add to it. -Raven Andrews

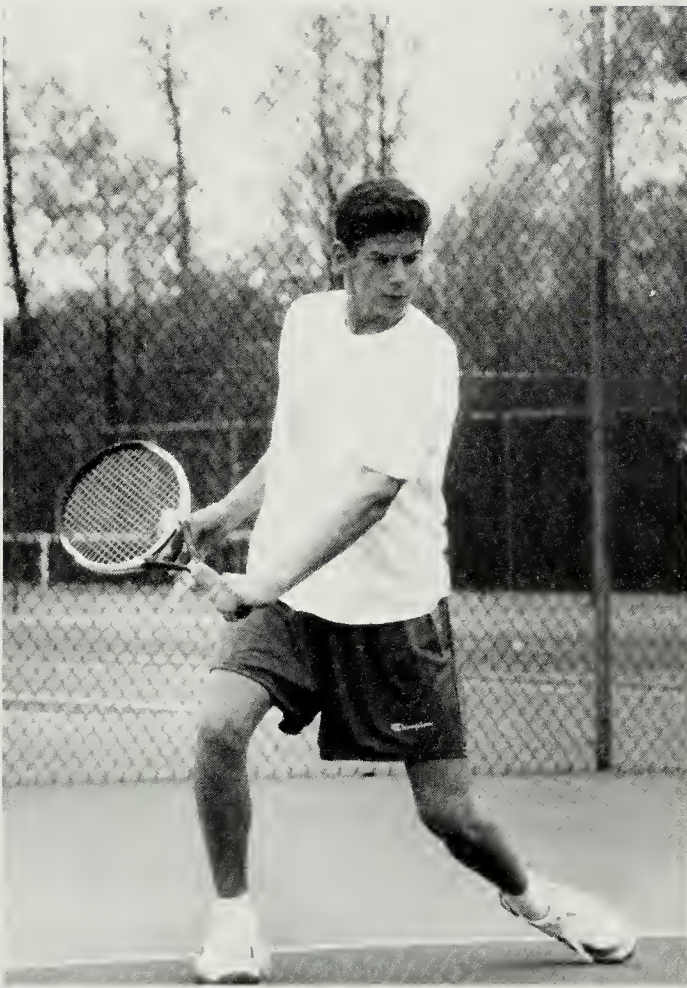


During a relay, Ebony Prince hands off to Elizabeth Davis to finish up the mile relay. Even with Ebony tired, she finds the time to give all she has left to bring her relay team into the lead.

Top row: Josh Levin, Landon Schaeffer, Justin Sawyer, Kevin Stansfield, Timothy Kokan, Sean Johnson. Bottom Row: Jamie Long, Vicrum Puri, Brian Garrett, Josh Hogan, Philip Greenfield, Paul Morales.



Form and balance creates a great shot. Sophomore Kevin Stansfield demonstrates what it takes to be on the team.



Through the season the team grew very close. The family-like atmosphere is what junior, Patty Chamberlain enjoyed the most about the season.



SERVING IT UP

The boys' tennis team rocketed to the top with a great season this year. With an overall score of 8-2, they were a tough act to follow out on the courts. "With four of the top players gone, the underclassmen had to step in this year," junior Vicrum Puri proudly stated.

Along with the returning Indians, some new faces joined in on the action. Sophomores, Brian Garrett and Kevin Stansfield were two of the new additions to the team. When asked about the try-outs, Garrett replied, "It felt good to make the team because a lot of people got cut."

Among the more memorable games played were the 9-0 shut-outs against Potomac and North Stafford. In all, the Big Red Indians had a fabulous season. The Lady Indians wasted no time by winning their first match of the season against the Vikings. Due to the rigorous and sometimes hot and grueling practice, that began in mid-August, the ladies first win came easily. Senior Pamela Stukes agreed, "Physically all the running helped me get in shape."

This year's team had a record number of players, totaling 22. There were a variety of girls, including 2 exchange students from Finland. It wasn't hard for the players to support one another, whether winning or losing. No matter what, there was always a shoulder to lean on. Parents also gave support and were always at each match, whether home or away.

The team finished their season, ranking second in cardinal district. It was an exciting season, filled with joyful bus rides after defeating opposing schools and quiet times to reflect on matches lost. Memories of the tennis team of '95 will remain imprinted in the players' minds for years to come. -Jillian Bernard, Jeri Culp, Robin Schrimpf.



Top Row: Ms. Davies, Lisa Westley, Robyn Levin, Missy Wycinsky, Jen Burwell, Tuulina Tuominen, Jeri Culp, Robin Schrimpf, Johanna Kiljunen, Kirstin Machado, Diana Rice, Coach Earl. Middle Row: Patty Chamberlin, Taylor Jefferson, Robin Herman, Lynsey Lunsford, Megan Westcott, Sanjana Khoobchandani, Pam Stukes. Bottom Row: Tracy Kinoshita, Vidya Kori.

(Left) With full determination, senior Robin Schrimpf prepares for a powerful forehand. As a senior Robin enjoyed her last year on team.



With the pressure on, Senior Sean Johnson gets ready to serve. Pressure sometimes helped the team members to do their best.



Front Row (Left to right): Paul Oremland, Brian Dahinden, Sam Siefke, Drew Whiteman, Mike Surrena, Mike Donly, Sean Bethal, Joe Tomkins, Second Row : Scott Norgart, Jean Caldwell, Jim Carson, John McElhenny, Scott Spencer, Wes Peter, Mike Rainsberger, Matt Blamey, Adam Lantier, Chris Lanzilotta, Third Row: Tiffany Hoffman, Paul Bruss, Joe Brulle, Taylor Gill, Joe Bruss, Aaron Mordan, Tommy Cope, Eamon Bethel, Ben Lanzilotta.



Right to Left: Travis Gee, Andy Norgart, Dan Broughton, Mike Guilfoyle, and Eamon Bethel. (Not pictured: Brian Christenberry, Nick Lichtenfeld, David Cable, Brian Anderson, Chris Tomlinson, Keith Benderoth, and Ken Lowe.

SWINGIN STICKS

Going into its third season, the lacrosse team played some intensely grueling games. Most of the players practiced during the summer and through the winter by going to camps and playing on local leagues.

While lacrosse takes center stage in the spring, the Gar-Field golf team began in early summer and ran throughout the fall. During this time, they faced local competition the likes of Potomac, Woodbridge and the always formidable Hylton Bulldogs. Although it was a tough season, the golf team found themselves taking third place in the regional tournament in Roanoke. With seniors Andy Norgart and Brian Christenberry graduating, the team for the future seems encouragingly young as an optimistic Mike Guilfoyle and Ken Lowe lead the way. -Mark Hamilton and Brin Christenberry



As Scott Norgart passed the ball off to the crease attack man Tommy Cope, he dodged the flying sticks of the Woodbridge defense.



As the lacrosse team walked down to meet its biggest rival Woodbridge, they thought about all of the plays they know and how they can execute them to win the game.



Many courses in this area provided constant challenges for golfers. This course in Williamsburg, Virginia used its coastal conditions to provide tough situations.



(At Right) Before each game, the team gathers together for a pep talk. It was a great spirit booster and helped to prepare the team for the upcoming game.

Bottom Row (Left to right): Michelle Neal, Stephanie Russ, Becca Devaney, Christine Peterson. Second Row: Mr. Mike MacDonald (Coach), Julie Alter, Abby Fehman, Sherra Howard, Casey Gastley, Meghan Oldis, Beth Jewel, Ms. Jennifer Jones (Coach). Top Row: Janet Oldis, Amy O'Neil, Allison Garrett, Carrie Hernandez, and Erin Ward.



(Above) Catcher Janet Oldis tries her best to stop the opposing team's runner from stealing home. Janet always kept the team motivated with her efforts.

(Right) Christine Peterson advances to third base on a fast ball. Conditioning over the winter months pays off. The extra strength gave affords her unique form.



STEALING HOME



(Above) After many hours of practice on her pitches and form, Julie Alter pitches three consecutive strikes. Once again, she strikes another batter out.

The varsity softball team started the 94-95 season with 11 returning players and four players new to the team. Long hours of practice and conditioning helped to get the team off to a smooth start.

Ms. Jennifer Jones, the coach, stated, "With good teamwork and desire, the team met and even exceeded their expectations."

Because of their inclination to work together, that strong and determined team made it all the way to the state semi-finals. Unfortunately, their season came to an end with a heart-breaking loss to Centreville. The team finished with a 19-7 record.

"The team gave its all, even when the odds were against us. We just kept trying," said Meghan Oldis.

Earning awards for the team were catcher Janet Oldis-Team Award, in-fielder Michelle Neal- Best Offensive Player, out-fielder Allison Garrett- Best Defensive Player, and pitcher Julie Alter-Most Valuable Player. - Shea O'Connell and Martha Dunn



Timing is everything as senior Allison Garrett checks each of the bases for the opposition's movement. With experience comes the ability to think quickly and react correctly.



(Above) After taking a lead from third base, Stephanie Russ watches as the catcher throws the ball back to the pitcher. In softball, as in many other sports, a player must never take her eye off of the ball.



(Above) Two heads are better than one. Discussing strategy, Coach Mike MacDonald and sophomore Sherra Howard check out weaknesses in the opposition.

(Below) With a minute to spare, Amanda Walter, Nikko Nasca, Jessica Stump, Missy Kuzma and Heather Baldwin celebrate their victory of a game well-played. Throughout the season, the team members made many friendships.



Having a "good eye" for the ball while batting is an important skill the players need. Erin Caricoe knows her strike zone and when she needs to swing. After receiving a walk, Erin drops her bat and proceeds to first base.



Before the next inning, Jessica Stump warms up her arm. Being prepared helped create the team's unbelievable winning streak. A 16-0 finish was only accomplished through this type of hard work.



FIELD OF DREAMS

After sixteen games, the girl's J.V. softball team finished with an incredible record of 16-0. Though the team consisted of only a few returning players and seven freshman, the girls proved to everyone they had what it took to work together as a team.

Winning a spot on the J.V. team required time and dedication. Sacrifices had to be made in order to attain a position on the varsity team the following year. The girls had to devote their time to the sport everyday after school for about an hour and a half. Sophomore Shea O'Connell explained, "We had practice from 2:30 to 3:00 sometimes because the varsity teams would take up all of our practice space. We still managed to perfect our skills and get off of the field in time." The girls did use their practice time wisely. Hitting was a strong suit, but the team also had great pitching.

"It was a great experience to be undefeated my first year as starting pitcher. With the strong support of the team behind me," Rachel Rybicki replied, "I was honored to receive the most valuable player award." -Danielle Pokusa, Lisa Boughner

Gar-Field JV Softball 1995

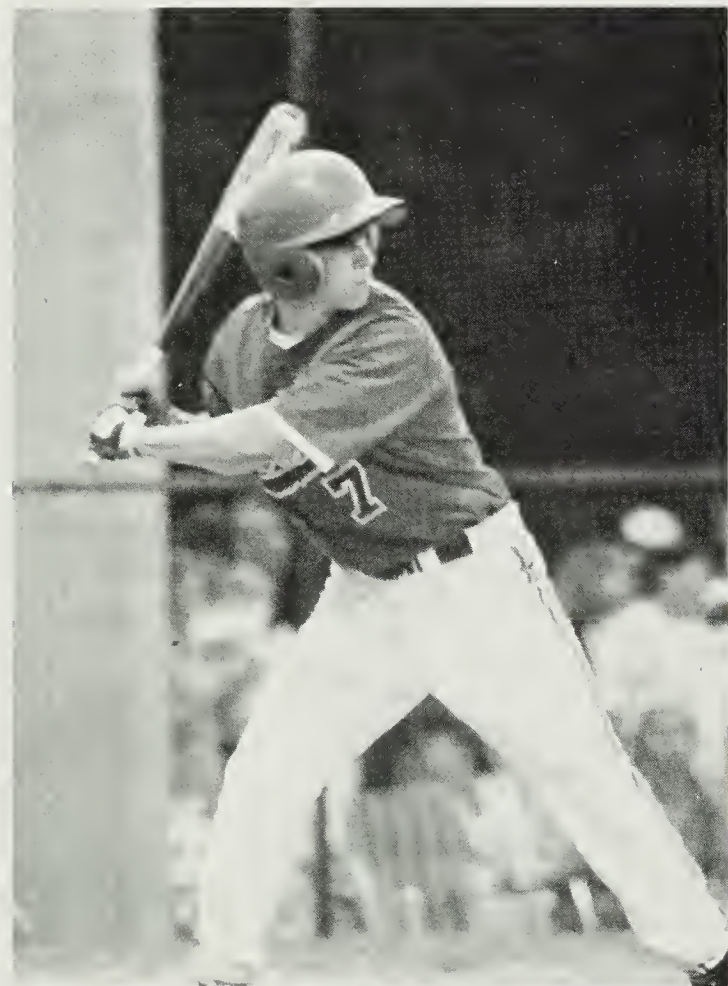


Bottom Row: Christine Oldis, Nikko Nasca, Angela Williams, Amanda Bussells, Nikki Hammand, Christina Plutz, Erin Caricofe, Shea O'Connell and Coach Patrick Hogan. Top Row: Dawn Daly, Heather Baldwin, Amanda Walter, Nicole Stravon, Missy Kuzma, Jessica Stump, and Rachel Rybicki.

| G-F | | Opponent |
|-----|-------------------|----------|
| 40 | Stafford | 2 |
| 25 | Brooke Point | 10 |
| 18 | North Stafford | 9 |
| 25 | Hylton | 8 |
| 10 | Osborn Park | 3 |
| 7 | Stonewall Jackson | 4 |
| 14 | Potomac | 2 |
| 4 | Woodbridge | 2 |
| 22 | Stafford | 11 |
| 23 | Brooke Point | 0 |
| 17 | North Stafford | 8 |
| 18 | Hylton | 1 |
| 12 | Osborn Park | 9 |
| 13 | Stonewall Jackson | 2 |
| 17 | Potomac | 6 |
| 17 | Woodbridge | |

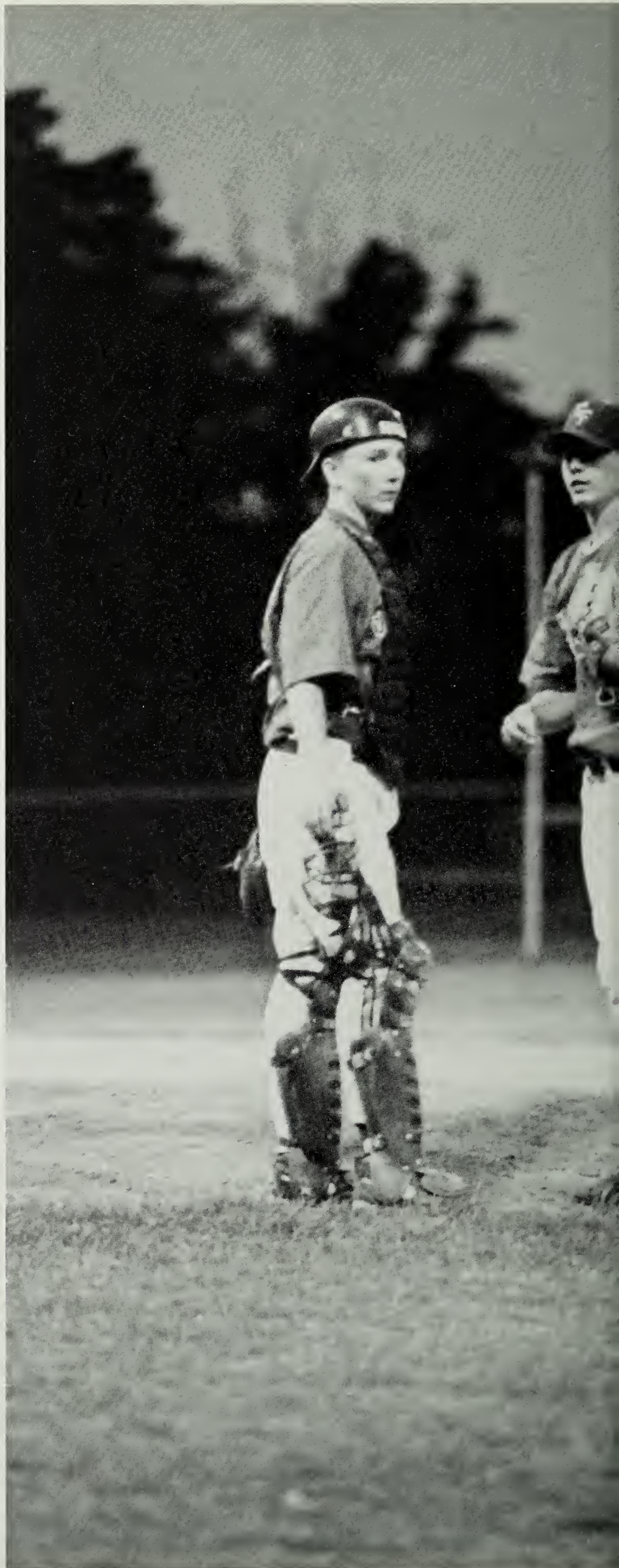
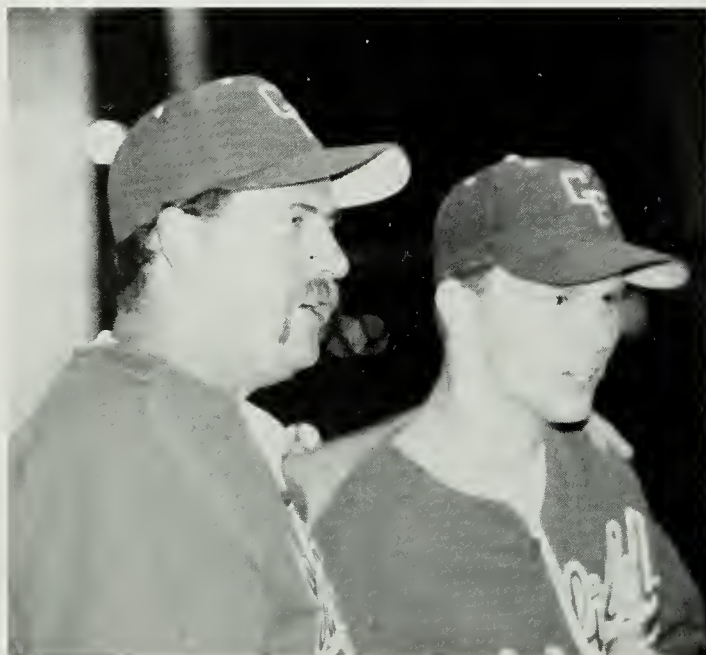
With a look of determination, sophomore Rachel Rybicki winds up her pitch to strike out another batter. Rachel received the Most Valuable Player Award.

Second baseman Scott Clendaniel takes a lead off of second in hopes of a good jump off the pitch. Scott started the season at third base, but showed more promise at second.



Designated hitter and outfielder, Andy Norgart, waits in tense anticipation for the baseball to be thrown within his bat's reach. Designated hitters are an important part of the game, often batting in the place of pitchers.

Coach Barret and shortstop Travis Pfitzner enjoy the lighter side of varsity sports while talking between innings. Player/coach relationships like this get the foundation of a great team.



SMOKETOWN SLUGGERS

Friendship and team support played a big part in the Indian's success this season. Good times on and off the field resulted in team unity. As senior first baseman Kevin Smith put it, "The team's more together this year, and that has attributed to our success."

Attitude and commitment also led to victories. Andy Norgart stated, "I just want to help the team any way I can." Pitcher and third baseman Mike Sullivan commented, "I'm just glad to be on the team. I hope I can help the ball club in any way, and God willing everything will work out." Other key pitchers were Bobby Graham, Bryan Yawberg, and Danny August. The players had to have dedication in order to improve and be successful. Throughout the year many of them weight-lifted and then had long hours of practice in the spring.

The team's talent and ability enabled them to earn a spot in regionals. Getting there was no easy task, though. They played four hard-fought district games in five days and finished in second place behind rival Potomac. They did make it to regionals, however. Unfortunately, the season ended when the team lost to Halifax in the first round. Many of the players felt they could've gone further. Their high hopes made the loss especially hard. Cameron Williams expressed his disappointment by saying, "Seeing the team's talent, we knew we could've done better than we did and it made it harder to accept the defeat." After 9-wins and only 1 loss at home and the knowledge and experience the players gained, the outlook for next season is a bright one.

-Karen Testerman and Sabeen Shah



Varsity Baseball: Back Row: Scott Clendaniel, Bobby Graham, Kevin Smith, Chad Clabo, Josh Lawson, Pat St.Clair, Tad St.Clair, Travis Pfitzner, Brad Stine. Front Row: Cameron Williams, Brad Norgart, Adriane Watkins, Mike Sullivan, Andy Norgart, Bryan Yawberg, Danny August, Matt Klancer.

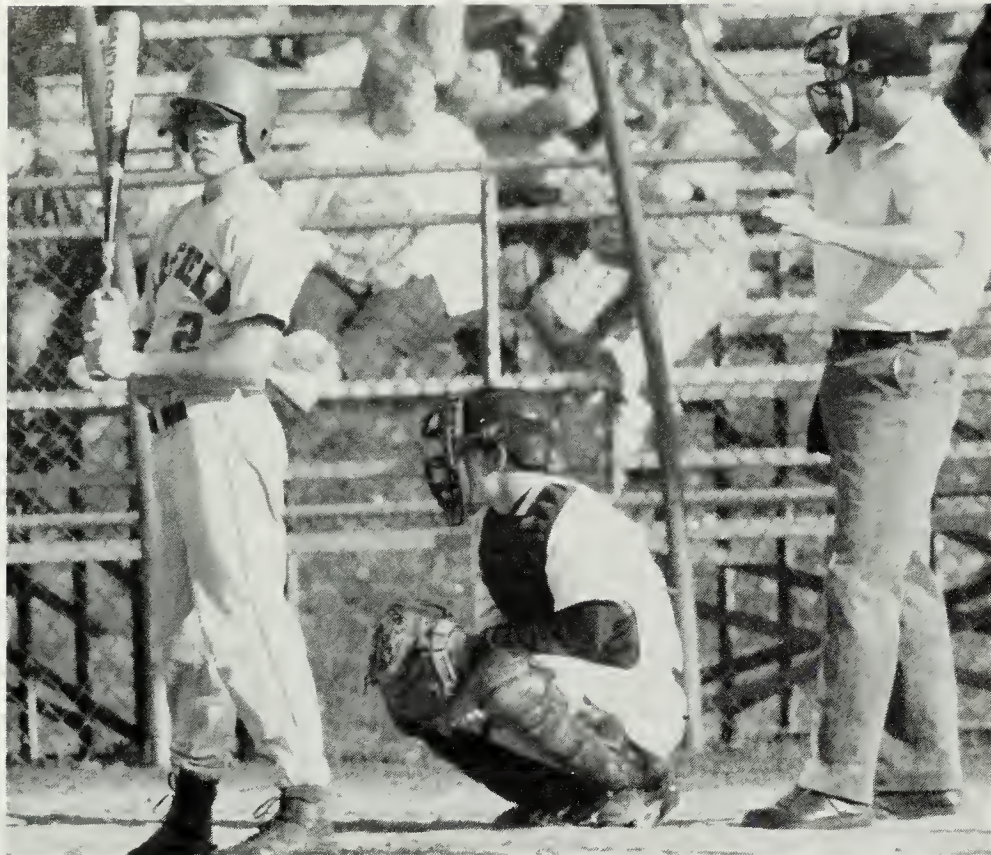
Varsity Baseball 1995 SCOREBOARD

| TEAM | G-F | OPPONENT |
|----------------|-----|----------|
| Stafford | 23 | 6 |
| Lake Braddock | 7 | 12 |
| Brooke Point | 19 | 5 |
| North Stafford | 14 | 2 |
| Hylton | 3 | 1 |
| Osborn Park | 2 | 3 |
| Stonewall | 6 | 3 |
| Potomac | 5 | 6 |
| Woodbridge | 15 | 3 |
| Stafford | 19 | 1 |
| Brooke Point | 9 | 0 |
| South Lakes | 6 | 8 |
| North Stafford | 6 | 1 |
| Hylton | 6 | 3 |
| Osborn Park | 9 | 8 |
| Stonewall | 8 | 7 |
| Potomac | 5 | 3 |
| Woodbridge | 1 | 0 |
| Osborn Park | 9 | 1 |
| Potomac | 3 | 11 |
| Osborn Park | 6 | 5 |
| Potomac | 1 | 14 |
| Halifax | 0 | 5 |

WINS 16 LOSSES 7

As the pressure rises, catcher Chad Clabo and pitcher Bobby Graham have a discussion on the mound. This pitcher/catcher combination was an important part of the team's success.

(Below) Sophomore Tony Bapple stands at home plate, while concentrating and focusing on the signals he is getting from his third base coach.



(Left) One foot leading off of second base and both eyes on the ball, freshman Adam Hoffman tries to steal a base. Edging his way over to third base, only the quickest of runners or opponent error will actually allow the batter to steal home.



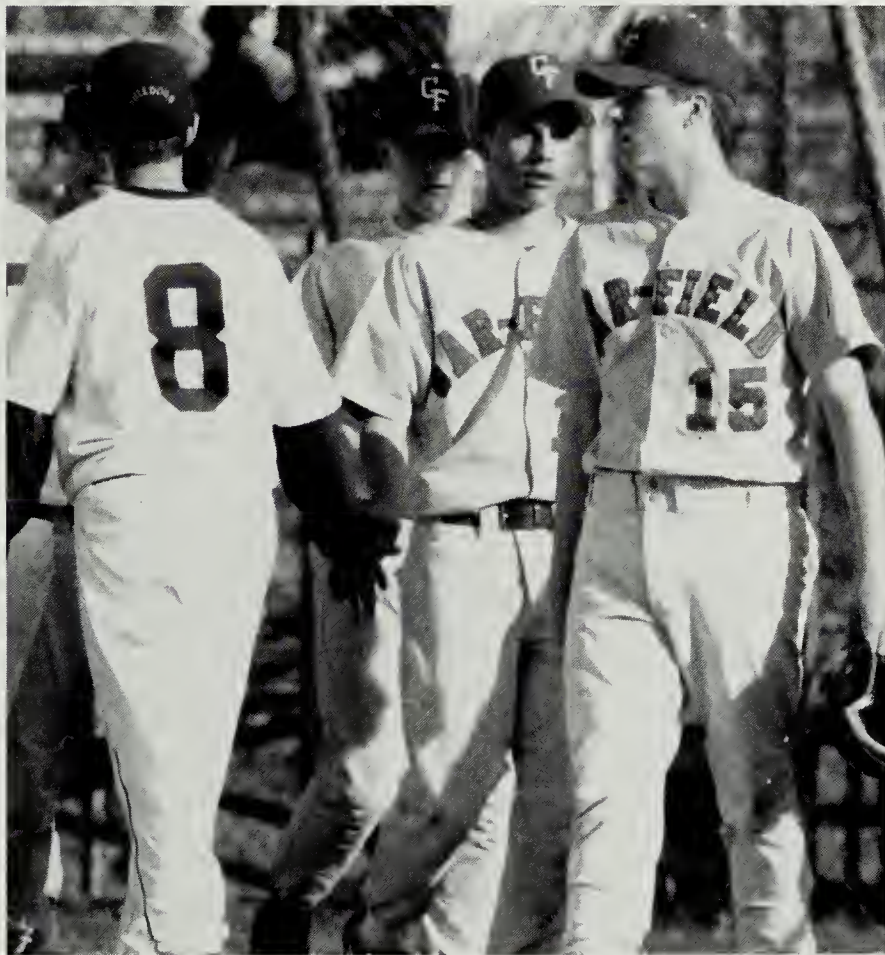
A lesson in the politics of fielding a ball. Second baseman, Tom Wilson, negotiated a play with Mike Scott backing him up.



INDIANS IN THE OUT- FIELD

With only three returning players and fourteen new players, the boys J.V. baseball team finished the season with a 5-11 record. The team didn't play as well as they were capable of until the end of the season. However, there were many memorable moments. The first win of the season was against North Stafford, the team also had convincing wins over Woodbridge, Stafford, Stonewall and South Lakes. The most effective pitcher throughout the season, Brian Grudzinski commented, "It was a disappointing season, but we progressed towards the end. I hope we do better next season."

"I'm a little more worried about the upcoming season than last," said Coach Vince Maziekus. According to the coach, looking ahead helps a team to develop mentally. Though the team did not do as well as they would have liked, they tried their hardest and enjoyed the season. Good luck next year Indians! -Lisa Boughner and Danielle Pokusa



(Above) After a long hard game, Indians Paul Forsam, Brian Grudzinski, and Andrew King show their good sportsmanship by congratulating the bulldogs for a game well played. The players on both teams simply form a line to walk past each other shaking hands on a winning victory.

(Left) With a look of determination, Brian Grudzinski winds up his pitch preparing to strike out another batter. The pitcher of a baseball team is one of the most important positions; therefore, quite a bit of talent and practice is needed.



In anticipation of the ball, Tom Wilson braces himself just in case the ball takes an extra bounce. Third base was sometimes awkward because the sun was shining right in the baseman's eyes, therefore making it hard to see the ball.

BOYS VARSITY SOCCER

| | | |
|---|------------------|---|
| 5 | Stafford | 2 |
| 5 | North Stafford | 1 |
| 3 | Brooke Point | 2 |
| 4 | Fairfax | 1 |
| 2 | Lee | 1 |
| 4 | South Lakes | 2 |
| 0 | West Springfield | 1 |
| 0 | Oakton | 2 |
| 2 | Woodbridge | 3 |
| 1 | Stonewall | 0 |
| 0 | Hylton | 6 |
| 2 | Osbourn Park | 3 |
| 5 | Potomac | 0 |
| 4 | Stonewall | 0 |
| 4 | North Stafford | 3 |
| 3 | Stafford | 0 |



During a half-time talk, Coach Aleo and Travis Neagle discuss the ups and downs of the game. They agreed that the team needed to get 'psyched up' for a successful second half.



Row One: Pat Lichy, Matt Broaddus, Keith Benderoth, Travis Neagle, Shawn Rice, Jason Gvozdas, Josh Powell. Row Two: Jason Donath, Joey Cooper, Denis Mittakarian, John Wiegand, Elias Hoxha, Marco Ellis. Row Three: Coach Chris Aleo, Kelly Day, Darcie Gibson, Izaak Hill, Steve Tekampe, Carlos Vera, Brian Savage, Clarence Moniba, Steve Huffman, and Coach Rudy Zimmermann.



STRIVING FOR GOALS

The past year was a big year for the boys varsity soccer team. Despite the many injuries that plagued the team, they ended the season with eleven wins and only five losses.

"We would have had a better shot at going further if we were healthier. Injuries hampered us throughout the season," recalled Jason Gvozdas.

Practicing five days a week can be tiring, but the team was devoted and worked their hardest. Dedicating themselves to a great season, the team, composed mainly of seniors, strived to win. In their quest for victory, two members of the team, Jason Gvozdas and Shawn Rice, were chosen for the Regional All-American Team. At the end of it all, the team concluded with eleven wins, not including a win in districts, and the desire from the returning players to continue next year.

"We're losing a lot of great seniors, but hopefully the other returning players and I can lead the team to success," said Pat Lichy. -John Galgano



(Left) Flying past the opposing team, Pat Lichy gained the ball and passed it off to an awaiting offender for an attack on the goal. Swift, calculated ball-handling was essential for movement on offense.



Throwing his body into the opposing team member, Elias Hoxha clears the ball. Like basketball, soccer is supposed to be a non-contact sport. When played well, there's plenty of contact in both.



Defending his goal, Marco Ellis headed the ball to save the goal. With only one goalie, the defenders oftentimes have to come back and help. Without a strong defense, a team can have the best offense in the world and still not win.



Performing a tricky move, Steve Tekampe breezed by the other player and positioned himself for a shot on goal.



After one of their many victories, the JV soccer team expressed their enthusiasm by holding up index fingers and saying "We're number 1!"



Keith Benderoth, Joey Harris, and John Turner prepare for a cornerkick. This offensive move has helped the JV team score against unsuspecting opponents many times.



ONE GOAL LEADS TO ANOTHER....

By day a social studies teacher . . . by afternoon, Mr. Chris Aleo is the boys' J.V. soccer team coach. "The entire season was a highlight. Each of our games were close and exciting contests. The players were fantastic in the way that they helped encourage each other through a season of learning and coming together as a team," said Mr. Aleo.

Before the end of the season came around, the varsity soccer coach Rudy Zimmerman needed a couple of additions to his varsity team. He looked down to some of the junior varsity players like Keith Benderoth and Josh Powell.

Even though these players were freshmen, the coach had plans for them to see a lot of playing time. Being key players on the junior varsity team and then having to now commit to bigger and better action with the varsity team, the junior varsity team had a lot of adjusting to do. After all of the growing pains had subsided, they still were able to come out of the season with an acceptable record of six wins, three losses, and one tie. -Phoebe Kenney, Casey Vera and Palesa Osei-Tutu.



After an exciting game, the J.V. soccer team showed that when even coming out victorious, they remain humble and still show good sportsmanship. "Although soccer is a very competitive sport and can be taken too seriously, at times we know that in the end it was about the thrill of the game and having fun," said Patrick Johnson.



As Keith Benderoth dribbles the ball after stealing it from the opposing team, one of the members tries to catch up. The J.V. team's speed and defensive plays accounted for many of the team's victories.



Being one of the key defensive players, Phong Tran clears the ball out of the offensive area making it harder for the defense to score a goal. A team's offense can be outstanding, but without a good defense, one can't win games.



When the coach chose Joey Harris for the J.V. team, he liked his speed and his ability to score goals. Joey thanked him non-verbally by proving to be one of the best offensive players on the team.

During half time the team always gathered together for a pep talk. Team spirit was one of the factors that guided the girls to victory.



Even though she was only a sophomore Mandy Ditrech was one of the strongest players on the team. Mandy always worked hard and gave her all no matter what.



Putting her defensive skills into play Missy Wycinsky steals the ball from her opponent. Missy was a strong team leader and she also was named Regional co-player of the year.



CAN'T TOUCH THESE GIRLS!

The 1994-95 girls Varsity soccer team had a very successful season. In fact this season the girls made it all the way to Regionals. The girls worked very hard to do well this season. Conditioning in practice everyday kept them in shape and gave them the strength to play every game to their fullest ability.

The team was lead by seniors Sandy Goulet, Corey Benderoth, Stephanie Tucker, Stephanie Jansen, JoAnne Beavers, Tami Cameron, Vanessa Touset, and Corrinne Bolder. During the middle of the season, freshmen Kelly Smith, Kelly Hicks and Lisa Westley were moved up to the Varsity level. Support was given by all the team members. Missy Wycinsky stated, "This season we had a lot of experience, the team was really close and we had lots of fun." The team finished the season with an outstanding record.

Having the perfect attitude for the team, Rachel Powell said, "Playing soccer for Gar-Field has been one of the greatest experiences I've had in high school. Not only was the season a lot of fun, but I also learned a lot from my teammates on the field as well as off."

-Martha Dunn, Shea O'Connell, Marissa Manabat and Tina Lambert



1994-1995 Girls Varsity Soccer Team. Top Row: Tammy Cameron, Sandi Goulet, Missy Wycinsky, Stephanie Janson, Corrinne Bolder. Middle Row: Ms. Christian, Sarah Hamilton, JoAnne Beavers, Heather Henson, Laura McFall. Front Row: Corey Benderoth, Sarah Harney, Rachel Powell, Beth Mills, Front Row: Mandy Detrich, Stephanie Tucker



Dribbling down field Corey Benderoth plans how to fake out her opponent. All of these drills that are learned in practice eventually pay off in a game.

Not afraid to risk her body JoAnne Beavers blocks the goal. JoAnne was one of the most important team members this year and played a large role in the team's success.



Getting in her position to defend the Indian goal, goalie Shanna Conklin laughed with a friend before the game. Shanna prevented many points from being scored against the Indians. Her skills contributed to the team's many wins.



Taking a break, the team discussed where improvements needed to be made. The team also met to give each other support and motivation.



The girls rounded up for a pep talk on the field. They discussed strategies and prepared for the upcoming game. Pre-game pep talks always helped the team to get focused.



JUST KICKING IT

By working together, the girls Junior Varsity soccer team had yet another outstanding season. The players had to finish the season knowing their coach would not be returning for the 1995-1996 year. Their dedication to the team was shown by their efforts in practice and during games. The team had two games a week in which they could show off all of their talents as the result of lots of practice. The team agreed that their most challenging competitor was the Woodbridge Vikings.

Freshman Martha Barayo said, "Not only was J.V. Soccer fun, it was also a learning experience." Many players of the team felt that being on soccer was a way to meet new people, work out, and have a good time. Even though freshman Katie Cartwright was on crutches the whole season, you could always catch her at a practice or a game. The girls stuck together and made it an overall great season. -Vickie Bowman and

June Cho



Allison Rowe prepares to pass the ball while dribbling toward the opponent's net. While Amy Ansong rushes toward the ball to block a kick.



Lisa Westley tries to find an open teammate to take the ball in for a point. She tries to concentrate and ignore all of the pressure of the competition. Lisa's skills played a major part in the Indians' success.

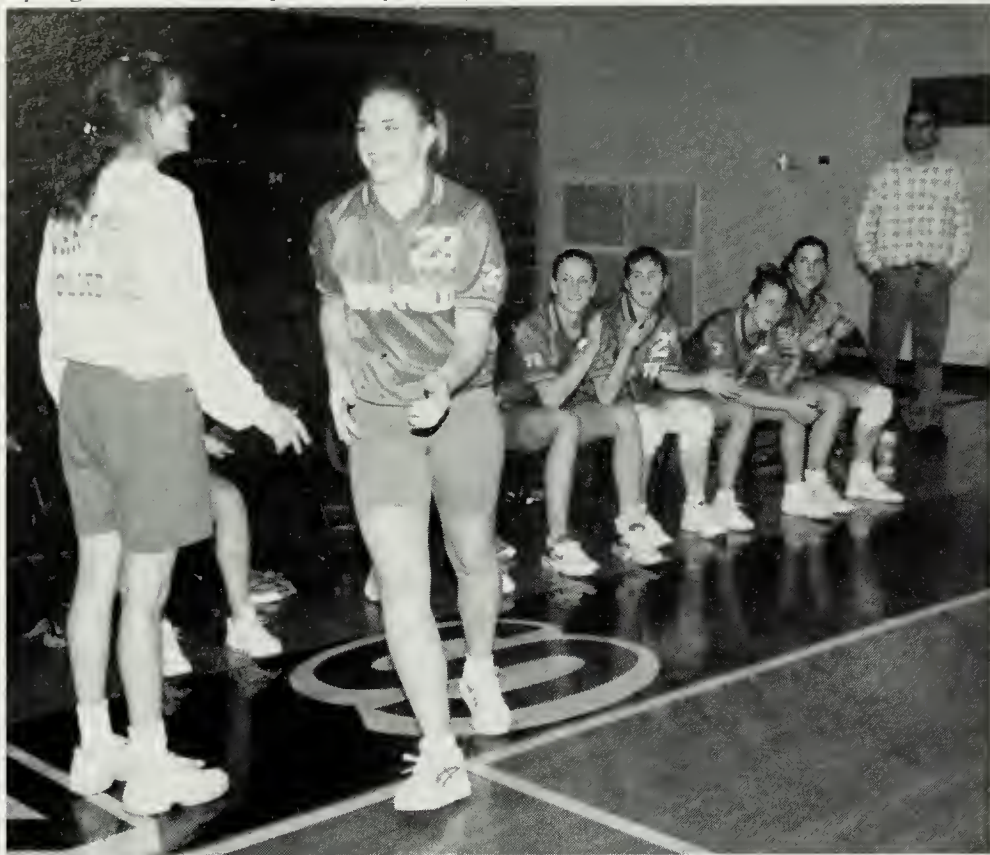


Kelly Hicks displays good ball control. As a fullback Kelly effectively attacks the intentions of opposing players.

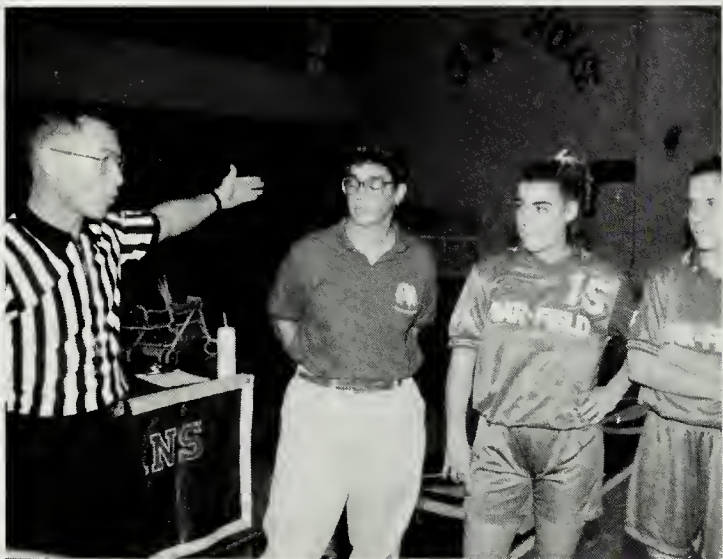


Tina Figueras brushes by a defender. This incredibly quick forward is no stranger to the winners' circle.

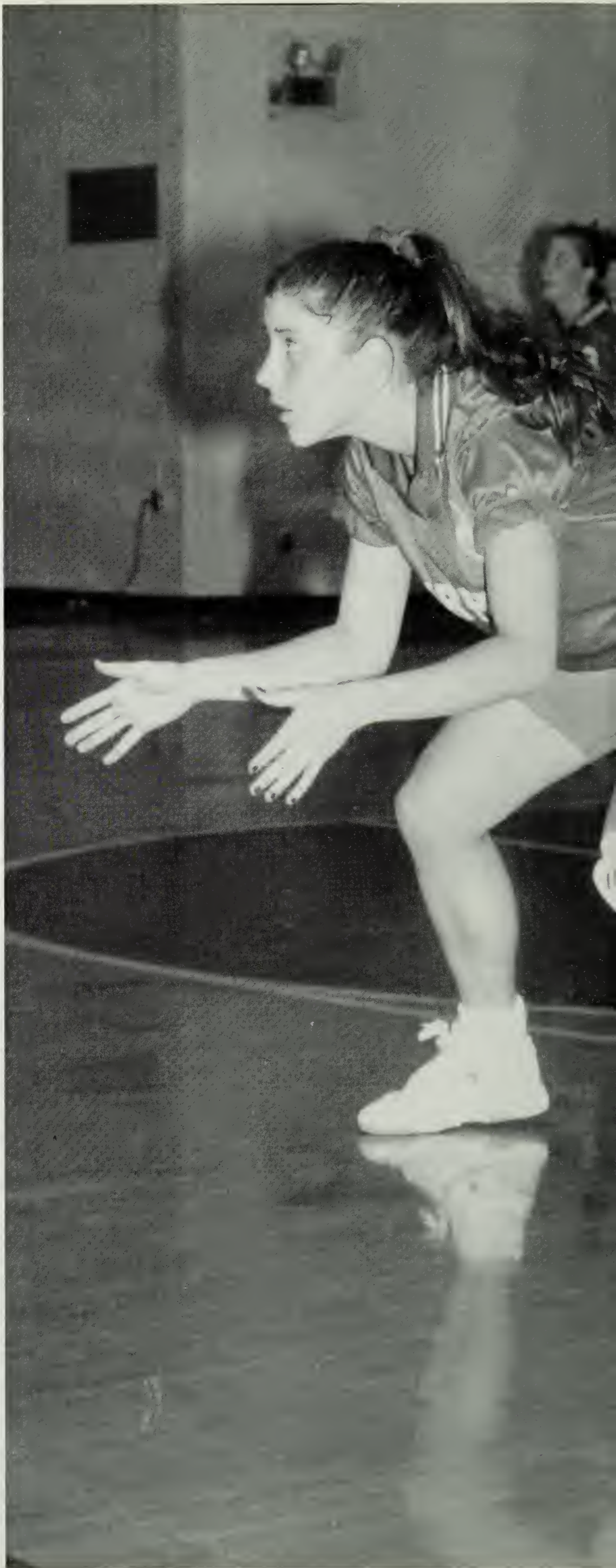
Coming off the bench, Melanie Lindemuth played a big part in the team's success. Melanie worked hard all season to become a good player and an important part of the team.



Coach Rosemary Garrett and team captains Allison Garrett and Amy O'Neill listened respectfully as the referee explained the rules of that day's game. Before a match, referees often reviewed the specific violations for which they most often look.



Strong teams helped out one another. Support from teammates meant more than the crowd's applause. Allison Garrett, Leah Kuhns, Melanie Lindemuth and Christa Gargan applauded for fellow teammates.



JUST SPIKE IT!

Excitement was the word for the Varsity Volleyball team last fall. With a record of 8 wins and 5 losses, the team's hard work and practice showed out on the court.

Working together was always important to team sports. This year's volleyball squad believed that teamwork was their biggest strength. "We are like one big family. We help each other out and play together as a team," said junior Kristina Stump. Junior Emily Faught commented, "The season overall was a fun one. We are always the underdog and end up suprising a lot of top teams like Hylton and Woodbridge. Most of us were juniors so next season we should be more experienced and combine well with the other team members."

The team's unanimous decision for most valuable and most dedicated player was senior Amy O'Neil. "She is a true leader on the court and she always sets examples for everyone to follow," stated Co - Captain Allison Garret. The team felt that Amy O'Neil either led or pushed them each game. Amy also reached another goal for herself and the team by becoming an All METT in Volleyball.

The team gives a lot of credit to Coach Garrett for pushing them hard at practice and driving them to do their best. "Coach Garrett really brought the team together," stated junior Christa Gargan. -Mike Riley, Kelly Smith, Adam Hoffman



Varsity Volleyball: First Row: Stephanie Russ, Sherra Howard
Second Row: Kristina Stump, Allison Garrett, Meghan Oldis, Amy O'Neill. Third Row: Christa Gargan, Melanie Lindemuth, Emily Faught, Leah Kuhns, and Coach Rosemarry Garrett.

Preparing herself on the court, Amy O'Neil got ready to play. As a senior, Amy's experience was extremely important in setting an example for less experienced players.

VARSITY VOLLEYBALL

| G-F | OPPONENT | |
|-----|-------------------|---|
| 0 | Mills Godwin | 2 |
| 0 | Osborn Park | 2 |
| 0 | Hylton | 2 |
| 2 | Woodbridge | 0 |
| 2 | Stonewall Jackson | 0 |
| 2 | Potomac | 1 |
| 2 | Osborn Park | 1 |
| 2 | Hylton | 1 |
| 2 | Woodbridge | 0 |
| 2 | Stonewall Jackson | 0 |
| 2 | Potomac | 0 |
| 0 | Osborn Park | 2 |
| 1 | Osborn Park | 2 |

8-5



While concentrating on the ball, Sherri Howard gets ready for the serve. As with most sports, a lack of concentration and taking one's eye off of the ball can lead to costly mistakes.



J.V. Girls' Volleyball: Back Row: Amanda Bushner, Amanda Walter, Heather Tucker, Michelle Kuzma, and Coach Shelton Middle Row: Sarah Wyatt, Terry O'Grince, Jessica Stump, Kelly Hicks, and Shannon Conklin Front Row: Eva McCarthy, Chris Straton, and Danielle Johnson.



GOING FOR THE SET

Keeping in shape and having fun are the two main reasons these girls go out for the team. Freshman and junior varsity volleyball years are the learning years getting ready to go out and conquer as they rise to varsity. During these years, they gain control and team unity.

Coaches play a major role during these years. They are the leaders and the teachers. Coach Garrett and Coach Shelton racked up numerous combined years of experience, knowing what to expect on the game floor. Offering a nudge here and there, both coaches supported the girls during the season.

During the '95 volleyball season, the freshman record was 2-8. The team was coached by Mrs. Rosemary Garrett. The Junior Varsity squad, coached by Mrs. Susan Shelton earned a season record of 3-7.

Support and encouragement within the team maintains its ability to persevere. As player Jessica Stump stated, "The team acts as a family. Everyone works together and acts as one." Although the team's record didn't reflect the hours of work logged, the team still embodied the dignity of true winners.

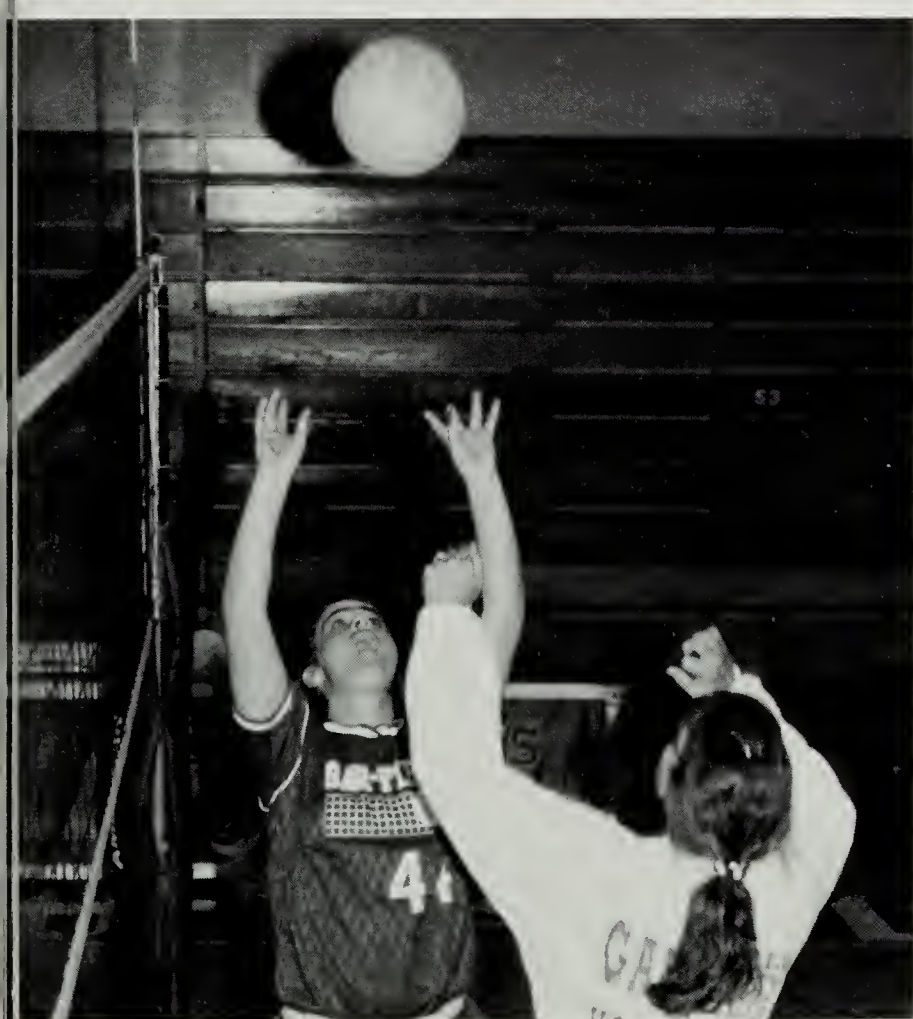
Jessica Stump summed it up, "The team needs to support one another. We win together; we lose together. We do everything together." -Heather Haus and Pam Stukes



Showing good sportsmanship, both teams shake hands with each other to keep tempers down at the end of the game. Winning is not as important as showing good sportsmanship.



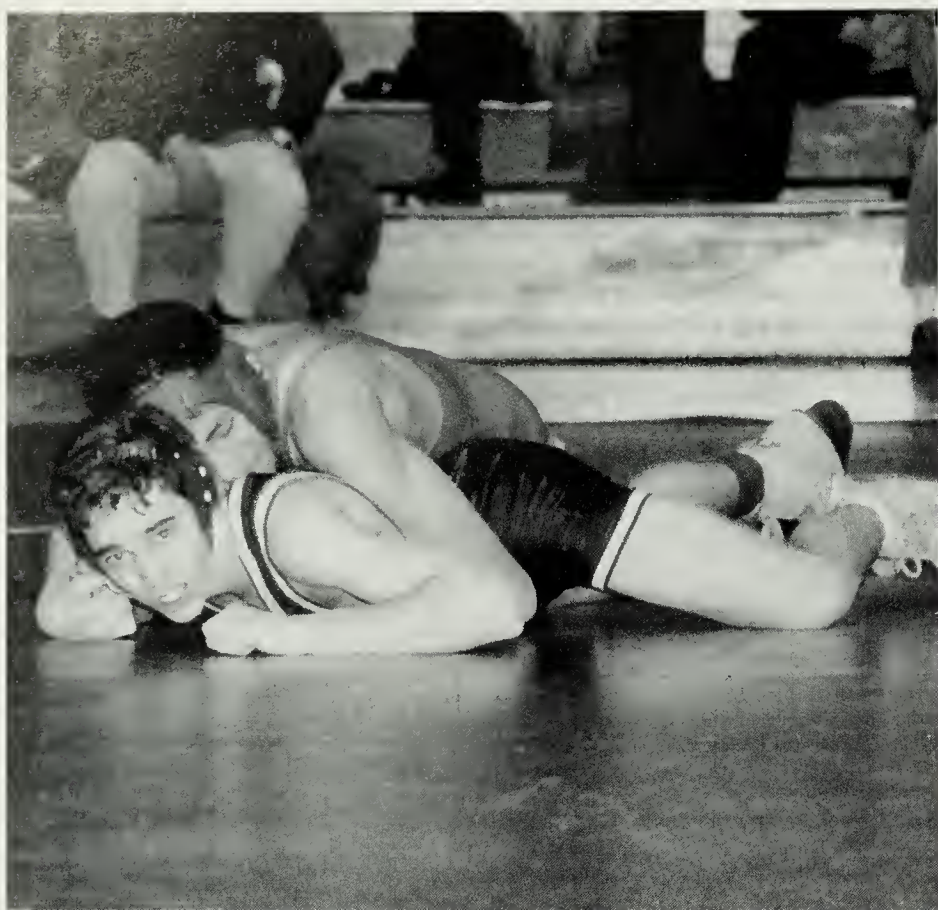
Kim Keys and Tonya Buchanan support each other during a game. Team support always makes someone feel better when things don't go right.



Coach Shelton takes time out to help Shannon Conklin with her setting. Along with practicing with the team members the team gains experience and support from their coach.



With her eyes fixed on the ball, Diana Mohamadi bumps the ball to her teammate. As a freshman one of the skills she learns in practice is ball control.



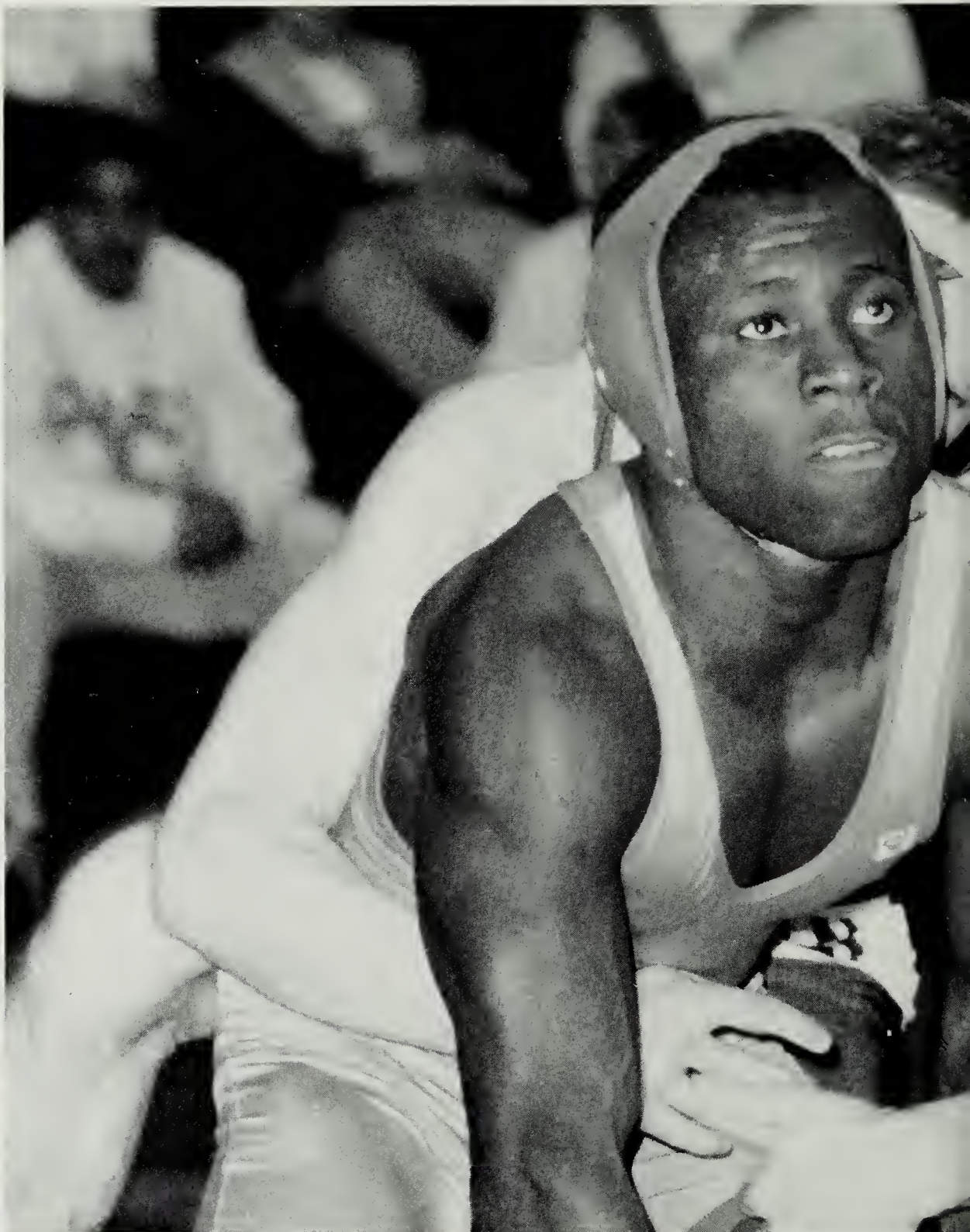
Freshman Kwan Kim tried to defeat his opponent by attempting to put his opponent in a half nelson. This was one of Kwan's most successful moves. Kwan was a great addition to the team this year; he had the fastest pin.



Top Row: Richard Appau, Sean Lally, Jeremy Collier, Jeff Wade, Adam Thorstad, Franc Velasquez, Steve Ryan Bottom Row: Naveed Massjouni, Derek Mordan, Adam Silvis, TJ Guy, Macon Foscue, and Kwan Kim.



Top Row: T. McCleery, J. Roche, L. Fresman, B. Ford, R. Lee, S. McGurdy, J. Cooper, R. Horesky, C. Lucks, P. McGuire, C. Posturino, R. Patton, D. Morris, Middle Row: P. Tran, B. Stokes, T. Dineen, A. Lucks, A. Jaynes, T. Brown, M. George, C. Canyon, G. McChain, B. Brewton, G. Zepeda Bottom Row: G. Cintron, L. Rosade, A. Brown, J. Jermias, C. Petrovich, J. Denny, J. Salvucci, T. Youngs.



BAGUBAS: A QUEST FOR THE BEST

The 1995-1996 J.V. and Varsity Wrestling teams worked hard over their season. Teamwork was a big part in their successes but individual goals made each wrestler strive to win.

We asked Phong Tran, why he decided to become a wrestler and he answered, "I like wrestling a lot, and it helps me get in shape."

The Bagubas were coached by Mr. Bob Horning and his assistant coaches Ben Ferman, Brian Ferris, and Sean O'Raley. Each day the team practiced hard and prepared for every meet. The team was lead by Varsity returnees Adam Silvis, Derek Mordan, Jeremy Collier, Sean Lally, Steve Ryan, and Richard Appau. Newcomers Macon Foscue and Kwan Kim added wins to the Varsity teams success.

The whole Varsity team traveled to regionals and Adam Silvis and Sean Lally won in their weight classes. State competitors were Sean Lally, Richard Appau, and Adam Silvis.

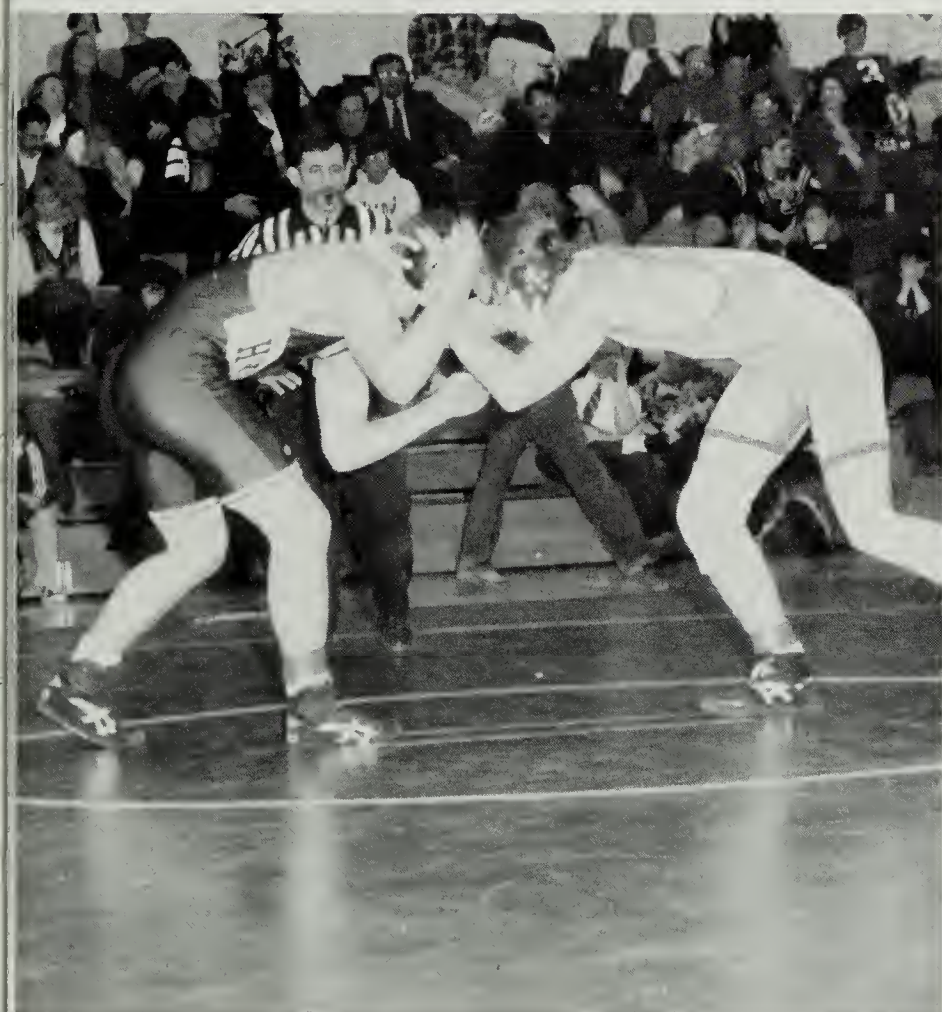
All wrestlers enjoyed the season. Each wrestler gave his all which paid off in the end.

J.V. wrestler Aaron Brown stated, "Never give up. Just keep trying even if you lose." -Martha Dunn, Marissa Manabat, Shea O'Connell

(Left) Richard Appau waited in starting position for his match to begin. In wrestling each person wrestles on their own but in the end its a team effort.



Throwing his opponent to the ground Phong Tran attempted to pin his opponent. Phong was a strong leader of the J.V. team. He participated in some Varsity wrestling matches.



(Above) Varsity wrestler, Macon Foscue, was a very tough competitor. Here Macon tried to out smart his opponent with his strong efforts.



After winning his match, Adam Silvis stood in victory above his opponent. Adam had a very successful season as a returning Varsity wrestler. He attended Districts, Regionals, and State competitions winning many times.

Standing by the pool side, Amber Earp, Robyn Herman, Lindsey Sharp, Leigh Touchette, Christin Talbot, Karah Reese, Jose Laboy-Lopez, Damon Smuzynski, Christos Staurianidis, and Coach Rob Knoepfel cheer on their teammates. Cheering helped swimmers get psyched-up for their events.



PAIN IS TEMPORARY PRIDE IS FOREVER

The 1995-96 swim season was a fast moving, but fun-filled one. During the many winter storms, a swimming pool was the last thing on most student's minds. However, that was not the case for the swimming Indians. Hurting arms, and sore shoulders were worth the pain when the many records were broken.

The team had many new comers this year with only six seniors. Both the newcomers and the veterans added team spirit and unity to the team. The competition was stiff but the Indians always left with a smile and displayed good sportmanship.

Both the girls and the boys team placed well at districts this year with many qualifying for the stated meet in Oakton Virginia. Nearly all of the relay records were broken and many individual ones as well. As the season came to a close, the swimming Indians had a great deal to be proud of. Way to go!

-Adrienne Cross and Jeannie Rubino



Top Row from left: Lauren Miller, Jennifer Hicks, Susan Moore, Karah Reese, Taana Kelly, Leah Foster, Margaret Rowland, Kathleen Fiala, Gina Burke, Courtney Welch, Beth Hickin, Angela Henson. Third Row: Lindsey Sharp, Mandy Dietrich, Christina Stratton, Robyn Herman, Alicia Williams, Leigh Touchette, Kelly Packard, Mgr. Brenda Lee Smith, Coaches Rob Knoepfel, Jan Packard. Second Row: Sponsor Susie Broach, Melissa Johnson, Adrienne Cross, Paige McFarland, Martha Dunn, Erin Lally. Bottom Row: Kristin Bellando, Christin Talbot, Julia Williams, Amber Earp.



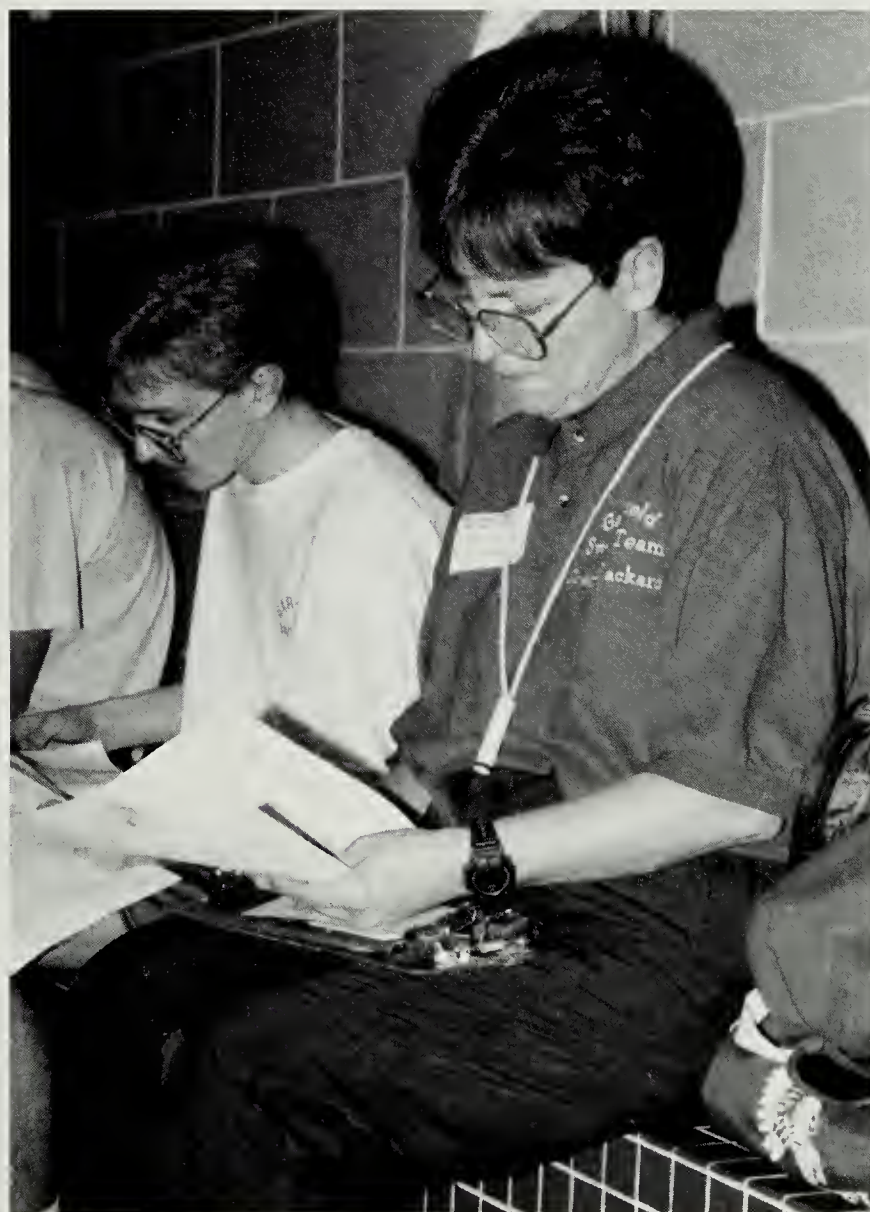
Top Row from left: Damon Smuzynski, Nick Lichtenfels, Joe Rakestraw, Kevin Stansfield, Christos Staurianidis, Brad Newell, John Richie, Coach Jan Packard, Patrick Burke, Geoff Yaroschak, Jose Laboy-Lopez, Tim Johnson, Mike Guilfoyle, Mgr. Mike Eaton, Sponsor Susie Broach, Coach Rob Knoepfel.



Gracefully swimming the butterfly, Tim Johnson strokes into the wall. The 100-fly was one of the hardest events to swim, but many of the swimmers were more than willing to swim the event.



The buzzer sounds and Missy Johnson takes off. Like many of the other freshmen, Missy added speed and strength to the team this year.



At times swim meets could be very stressful. Here Coach Packard and Mgr. Mike Eaton fill out relay cards while keeping up with the times of individual swimmers. Putting swimmers in certain events took a lot of time and effort on the coaches' part.

(Right) Annie Peterson, Wendy Stein, and Christy Olson carried the "Pocahantas" back to the boathouse after a long and tiring practice. Crew practices were like marathons in preparation for the regattas held each Saturday at Sandy Run.

"Go G.F. Go G.F." Cheering in the grandstands, Annie Peterson, Matt Nissen, Nicole Nicholson and Katie Hill supported their teammates as they reached the end of the race.



Row One: (From Left to right) Brooks Sherill, Dana Miller, Wendy Stein, Katie Hill, Leslie Sherill, Wesley Pickell, Helen Linton, Dheruti Kalathia. Row Two: Alexandra Lambert, Chrissy Richardson, Tina Lambert, Jesika Hacker, Ansela Dudas, Cathy Watson, Catherine Lindon, Candice Lee, Karen Nabholz, Bev Webster. Row Three: Viddie Humenik, Kristen Webster, Robin Schrimpf, Noelle Shott, Christy Olson, Annie Peterson, Dana Wilder, Pam Nabholz, Abby Racster. Row Four: Kris Ambrose, Joe Sorensen, Doug Lincoln, Ben Dibert, Brian Westley, Debbie Mason, Ali Ward, Justin Wilson, Brandon Skeens, Paul Burnell. Row Five: Packy McFarland, Pat Ferris, Matt Nissen, James Turner, Adam Thorstad, Paul Roach, Allison Sandera, Chad Halverson, Andy Broaddus, Ryan Lee.

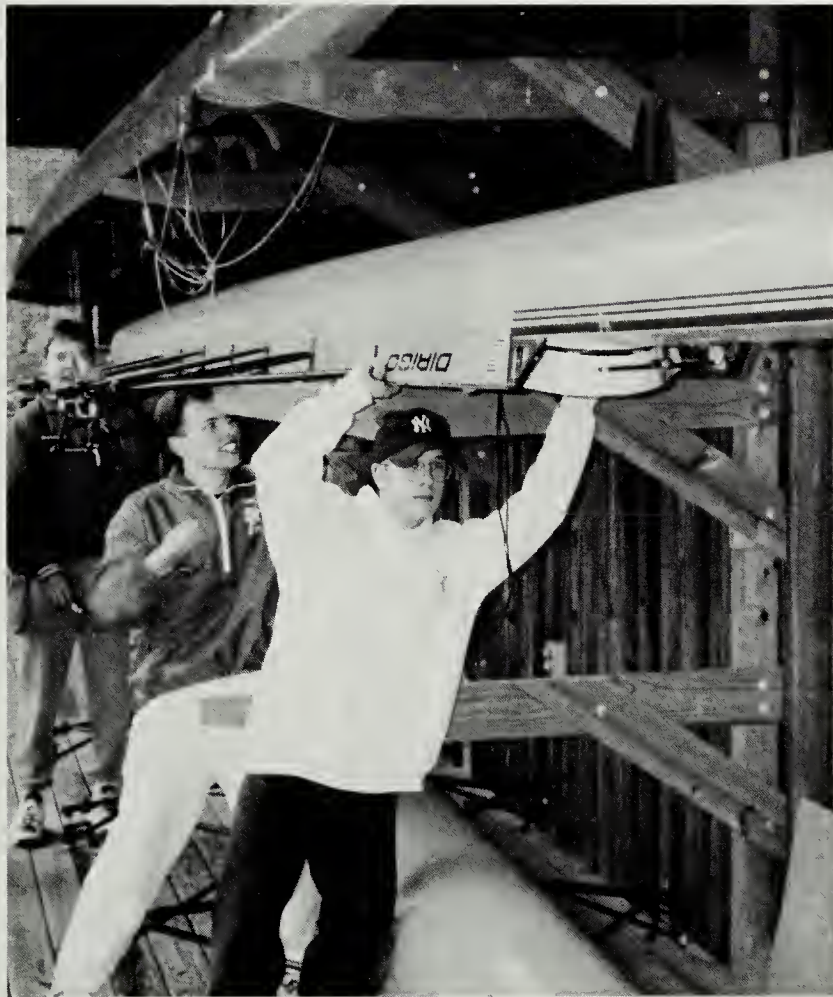
The varsity women took to the water. Rowers must possess precision, concentration, and power in order to do their best at competing against other Prince William and Fairfax county crew teams.



READY ALL, ROW!



The varsity women listened intently to Coach Francis. Her four years of rowing experience for George Mason allowed her to give personal insight on all aspects of rowing.



The varsity men prepare to take the shell (boat) down for repairs. The shell must be in top condition for maximum performance on the water. Damaged shells mean costly repairs. Most often, shells can be patched. The unlucky are forced to pay thousands of dollars for new ones.

Boats line up to the starting line. Competitive faces glare at you from other boats. You grasp your oar as the cold March winds wipe the boat from side to side. The coxswain says, "Sit Ready!" The starter asks if all boats are ready. Without warning, he or she drops the checkered flag and the race begins.

At your coxswain's command, you row your absolute hardest for 1500 meters. Blisters begin to form in the palms of your hands. Your legs burn with every stroke. You want to stop, but you keep rowing. Your boat depends on you to give your best.

The varsity men's coxswain, Brian Westley said, "I love regattas. All of our hard work comes together. Even if we don't come in first, we can always say that we've given our best." Every rower spent hours on the water, perfecting his or her technique. If they weren't on the water, they were running and doing land-training to build their endurance and speed for the race.

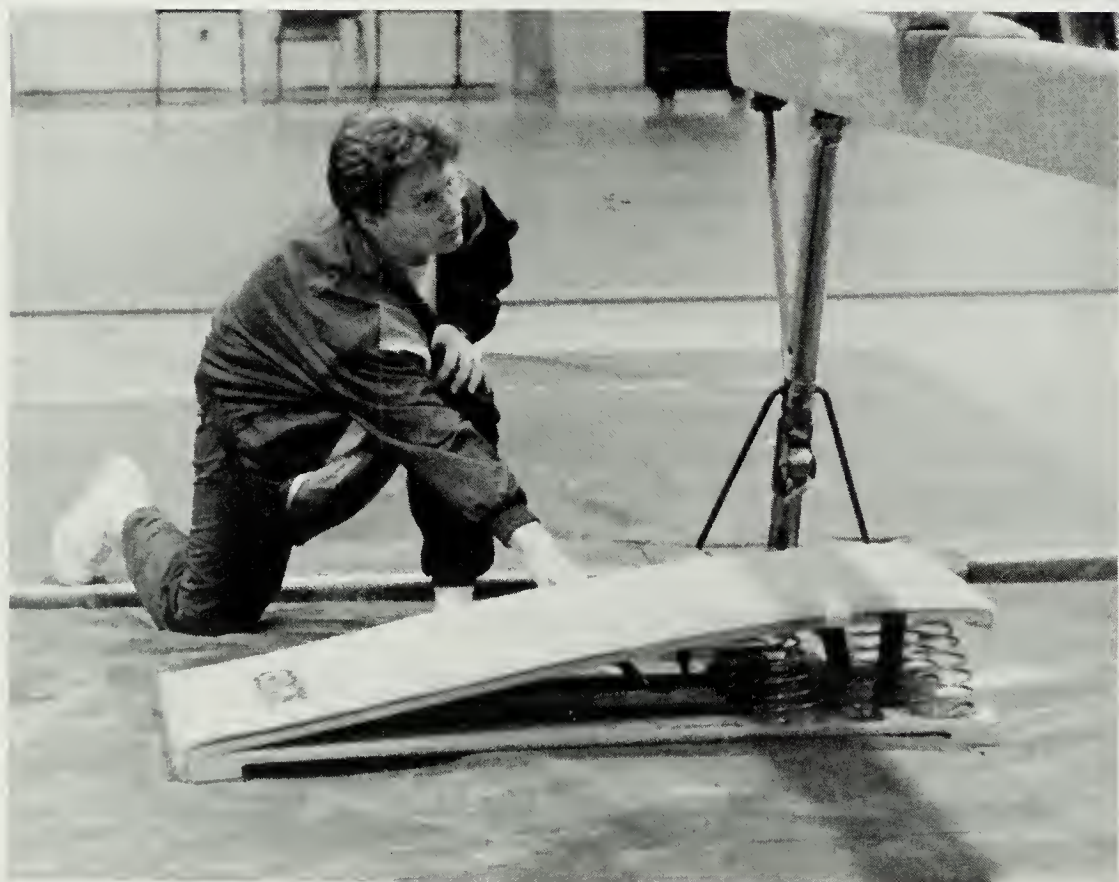
This year many new students have joined crew. Bev Webster and Dhieti Kalathia commented, "It has been challenging to learn how to row and how to be a coxswain, but the friendship and team spirit has been great. We have a lot of fun."

One warm, spring afternoon Noelle Shott commented, "There's no other place I'd rather be." -Robin Schrimpf and Tina Lambert



Upon completing her vault, Kassia Filapovich must stick her landing before saluting the judges. Saluting the judges in gymnastics is very important. It lets the judge know when the competitors are ready to begin and when they are finished.

First Row: Missi Neuman, Michelle Dorer, Missy Bussard, Dianne Craig, Christine Johnson, Jennifer Butler, Second Row: Shannon Olsen, Christa Edsall, Candace Sample, Sarah, Third Row: Kelly Smith, Kassia Filapovich, Joyce Price, Becca Smith, Kelly Samanka.



While a gymnast finished warming up, Coach Sullivan intently watched and waited for the judge to salute. After the gymnast used the board, someone had to move it out of the way and Coach Sullivan was always there for her gymnasts.

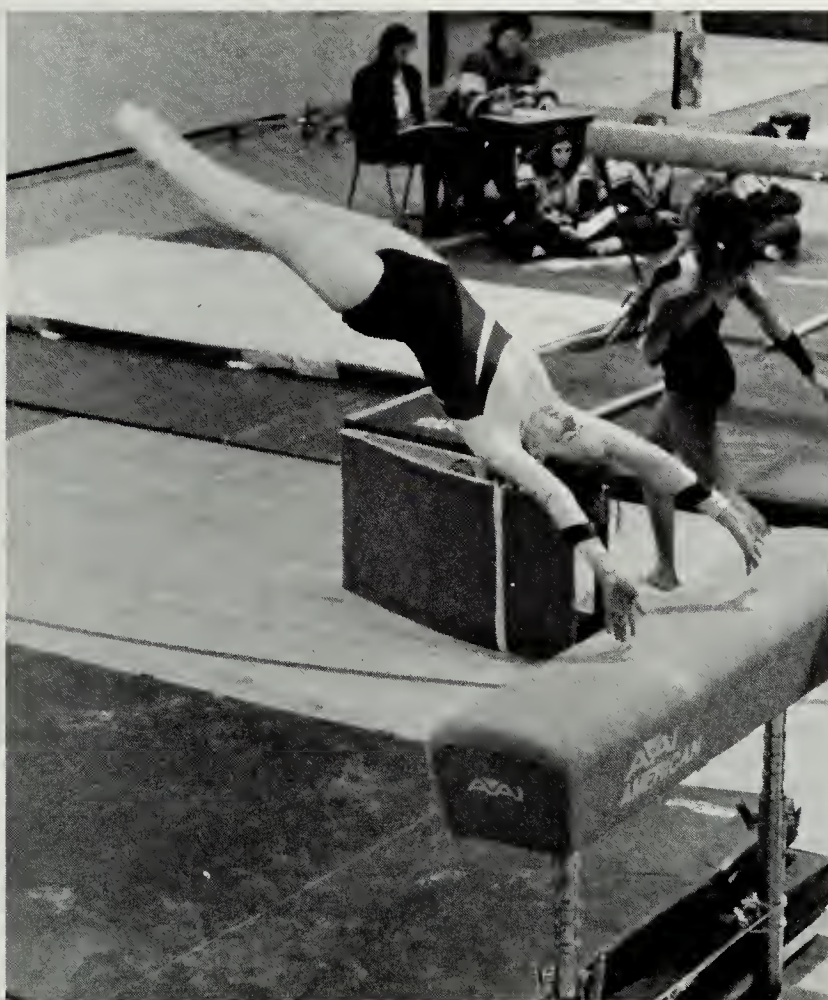
Before a meet, friends Becca Smith and Michelle Dorer gave each other support. During the meets, gymnasts often cheered their teammates on to victory. It was always nice to know when there was a team of friends to stand behind you.



FLIPPING OUT



Gymnast Kelly Smith approached the vault with grace and speed. She performed one of the most difficult vaults attempted in high school gymnastics. She went on to win second place with an 8.6.



In her after flight, Christine Johnson stayed tight in order to land her vault. Aside from performing the actual vault landing it is the next hardest thing.

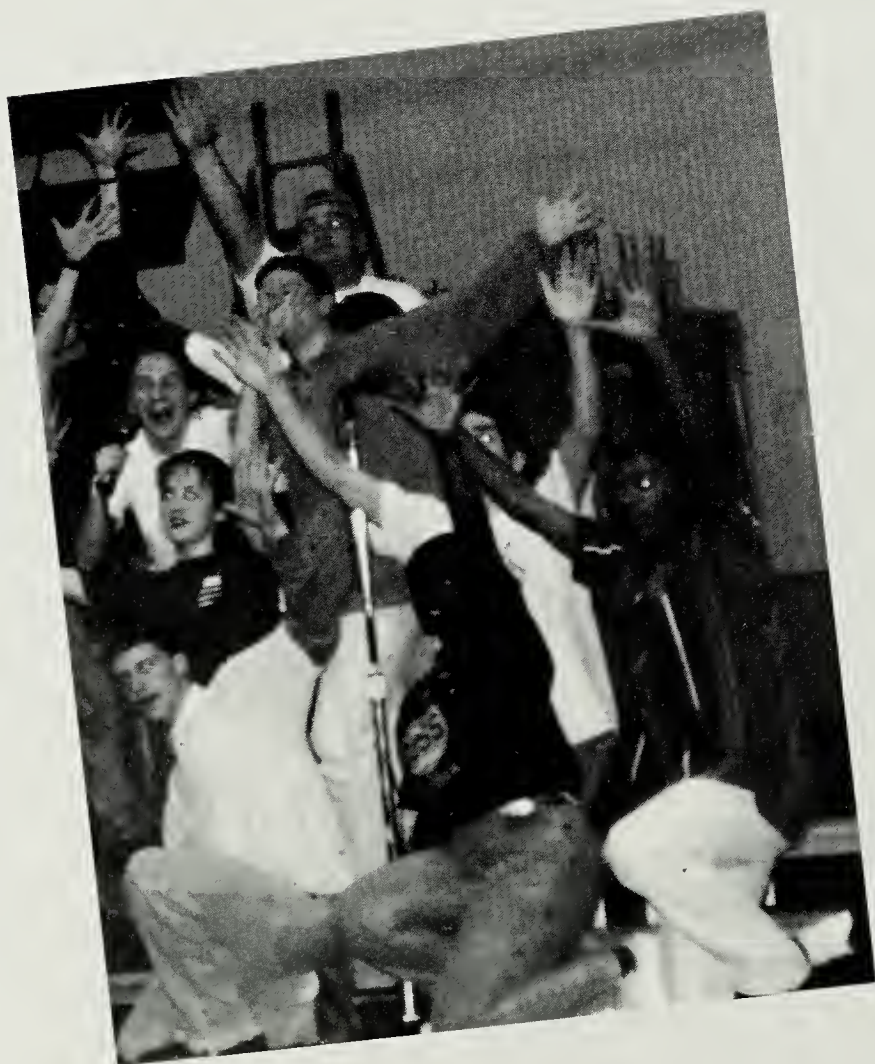
With an especially exceptional team this year the gymnastics team went far. With six key returners and four newcomers, the team had more talent the Gar-Field has had in years. Coach Sullivan said, "We haven't won a District title in gymnastics in thirteen years!" The team finished of the year with six wins, two losses and the Cardinal District title.

Another year went by and still no seniors joined the team. With only one junior, and the rest sophomores and freshmen, the team had no fear of losing anyone for the years to come. Although they lacked the experience of seniors, with the guidance of their coach and returners from last year, the team made it through the season just fine.

This year's team became close friends in a very short amount of time. They played trust games, helped each other with homework, watched movies and ate dinner together before meets. One of the most important things that they did for each other was to support each other through the tough meets. "Since it was my first year it was hard to know what kind of competition I was up against but thanks to my friends, I had a great first year of high school gymnastics." stated Michelle Dorer. All in all the gymnastics team definitely made this year one to remeber. -Missy Bussard

SCORE BOARD

| | |
|--------------------------|-----|
| G-F - Hylton | 1st |
| G-F - N.Stafford | 1st |
| G-F - Stafford | 2nd |
| G-F - Woodbridge | 1st |
| G-F - Brooke Point | 2nd |
| G-F - Stonewall | 1st |
| G-F - Hylton | 1st |
| G-F - N.Stafford | 1st |
| G-F - DISTRICT CHAMPIONS | |



Digging Out: The Blizzard of '96

On March 8, 1996, 3.8 inches of snow fell in the Woodbridge area bringing the winter's total to 46.2 inches of snow. Along with old man winter came the snowiest weather this century. Not since the winter of 1898-99 did more snow cover the ground. A total of 54 inches piled up before the turn of the century.

The 30 -inch snowfall during January not only crippled the Washington Metropolitan area closing airports, federal and local government, area businesses and schools, but also prompted school officials to delay final exams for the first semester.

Of course, nine days of unplanned time away from school means the make-up days have to come from somewhere. Along with the loss of a couple of teacher workdays, students were expected to attend school on the first three days of what was once Spring Break.

As soon as students became accustomed to a routine at school, that "wintry mix" would throw a wrench into the works. Cancellations meant the postponement of winter sporting events. The winter sports season overlapped into the spring sports season.

Those who took stock in the Farmer's Almanac predicted the year's storms as the agricultural guide seemed to be right on target. Much to the dismay of students and teachers, the Commonwealth of Virginia did not recognize the "act of God" rule followed in neighboring states like West Virginia and Maryland. In those jurisdictions, any days missed beyond those built into the system were deemed "acts of God" thereby not having to be made-up. In Virginia, students must attend school 180 days or 900 hours.



If you can't beat it, join it. Such was the sentiment among those optimistic few who enjoyed days of sledding, sliding, and frolicking with friends in the snow. Katie Cartwright (left) and Maria Simmons take a breather along Smoketown Road.



(Center) Despite rain, sleet or snow, the post office will deliver. Although equipped with chains, postal trucks were not immune to the frustration of being stuck in the slippery mess that blanketed the area relentlessly.



Because of the sheer weight of the snow, the roofs on many houses were damaged. Icicles hung from guttering which prevented drainage. Even Potomac Mills Mall closed for a day when the roof collapsed from the weight of the mega-snowfall.

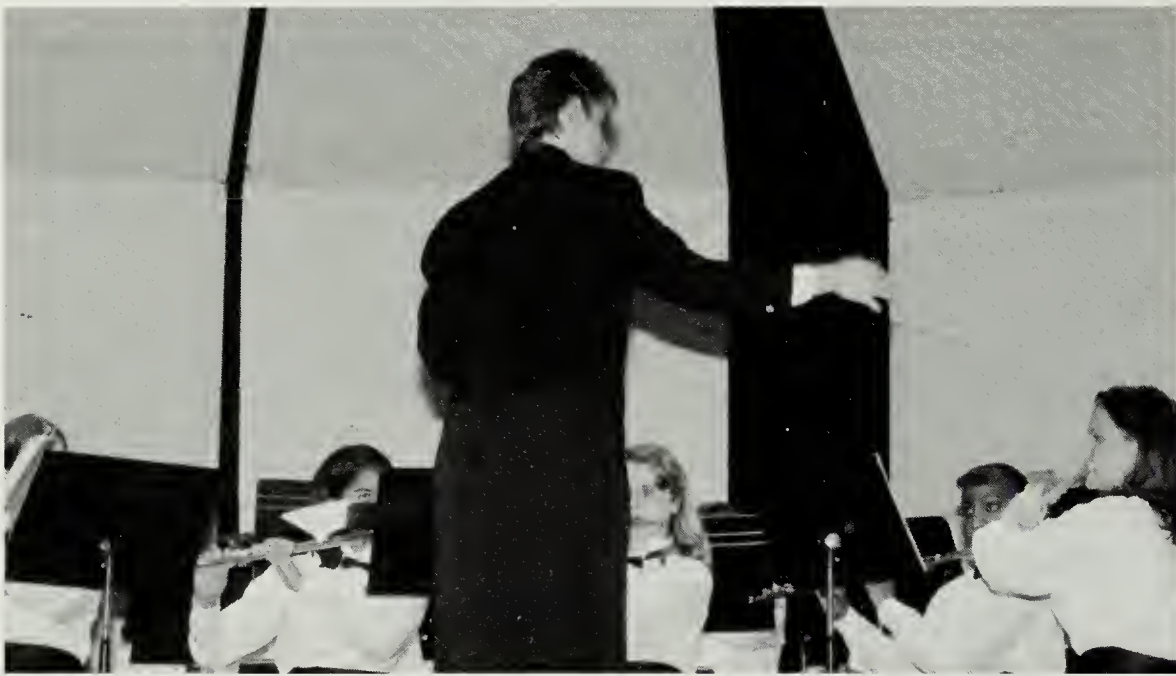


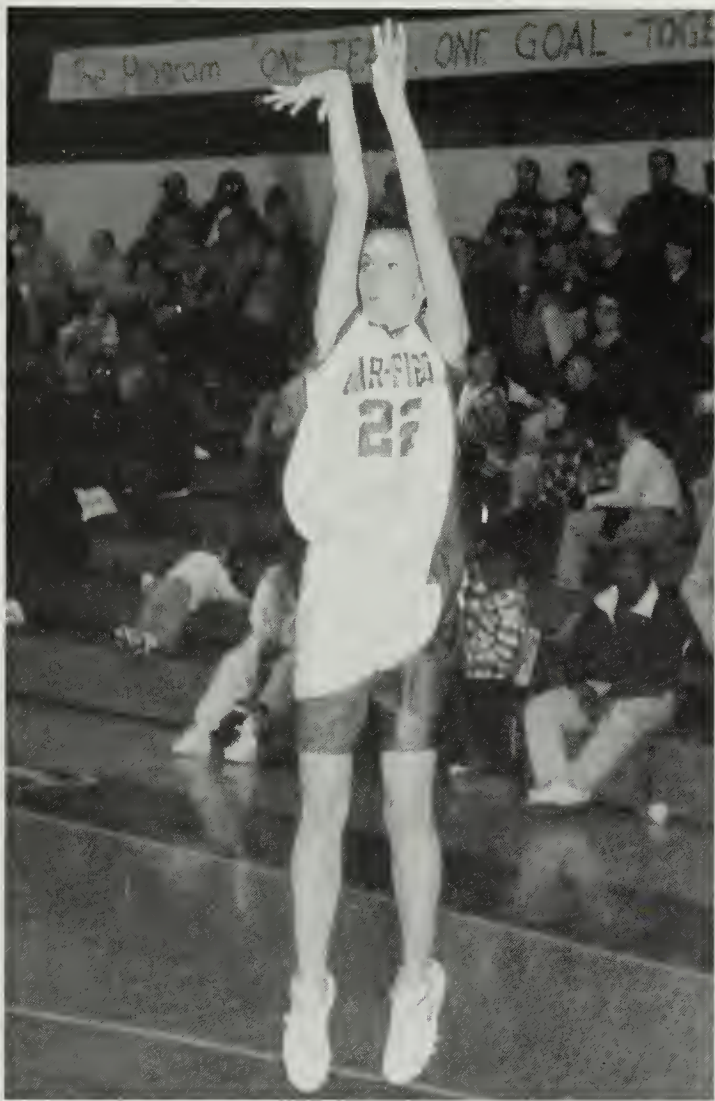
Throughout the 10 days and 30 inches of snow, a white haze blanketed the area. Visibility hindered motorists, pilots in airplanes, and even homeowners trying to shovel their walks. Warm compresses and hot baths were the only remedies for the back strain suffered from the daily shoveling ritual.

Spring
Break


No time for losers, 'Cause we are the Champions

All of the hard work finally paid off. The Drama club won first place in districts, regionals, and the state competition. Girls' basketball went all the way to the quarter finals taking fifth place. The band earned superior ratings at the Band Festival. Overall, the year proved to be an exciting one for many organizations. -Katie Crabtree









Marching to the Beat of a Different Drummer:

Former Student Leads the Way for Desegregation

Students have read about the Civil Rights movement that swept the nation during the 1960's, but few students can say that history has been created in their schools. In 1961, Joyce Russell was a 13 year-old girl who would change schools forever.

Russell was the first black student to attend Gar-Field High School. She recalled the night her father, James P. Russell, a minister at Ebenezer Baptist Church in Occoquan approached her about the situation. He said, "Joyce, I want you to integrate Gar-Field." Those words have impacted her own life as well of the lives of her teachers and peers.

Russell was reluctant to attend, aware of the heartache she would undoubtedly face, being the only black student in the entire school. She decided to attend entering the most painful experience of her life. Students constantly harassed her and even called her names and threatened her family.

"I had picked up the phone several times and I seriously thought I was going to die," she said. Russell decided to endure the hatred, hoping to pave a pathway for other socially-alienated groups.

Moving to Woodbridge High School when it opened her sophomore year, this headstrong young woman was greeted with a standing ovation at her graduation ceremony. After her high school years, she attended Harvard and opened a legal services business.

From performances as a back-up singer for her brother's band to commercials and appearances in movies, Russell has worked with celebrities and politicians. Russell can be heard on musical favorites "Thank you, Baby" and "Hot Fudge Sundae." She received modeling offers from the makers of Afrosheen and the makers of a few other black-owned businesses. From advertisements to the silver screen, this headstrong young woman out of Howard University landed a bit part in the "black exploitation movie" starring Rosey Greer called Coffee. No matter what the job, she has valued education the most. "There is so much you can do with your life as long as you are educated," she said.

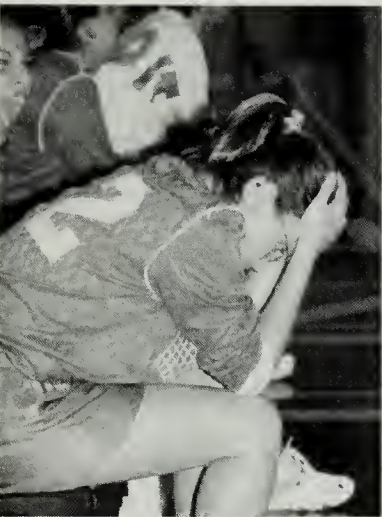
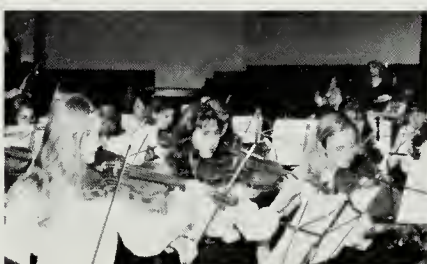
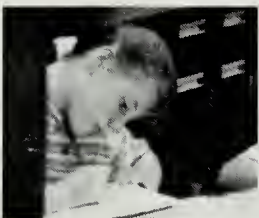
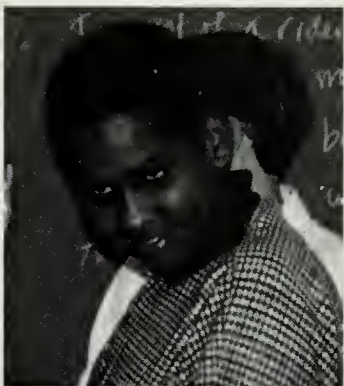
Today, this pioneer is a published writer and enjoys talking to students about her struggle and ultimate success at breaking the racial binds that have attempted to hold her back. "You've got to get serious about your life sometime," said Russell. After experiencing the 1974 earthquake in Los Angeles, riots in the Watts neighborhoods and joining Jesse Jackson in unity crusades, Russell defied people who told her she would be better off remaining at home in Virginia. Her strength will surely continue to inspire generations to come. -Robin Schrimpf

**The yearbook staff would like to thank Ms. Pat Davies for her invitation to meet Ms. Russell and her copious notes. We would also like to thank Mr. Pete Larson for making Ms. Russell's visit possible.*

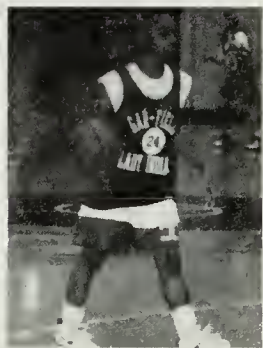
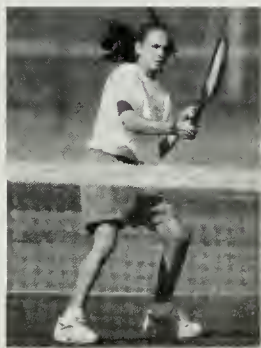
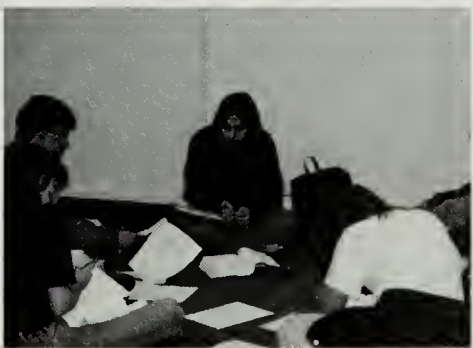
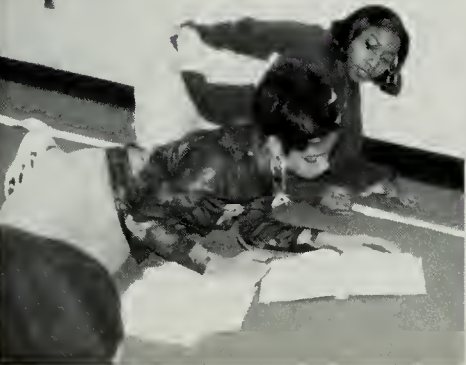
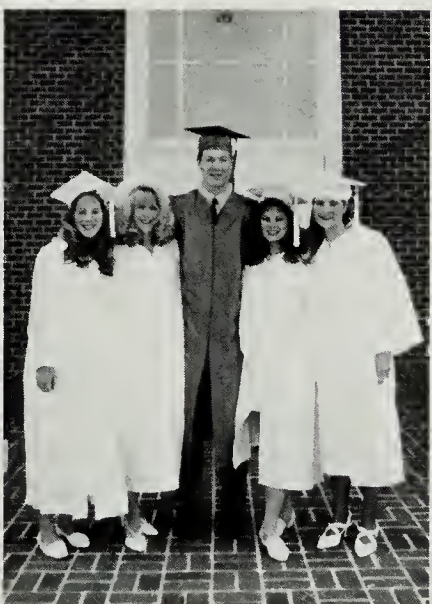
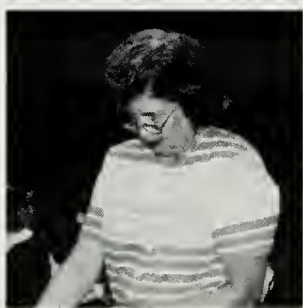


Gar-Field

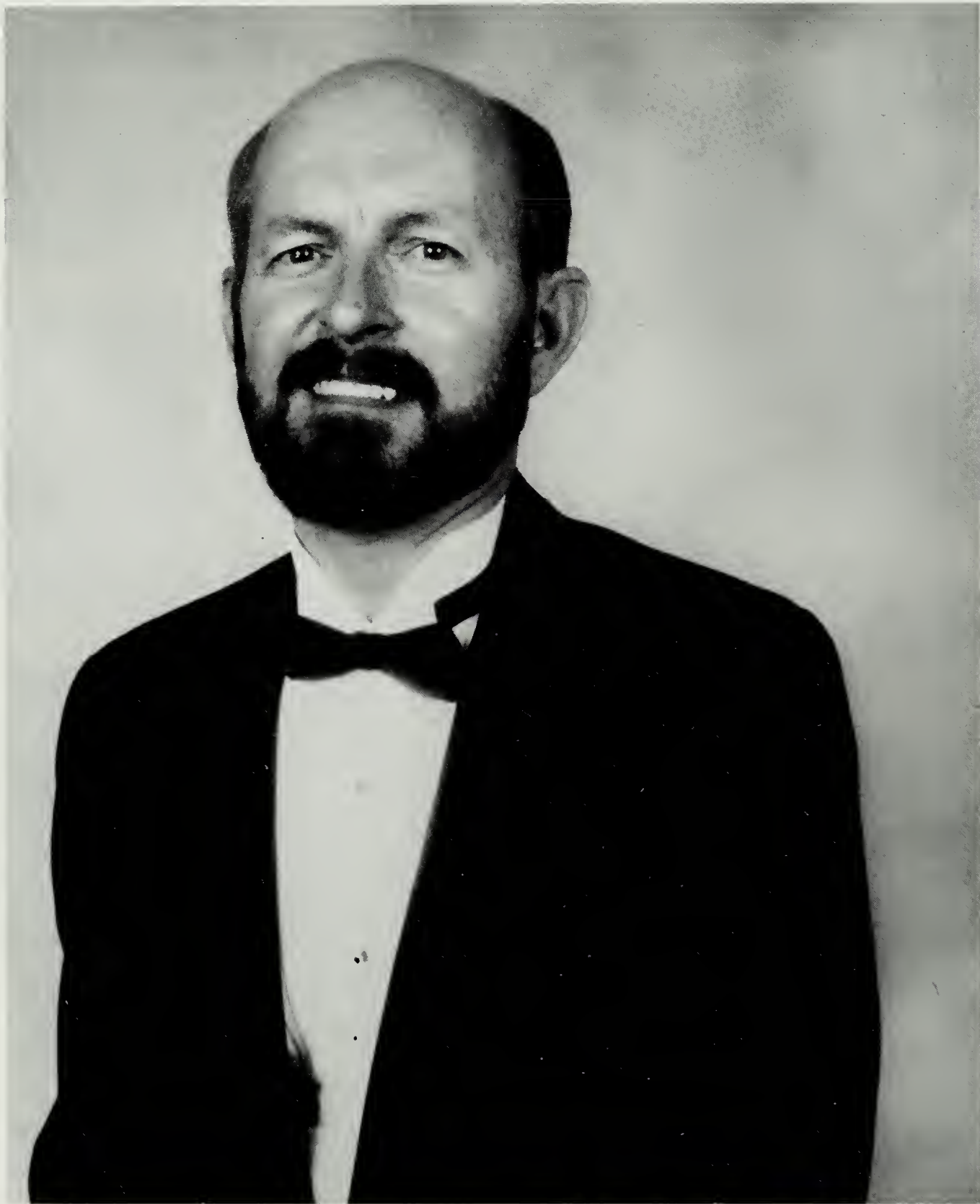




High School's Opus



In Loving Memory of



Mr. William Rampley and long-time friend and colleague, Ms. Jeannine Turner. Both worked together for many years in the English department.



William Rampley and his mother, Mrs. Emoline Rampley Seeley of Oak Ridge, Tennessee, posed for this picture in the early 1970s.

William Rampley was one of Gar-Field's most beloved faculty members. Just as a family mourns who loses a member, so did our school over the loss of Mr. Rampley this past September. After a long battle with pancreatic cancer, Mr. Rampley was forced to leave school in 1994.

Beginning his career in the county in 1964 as a middle school language arts teacher, Mr. Rampley soon headed upward to the high school. In 1966, he began teaching full-time at Gar-Field. He spent many years teaching in the English department before moving upstairs to take a position as a guidance counselor. Those who knew Mr. Rampley will never forget his wonderful sense of humor, his gift for sarcasm, his brutal honesty, and his incredible warmth.



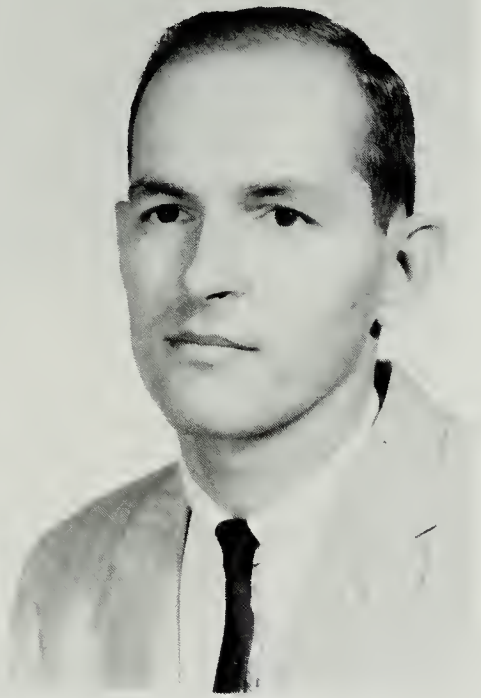
Pictured here with best friend and colleague, Mrs. Joan Roche, Mr. Bill Rampley was loved by all who knew him.



As any good uncle would, Mr. Rampley reads the Disney classic to his niece.

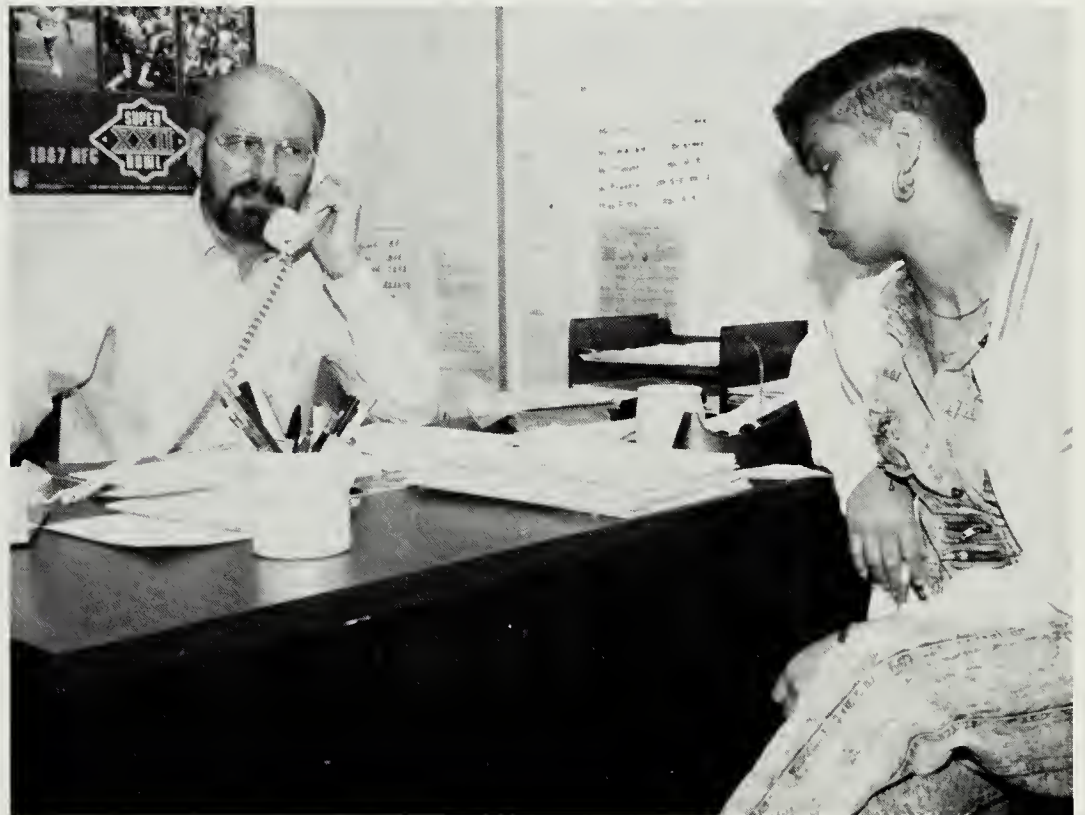
William G. Rampley

May 21, 1942 - Sept. 11, 1995



William Rampley in 1960.

A FRIEND is one to whom one may pour out all the contents of one's heart, chaff and grain together, knowing that the gentlest of hands will take it and sift it, keep what is worth keeping and, with the breath of kindness, blow the rest away.-ARABIAN PROVERB



Always an advocate for students, Mr. Rampley meets with one of his students. Teachers loved him in conferences because he was brutally honest with parents and students. His honesty was tinged all the while in a most profound kind of warmth and concern for the well-being of students. Most students enjoyed Mr. Rampley's biting sense of humor and droll wit.



Always wanting to make everyone feel welcome, Mr. Rampley shows a guidance counselor new to Gar-Field her way around the Guidance department. Mr. Rampley and Mrs. Roxanne Johnson grew to become the best of friends.

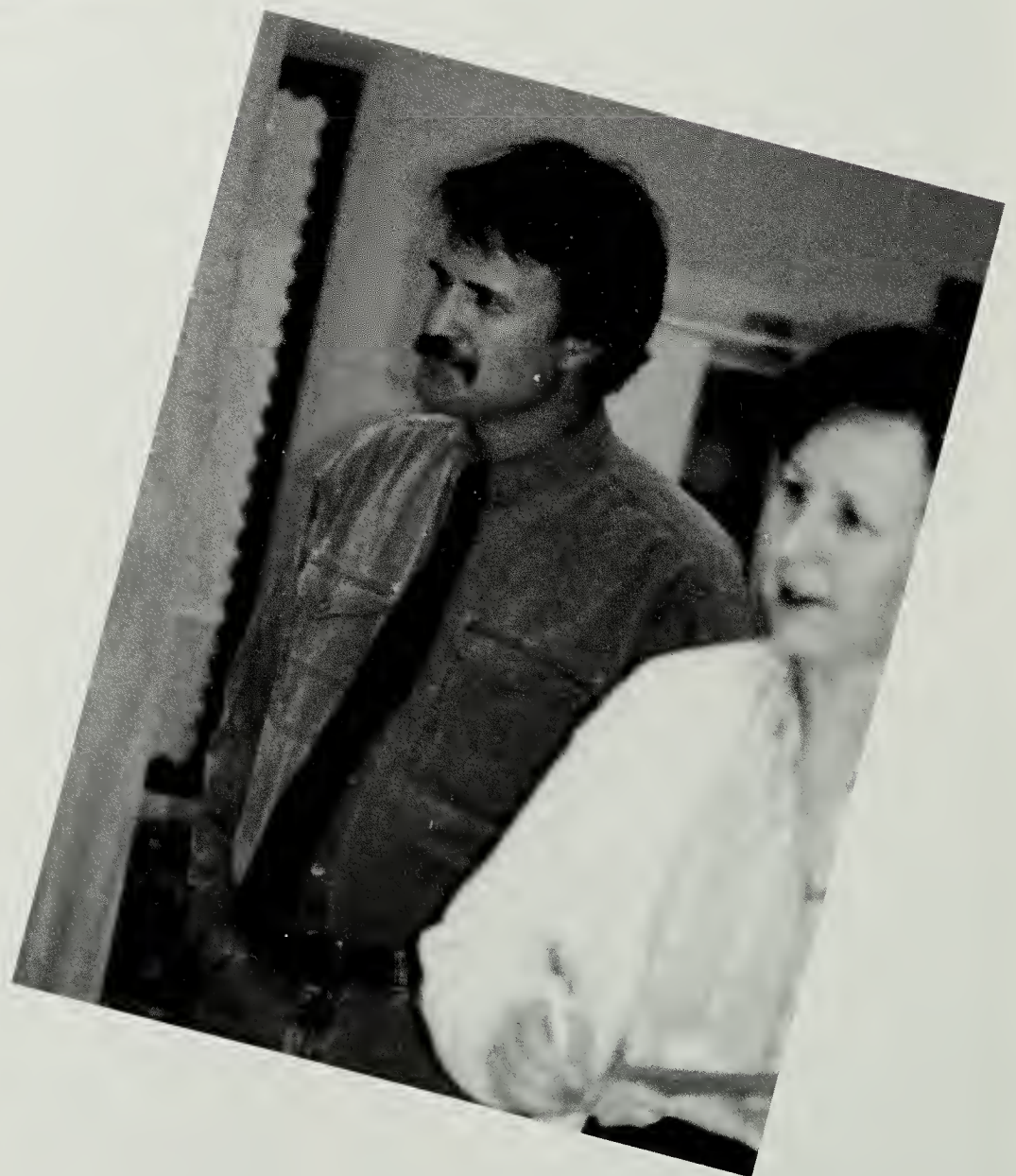
Words of Endearment

"Bill Rampley was a caring person who will be deeply missed. Bill was a true student advocate and he left a great impression on me. I hope I am able to develop the patience and counseling wisdom he possessed. Bill is gone, but certainly not forgotten."

-Dennis Scott, School Counselor

"Mr. Rampley was a fine counselor and a wonderful friend. He made some excellent contributions to the Guidance Department at Gar-Field High School."

-B.J. Harrison, School Counselor





"Parting is such sweet sorrow . . ."

The Class of 1996 would like to dedicate this page to our beloved friends we have lost . . .

TO THOSE I LOVE

If I should ever leave you
whom I love
To go along the Silent Way,
grieve not,
Nor speak of me with tears,
but laugh and talk
Of me as if I were
beside you there.
(I'd come-I'd come,
could I but find a way!
But would not tears and grief
be barriers?)
And when you hear a song
or see a bird
I loved, please do not let
the thought of me
Be sad . . . For I am
loving you just as
I always have . . .

You were so good to me!
There are so many things
I wanted still
To do--so many things
to say to you . . .
Remember that I
did not fear . . . It was
Just leaving you
that was so hard to face . . .
We cannot see Beyond . . .
but this I know:
*I loved you so--'twas heaven
here with you!*

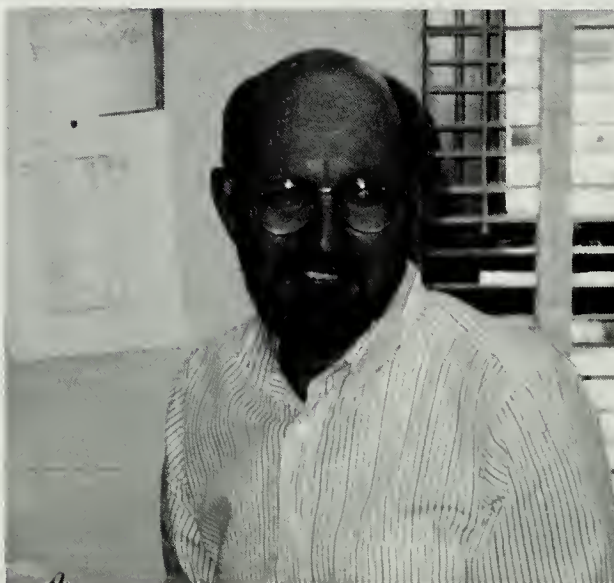
-Isla Paschel Richardson



Armaan Shahid



Chrissy Wood



Mr. Bill Rampley

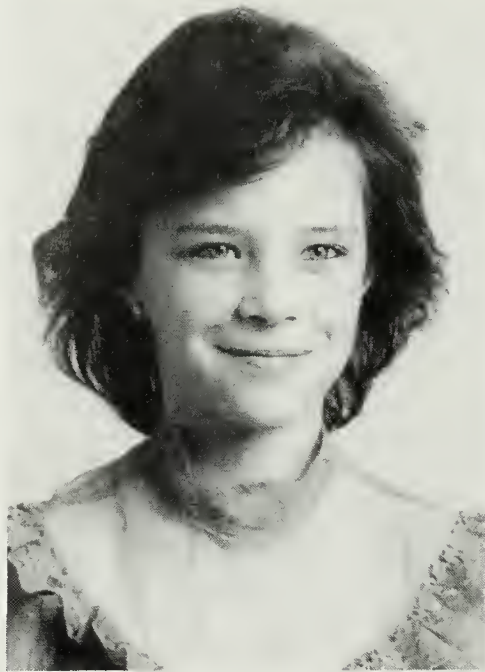
Autographs

Crystal

I've looked up to you for many years, and here you have done something that I hope I can too. I've always believed in you, and here is your chance to prove to everyone else that you can do it. I'm very proud of you!

Congratulations!

*Love Always,
Your sister Siobhan*



Best wishes and Happy Graduation from two of the proudest parents and little brother in the world!

*We love you!
Dad, Gina, and Andy*



Take time to teach them how to live, and listen to their prayer; take time to love and cuddle them and stroke their locks of hair.

Go borrow time from something else to sit with them awhile; the years are swift - - too soon they're gone, and youth grows out of style.



*Love you Allison,
Dad, Mom, and Megan*

Katie

Advice to Our Daughter

- Be Gentle
- Be Kind
- Be Tolerant
- Be Generous with Your Love



- Enjoy Life
- Believe in Yourself
- Act on your Convictions

- Work Hard, but Play Hard Too
- Keep a Sense of Humor About Yourself and the Rest of the World and
- Call Home Once A Week!

*We're so proud of you
Love,
Mom, Dad, Tara and Buffy*

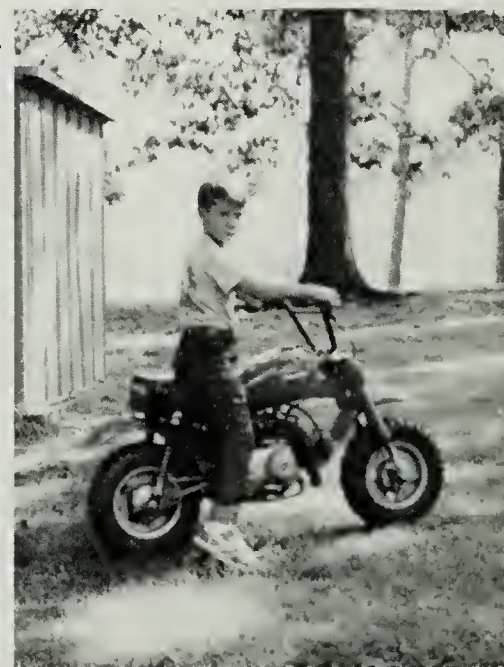
Congratulations

Dominick

From little boy toys to the dreams and future of a wonderful young man.

May you always find what you want, may you have health and happiness always.

*Love,
Mom, Dad, Traci,
Patrick, Kerren,
and Dan*





*Congratulations
Brent!
We're so proud of you!*

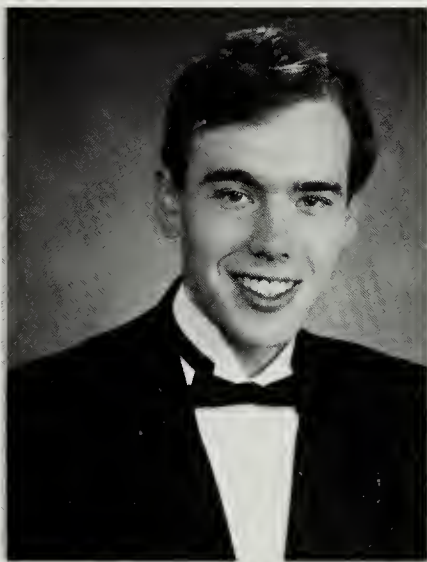
*Love,
Mom, Dad, Matt, Tara,
Lauren, Cookie, and
Missy*

Andrea Congratulations!

*"Horizons
mark the end of
our sight and
the beginning
of our jour-
neys."*
Anonymous



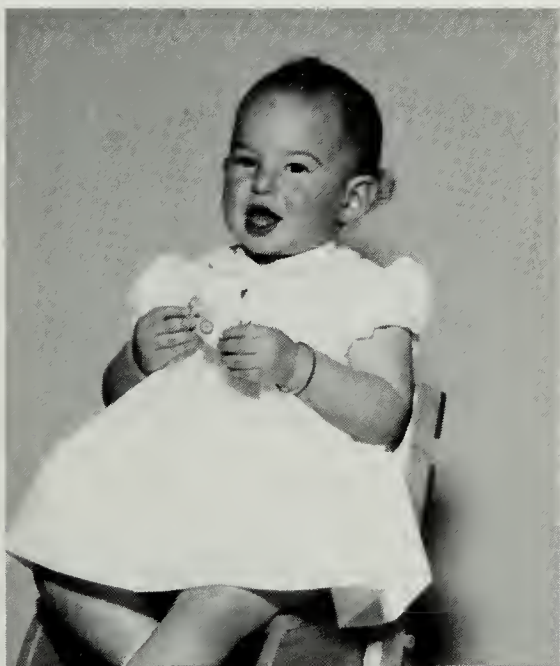
*Love,
Mom, Dad, and
Sean*



Congratulations, Jim!

*We are so
proud of you!
You will always
be our "All Star"*

*Love,
Mom, Dad, and*



*Congratulations
Tara*



*Thank you for all the joy,
happiness and most of all
precious memories you
brought into my life.*

.Love, Mom



*I love you with all my heart
and wish you all the best as
you enter college and young
adult life.*



*"Keep on asking, and it will be given you;
Keep on seeking and you will find;
Keep on knocking and it will be opened to you"
Matthew 7:7*

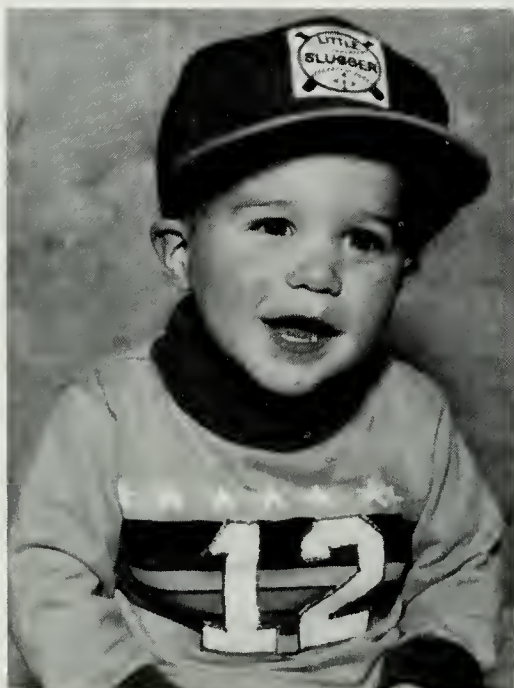
*Dear Kirsten,
Congratulations on what you have accomplished so far,
it's only the beginning! We are very proud of you.
We wish you every success in your college years and
beyond.*

*Our Love Always,
Mommy, John, Grandma, Scully, Mulder, Tristan,
Thumbilina, Doug, Pyewacket, Reedy, Spencer,
Dypsy, & Lady.*

Cameron

*Congratulations its a wonderful son. The
past 17 years will be ones we will always
cherish. Thanks for giving us such great
memories. We are so proud of you and
everything you have done. We wish you
the best in the
years to come.*

*Love
Mom, Dad, Tom,
Chris, Ryan,
Tamara, and
Carrie*



Kristi

*Design your
dreams. You
are the "archi-
tect" of your
future! We are
very proud of
you,*

Mom, Dad & Mike



To Susan

*May all your hopes and
dreams come true. Open your
eyes to the joys and hopes of
tomorrow. Reach for the stars.
One day you may be able to
reach them. Congratulations!
We're so proud of you.!*

*Love always and forever,
Mom and Peaches.*



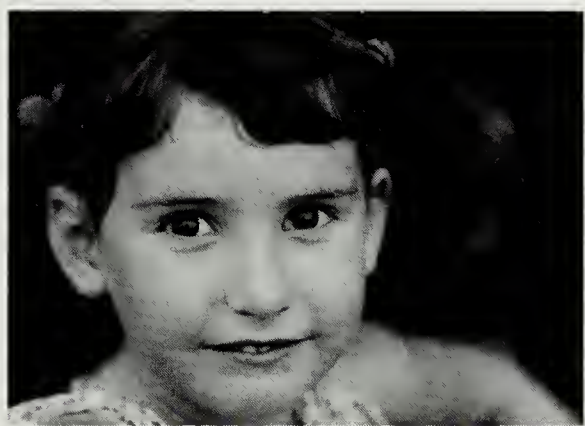
Diana Congratulations!

*Continue
making
beautiful
music.*

We love you.



*Mom,
Dad, and
Adam*



Congratulations Mark!

*"Laugh and the
world laughs
with you."
Always keep
your sense of
humor and
make others
smile.*



*We are proud of
you, and wish
you success in
whatever road
you choose.
Our love always,
Mom, Dad,
Sarah, and snakes*

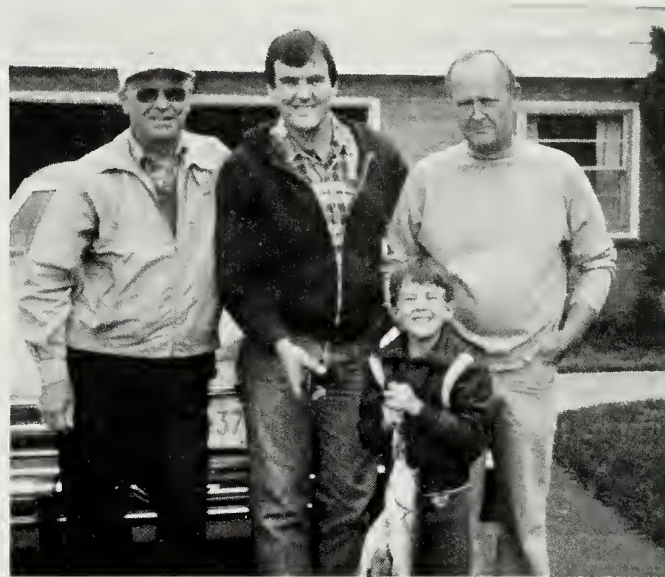


Congratulations Bryan Matthew Yawberg

*Where has all the time gone?
You have grown up so fast!
Thanks for all the great memories.
We love you and are very proud to have a
son as wonderful as you.*

*God surely
blessed us
the day you
were born.*

*Love,
Mom, Dad,
and Kristen*

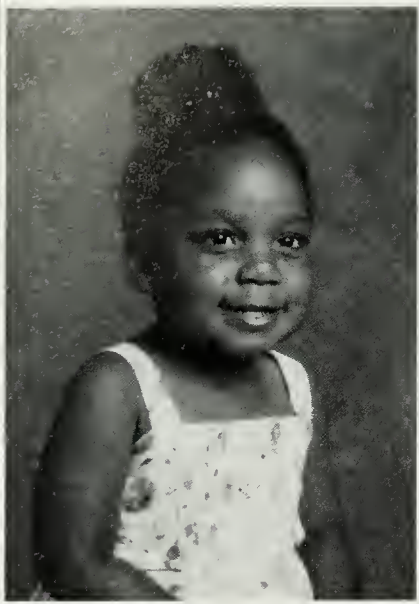


*My
Ordenanza,*



*Keep wishing
on the stars.*

*Always,
Ember*



Allison

We are proud of the accomplishments that have brought you to this plateau. We wish you continued success in your climb.

Love,

Mom, Dad, Lauren, Kristen, and Dennis II

Proverbs 22:6

Train a child in the way he should go, and when he is old he will not turn from it.



Congratulations to our "Jeannie Beanie" an angel among us. No family is more proud.

All our love,

Mom, Dad, Michael, "Grams" and Grandpa

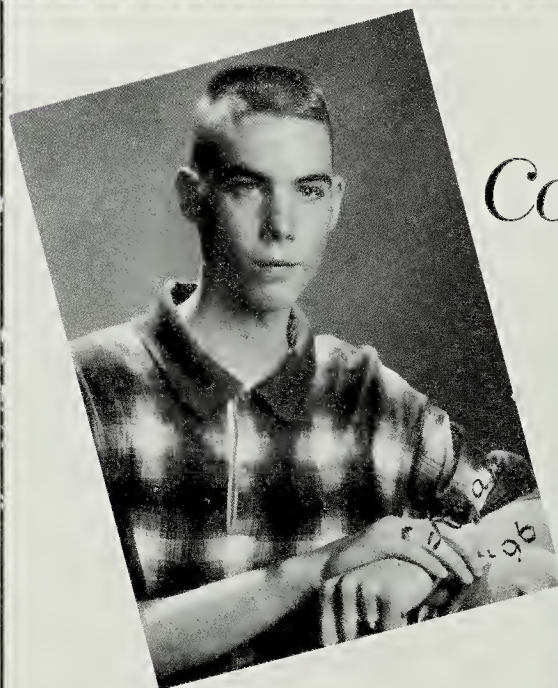


Dear Missy,

We believe you will shake-up the world. We are very proud of you. Your # 1 fans are your family. Congratulations!

Love,

Mom, Dad, J.R. '93 and Rocky '000

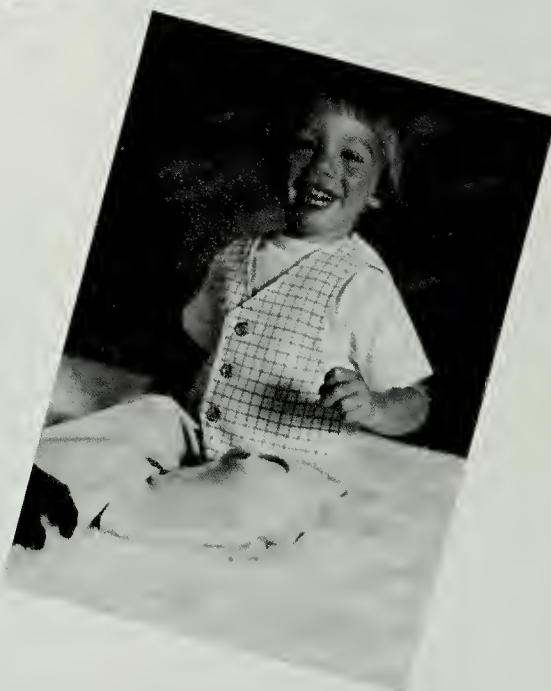


Congratulations

Ryan

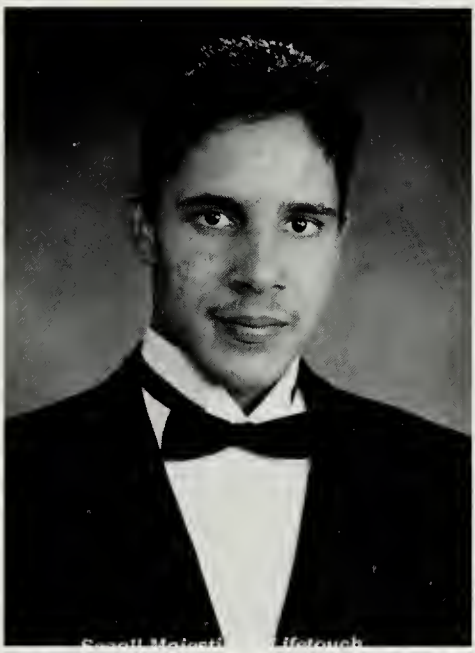
Believe in yourself and you will go so far!

*All our love,
Mom and
Tonia*



Jose

Life is beautiful, especially for someone your age. We are very proud of you son, because your first year alone in Virginia was great. You did a great job, then as you are doing now. People like you are the ones that triumph in life. You are a winner. We love you son, Mami and Dadi



Joe



Wishing you happiness and success in everything you do.

*Love,
Mom, Dad and Tim*

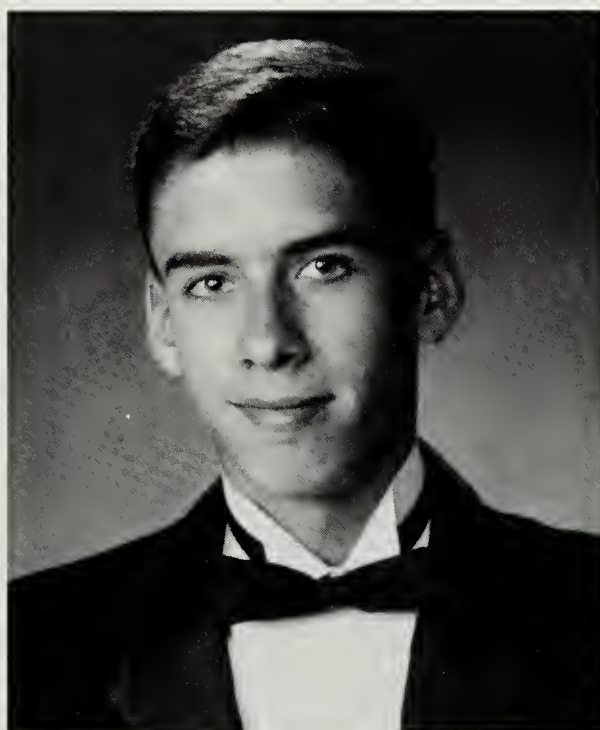
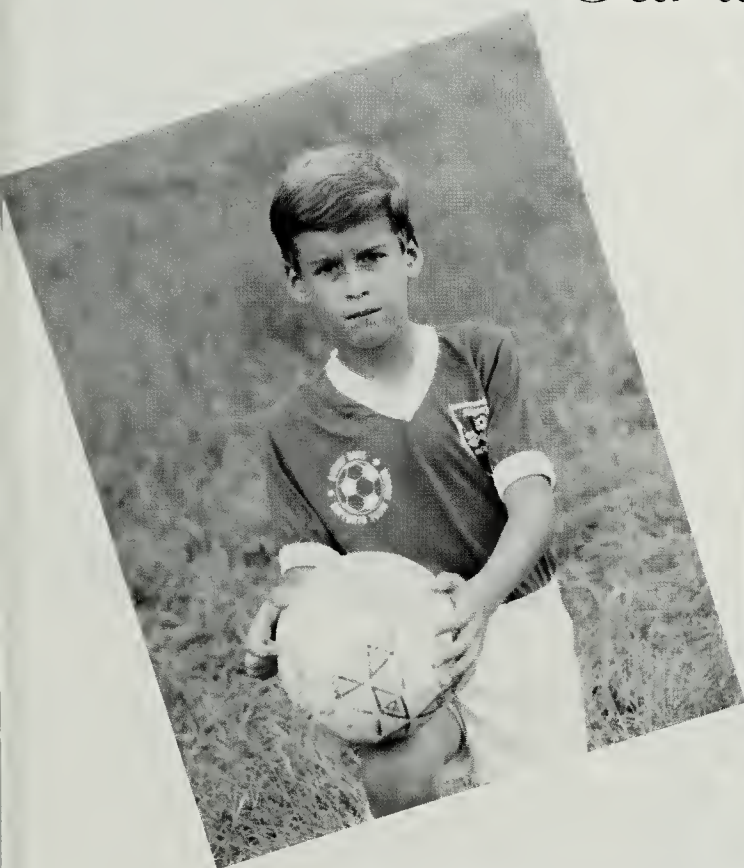
Sonja F. Fisher
CONGRATULATIONS!

Erika, you have come a long way and blessed our lives with joy and happiness. You hold the world in the palm of your hands and have the power to make good things happen. We love and wish you nothing but future happiness!

*Love,
Mom and Dad*



*Athlete and scholar with big future plans. . .
Our little boy has become a man.*

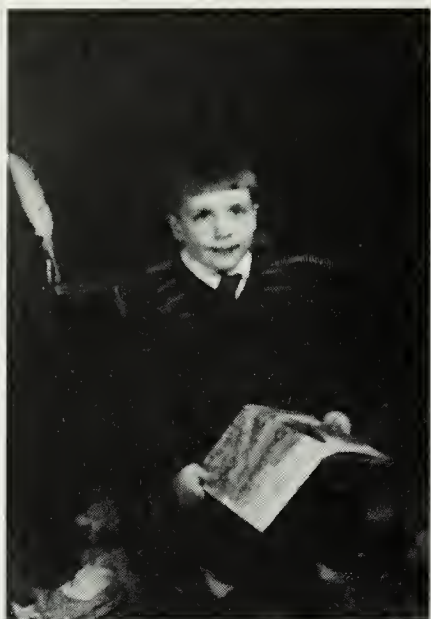


Wishing you a life filled with success, love, and laughter.

*Love,
Mom, Dad, and Brian*

Our little scholar
has made it. All of
us are so proud of
you. Best of luck in
what the future
holds for you.

Love,
Dad, Mom, Eric and
Shari



We're all
very proud of
you!

Love,
Dad, Mom, Amy,
Julie, Adam, and
Jason



Congratulations

Jackie

With Love,
Mom and Dad



Heather

Michelle

From the day you took your
first step, we knew you were
headed in the right direction.
Your dedication and determi-
nation will take you anywhere.
We are so proud of you! You
are truly our dream come true.

Love,
Mom, Dad, Tara,
Alana and Brett



Your search for excellence is an example
for all. You have grown from a charming
little girl to a beautiful and very ambitious
young woman with dreams we are sure
will come true.

You have made us all so proud! We love
you with all our hearts and we will always
be there for you.



Congratulations!
Tiffany



Tiffany, you "cheered" others on for
seven years, but we will continue to
"cheer" for you forever!

Lots of Love,
Mom, Dad, Adam, Jon,
Brittany, and Grandma



Mary Catherine

Go forth with a song in your heart. Continue to bring joy and happiness to all you know through the universal language of music.

Musically yours,

Mom, Dad, and Beth Ann



M. C.

Mc # 44

Mic and Mac

We're proud of you.

May the road rise to meet you as you continue on life's path.

We love you both !

Congratulations !

The
Dvoroznaks

The
McElhennys



Audrey

Keep on striving to fill bigger boots, Little
~~TX~~, ~~Turk~~, ~~CA~~, ~~OK~~,
~~JH~~, ~~VA~~, World Girl!

Love,

Mom and Dad

Brenda

Congratulations on what you have accomplished so far, it's only the beginning. Good luck in all your future endeavors. Shoot for the moon and even if you miss,



you are loved un-
conditionally.

Love,

Mom and Sara



you'll still be
amongst the stars.
Remember to be
true to yourslef,
share your gifts,
and know that





Dear Christina,

These are the words from your friends. To us, you are all of the above and so much more.

*We love you,
Dad, Mom, and Ken*



Amy John 15:13

*My little Angel!!!!
and FRIEND
God has truly blessed me
having a daughter like
you!*

*We wish you (and Cale)
nothing but success and
happiness.
Love Always: Mom & D.*



Congratulations

Monty

*We love you,
Mom, and Dad*



Congratulations

*Success and
Happiness
Always.*



Dear Paige,

*You have come to a new era in your
life. We support you in your future
endeavors and know you have the
confidence and capabilities to succeed.
Thank you for being such a
wonderful daughter!*



*Love
Dad, Mom, Packy,
Wendy, and Maggie*

CONGRATULATIONS

JOHN

In the Superbowl of life

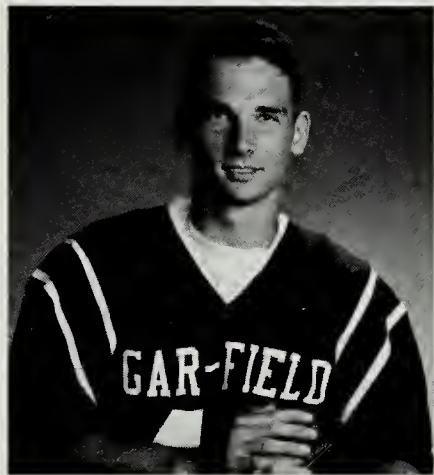
Remember:

In everything you tackle hit hard, but play fair.

May every play you run score a touchdown.

May every extra point you attempt be good and...

At the end of every game may you be the winner!



God Bless you!

#44 You're our MVP!

*Mom, Dad, Brian,
Shauny, Cailin, and
Coco*

...But one thing I do: forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.

-Phillipians 3:13-14

Good job



Adrienne!

*Look how much
you've grown!*

In Cahoots

Western Wear

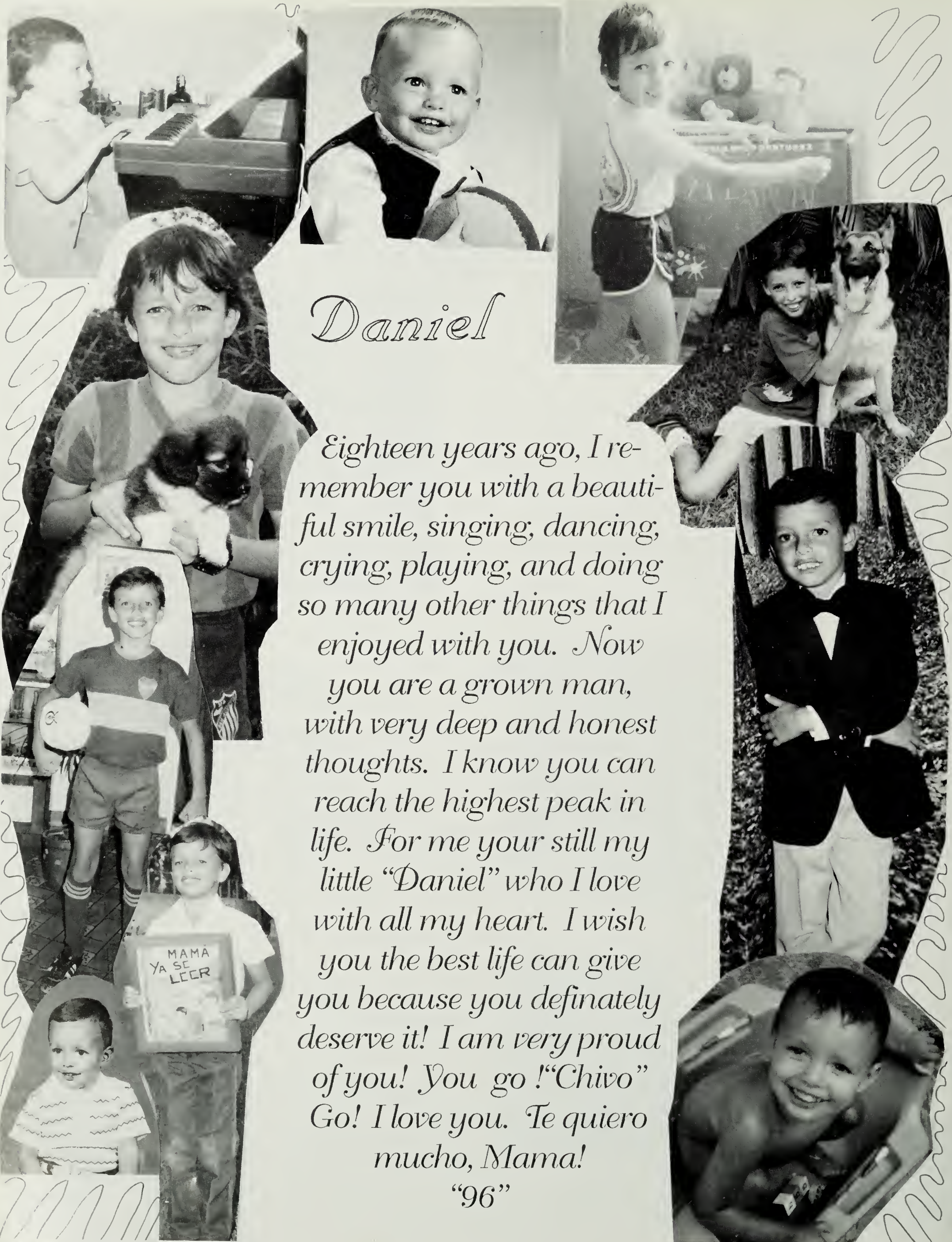
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Daniel

Eighteen years ago, I remember you with a beautiful smile, singing, dancing, crying, playing, and doing so many other things that I enjoyed with you. Now you are a grown man, with very deep and honest thoughts. I know you can reach the highest peak in life. For me you are still my little "Daniel" who I love with all my heart. I wish you the best life can give you because you definitely deserve it! I am very proud of you! You go! "Chivo" Go! I love you. Te quiero mucho, Mama!

"96"

The 1995-96 Yearbook Staff

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Colophon

Volume 53 of *Indian Echoes* was produced in its entirety on Macintosh IIsi and LC computers using Aldus Pagemaker 6.0 with the Yeartach program. The 1400, 292-page copies were published by Jostens Printing and Publishing Co. in Winston-Salem, North Carolina. A special thanks to our publishing Representatives Mr. Pete and Lori Griffin for their help. We would also like to thank Mr. Monroe Tarver at the Winston-Salem facility for his production expertise. The book sold on a sliding scale of \$45 to \$50.

The endsheets are printed on 100lb. white stock paper. Our endsheets were Gold T-123 30% and the print in Violet 267. The layouts were designed by Jostens and the 1995-96 *Indian Echoes* staff. The plant artist, Ms. Laura Fisher, designed the cover. The cover lithograph and is done in Gold 123 and Violet 267.

The pages were printed on 80lb. gloss, 9x12 white stock paper. Captions were 8 point and the body was in 10-point type. Only Adobe fonts were used. Photos were taken by photojournalism students and Segall-Majestic of Baltimore, Maryland. The staff would like to thank Mr. Fabio Barbuzza for his crunch-time film processing expertise.

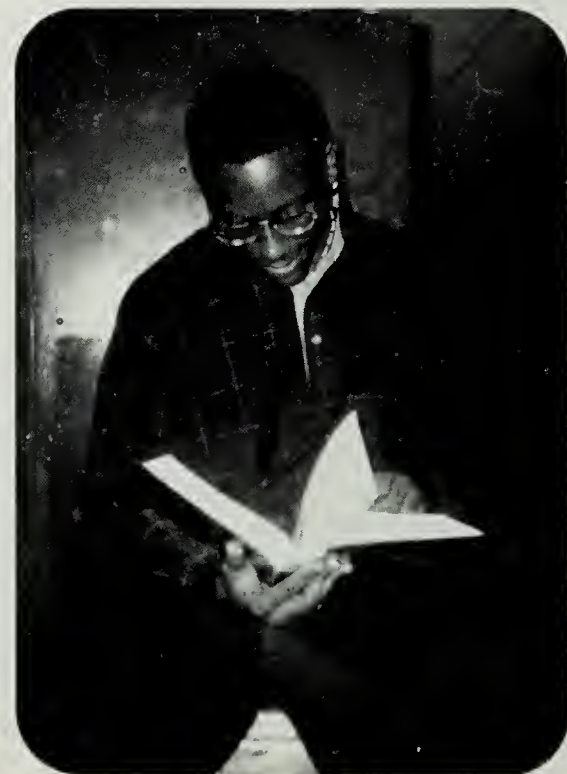
Here and Now

Here it is again, the end of the year, but for some it's just the beginning. This year was a memorable one. There were new schedules, new policies, a bilzzard and just about anything else that can be thought of.

As the school year ended there were mixed feelings. Everyone had something different on their minds. The Class of '96 had graduation on their minds since January. The Junior class was happy to finally become seniors. The sophomore and freshman classes were just happy to get through another year of school.

When we all walk through those doors, some of us for good, we can remember some things about Garfield. It's more than where we learned facts, figures and how to sit through a ninety minute calss. It's where we learned the value of friendship, loyalty and love.

On the last day of school when we walk away remember that we haved so many important things. Things that will stay with us for years to come.- Curtessa Pennington



winety six



